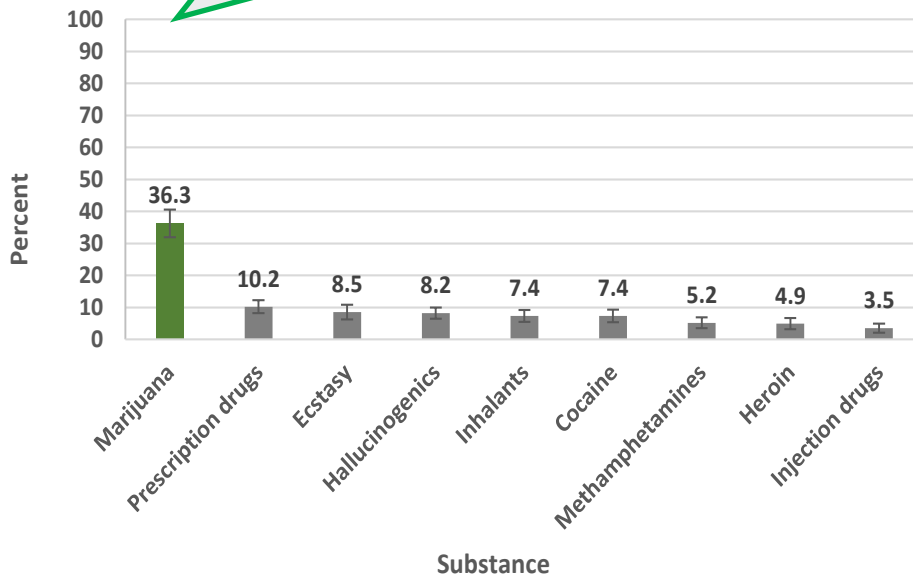


# Youth Substance Use: Kaua'i County

2017 Hawai'i State Epidemiological Outcomes Workgroup



More youth have used **marijuana** during their lifetime than *any other substance* (2015 YRBS).



**12.6%**

of Kaua'i County youth have used marijuana **before age 13**

Compared to only **7.5%** in the US!  
(2015 YRBS)

**How do we change this?**

1. *Enhance* protective factors & reduce risk factors.
2. *Tailor* the program to the specific population, considering age, gender, and ethnicity.
3. Family-based prevention programs should enhance *family bonding* and include parenting skills.

## Related *Risk* Factors:

**Exposure** to substance use and **community norms** can **increase** use in our youth!

(Beyers et al., 2004)\*

For a complete list of evidence-based principles to guide prevention programs go to: <https://www.samhsa.gov/nrepp>

\*For more information on youth substance use and full citations, email [cnigg@hawaii.edu](mailto:cnigg@hawaii.edu) to request the State Epidemiological Profile: Selected Youth and Adult Substance Use Indicators

