



# **ADAD PROVIDER MEETING**

*SEPTEMBER 6, 2024*

# Agenda

1. **Presentations**
  - Waianae Coast Comprehensive Health Center
    - ❖ *Presented by: Kumu Makani Tabura, Claire Bailey, and Dr. Niki Wright*
2. **Division Announcements**
  - Administration/ Planning, Evaluation and Research Data Office
    - ❖ *INSPIRE+ Update*
  - Treatment and Recovery Branch
    - ❖ *Upcoming meetings - TRB Provider Meeting moved to 9/25; WITS Training is on hold*
    - ❖ *Supplemental information reminder*
    - ❖ *Recovery Month Resource Fair*
    - ❖ *Covid-19 Test Kits*
  - Prevention Branch
    - ❖ *Updated Data Collection Requirements effective 10/1/24*
    - ❖ *Sustainability Plan and Updated Strategic Plan – due anytime through 9/30/24*
    - ❖ *Updated Monthly Service Form to include projections*
    - ❖ *October - Prevention Month; Red Ribbon Week*
  - Administrative Management Services Office (Fiscal)
    - ❖ *Reminders*
  - Quality Assurance Improvement Office
  - Opioid Settlement
3. **Provider Announcements**
  - AUW
    - ❖ *Hawaii CARES Updates*
4. **Other**

# Mālama Recovery Services

Kumu Makani Tabura, Claire Bailey, & Dr. Niki Wright  
Waianae Coast Comprehensive Health Center

September 6, 2024



**WAIANAE COAST  
COMPREHENSIVE  
HEALTH CENTER**  
[www.wcchc.com](http://www.wcchc.com)

Healing. Learning. Innovation



# Mālama Recovery Services



An Intensive Outpatient Substance Use Disorder Treatment Facility located in Wai‘anae, Hawai‘i, on the island of O‘ahu.

1994

PROGRAM EST.

Established at WCCHC, a private, nonprofit, FQHC in operation since 1972 on the Leeward Coast of O‘ahu.

96792

MISSION

Original Mission: “To help the residents of the Wai‘anae Coast regardless of their ability to pay.”



# WAIANAE COAST COMPREHENSIVE HEALTH CENTER







47,774

Disproportionally high rates of cardiovascular disease, hypertension, diabetes, cancers, obstructive lung diseases, chronic kidney disease, and obesity.



\$17,800

Average per capita income is the lowest in the City and County of Honolulu (\$30,700) and the State (at \$29,500). 55.5% of the children in households are receiving assistance.



8.8%

The infant mortality rate in Wai‘anae is the highest in the County (5.9%) and second highest in the State (5.6%).

# Clinic offers integrated approach to pain management

By Treena Shapiro

**A**s communities across the nation grapple with an opioid epidemic, the Waianae Coast Comprehensive Health Center has opened a new pain management clinic that uses an integrated approach to reduce reliance on narcotic medications.

“We owe our patients much better than they’ve been getting,” said Dr. Winslow Engel, the pain management program’s clinical director. “They’re suffering not only from the pain, but also the treatments.”

Ho‘okūola Hale opened its doors last October and within six months was treating 350 patients with chronic pain. The clinicians employ a variety of strategies – traditional Hawaiian healing and



Cultural educator Makani Tabura talks about artwork by Sooriya Kuma at the Dr. Agnes Kalaniko‘okahā Cope Native Hawaiian Traditional Healing Center. - Photos: Jean McAuliffe

that and direct people to the things that really help them more,” Engel program director Dr. Niki Wright.

Wright noted some doctors across the nation and in our state are no longer willing to prescribe narcotic painkillers in light of the opioid crisis, however, cutting off medication abruptly can lead to other complications. “They go through this terrible physical withdrawal so they end up buying

backward if someone has not yet started on opioids. That’s a set of shackles that no one really wants if they understand it completely.”

Cultural activities may also be part of the treatment – Hawaiian practices like lomilomi, lei making and hula may be employed, as well as healing practices from other

cultures. Director of of Hā Ola Village Dr. Kyle Chang developed the health center’s cultural village with the oversight of their Elder’s Council to offer Hawaiian cultural practices to inspire patients to become empowered in their healing and well-being. The health center’s resident artist Sooriya Kumar will also have a role, incorporating meditation, arts and crafts





Local News

# Local health plan AlohaCare now covers Native Hawaiian healing practices

Hawaii Public Radio | By [Ku'uwehi Hiraishi](#)

Published August 16, 2022 at 3:42 PM HST



This is the first case of insurance paying for cultural services in the State of Hawai'i.



ALOHACARE

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# What our *haumana* have to say...

Anonymous feedback collected in 2023



“I was empty. Something was missing inside me. Until I figured out who I am and where I came from in culture class.”

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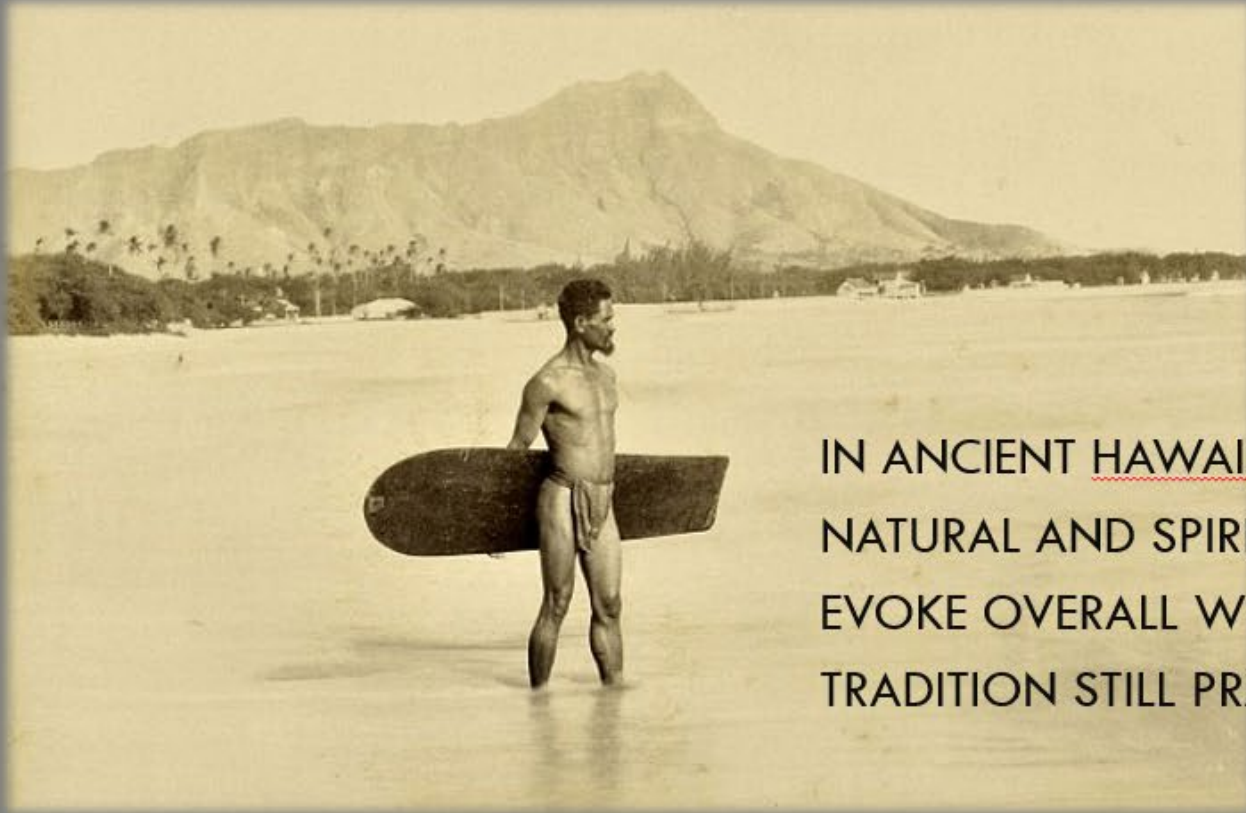
“Fear is not an effective motivator.”



“My *kumu* is someone I can talk to.”

# MAULI OLA

POWER OF HEALING, THE ULTIMATE LEVEL AND  
BALANCE OF HEALTH & WELLNESS



IN ANCIENT HAWAII, KĀNAKA 'ŌIWI (NATIVE HAWAIIANS) TURNED TO NATURAL AND SPIRITUAL ELEMENTS TO TREAT AILMENTS, INJURIES AND EVOKE OVERALL WELL-BEING. IT'S A METHOD OF HEALING, A TRADITION STILL PRACTICED TODAY.

# HI'UWAI | KAPUKAI | PIKAI

Water purification ceremony. A traditional practice conducted at the beach, a freshwater pond, stream or river. Utilizing water as the medium to prepare a patient for the process of healing.

**HO'OMAIKA'I** WHAT ARE YOU THANKFUL FOR?

**MIHI** FORGIVE, REPENT. FORGIVE YOURSELF FIRST.

**HO'OULU** CONNECT TO THOSE AROUND YOU.



# HA OLA

*BREATHING PRACTICES WERE USED TO RE-CENTER, REFRESH & RE-ALIGN  
THE BODY, THE MIND & SPIRIT. AND OFTEN TIMES USED TO DIAGNOSE AILMENTS.*

## 3 DEEP BREATHS

AKUA: CONNECT TO YOUR CREATOR

AINA: CONNECT TO THE EARTH, LAND

KANAKA: CONNECT TO THOSE AROUND YOU.



# OLI

## HAWAIIAN CHANTING

- Oli is defined as a “song, a chant of any kind, poem, to sing or chant.” Oli is often tied to Mo’okuauhau, ka’ao, or mo’olelo. With influences of politics, society and religious aspects.

Oli was also a healing method used in improving or balancing health & wellness. The frequencies and vibrations created within chanting is used to improve lokahi of self.

# OLI HA OLA

**\*HA OLA E...**

*I KE ALO KE AKUA MANA LOA*

**\*HA OLA E...**

*AIA I KA NANI I LUNA*

**\*HA OLA E...**

*I KA PIKO O KA'ALA*

**\*HA OLA E...**

*AIA I KA NANI I LALO*

*I KA MOANA NUI*

**\*HA OLA E...**

*KILOHI KA U'I A LOKO*

*KILOHI KA U'I A WAHO*

*ALOHA E ALOHA MAI E*

*I KU KA KOU I KA...*

**\*HA OLA E**

**A MAU LOA E**

# LA'AU LAPA'AU



**'AWA** is used to treat a wide variety of ailments. 6 different chemicals are found in the awa root. The components have differing physiological effects including relaxed mental and physical state, improved ability to think, and stabilization of feelings



**'OLENA** Is known for its anti-inflammatory properties. Often times mixed with other plants & made into a paste as a topical for swollen muscles, joints and injuries.



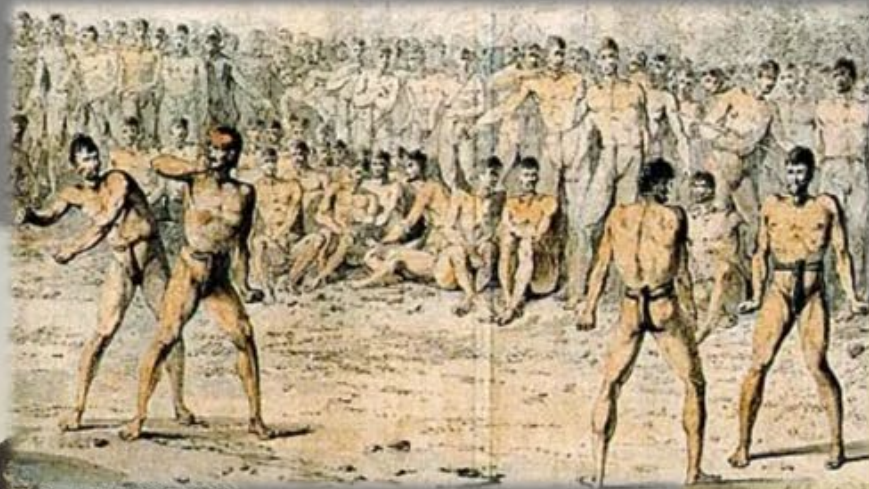
**ULEI** To treat 'ea and pa'ao'ao, the leaf buds and seeds 'ūlei are eaten until the illnesses are gone. To treat open cuts or injuries, the 'ūlei bark, leaves, and salt are pounded into a mass and applied to the cut (kahi 'eha).



**HA'UOI** Leaves, stems, flowers poulticed for external application on cuts and bruises Flowers are edible; leaves can be made into tea to ease anxiety and stress.

# MAKAHIKI SEASON

NOVEMBER - FEBRUARY





“By doing things Hawaiian you begin to understand how our Hawaiian ancestors worked and thought and you gain appreciation for our native traditions and indigenous practices.”

**MALAMA RECOVERY SERVICES**  
**Waianae Coast Comprehensive Health Center**  
**86-260 Farrington Hwy**  
**Waianae, HI 96792**  
**(808) 697-3722**




# Mahalo



Kumu Makani Tabura and Dr. Niki Wright  
(808) 697-3225



# Division Announcements



# Administration/Planning, Evaluation and Research Data Office

❖ INSPIRE+ Update





# Treatment and Recovery Branch

- ❖ Upcoming meetings:
  - ❖ TRB Provider Meeting:  
Moved to September 25, 2024
  - ❖ WITS training: On Hold/TBD
- ❖ Supplemental Information  
Reminder
- ❖ Recovery Month Resource Fair
- ❖ Covid-19 Test Kits



The poster features a purple background with a cityscape at the bottom. At the top right is the Hawaii State Department of Health logo. A blue banner at the top reads 'Alcohol and Drug Abuse Division & Adult Mental Health Division Present:'. Below this, two purple megaphones point towards a white rounded rectangle containing the text 'NATIONAL RECOVERY MONTH RESOURCE FAIR'. Below the megaphones, white text reads 'Celebrate Recovery Month with us! Attend the upcoming resource fair showcasing substance use treatment provider agencies and services offered in our communities.' At the bottom, a dark purple box contains the event details: '10 a.m. to noon', 'SEPT. 18, 2024', 'KAKUHIHEWA BUILDING', '601 Kamokila Blvd., Kapolei', and '808-692-7506'. Two URLs are listed at the very bottom: 'https://health.hawaii.gov/substance-abuse/' and 'https://health.hawaii.gov/amhd/'.

Alcohol and Drug Abuse Division & Adult Mental Health Division Present:

**NATIONAL RECOVERY MONTH RESOURCE FAIR**

Celebrate Recovery Month with us! Attend the upcoming resource fair showcasing substance use treatment provider agencies and services offered in our communities.

10 a.m. to noon  
**SEPT. 18, 2024**

**KAKUHIHEWA BUILDING**  
601 Kamokila Blvd., Kapolei  
808-692-7506

<https://health.hawaii.gov/substance-abuse/>  
<https://health.hawaii.gov/amhd/>



# Prevention Branch

- ❖ Updated Data Collection Requirements effective 10/1/24
- ❖ Sustainability Plan and Updated Strategic Plan- due anytime through 9/30/24
- ❖ Updated Monthly Service Form to include projections
- ❖ October-Prevention Month; Red Ribbon Week



# **Administrative Management Services Office (Fiscal)**



# **Quality Assurance Improvement Office**



# Opioid Settlement



# Provider Announcements

❖ **AUW**

❖ Hawaii CARES update



# Hawaii Cares Update

# Substance Use Disorder (SUD) Hawai'i CARES Text Program

**SUD Text Helpline**  
**(808) 808-1627**

## GOAL

Improve access & opportunities to learn more of SUD treatment/recovery services based on the stages of change addiction/recovery framework.

## Text Program

Help/information for self

Help/information for friend/family member

Information/education about addiction or recovery

Connect to a Care Coordinator via phone

## Response

Automated & Live Support

Automated Response

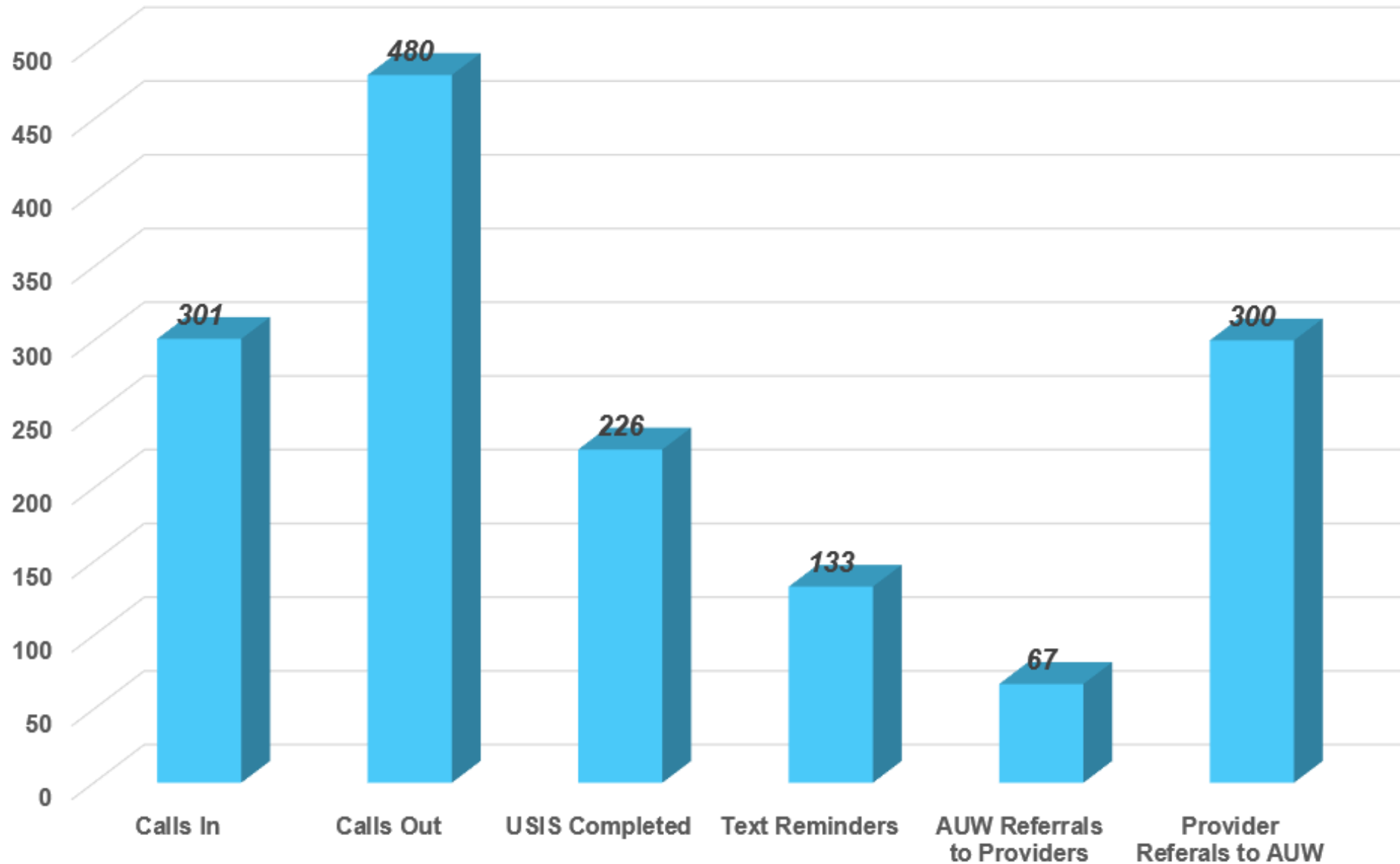
Automated Response

Live Support



# August 2024 SUD CARES Stats

August 1 – August 26, 2024



# 300 Referrals from ADAD Providers to AUW

August 1 – August 26, 2024

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REFERRALS IN

Agency	Total
Alcoholic Rehabilitation Services of Hawaii, Inc	134
CARE Hawaii, Inc.	58
Big Island Substance Abuse Council	46
The Salvation Army	12
Maui Youth and Family Services, Inc	9
North Shore Mental Health	7
Bridge House, Inc	5
Child and Family Service	5
Ho'omau Ke Ola	5
Residential Youth Services & Empowerment	4
Department of Prosecuting Attorney	3
Ku Aloha Ola Mau	3
The Queen's Medical Center	3
Young Men's Christian Association of Honolulu	3
Women In Need	2
Waianae Coast Comprehensive Health Center	1
Action with Aloha, LLC	0
Alcohol and Drug Abuse Division	0
Aloha House, Inc.	0
Division of Driver Education	0
Dynamic Healing Center	0
<b>Total</b>	<b>300</b>

# 67 AUW Referrals to ADAD Providers

August 1 – August 26, 2024

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WITS REFERRALS OUT

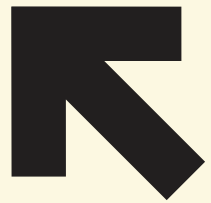
Agency	Total
CARE Hawaii, Inc.	27
Dynamic Healing Center	13
Action with Aloha, LLC	9
Women In Need	5
The Salvation Army	4
Kokua Support Services	3
Bobby Benson Center	2
Makana O Ke Akua Inc.	2
Aloha House, Inc.	1
Big Island Substance Abuse Council	1
Alcohol and Drug Abuse Division	0
Alcoholic Rehabilitation Services of Hawaii, Inc	0
Bridge House, Inc	0
Child and Family Service	0
Hawai'i Health & Harm Reduction Center	0
Ho'omau Ke Ola	0
Hope Treatment Services	0
IHS, The Institute for Human Services, Inc.	0
Integrated Health Hawaii LLC	0
Ka Hale Pomaika'i	0
<b>Total</b>	<b>67</b>



**NEXT ADAD PROVIDER MEETING**

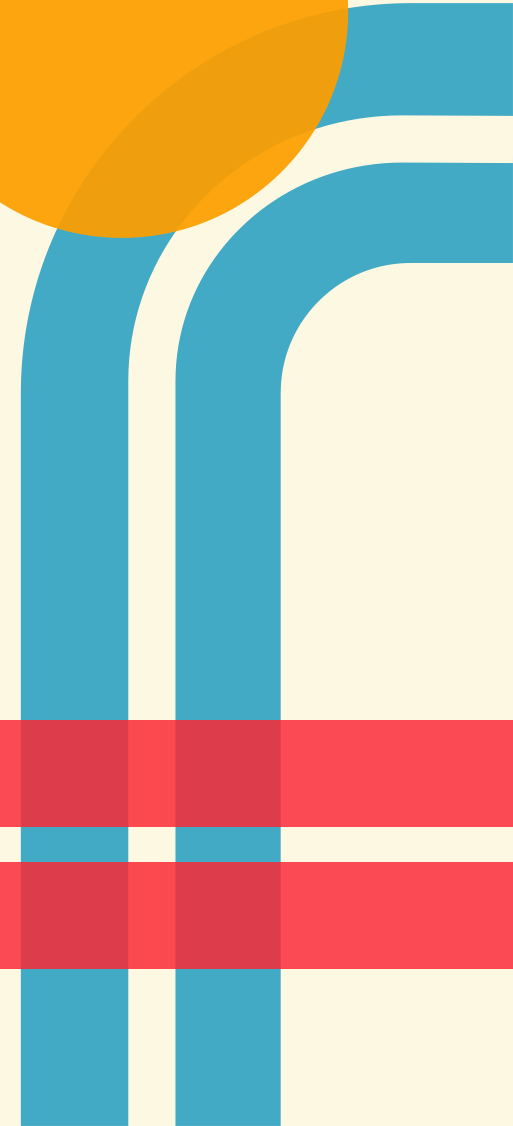
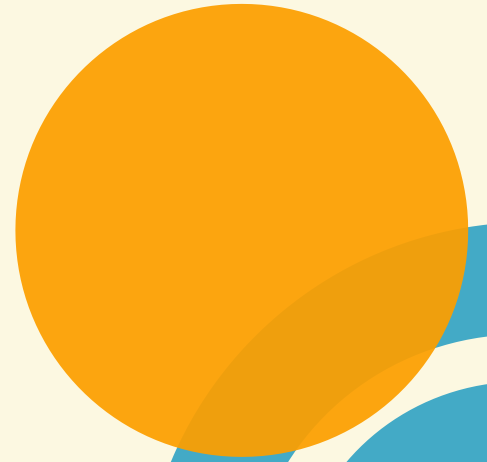
*October 04, 2024*

**Happy Aloha Friday!**



**Administrator / Planning Update**

**9-6-24 Provider  
Meeting**



# Items

**INSPIRE+ Update**

**1**

**Hawaii Opioid Initiative Update**

**2**



**1**

# **INSPIRE+ Update**

- **500-600 User Stories – mid-Sept 2024**
  - ❖ **Info for Dev team on what to build**
  - ❖ **Info for QA team on what to test**
  - ❖ **To show**
    - **Who are we building it for**
    - **What are we building, what is the intention?**
    - **Why are we building it, what value does it bring for the user?**
  - ❖ **Sample unacceptable user story**
    - **“As a user, I am able to provide best support service to my customer.”**



**2**

# Hawaii Opioid Initiative Update

- **Gearing up for a Re-Launch**
  - ❖ **To refocus our current agency partnerships to respond to current drug threats**
- **For now, invited to take a UH West Oahu survey on cultural needs (related to WG 8)**
  - ❖ **<https://go.hawaii.edu/WPa>**

