## **Youth Alcohol Use: Kaua'i County**



2017 Hawai'i State Epidemiological Outcomes Workgroup

**19.2%** of youth in Kaua'i county reported drinking before the age of 13.

Compared to 16.9% for the state and **17.2**% for the US!

(2015 YRBS)

42.3%

of youth reported in 2013 that their usual source of alcohol was that someone gave it to them! Compared to 32.8% in the US! (2015 YRBS)

How do we change this? 1. Enhance *enforcement* of laws prohibiting sale of alcohol to minors.

- 2. Use *interactive techniques*, such as peer discussion and role-playing, in programs.
- 3. Design built-in "booster" sessions, such as following up interventions for middle school students with programs in high school.

## Related Risk Factor:

**Exposure** to alcohol use in the community can increase use in our next generations!

(Nargiso, Friend, & Florin, 2013)\*

For more information about evidence-based preventive programs, go to: https://www.samhsa.gov/nrepp



