

Provider Meeting

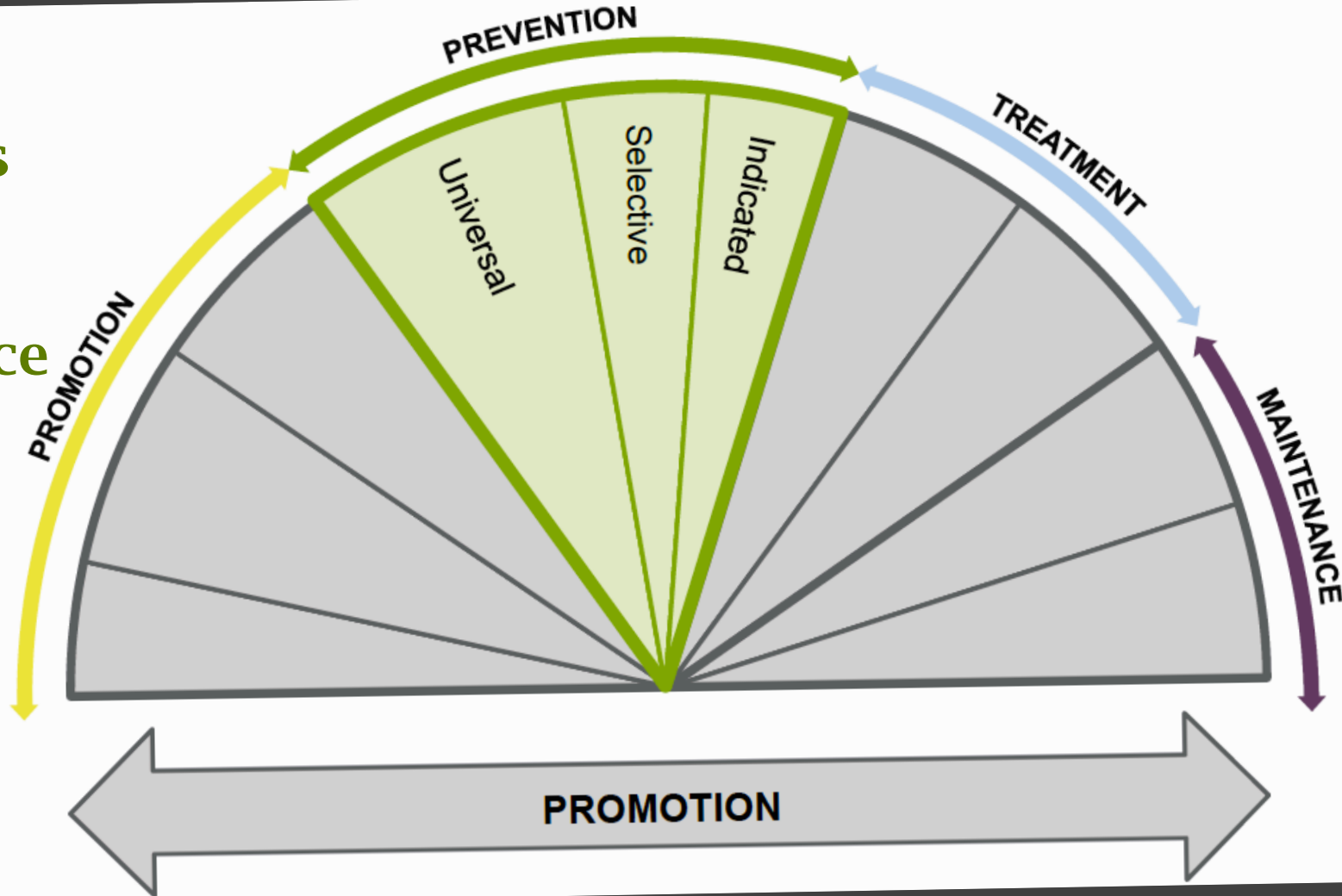
November 5, 2021



PREVENTION – CONTINUUM OF CARE



Prevention interventions are intended to prevent the occurrence of a disorder or reduce the risk for a disorder.



PREVENTION – IOM CATEGORIES

UNIVERSAL

General public
or population
subgroups

e.g., statewide policy,
prevention education
to 6th grade students,
education for
physicians on
Rx misuse, etc.



SELECTIVE

Individuals or
subgroups at
higher risk

e.g., prevention
education to children
of substance abusers,
economically
disadvantaged, etc.

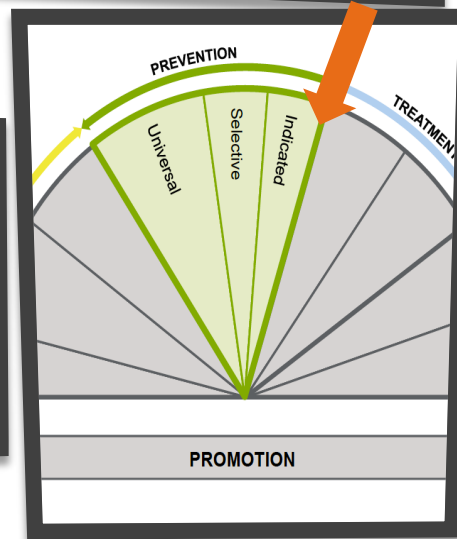
INDICATED

Individuals
at-risk

e.g., prevention
education or family
programs to first time
status offenders, etc.



PREVENTION – CSAP STRATEGIES



1. Information Dissemination
2. Education
3. Alternative Activities
4. Environmental Strategies
5. Community-based Process
6. Problem ID & Referral

STRATEGIC PREVENTION FRAMEWORK (SPF)



Assessment- Identify local prevention needs, resources, and readiness to address needs and gaps

Capacity- Mobilize and/or build capacity to address needs

Planning- Develop a Comprehensive Strategic Plan

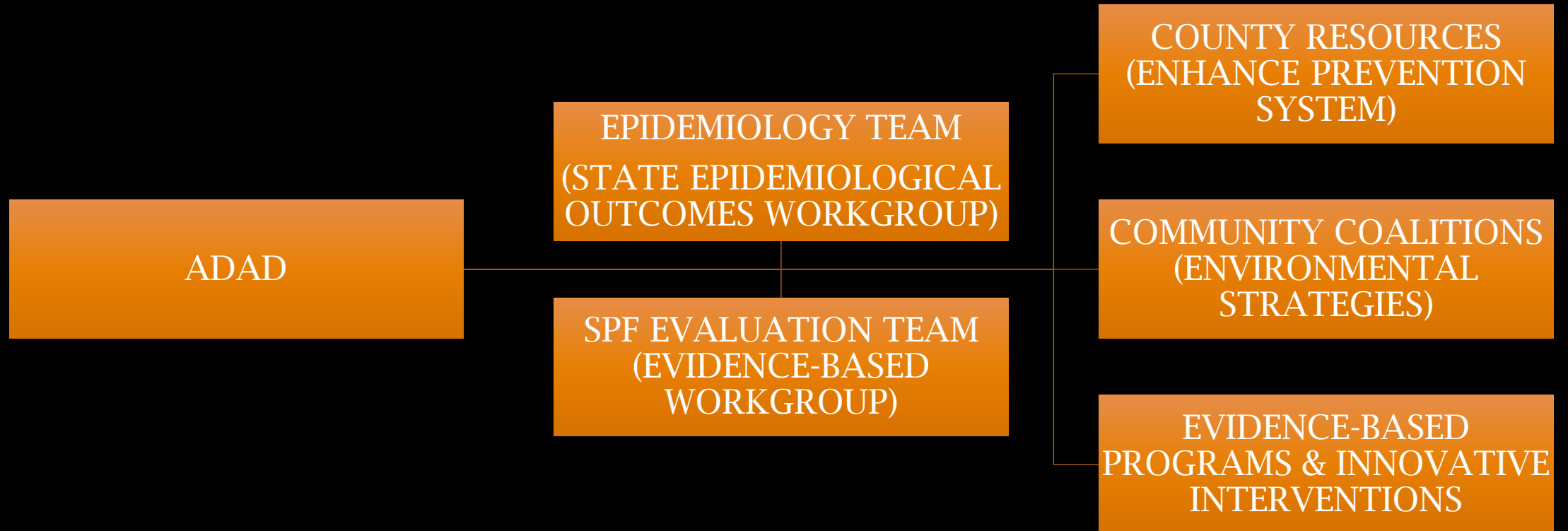
Implementation- Implement the Strategic Plan and corresponding evidence-based prevention strategies

Evaluation- Examine the process and outcomes of programs and practices

Sustainability and Cultural Competence- Understand and interact effectively with people of different values, etc. Build an adaptive and effective system that achieves desired long-term effects



PREVENTION SYSTEM



CITY & COUNTY OF HONOLULU



County Substance Abuse Prevention Coordinator

City and County of Honolulu
Department of Community Service
Work Hawaii Division
Substance Abuse Prevention Programs

LISA BLAIR, MSW, CPS
Program Manager





Coalitions in the City and County of Honolulu



Strengthen the Existing Substance Abuse Prevention System



Community
Expertise

Cultural
Knowledge

Shared Vision

Existing
Partnerships

Highly Skilled
Providers

Diversity

Logic Model

<u>Problem</u>	<u>Risk/Protective Factors</u>	<u>Strategy</u>	<u>Short-Term Outcome</u>	<u>Long-Term Outcome</u>
Coalitions lack collaboration and resources to provide effective prevention efforts	<u>Risk:</u> Coalitions work in silos <u>Protective:</u> Partnering, networking, and collaboration among coalitions	Support the existing coalitions on Oahu in order to build capacity and enhance the prevention system	By September 2018, coalitions will increase their knowledge about prevention resources on Oahu by 5%. By September 2018, coalitions are collaborating with other organizations/programs.	By September 2020, coalitions are actively participating in prevention collaboration by 10%



Together
wE
Achieve
More





Lisa Blair, MSW, CPS
City and County of Honolulu
Substance Abuse Prevention Programs

lisa.blair@honolulu.gov



MAUI YOUTH & FAMILY SERVICES PROJECT VENTURE



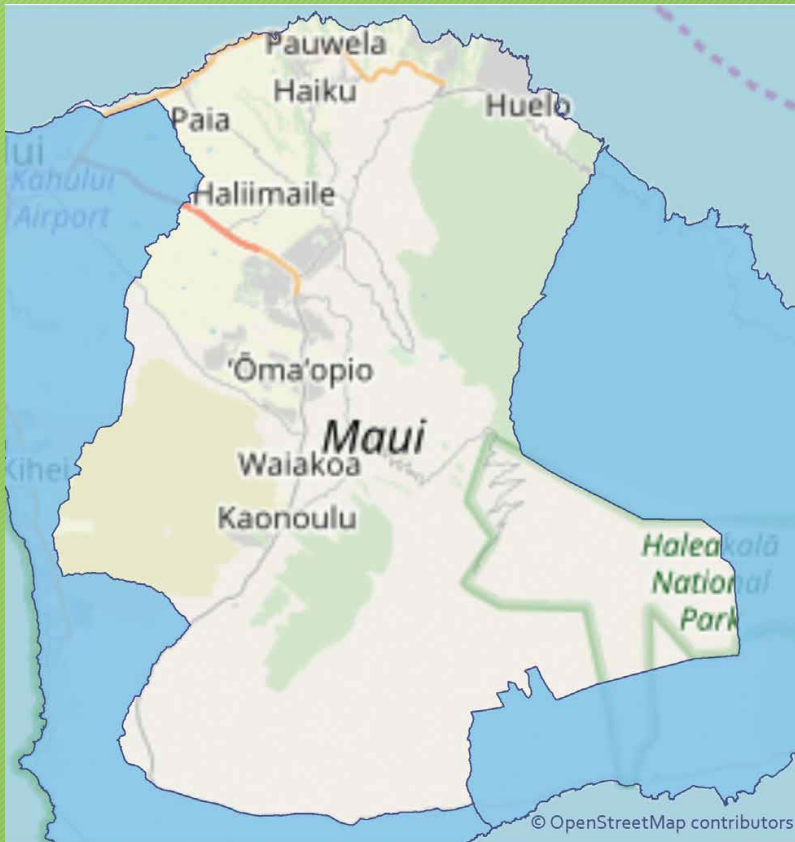
Project Venture

Maui Youth & Family Services

Travis Fernandez



Kekaulike Area



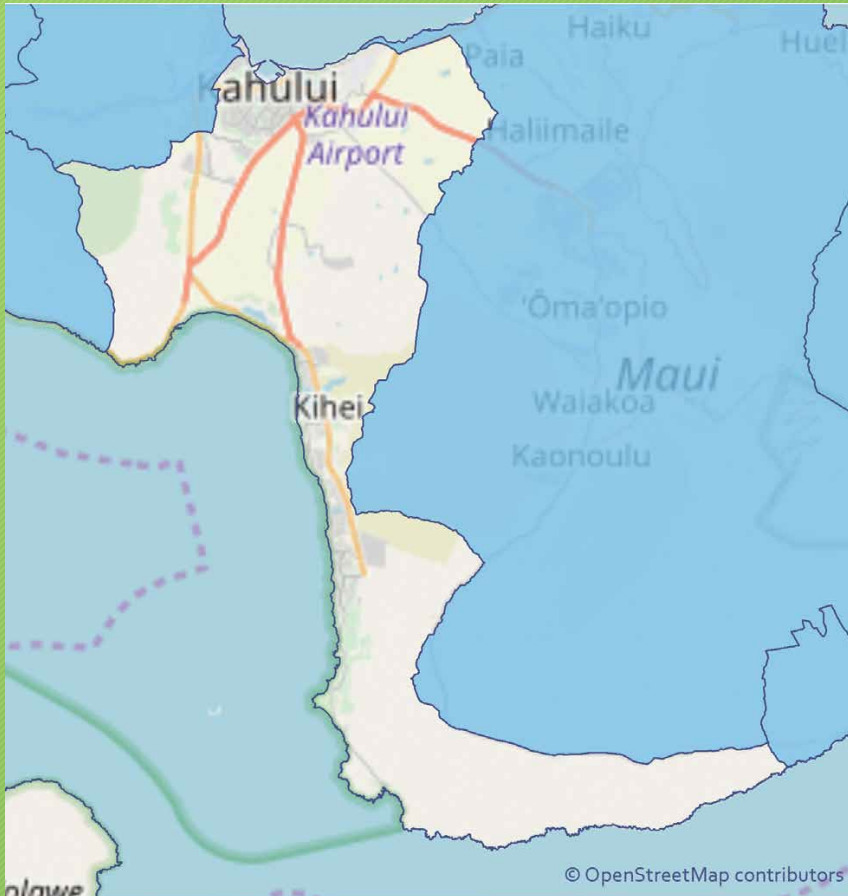
- The Kekaulike Area has roughly around 40,000 residents and spans 50 linear miles
- Children under the age of 18 represent 21.4% of the population
- Nearly half (46%) of area residents are white, with Hawaiians/Part-Hawaiians (24.4%) representing the next largest racial group
- 10.7% of families with children are living in poverty

Kekaulike Area

- Samuel Enoka Kalama Intermediate is our partner school that we work with in this area and receives students from Paia, Makawao, Kula, Pukalani and Haiku elementary schools
- Kalama had an enrollment of 953 students for the 2019-20 school year, with 52.9% of the students receiving free/reduced lunch
- 36.7% of the school population are Hawaiian/Part Hawaiian, 30.8% are White and the remaining student body is comprised of Asian, Hispanic and youth with two or more races.
- Kalama ranks lower than the state average in language arts and math proficiency
- 8% of the total school population was suspended from school and 45.8% of the students reported a concern with school safety



Kahului Area



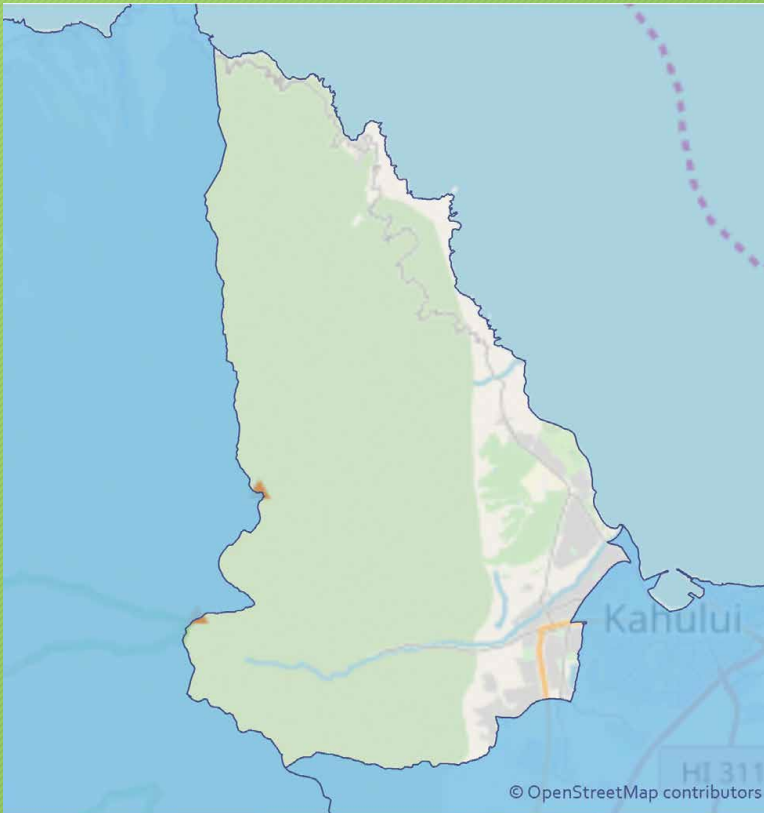
- The Kahului Area has roughly around 65,000 residents and is located in central Maui
- Children under the age of 18 represent 22.5% of the population
- A third (33.8%) of area residents are White, with Filipinos (22.3%) representing the next largest racial group, followed by Hawaiian/Part Hawaiian (18.7%)
- 8.7% of families with children are living in poverty

Kahului Area

- Maui Waena Intermediate is our partner school that we work with in the area and sits in between Haleakala and the West Maui mountains.
- They receive students from Kahului, Lihikai, and Pomaika'i elementary schools
- Maui Waena had an enrollment of 1,162 students for the 2019-20 school year, with 45% of the students receiving free/reduced lunch
- 51.2% of the school population is Filipino, 14.1% are Hawaiian/Part Hawaiian and the remaining student body is comprised of White, Asian, and Hispanic youth.
- Maui Waena ranks lower than the state average in math proficiency
- 4% of the total school population was suspended from school and 38.7% of the students reported a concern with school safety



Wailuku Area



- The Wailuku Area has a total population of about 23,000 residents and sits on the slopes of the West Maui mountains
- The area has diverse communities which includes the rural area of Kahakuloa; the coastal towns of Waihe'e, Paukukalo, and Waiehu; and the sand hills of Wailuku, Kehalani and Waikapu Communities
- The area also includes federal housing projects, five Hawaiian homestead communities, middleclass residential communities, upscale residences, and a homeless shelter with transitional housing as well as an urban business and government center.
- 79% of children has all available parents in the labor force which compares to the state average of 69.6%
- Hawaiians/Part Hawaiians make up about 29.8% of the population with Whites (21.4%) and Filipinos (19.2%) representing the next largest racial groups
- 10.4% of families with children are living in poverty
- 34.1% of families in the area are receiving public assistance which is also higher than the state average at 26.3%

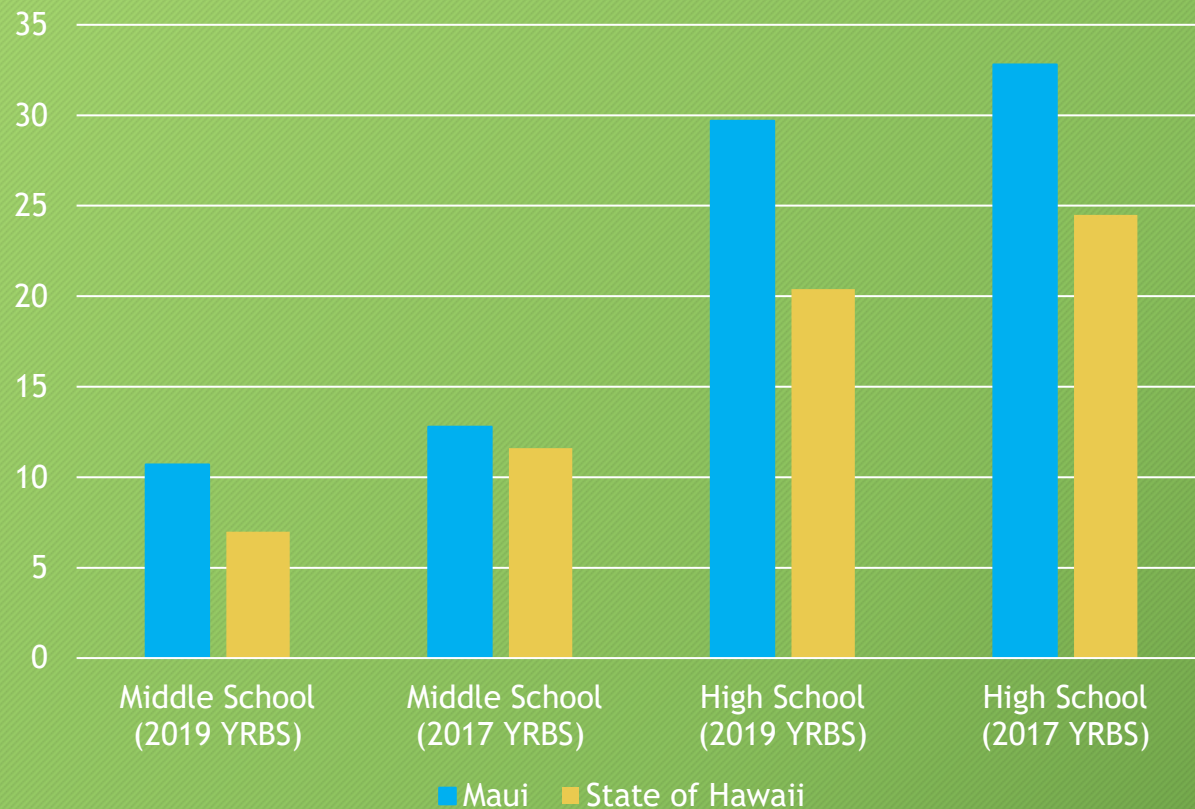
Wailuku Area

- lao Intermediate is our partner school that we work with and is the only middle school in the area. lao receives students from Pomaika'i, Waihe'e, Pu'u Kukui, and Wailuku elementary schools
- lao had an enrollment of 1,004 students for the 2019-20 school year, with 49.7% of the students receiving free/reduced lunch
- 31.4% of the school population are Hawaiian/Part Hawaiian, 24.3% are Filipino and the remaining student body is comprised of Asians, Whites, Hispanics and youth with two or more races.
- lao ranks lower than the state average in language arts, science and math proficiency
- 10% of the total school population was suspended from school and 45.8% of the students reported a concern with school safety



Assessment

30-Day Alcohol Use

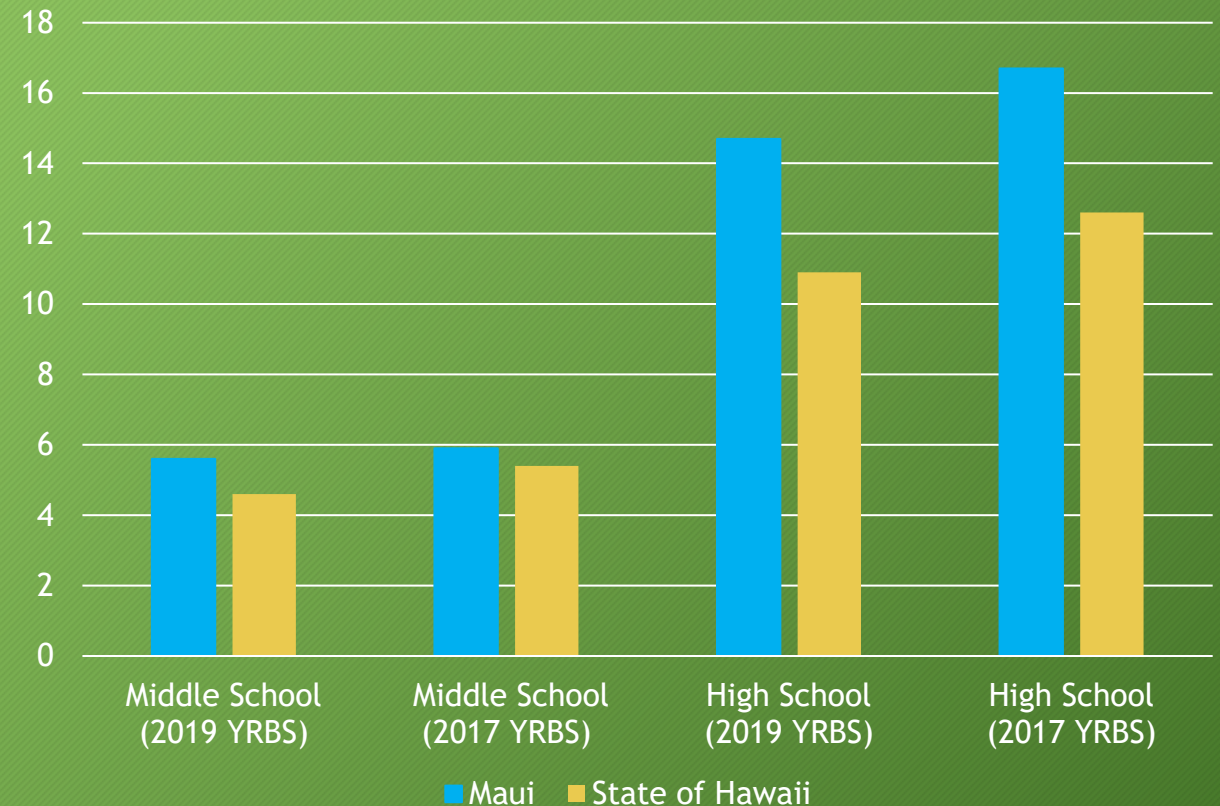


- The latest (2019) Youth Risk Behavior Survey (YRBS) for Maui continues to show higher 30-day alcohol use than the state average
- 10.7% of Maui middle school students reported recent alcohol use compared to the state average at 7%
- The differences were a bit more for the high school students with 29.7% of Maui high school students reporting recent alcohol use compared to the state average of 20.4%
- The data also show slight reductions for the county and state levels compared to the 2017 YRBS

Assessment

- Binge drinking is also a problem in Maui County according to the YRBS
- 5.6% of Maui middle school students reported drinking use compared to the state average at 4.6%
- The differences were again more notable for the high school students with 14.7% of Maui high school students reporting recent alcohol use compared to the state average of 10.9%
- This data also shows reductions for the county and state levels compared to the 2017 YRBS

30-Day Binge Drinking



Capacity

- MYFS has over 15 years of implementing Project Venture (PV) in Maui County

3 Partner Schools

- ❖ Maui Waena: 15 years
- ❖ Kalama: 10 years
- ❖ Iao: 2 years

- Program Coordinator has their Certified Prevention Specialist (CPS) certification and all Prevention staff at MYFS are currently working towards achieving their own CPS certification
- Staff are Lifeguard Certified, CPR & First Aid Certified, and Mental Health First Aid Certified
- MYFS has a vast collection of experiential games and activities to be used for PV

Capacity

Maui Coalition for Drug-Free Youth (MCDFY)



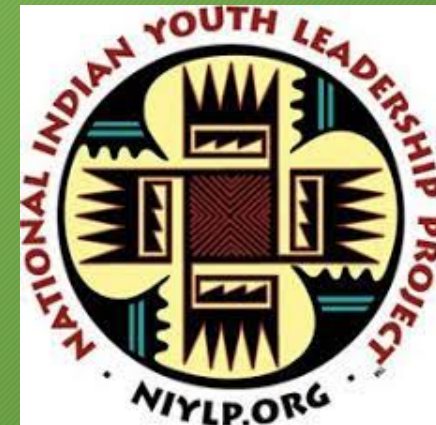
- MYFS staff have been working with the coalition for the past few years
- The Social Host Ordinance (SHO) was passed in February and went into effect on September 1st, 2021
- The SHO holds adults accountable for illegal underage drinking on their property and can be fined up to \$200 or more



Capacity

National Indian Youth Leadership Project (NIYLP)

- NIYLP are the program developers for the PV program
- Staff attend Monthly NIYLP Mentor Meetings
- Fidelity Site Visit Once a Year
- Provides Program Training to Staff
(Introduction to Project Venture & Advanced Facilitator Training)



Planning

- The planning process included identifying problem statements and corresponding goals
- The data helped us identify current substance abuse problems with youth and the largest impacted problem amongst teenagers was underage drinking and binge drinking
- The assessment findings showed Risk Factors included:
 1. *Family Management Problems*
 2. *Availability of Substances*
 3. *Favorable Attitudes (both parental & community) toward substance use*
- Identified Protective Factors include:
 1. *Engagement in Meaningful Activities*
 2. *Positive Self-Concept*
 3. *Positive Connection to Adults*

Planning

- We then addressed the level of changeability in the community to see if they had the capacity to change the risk & protective factors
- Next was searching for a program that was a good fit for the community that addresses the risk and protective factors
- Upon review of the planning process as well as a few evidenced based interventions we selected...



PROJECT VENTURE

Implementation

Project Venture

- Project Venture (PV) is an outdoor experiential education program that uses a positive youth development approach
- The program helps participants communicate effectively, solve problems together, develop their leadership skills, challenges them appropriately and facilitates learning through thoughtful experiential adventure
- These activities are designed to guide young people in avoiding certain risks, how to manage unavoidable risks, and how to choose healthy risks

Implementation

Why is Project Venture effective?

- It is an intensive year-round program
- Implemented in a specific sequence with complexity increasing throughout the year
- Facilitated in a strengths-based approach for positive outcomes
- Has an experiential approach
- The quality interaction between youth and caring adults and older peers leads to a healthy development of positive personal interests and aspirations



Implementation

The Six Essential Elements



1. Positive Youth Development
2. Engagement with Nature
3. Experiential Activities
4. Connection to Community and Service
5. Skills Development for Personal Growth
6. Culturally Relevant Activities and Teachings

Evaluation

Our program evaluator is The Catalyst Group LLC, led by Dr. Richard Kim

Participants Enrolled:

76 total youth enrolled from October, 2020 to September, 2021

lao: 46 youth enrolled

Kalama: 17 youth enrolled

Maui Waena: 13 youth enrolled

Of the 76 youth enrolled, 34 of them completed the pre-test
and 26 completed both the pre-test and post-test

Sample size was smaller than usual due to the pandemic

*Participant Demographics:

- 52.9% Male
- 47.1% Female
- 28% Native/Part Hawaiian
- 17.9% Hispanic
- 10.3% each for Filipino, Whites, Pacific Islanders, and African American
- 7.7% Other
- 5.2% Asian
- *Based on the 34 youth that completed the pre-test

Evaluation

Evaluation Findings

- 65% youth was encouraged to actively participate in the program
- 60% of youth would recommend this program to their friend
- 60% of youth was satisfied with the program
- *Measured by a Satisfaction Survey

- 45% of youth reported an improvement in their positive values
- 30% of youth reported and improvement in their positive identity
- 45% of youth reported an improvement in their social competencies
- * Measured by the Developmental Assets Profile (DAP)

Evaluation

Evaluation Findings (Continued)

- 40% of youth reported an improvement in “stopping to think before you act”
- 40% of youth reported an improvement in “thinking ahead to the consequences of your actions before doing something”
- 45% of youth reported that they “make a plan to solve a problem” at the same rate prior to joining the PV program

• *Measured by a Problem Solving Scale

Qualitative Findings

- Youth appreciated being able to get out of the house, especially during the pandemic
- The least liked thing about the program was that the youth felt “awkward” during the first few sessions of the program as they did not know anyone
- Youth found the activities both challenging and fun
- Youth described staff as really nice, friendly, and helpful
- Youth described feeling more confident and able to communicate better with their peers and family members

* Focus Group of 7 participants from our three partner schools

Contact Information

Travis Fernandez, CPS
MYFS Program Coordinator

Email: travis.fernandez@myfs.org

Phone: (808) 579-8414 ext. 8201

Website: www.mbhr.org

ADAD Announcements



FISCAL

Treatment - Before Final Check Released:

1. Close all open authorizations in WITS
2. submit Memo 002 to the fiscal accountant
3. Submit financial statement and Single Audit Report (if applicable)
4. Submit program reports before final check is released.



All Contracts and Agreements:

Review your Fiscal Year End Close Out letter for requirements and deadlines. No exceptions will be made for late submittal of final invoices.

TRB 22-xxx Contracts:

Fiscal is working on getting funds encumbered. Assigned accountant will inform your fiscal team when funds are available.

We understand that invoices for October will be late and will give considerations due to late encumbrance of funds.

QUALITY ASSURANCE & IMPROVEMENT OFFICE

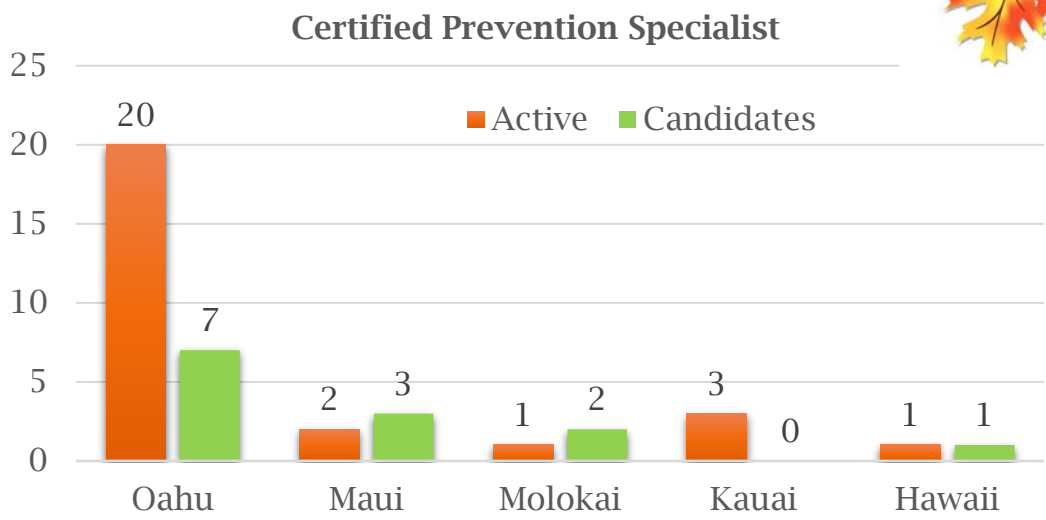
Community Anti-Drug Coalitions of America (CADCA)

National Coalition Academy

State of Hawaii 2021 Cohort

32nd Annual National Leadership Form

January 31-February 3, 2022

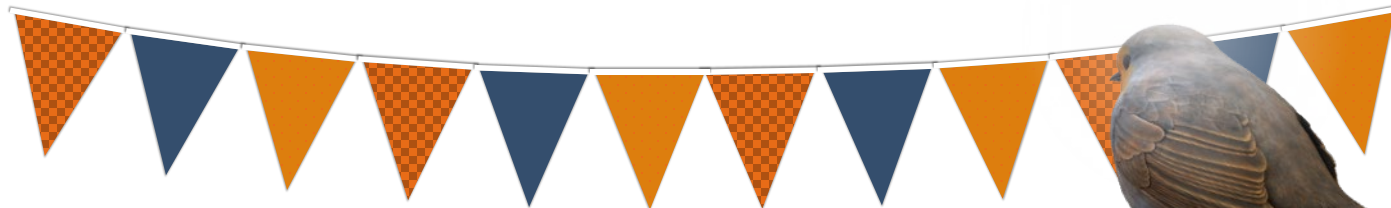


PLANNING, EVALUATION & RESEARCH DATA OFFICE



The 2022 Substance Abuse Block Grant application is part of the SABG-MHBG Combined Application, and is now available for review and comment by clicking [here](#).

The Youth Interviews Report is part of the Substance Use Needs Assessment for Special Youth Populations, and is now posted on the website [here](#).



PLANNING, EVALUATION & RESEARCH DATA OFFICE



Emerging Adults Substance Use Needs Assessment

Who are we?

We are a team based out of the University of Hawai'i at Mānoa in the Department of Psychiatry

What are we doing?

We are conducting small group interviews with emerging adults to learn how to improve substance use and prevention programs in our communities

How can you help?

Refer emerging adults (age 18-26) to participate in an interview. Our goal is to learn from people who have lived experience in the system of care

The Next Steps?

Reach out to the potential participants. We will follow up with them individually to see if they want to share their wisdom (\$25 mahalo card for emerging adult interview participants).

Contact Us for More Information

Emerging Adults Needs Assessment Team

EmergingAdults@dop.hawaii.edu | ph: 808-692-1922

Mahalo for your support!



TREATMENT & RECOVERY BRANCH

Contract Orientations for new 22-xxx Contracts:

TRB started to schedule contract orientations. Look out for notifications.

2019-2021 Contract Clinical and Fiscal Summary Report now available on the ADAD website

Annual Reports:

20-xxx Contract Annual Reports are due: 11/15/21

FYI: Final payments will be held until all programmatic and fiscal reports are submitted.

SUD Continuum of Care Recovery Support Services

RFI was released on 10/21/21.

All comments/responses are due by 11/8/21.

22-xxx Contract Funds:



Discretionary Grant Requirements Training

Stay Tuned: Providers that will be receiving various discretionary grants will be invited to a training with the UH Eval Team regarding reporting requirements (GPRA).



PREVENTION BRANCH

RFI due 11/5/21

Google Form Link:
<https://forms.gle/t3oQp2myCevyXFBV8>

EBP/II Billing

Bill invoice via WITS

Email notification with
MS Form to assigned fiscal
manager & Cc

cheryl.Labuguen@doh.hawaii.gov,
adad.fiscal@doh.Hawaii.gov, and
doh.adad.prevention@doh.Hawaii.gov

Subject line for email:
ASO Log #, Agency Name,
Billing Service Month

Billing is due within 30 days
of the service month

MS Forms and supporting
documents will be reviewed
during monitoring

EBP/II
Utilization
Projections
due
11/19/21

Social Media &
Communications Needs
Workshop Survey

https://manoahawaiiiss.az1.qualtrics.com/jfe/form/SV_3Kla5sqdhYleoPY



PROVIDER UPDATES



Hawai'i CARES Monthly Report October 2021

Data updated
November 1, 2021



**HAWAI'I
CARES**

All Hawaii CARES Calls Monthly

Last Update:
Thursday, September 30, 2...

Average total calls
in 2020 was

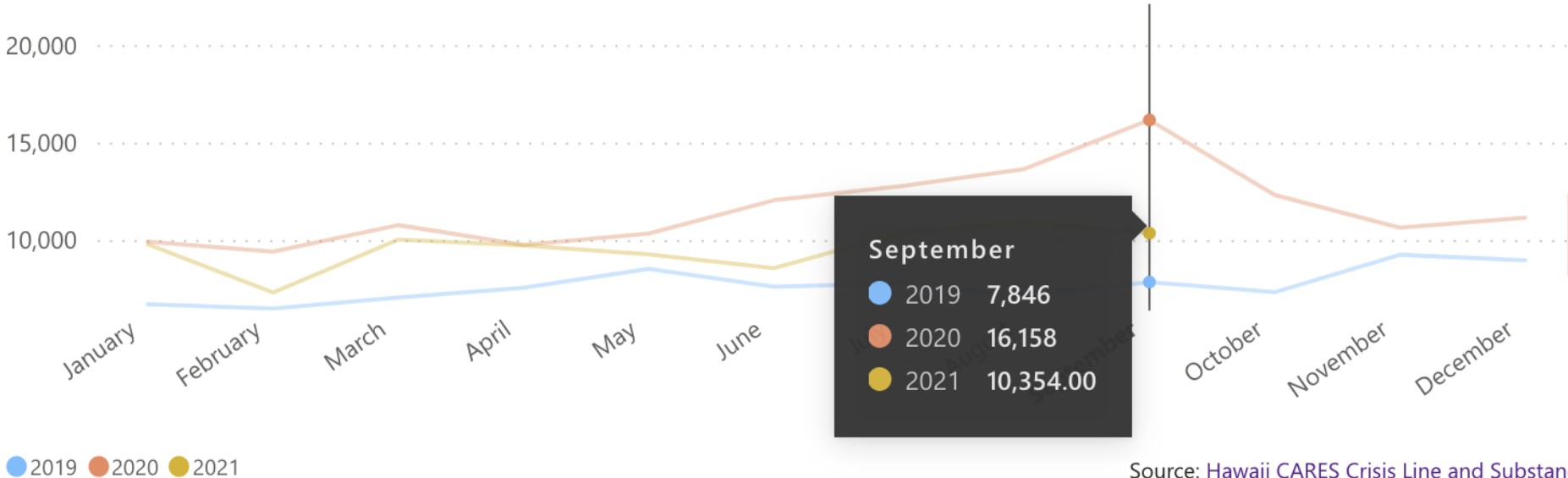
105.9%

higher than in 2019

September 2020 had

0.0%

more calls than the
average for 2020



*Call volume for 2021 is an undercount due to a lag in reporting from some of the call operators.

Source: [Hawaii CARES Crisis Line and Substance Use Disorder Line Calls](#)

Click on the arrows (left or right) for more

Call data not
available for
October



HAWAI'I
CARES

Hawaii Behavioral Health Dashboard
<https://www.hawaii.edu/aging/hbhd/>

Total Referrals In to Hawai'i CARES: Authorizations and/or Service Referrals

	Total	Placed/ accepted	Rejected
July	368	318	18
August	352	311	31
September	338	291	22
October	411	361	30

Benefit Exceptions

	Monthly Numbers			
	Received	Approved	Rejected	% Rejected
July	60	25	35	58%
August	54	29	25	46%
September	43	42	1	2%
October	2	1	1	50%

Client Experiences- Case #1

- A 3-way call came into the Hawaii Cares RCUH call center from a client in Hawaii and her brother, from another state, who was very concerned about his sister who is seeking treatment. “She is drinking a bottle of vodka every 2 days, has a mental health diagnosis of anxiety and has stopped taking medication for the past month, lost her job, has no social support, feels all alone and is stressed and overwhelmed with alcohol issues and has not been able to keep any food down.” He emphasized his frustration and feelings of powerlessness and fearful because he is in California and sister is living on Oahu with no support and has not been able to navigate the healthcare system to find help. She (his sister) has been in and out of the ER with alcohol withdrawal symptoms and she is simply discharged without any follow up when she was not found to be severe enough for hospital admission. The patient report that at one ER visit she was actually treated with narcotic medication even though she was forthright in sharing that she was struggling with alcoholism. The Hawaii CARES’ screener/ care coordination associate was able to establish rapport by implementing open ended questions, reflective listening, empathy, and feedback. The client was open and receptive to completing the Screening/Intake for Substance abuse referral and also for a Crisis Mobile Outreach for mental health crisis and linkage. There was concern of medical complications from detox as well, which the CCA alerted the crisis worker to. The crisis worker agreed with the concern and was able to encourage the client to go to the ER. The client was hesitant because she had previous poor experience with ER care, but the Hawaii CARES CCA and crisis worker ensured that they would act as her advocate. This time at the ER they determined that the client did need hospital admission for managing alcohol withdraw. While the client was admitted over a week period, the Hawaii CARES CCA was able to follow through with the referral for the assessment. The SUD provider was able to contact the patient and complete the assessment virtually.

Client Experiences- Case #1 continued...

- By the time the client was discharged the appropriate level of care was determined, a referral was made to a few residential facilities, and the Hawaii CARES CCA worked to develop a plan for services to bridge the time period between client discharge and admission to residential treatment facility. At the time of her discharge, transportation was arranged for intake to a bed stabilization while she awaits admittance into a residential drug treatment program. Her brother called Hawaii CARES to say “I am so grateful for all that you have done to take care of my sister. Your organization is God sent, such an amazing organization, you folks go above and beyond, such an amazing team. It’s good to know your organization is there to help people. I can rest in peace, knowing you are there helping my sister.”

Client Experiences- Case #2

- A young adult male called with his mother looking for help. He had been suffering from substance use disorder, for several years and was one/off the street as he had not been able to maintain employment and had lost the trust of this family. The main substance used was heroine. His last use was 5 days prior to him calling Hawaii CARES. He was able to return home and his mother allowed him to state while he was going through the withdrawal symptoms, but said he could not stay longer. He needed to get help and needed to be in a safe place so that he did not return to using. Hawaii CARES was able to connect him to bed stabilization while submitting a referral for an SUD assessment. Transportation to take the client to the bed stabilization facility arrived at his home within two hours of his phone call. The client was surprised and grateful for the quick response. He said he expected that when he called he would be given a list of numbers to call and would have to figure it out on his own. He was grateful that we were not only able to help him, but that the Hawaii CARES CCA communicated with him in a nonjudgmental and encouraging way. In general, he has felt awful about the path he had taken in his life up to this point, but for the first time he had real hope that he could get better.

The Hawai'i Alcohol Policy Alliance



**HAWAI'I ALCOHOL POLICY
ALLIANCE**

- Statewide Coalition
- Mission is to educate and advocate for responsible, evidence based alcohol policies that reduce youth use and alcohol related harms in our communities.
- Meeting times: Every 2nd Friday of the month, from 10:30am-12pm
 - <https://us02web.zoom.us/j/88183025337?pwd=eVloTW1uZS9QeXlHZVVGenZUbmRFdz09>
- Contact: Chelsea@hiphi.org

Maui Coalition for Drug Free Youth



- Maui County Coalition
- Mission is to use data driven strategies for the development of a community in which young people can thrive and progress in society without the detrimental effects of substance use and abuse.
- Meeting times: Every 3rd Wednesday of the month, from 9:30am-11am
 - <https://us02web.zoom.us/j/88052120744>
- Contact: Ashlee@hiphi.org

East Hawai'i Drug Free Coalition



- East Hawai'i Coalition
- Our mission is to prevent and reduce substance misuse impacting keiki to kupuna with a focus on eliminating underage drinking.
- Meeting times: Every 2nd Wednesday of the month, from 10:30am-12pm
 - <https://us02web.zoom.us/j/85080564975?pwd=OGE4OW5NMjhHSVU1WVR5RS8xdWhXUT09>
- Contact: Rick@hiphi.org



HAPPY Thanksgiving



Please send
agenda items to:
Ana Quintal
Analyn.quintal@doh.hawaii.gov

**Recording of
today's meeting:**

<https://health.hawaii.gov/substance-abuse/prevention-treatment/>

**Link to register for
Provider Meetings:**

https://zoom.us/webinar/register/WN_zg3k0nWZOmOjBbnlwLtYHg

Next Meeting:
December 3, 2021

**Continuum of
Care meeting:**
November 19,
2021

