



Our mission is to promote the quality and accessibility of group therapy throughout the Hawaiian Islands.

Maui Institute with

Suzanne B. Phillips Psy.D., ABPP, CGP, FAGPA

PRESENTING

Trauma As an Integral Part of Life: The Use of Groups as a Context for Understanding, Connection and Recovery



Sat (9-5) & Sunday (9-2) • November 12-13, 2016

There are 12 openings for a
**1½ day Institute with a combination of
didactic & experiential group process.**

LOCATION: PRIVATE KULA RESIDENCE

Learning Goals:

This Two-Day Institute aims to expand clinical skills by offering participants both a didactic and experiential consideration of The Nature of Trauma, The Impact of Traumatic Events, Common Stress Responses, the Stages of Recovery and the Unique Role of the Group Model in Containing, Narrating, Enacting, Mourning and Integrating Traumatic Events.

- It will enhance the clinical skills of mental health professionals in recognizing and responding to patient reactions to traumatic events.
- It will enhance the group leader skills of mental health providers by training them in the effective use of the group model to facilitate a group process of recovery in the aftermath of life's traumatic events.
- It will train participants to recognize the Risks of Caring and the Strategies for Self-Care when working with trauma as a way of supporting enhanced clinical abilities and overall sustainability as Mental Health Professionals.

Learning Objectives:

- Understanding the Impact of Traumatic Events on Adults and Children
- Recognition & Ability to Normalize Stress Reactions to traumatic events.
- Understanding of the Nature of Traumatic Loss and the Process of Grieving.
- Identification of the qualities of group uniquely suited to fostering recovery and healing and the importance of the context and culture of the traumatic events.
- Understanding and using Group Interventions to facilitate the Stages of Recovery from traumatic events.
- Understanding and using Group interventions to help group members with Containing, Narrating, Enacting, Mourning and Integrating Traumatic Events
- Understanding the Risks of Caring including the identification of Countertransference Reactions, Secondary PTSD, Compassion Fatigue and Vicarious Traumatization.
- Understanding, Development and Ability to Use Resiliency Traits for Self-Care. Identification of the ABC's of Self-Care.

Suzanne B. Phillips Psy.D., ABPP, CGP, FAGPA is a licensed Psychologist, Psychoanalyst,

Diplomate in Group Psychology, Certified Group Therapist, Fellow and Board Member and Co-chair of Community Outreach for the American Group Psychotherapy Association (AGPA). She is Adjunct Full Professor of Clinical Psychology at LIU Post, NY, the Trauma/Disaster Chair for the Suffolk County Psychological Association and a Clinician for The Soldiers Project Long Island.

Dr. Phillips has provided services and trainings nationally and internationally on trauma response and disaster (9/11, The Earthquake in China, Haiti, Hurricanes Katrina and Sandy, India, Italy, California Fires, School Suicides and Shootings etc.). In 2008, as Community Outreach Chair of AGPA, she gave testimony before Congress for the needs of military and their families. On a yearly basis she runs the weekly AGPA's Camp Galaxy for military children *Going on During War* at the 106th Rescue Squad, Westhampton, NY.

She is the co-author of three books, and over 40 articles and chapters, including, *Healing Together: A Couple's Guide to Coping with Trauma and Post-Traumatic Stress*; *Public Mental Health Service Delivery Protocols: Group Interventions for Disaster Preparedness and Response*, and *The Therapist's Pregnancy: Intrusion into the Analytic Space*.

She is a blogger for Psych Central with over 280 blogs posted on *Healing Together For Couples*. She has appeared on national TV – Fox 5 Good Day New York and Good Day Street Talk. She has been a frequent radio guest and is the host of *Psych Up Live*, an International talk radio show on the Variety Channel of VoiceAmerica. voiceamerica.com/show/2506/psych-up-live. Dr. Phillips has a private practice in Northport, NY for individual, couple and group treatment.

If interested in attending or for more information, please contact:

Mitch Berman: mmb246@gmail.com • 808-280-1670 • HIGPS

**To secure a place, send a check to:*

HIGPS, P.O. Box 1232 • Kula, HI 96790

include your name, address and membership form if applicable.

Fees: Paid HIGPS member . . \$145.*
Non-HIGPS member . . \$165.*

Accepting the first 12 registrants ONLY
11.0 ADAD CEUs available

Sunday Afternoon

Please join us at 2:15pm for our Annual Membership meeting for Institute attendees and anyone interested in the Hawaiian Islands Group Psychotherapy Society.

REFRESHMENTS • RSVP PLEASE