

# Adult Alcohol Use: Hawai'i County

2017 Hawai'i State Epidemiological Outcomes Workgroup



20%

of adults in  
Hawai'i county  
reported  
**binge drinking**  
in 2014 (BRFSS).

## Binge Drinking

is defined as having 5+ drinks  
on one occasion for men, and  
4+ drinks on one occasion for  
women.

How do we change this?

Community prevention efforts  
to reduce adult alcohol misuse typically include\*:

- **Community** mobilization
- Responsible **beverage-service training**
- Limitation of access through **zoning**

*Primary care settings may also be able to detect alcohol misuse using **brief screeners**, or by asking directly about the number of occasions in the past year the patient has had 4-5 or more drinks in a day.*

\*Toomey, T. L., & Lenk, K. M. (2011). A Review of Environmental-Based Community Interventions. *Alcohol Research & Health*, 34(2), 163–166.



In 2012-2014,  
**4.2%** of  
adults in Hawai'i County endorsed  
drinking and driving (BRFSS).

## Related Risk Factors:

Lack of community  
organization & opportunities  
for positive involvement can  
lead to **increased** alcohol use.

(O'Connell et al., 2009)\*\*

For a complete list of evidence-based principles to guide prevention programs go to: <https://www.samhsa.gov/nrepp>

\*\*For more information on adult alcohol use and full citations, email [cnigg@hawaii.edu](mailto:cnigg@hawaii.edu) to request the  
State Epidemiological Profile: Selected Youth and Adult Alcohol Indicators

