

January 21, 2022

CONTINUUM OF CARE / WITS MEETING

ALCOHOL & DRUG ABUSE DIVISION



- ❖ Welcome (John)
- ❖ WITS user training update on new WITS Health & Wellness Plan (Jared, Angela)
- ❖ Refresher demo of new HWP format using practice client(s) (Angela, Yolanda Ah Kuoi and Brandy Costales (Hope Inc), Yoseb)

HELPFUL REMINDERS FOR SUD TREATMENT/RECOVERY DIRECT SERVICE PROVIDERS

1. Review how to [Add a Health and Wellness Plan](#)
2. Check with your agency WITS administrator or WITS Helpdesk that you can access the Hawaii WITS Training site
3. Create a practice client in WITS Training
4. Create a practice Health and Wellness Plan using the new format for that practice client

Assessment Interview Date: 12/21/2021
Interviewed by: Brandy C. and Yolanda AK
Case Study: Adult Population
Client: Negative Norm

BRIEF REVIEW OF CASE STUDY:

Dimension 1:

- No symptoms of withdrawal at the time of interview

Dimension 2:

- No new or existing medical complications or concerns
- No recent medical appointment or visit with PCP
- No physical check up after years of working as a male escort

CONTINUATION...

- **Dimension 3:**

- Diagnosed PTSD and Depression
- No Psychotherapy
- Past suicidal ideations and tendencies but denies any symptoms of depression and or ideations at the time of the interview

- **Dimension 4:**

- On Probation
- 1 month of clean and sober

Continuation...

- Externally motivated for treatment which is focused around probation, relationship with family, and long term sobriety
- No Healthy Coping Tools

Dimension 5:

- No relapse prevention plan
- One episode of treatment and was unsuccessful
- No healthy coping skills

Continuation:

Dimension 6:

- No stable living for the past 2 years
- Living in a house with active users
- No financial stability pending welfare benefit application
- No positive support
- No sober foundation/structure

Assessment Interview Date: 12/21/2021

Interviewed By: Brady Costales and Yolanda Ah Kuoi

GENERAL INFORMATION:

Mr. Negative Norm is a 42-year-old, male who is identified as being of Black and Chinese descent. He is referred to treatment as a recommendation from his probation officer and has a pending case with CWS. He reports having three children that currently live with his mother. He reports being married but recently separated. He reports experiencing an abusive relationship while married and living with my ex-husband. He reports his past employment to be working as an escort for professional men for seven years (2010-2017), but stopped due to his use of methamphetamine. He also reports having a history of depression and PTSD. He reports episodes of being depressed regularly. He reports having past suicidal ideations and tendencies, reporting, "losing interest in life and felt like my world was ending." At the time of this interview, he denies any current symptoms of depression and any suicidal ideations. Client reports history of criminal charges consists of "1 drug charge, 1 violation probation, 4 charges of prostitution, and 1 sex traffic charge." Client was incarcerated for a total of 12 months with his last incarceration of "4 months." Client reports age of first meth use is "23" and age of regular use is "23." He reports his last date of use (LDOU) to be: 11/20/2021 "smoking 1 gram of methamphetamine. Client reports, "I am willing to get into treatment and start making changes."

STRENGTHS:

"Willingness to seek and get into treatment, starting to make changes by refraining from SU, and avoiding old friends, and not using for over a month"

NEEDS:

"Better improve my social interactions, and be a present father to my kids"

ABILITIES:

"Jack of all trades"

PREFERENCES:

"Individual counseling and therapy"

BIGGEST OPPORTUNITY FOR CHANGE, OR CHALLENGE: My challenges are: "Having probation, not having my kids, arguing with my mom, and being in a home that sometimes they use, and knowing my husband is out of jail and still actively using."

REASONS FOR WANTING TO MAKE THIS CHANGE: "I want to get off probation, stop arguing with my mom, and be healthy."

ICD-10 CODE / DSM-5 DIAGNOSIS: **F 15.20** Methamphetamine Use Disorder, Moderate
Criteria met: Persistent desire/unsuccessful efforts to stop using, continued use of substance despite having judicial, social, or interpersonal problems caused or made worse by the use.
Mr. Norm denies other substances.

ASI Scores:

Medical :3	Indicates services probably necessary
Employment: 3	Indicates services probably necessary
Drug: 4	Indicates services necessary
Alcohol: 0	Indicates services not necessary
Legal :2	Indicates services necessary
Family/Social: 5	Indicates services necessary
Phycological: 4	Indicates services necessary

ASAM CRITERIA DIMENSION RATINGS / ADAD RATING

DIMENSION 1: Acute Intoxication and Withdrawal Potential Rating - 1

History: Mr. Norm reported the onset of methamphetamine to be at the age of 23. He reports, “smoking every two weeks and increasing to smoking a gram every two days.”

Here and Now: He reports not having methamphetamine for over a month.

Immediate Concerns (How Worried): “I am staying with friends but sometimes they use.”

Primary Drug of Use: Methamphetamine

First Use: Age 23

Last Use: 11/20/2021

Amount: 1 gram

Frequency: every other week prior to LDOU

Current Urges to Use: Denies

Problems Caused – “jail time, losing kids, fighting with my mom, no stable living”

Need 1: “I want to stop using”

Goal: “Attend all psychoeducational groups and obtain coping skills”

DIMENSION TWO: Biomedical Conditions & Complications Rating - ADAD Medical rating - 3

History: Mr. Norm reports, “I worked as a male escort “prostitute” for seven years. I have not seen a PCP for a while. I did, but I stopped seeing my PCP once I started using meth more.”

Past Medications: None reported at the time of the interview and denies any history of medication for health concerns in the past.

Here and Now: He reports, “been practicing social distancing and has no symptoms of covid at this time and I do have medical insurance.”

Current Medications: None reported at the time of this interview.

Immediate Concerns (How Worried): He understands that his past job may have put him at risk for sexual transmitted disease and having a risky lifestyle may be of concern and willing to seek care.

Need 2: He stated he feels "I feel good but have not seen my PCP for a while."

Goal 2: Client to establish services with outside provider for PCP purposes for ongoing medical concerns

DIMENSION THREE: Emotional/Behavioral/Cognitive Conditions and Complications Rating - 3

History: Mr. Norm reported being diagnosed with depression in 2018. He shared "I was placed in a ward to be monitored because I was suicidal and attempting. He reports, "losing interest in life and just stuck in my head and felt like my world was ending."

History of Medication: "I do not remember what I was given back then."

Here and Now: "I continue to see my psychiatrist as scheduled and will be setting my psychiatrist as recommended to get with a therapist for additional emotional support. Right now, I do not feel depressed or any feeling to hurt myself."

Current Medication: "I am currently taking Latuda 40 mg daily."

Immediate Concerns (How Worried): He reports, "I get depressed weekly because I feel detached from my family, and arguments with my mother about my substance use." Mr. Norm is seeking treatment, but it appears that his family concerns are contributing to his depression on a regular basis and may benefit by working with a family therapist as part of his goals. He understands that he needs to continue seeing his psychiatrist and get connected with a therapist additional services and support.

Need 3: "I want to see my kids and stop arguing with my mom, so I do not get so depressed"

Goal 3: "I will establish services for psychotherapy to help me obtain additional coping tools"

DIMENSION FOUR: Readiness to Change Rating - 3

History: Mr. Norm reports being on probation. He reports, "my PO recommended I get help." Client reports, one prior history with treatment but states, "I was there and clean and sober for two weeks but ended leaving because of family issues."

Here and Now: He reports, "Last time I used was in November, which was a violation of my probation, so this is part of what I need to do."

Immediate Concerns (How Worried): It appears that he has external motivators for treatment, however he may be in the preparation stage of change, as he reports, “I have refrain from using and avoiding old friends that use.”

Need 4: “I have refrained from using and avoiding old friends that use”

Goal 4: Client to complete Coping Skills Workbook from the Change Company Curriculum

DIMENSION 5: Relapse and Continued Use Potential Rating -

History: Mr. Norm reports last date of use was in November using 1 gram of methamphetamine. He reports, that prior to that the was using every other week. Despite his involvement with judiciary and possible case with CWS, he continues to use.

Here and Now: He reports, “I was using for a while before November, but I been good for over a month now.” He reports at the time of this interview, that he does not have any urges or craving but if he sees his friend or husband, he may be tempted.

Immediate Concerns (How Worried): He reported, “I have been trying to cope with this by myself with little support. If I want to be a better father and stop arguing with my mom but if I continue to use, my family issues will still continue. I am also aware that my husband is out from jail and is still using, he lives with friends or ours.”

Need 5: “I been trying to cope with this by myself with little support

Goal 5: Client to complete a relapse prevention plan

DIMENSION 6: Recovery Environment Rating – 3

History: Mr. Norm reports, “I was living with my mom and my husband. My husband was abusive and using and everyone I know was using. I ended up leaving my mom’s house because of my use and I separated from my husband due to an abusive marriage, but still ended up in jail.” Client expressed “I felt hopeless and my depression worsened; but was not able to get myself out of my situation because I had nothing and no one.”

Here and Now: He reports, “For two years now I have been living with a friend or in jail for violations of my probation. I have little support at the house, and it is sometimes stressful because they use. I also found out my husband was let out of jail and lives with some friends and is still using. I have been trying to focus on other things but considering other options. I will do what it takes to get into treatment and if it takes for me to get into a clean and sober living, I am willing to do so. The staff from treatment have provided an application to fill out to get assistance with first month’s rent and deposit; which will help me get started while I wait for my welfare benefits to kick in.”

Immediate Concerns (How Worried): He understands that living in this environment may lead him to using again. He is willing to explore other clean and sober living environments.

Need 6: "I like get into something more structure"

Goal 6: Client to get into a clean and sober living prior to admissions into the IOP program

CLINICAL IMPRESSIONS AND RECOMMENDATIONS

Level of Care & Recommendations: Intensive Outpatient Services 2.1

Use of drugs or alcohol at this level of care may require a need for a higher level of care.

Alcohol and Drug Abuse Division
COC-WITS Webinar on the Health & Wellness Plan
January 21, 2022
Clinical Quiz Answer Key

1. In Dimension 3 can be identified by
 - a. Readiness to change
 - b. Recovery environment
 - c. Relapse /continues use
 - d. Cognitive conditions/complications**

2. A multidimensional assessment interact with one another?
 - a. True**
 - b. False

3. An ASI composite score is there for
 - a. Measuring how funds are utilized
 - b. Measures how well an organization is doing
 - c. Measures treatment outcomes of client progress**

4. Continuum of Care framework consist of the following:
 - a. Promotion
 - b. Prevention
 - c. Intervention
 - d. Treatment
 - e. Recovery
 - f. All of the above**

5. Wellness planning should be
 - a. Client Driven**
 - b. Treatment Driven
 - c. Data Driven

HI-WITS Training: Adding Health & Wellness Plan

Lesson 3

Situation: In this training Clinical Staff will learn how to add a new Health & Wellness Plan. Create Authorization for Health & Wellness Planning T1007/R1. Create Encounter and Release to Billing.

Note: All Clients should be Program Enrolled in the Appropriate Level of Care (IOP for our training) in Conjunction with Care Coordination in order for all Applicable Services to be Available. User must have Treatment Plan (Full Access) and SignOffAndFinalize TreatmentPlan Roles added to Profile

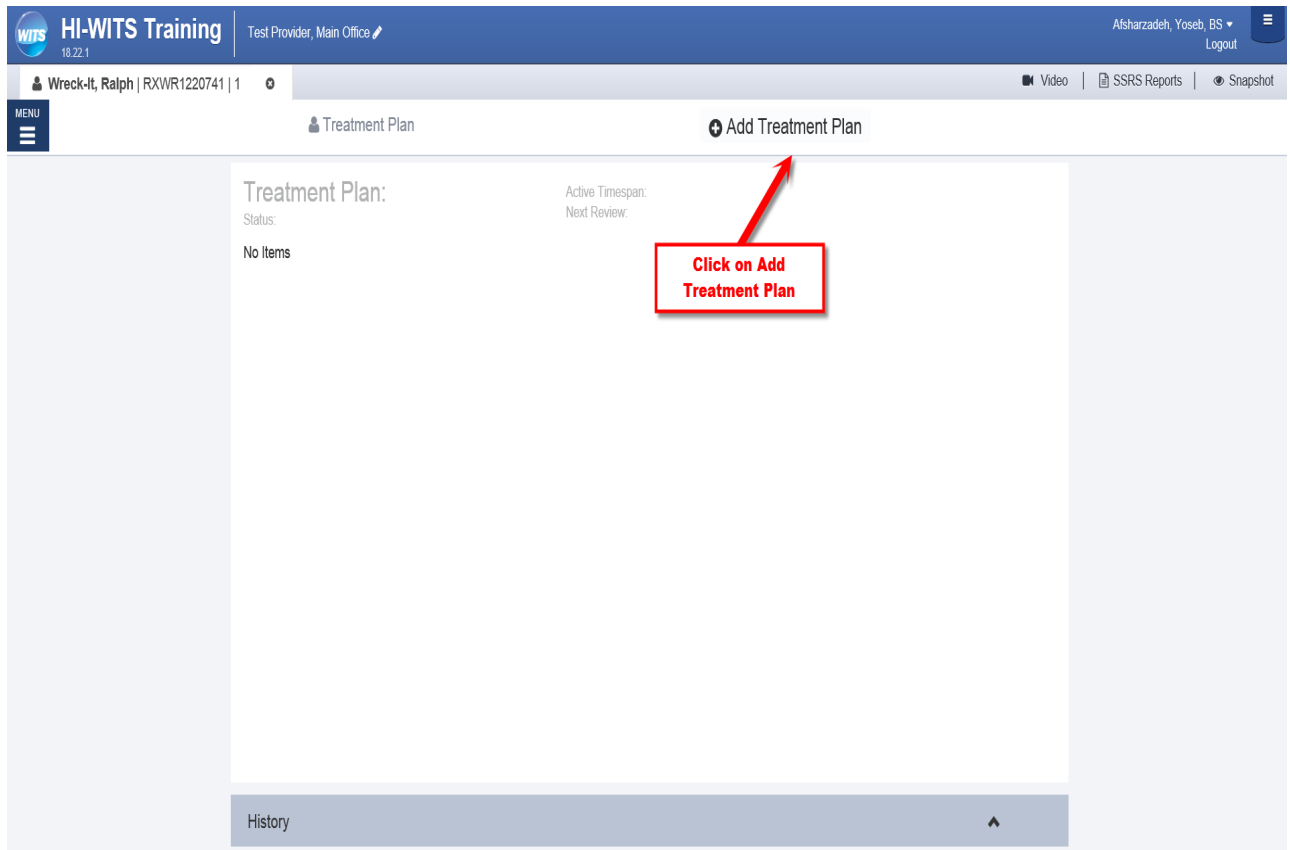
Select Treatment Plan from the Menu Pick on the Left

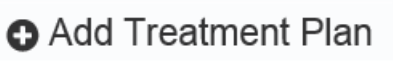
WITS HI-WITS Training
18.22.1

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- Home Page
- ▶ Agency
- ▶ Group List
- Clinical Dashboard
- ▼ Client List
 - ▶ Client Profile
 - Linked Consents
 - Payor Group Enrollment
 - Non-Episode Contact
 - ▼ Activity List
 - Intake
 - ▶ Drug Testing
 - Wait List
 - Tx Team
 - ▶ Screening
 - ▶ Assessments
 - ▶ Admission
 - ▶ ASAM
 - Program Enroll
 - Diagnosis List
 - ▶ Encounters
 - ▶ Notes
 - Treatment Plan
 - ▶ Treatment
 - ▶ Outcomes

Note: TX Plan Menu Pick will no longer be available

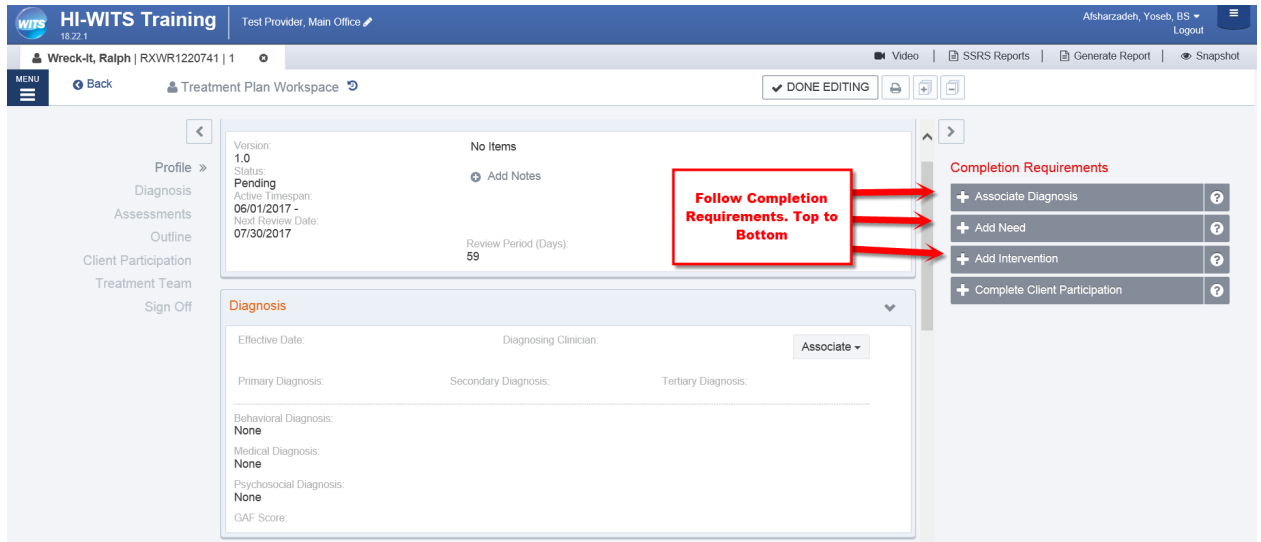


1. Click on the Add Treatment Plan button 

The screenshot shows a form titled "Add Treatment Plan" with a close button (X) in the top right corner. The form contains the following fields and options:

- Active Timespan:** Two date pickers with a minus sign between them. A red box labeled "Beginning Date" has an arrow pointing to the first date picker.
- Has end date**
- Review Period (Days):** A text input field. A red box labeled "Set # of Days" has an arrow pointing to this field.
- Next Review Date:** A date picker. A red box labeled "Review Date" has an arrow pointing to this field.
- Copy values from Active Plan if available.** A red box labeled "Select if Client has prior Current Active Treatment Plan" has an arrow pointing to this checkbox.
- Buttons: "Save" and "Cancel".

2. Add Active Timespan dates, Review Period and Next Review Date



3. Follow Completion Requirements from Top to Bottom



4. Select Current Diagnosis or Create New Diagnosis if necessary.



5. Add Need formerly known as Problem Statement in Prime Tx Plan

Add Need ✕

Need Type:
Category:

Select ▲

- ADAD - Social
- ASAM 1 - Acute Intoxication and/or Withdrawal potential
- ASAM 2 - Biomedical condition and complications
- ASAM 3 - Emotional, Behavioral, or cognitive conditions and complications
- ASAM 4 - Readiness to change
- ASAM 5 - Relapse, continued Use or continued problem potential
- ASAM 6 - Recovery/Living environment
- ASI - Alcohol

Select correct Area of Focus for Need

6. Choose the correct “Area of Focus” for selected Need

7. Select Correct Need Type Category. Add specific client "Need" and click Save

Add Need [X]

Need Type:
Category:
ASAM 5 - Relapse, continued Use or continued pro... [X]

Type:
Other [X]

Client does not know how to identify Triggers that contribute to Relapse

Deferred:
Is Deferred: [v]

Is Referred: [v]

Save Cancel

**Select "Other" on Type drop-down
Add specific need**

If Deferred

If Referred

Click "Save"

Note: If Deferred or Referred select "Yes" then choose Date

8. Select Add specific Goal from Completion Requirements list.

Completion Requirements

- + Add Goal for Client does not know how to identify Triggers that contribute to Relapse [?]
- + Add Intervention [?]
- + Complete Client Participation [?]

Click on Add specific "Goal"

Add Goal [X]

Name:
Client to identify Triggers that contribute to Relapse

Projected:
07/30/2017 [Calendar Icon]

Is Deferred:
[Dropdown Arrow]

Save Cancel

Add Specific Goal to address Need

Add Date

Click Save

9. Add specific “Goal” to address the identified “Need” when finished click “Save”

Completion Requirements

+ Add Objective for Client to identify Triggers that contribute to Relapse	?
+ Add Intervention	?
+ Complete Client Participation	?

Add Objective to attain Goal

10. Click “Add Objective” from Completion Requirements list

Add Objective [X]

Name:
Client will attend all Group Counseling classes and Participate

Projected:
07/30/2017 [Calendar icon]

Is Deferred:

Save Cancel

Add Specific Objective

Add Projected completion date or next date of Review

Click "Save"

11. Add Specific Objective to obtain “Goal” set Projected Completion date, click “Save”

Completion Requirements

- + Add Intervention [?]
- + Associate intervention for Client will attend all Group Counseling classes and Participate [?]
- + Complete Client Participation [?]

Add Intervention

12. Click Add Intervention from Completion Requirement list

Add Intervention ✕

Name:
Counselor will follow up on progress

Responsible Party:
Type:
Staff Member ✕ ▾

Staff Member:
B, Staff, CSAC,MSW-I,CSAC ✕ ▾

Program Enrollment:
Intensive Outpatient ✕ ▾

Service Location:

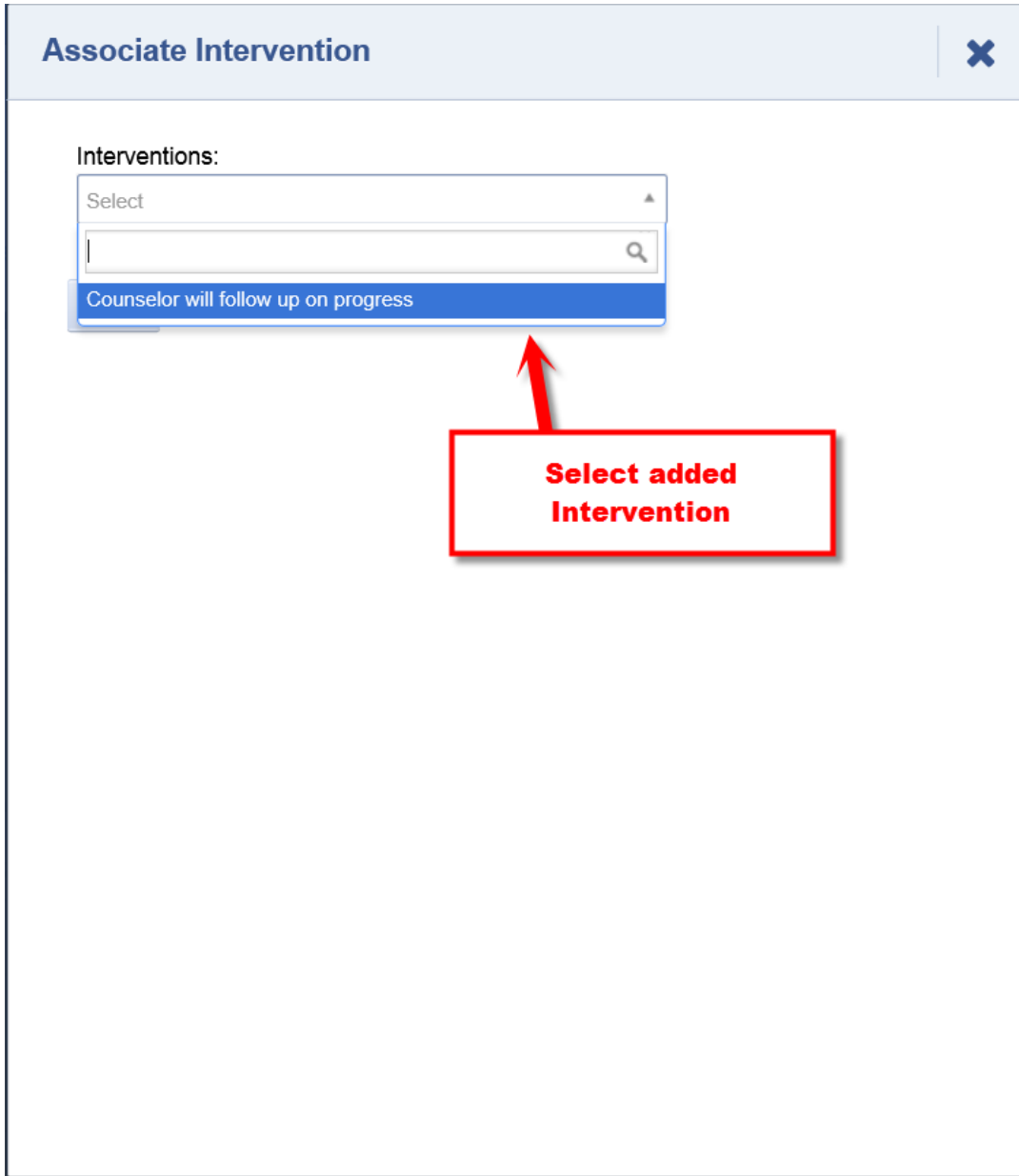
<input type="text" value="off"/>	<input type="text"/>
Office	Office ✕

Deferred:
Is Deferred:
No ▾

Service:
Group Counseling - Skill Building Group (H2014) ✕ ▾

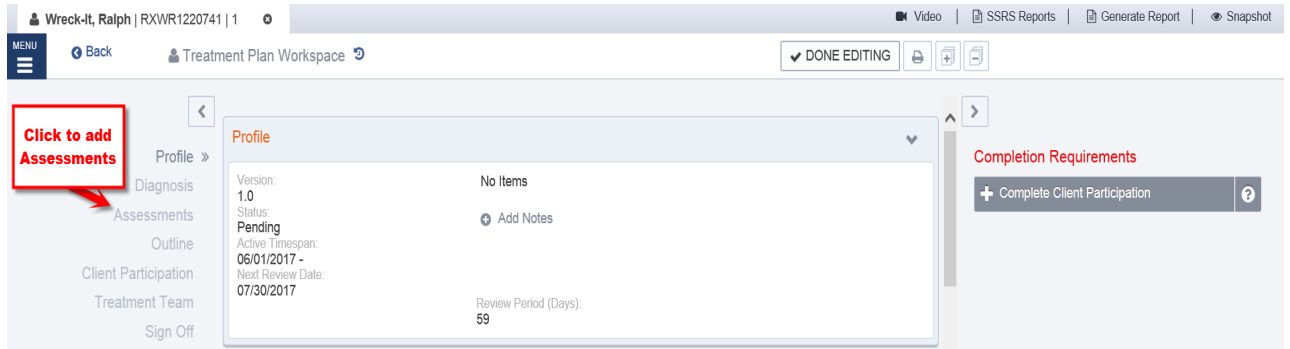
**Add Intervention
Finish Required fields**

13. Add Intervention and fill in Required fields after making your selection click Finish

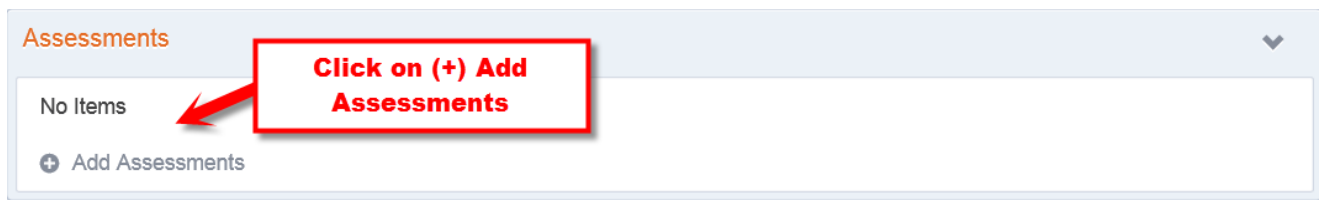


14. Select the correct Intervention then click “Save”

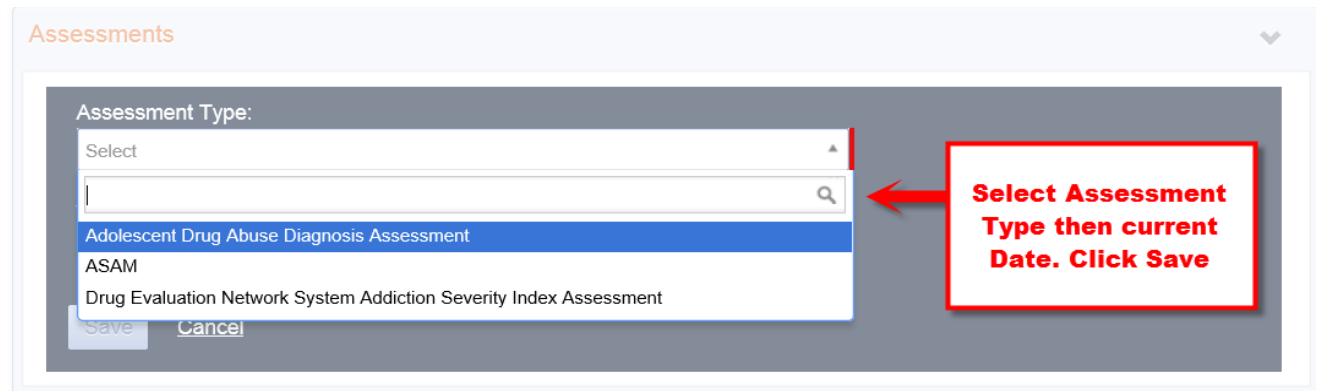
15. Click on Assessments on left Menu pick to Add Assessments (ASAM, ADAD or ASI)



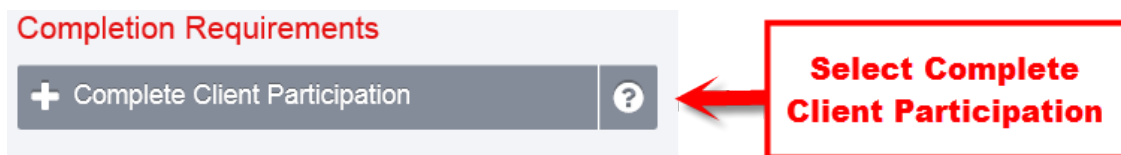
16. Click Add Assessment



17. Choose desired Assessment type, select date of Assessment then click "Save"



18. Select Complete Client Participation from Completion Requirements list



Did the client participate in the planning process?:
Yes

Did the client sign the plan?:
Yes

Was the client offered a copy of the plan?:
Yes

Save Cancel

Click Save

Answer ALL Client Participation Questions

19. Answer ALL Client Participation questions then click “Save” once finished.

Wreck-It, Ralph | RXWR1220741 | 1

Video | Generate Report | Snapshot

MENU

Back Treatment Plan Workspace

DONE EDITING

Client Participation

Did the client participate in the planning process?
Yes
Did the client sign the plan?:
Yes
Was the client offered a copy of the plan?:
Yes

Profile
Diagnosis
Assessments
Outline
Client Participation »
Treatment Team
Sign Off

Click on Sign Off

Treatment Team

Go To Treatment Team

Name:	Primary Care:	Role/Relation:	Active:
B, Staff, CSAC,MSW-I,CSAC	Yes	Counselor	06/01/2017 -
Jackson, Ron, MD	No	Attending Physician	07/06/2017 -

Sign Off

No Items

Click on Sign and Finalize to "Activate" Treatment Plan

Sign and Finalize Sign For

20. Click Sign and Finalize in order to “Activate” the Treatment Plan

21. Create Authorization for Health & Wellness Planning T1007/R1

Authorization

Group Enrollment: ADAD Adult SABG 1
Plan: ADULT
Authorization #:
Administering Agency: TEST PROVIDER
Effective Date: 4/3/2018
End Date: 4/13/2018
Service Package: Health & Wellness Planning-L...
Level of Care: N/A

Status: Active
Contract: Click Profile ADAD 18-XXX - ADAD 18-XXX Test Provider / 7/1/2017 - 6/30/2018 - ADULT-ADAD ...
Date Approved: 4/5/2018
Updated Date:
Updated By:
Comments:
1. Add Health & Wellness T1007/R1

Authorized Services List

Actions	Service	Authorized Units	Authorization Amt	Encumbered	Expended	Available Units

Actions: [Requests](#)

Total Authorized: 0.0
Total Encumbered: 0.0
Total Expended: 0.0
Total Available: 0.0

Cancel Save Finish

22. Create Encounter for Health & Wellness Plan T1007/R1 and Release to Billing

Encounter

Note Type: Billing Encounter
ENC ID:
Program Name: 16-Test Facility/IOP : 4/2/2018 -
Service: Health & Wellness Planning-R1 (T1007/R1)
Service Location: Special Facility Other

1. IOP **2. T1007/R1**

Created Date:
Billable: Yes
Start Date: 4/3/2018
Start Time:
End Time:
Duration:
of Service Units/Sessions:
Diagnoses for this Service:
Primary: F10.20-Alcohol dependence, uncomplicated(ICD)
Secondary: Select an option
Tertiary: Select an option
Rendering Staff: Afsharzadeh, Yoseb, BS
Supervising Staff:
Attending Physician:
Unsigned Notes:
Signed Notes:
Sign Note
Allow Disclosure? No
Administrative Actions: [Release to Billing](#)
Cancel Save Finish