Youth Alcohol Use: Honolulu County



2017 Hawai'i State Epidemiological Outcomes Workgroup

15% of youth in **Honolulu county** reported drinking before the age of 13.

Compared to 16.9% for the state and 17.2% in the US! (2015 YRBS)

37.9%

of youth reported in 2013 that their usual source of alcohol was that someone gave it to them! Compared to 32.8% in the US! (2015 YRBS)

How do we change this?

1. Enhance *enforcement*

of laws prohibiting sale of alcohol to minors.

- 2. Use *interactive techniques*, such as peer discussion and role-playing, in programs.
- 3. Design built-in "booster" sessions, such as following up interventions for middle school students with programs in high school.

Related Risk Factor:

Exposure to alcohol use in the community can increase use in our next generations!

(Nargiso, Friend, & Florin, 2013)*

For more information about evidence-based preventive programs, go to: https://www.samhsa.gov/nrepp



*For more information on youth alcohol use and full citations, email cnigg@hawaii.edu to request the State Epidemiological Profile: Selected Youth and Adult Alcohol Indicators

