



FROM APRIL 2, 2020 – MAY 31, 2020 TEMPORARY ALLOWABLE FOOD SUBSTITUTIONS

We know that finding WIC foods at the store might be harder than usual at the store during this public health emergency caused by the COVID-19 virus. Hawaii WIC has implemented some temporary changes to help you be able to buy the foods on your checks. (Due to technical problems, this substitution can only be made for checks.)

MILK

CAN SUBSTITUTE ANY SIZE MILK container (quart, half gallon, gallon)

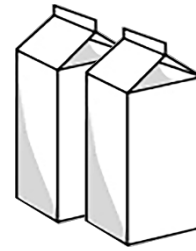
- Participants who get Gallon Whole Milk can purchase any size container of whole milk
- Participants who get Gallon 2% or 1%/Fat-Free (Skim) milk can purchase any size container of 2% or 1%/Fat-Free (Skim) milk

For example: If check says 2 gallons 1% milk, 4 half-gallons of 1%, Fat-



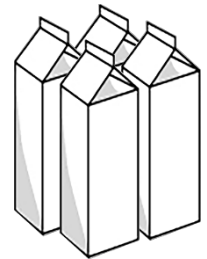
1 gallon

=



2 half-gallons

=



4 quarts

JUICE

CAN SUBSTITUTE WIC AUTHORIZED JUICE BOXES/JUICE CANS/JUICE BOTTLES for 48 OUNCE BOTTLES/11.5 TO 12 OUNCE FROZEN CONCENTRATE

- Participants who get 46-48oz bottle OR 11.5-12oz container Froz Conc Juice can substitute with up to 48oz of WIC authorized juice boxes/juice cans/juice bottles.
- Only the brands and types that are in the approved food list are allowed for substitution.

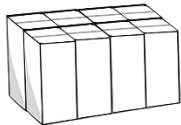
Example: If check or benefit list says 46-48oz bottle OR 11.5-12oz container Froz Conc Juice, Juicy Juice 8 pack (4.23oz) can be substituted.

If the 46-48 ounce bottle or can of frozen concentrate is not available at the store, you can buy one of these as a substitute.



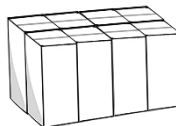
6 pack (8 oz)

OR



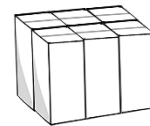
8 pack (4.23oz)

OR



8 pack (6.75oz)

OR



6 pack (6 oz)