## Youth Alcohol Use: Hawai'i County



2017 Hawai'i State Epidemiological Outcomes Workgroup

**22.4%** of youth in Hawai'i county reported **drinking** before the age of 13.

Compared to 16.9% for the state and 17.2% in the US!

(2015 YRBS)

## 43.3%

of youth reported in 2013 that their usual source of alcohol was that someone gave it to them!

Compared to 32.8% in the US!

(2015 YRBS)

## How do we change this?

1. Enhance *enforcement* of laws prohibiting sale of alcohol to minors.

- 2. Use *interactive techniques*, such as peer discussion and role-playing, in programs.
- Design built-in "booster" sessions, such as following up interventions for middle school students with programs in high school.

## **Related Risk Factor:**

**Exposure** to alcohol use in the **community** can **increase** use in our next generations!

(Nargiso, Friend, & Florin, 2013)\*

For more information about evidence-based preventive programs, go to: https://www.samhsa.gov/nrepp



