



Our mission is to promote the quality and accessibility of group therapy throughout the Hawaiian Islands.

Oahu Institute with

Suzanne B. Phillips Psy.D., ABPP, CGP, FAGPA

PRESENTING

Trauma As an Integral Part of Life: The Use of Groups as a Context for Understanding, Connection and Recovery



Sat (9-4) & Sunday (9-1:30) • November 19-20, 2016

There are 15 openings for a
1½ day Institute with a combination of
didactic & experiential group process.

LOCATION: TBA

Learning Goals:

- Expand clinical skills through both didactic and experiential consideration of The Nature of Trauma, The Impact of Traumatic Events, Common Stress Responses, the Stages of Recovery and the Unique Role of the Group Model in Containing, Narrating, Enacting, Mourning and Integrating Traumatic Events.
- Enhance clinical skills for recognizing and responding to patient reactions to traumatic events.
- Promote group leader skills via training in the effective use of the group model to facilitate a group process of recovery in the aftermath of life's traumatic events.
- Recognize the Risks of Caring and the Strategies for Self-Care when working with trauma, supporting enhanced clinical abilities and overall sustainability as Mental Health Professionals.

Learning Objectives:

- Understand the Impact of Traumatic Events on Adults and Children.
- Recognition and Ability to Normalize Stress Reactions to traumatic events.
- Understand the Nature of Traumatic Loss and the Process of Grieving.
- Identify the qualities of group uniquely suited to fostering recovery and healing and the importance of the context and culture of traumatic events.
- Understand and use Group Interventions to facilitate the Stages of Recovery from traumatic events.
- Understand and use Group Interventions to help group members with Containing, Narrating, Enacting, Mourning and Integrating Traumatic Events.
- Understand the Risks of Caring including the identification of Countertransference Reactions, Secondary PTSD, Compassion Fatigue and Vicarious Traumatization.
- Understand, Develop and Implement Resiliency Traits for Self-Care. Identify the ABC's of Self-Care.

Suzanne B. Phillips Psy.D., ABPP, CGP, FAGPA is a licensed Psychologist, Psychoanalyst, Diplomate in Group Psychology, Certified Group Therapist, Fellow and Board Member and Co-chair of Community Outreach for the American Group Psychotherapy Association (AGPA). She is Adjunct Full Professor of Clinical Psychology at LIU Post, N.Y., the Trauma/Disaster Chair for the Suffolk County Psychological Association and a Clinician for The Soldiers Project Long Island. Dr. Phillips has provided services and trainings nationally and internationally on trauma response and disaster (9/11, The Earthquake in China, Haiti, Hurricanes Katrina and Sandy, India, Italy, California Fires, School Suicides and Shootings etc.). In February 2008, as Community Outreach Chair of AGPA, she gave testimony before Congress for the needs of military and their families, and runs the AGPA's annual Camp Galaxy for military children "Going on During War" at the 106th Rescue Squad, Westhampton, NY.

She is the co-author of three books, and over 40 articles and chapters, including, *Healing Together: A Couple's Guide to Coping with Trauma and Post-Traumatic Stress*; *Public Mental Health Service Delivery Protocols: Group Interventions for Disaster Preparedness and Response*, and *The Therapist's Pregnancy: Intrusion into the Analytic Space*.

She is a blogger for Psych Central with over 280 blogs posted on *Healing Together For Couples*. She has appeared on national TV – Fox 5 Good Day New York and Good Day Street Talk. She has been a frequent radio guest and is the host of *Psych Up Live*, an International talk radio show on the Variety Channel of VoiceAmerica. voiceamerica.com/show/2506/psych-up-live. Dr. Phillips has a private practice in Northport, NY for individual, couple and group treatment.

If interested in attending or for more information, please contact:

Pamela Menter: pamelamenter@yahoo.com • 808-295-0932

**To secure a place, send a check to:*

Pamela Menter • 41-563 Waikupanaha Place – Waimanalo, HI 96795

include your name, address and membership form if applicable.

Fees: Paid HIGPS member . . \$145.*

Non-HIGPS member . . \$165.*

\$25 Scholarships available, inquiries welcome.

Accepting the first 15 registrants ONLY

10.0 ADAD CEUs available

Sunday Afternoon

Please join us at 1:30 pm for our Annual Membership potluck meeting for Institute attendees and anyone interested in the Hawaiian Islands Group Psychotherapy Society.

RSVP PLEASE