

**HAWAII STATE HEALTH PLANNING AND DEVELOPMENT AGENCY**  
 1177 Alakea Street, Suite 402 • Honolulu, HI 96813 • Phone: (808) 587-0788 • [www.shpda.org](http://www.shpda.org)  
 Honolulu Subarea Health Planning Council

**Meeting Minutes**

February 8, 2024 | 12:00 Noon Hawaii Time  
 Virtually via Zoom and Physical Meeting Location at  
 The Keoni Ana Building, 1177 Alakea Street, Suite 402

MEMBERS: Tori Abe Carapelho, Katherine Finn Davis, Charlene Takeno  
 MEMBERS ABSENT: Trisha Kajimura, Colette Kon, Hilary Okumura, Wesley Sumida  
 GUESTS:  
 SHPDA: John Lewin, Wendy Nihoa

**ATTENDANCE RECORD OF APPOINTED MEMBERS**

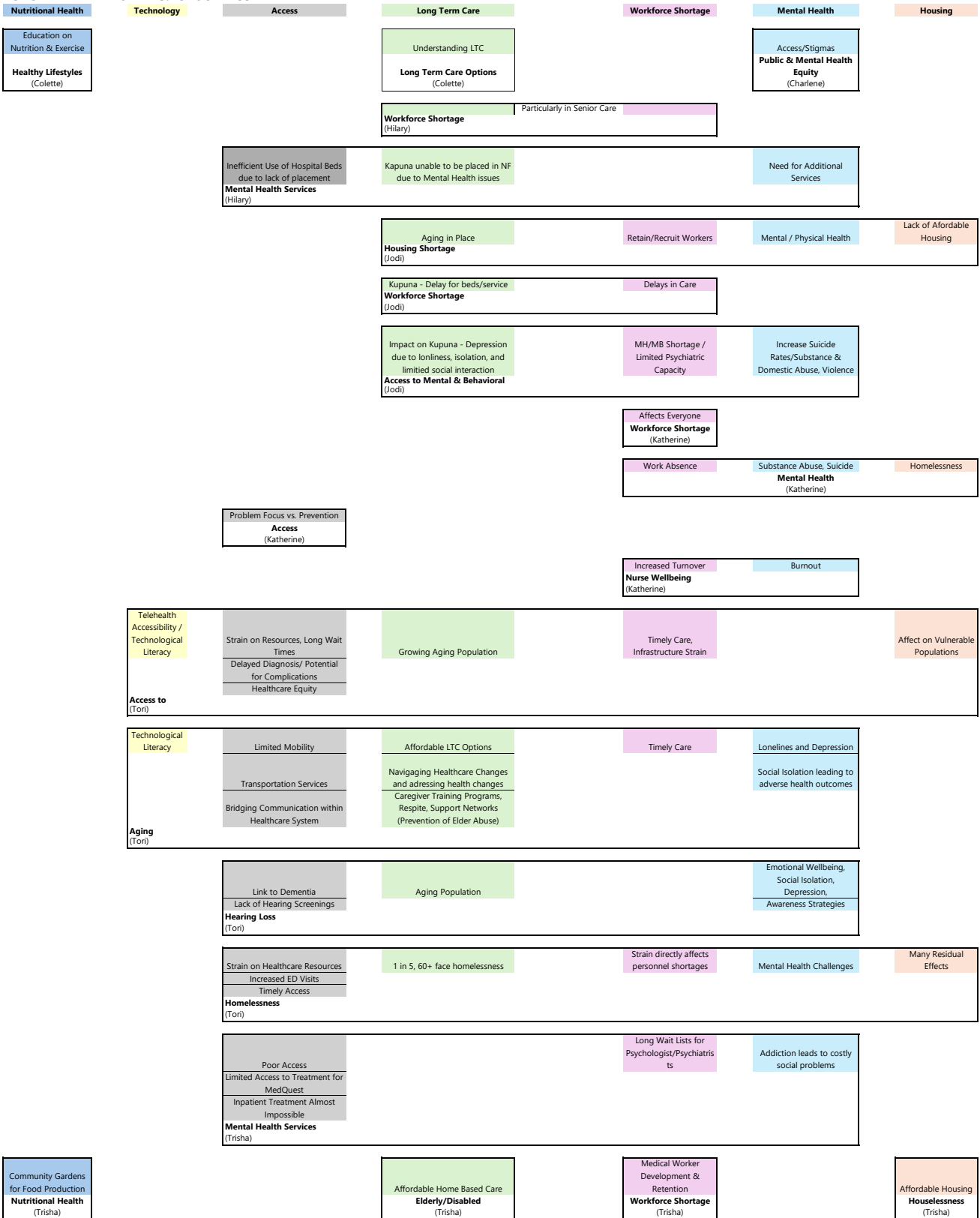
Date	5/11/2023	6/8/2023	7/13/2023	8/10/2023	9/14/2023	10/12/2023	11/9/2023	12/14/2023	1/11/2024	2/8/24
Tori Abe Carapelho**	O	O	X	X	X	O	O	X	X	X
Katherine Finn Davis*	X	X	X	X	O	X	X	X	X	X
Trisha Kajimura	/	/	/	/	/	X	X	O	O	O
Colette Kon	X	/	/	/	X	X	X	O	X	O
Hilary Okumura	X	X	O	X	X	X	X	O	X	O
Wesley Sumida	O	O	O	O	X	O	X	X	O	O
Charlene Takeno	X	X	X	O	X	O	O	X	X	X

Legend: X=Present; O=Absent; /=No Meeting, \*-Chair, \*\*-Vice Chair

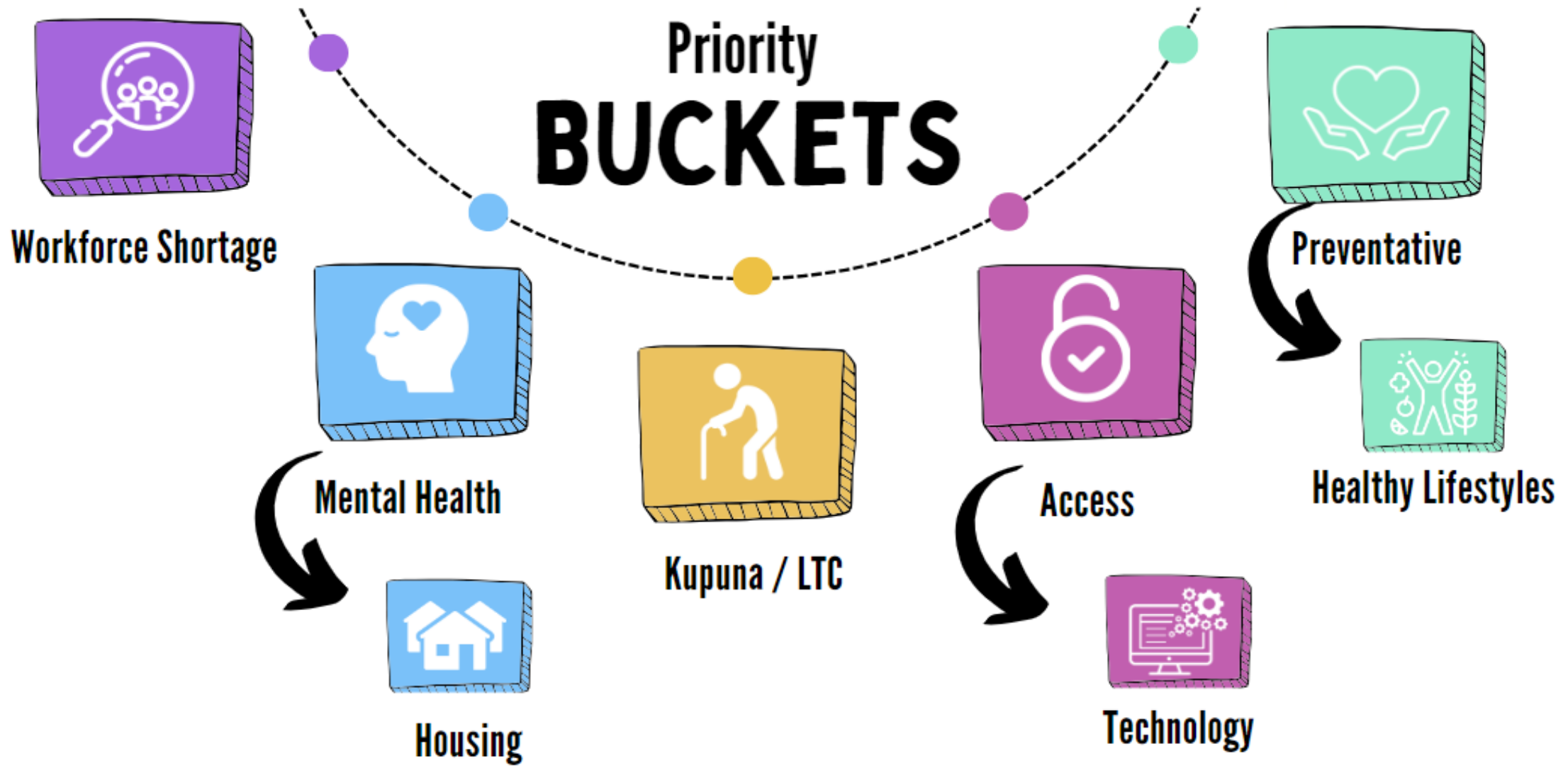
TOPIC	DISCUSSION	ACTION
Call to Order	The meeting was called to order at 12:01 p.m. by K. Finn Davis, Chairperson, presiding.	
Roll Call	Member roll call.	
Minutes	Due to the lack of quorum review and approval of the January 11, 2024 meeting minutes was deferred to the next meeting.	
Administrator’s Report	The Administrator’s Report was distributed and reviewed. There were no questions.	
SHPDA Updates	<p>J. Lewin, Administrator, SHPDA provided the following updates:</p> <p>SHPDA Related Legislation. SB3129 (and companion HB2728) establishes the Hui Ho’omana Task for to provide a report to the Legislature on the status of healthcare in the state. SHPDA will amend SB3129 to replace the “Hawaii Nurses Association” with the “Hawaii-American Nurses Association”. SB2285 is the SHPDA “upgrade” bill adds staff and funding to SHPDA’s current operations.</p> <p>AHEAD Grant. SHPDA continues to work on the grant application due on March 18, 2024. A brief discussion followed.</p> <p>Call for public testimony – none.</p>	
HONSAC Priorities 2024 and Beyond	<p>T. Abe-Carapelho presented a visual summary of member’s priorities. A copy of the information presented is attached to these minutes.</p> <p>A discussion followed. Suggestion to present the information at the next HONSAC meeting to solicit additional feedback; discuss how to categorize those items that crossover several priority areas. K. Finn-Davis suggested to send out the information presented today to all members in advance of the next meeting.</p> <p>Call for public testimony – none.</p>	SHPDA to send out information to all members for review prior to the next meeting.
Standing Committee Reports	<p>Membership Committee. C. Takeno, Chair requested to defer this report to the next meeting.</p> <p>Statewide Health Coordinating Council (SHCC). In absence of H. Okumura, HONSAC Representative, this item was deferred to the next meeting.</p> <p>Call for public testimony – none.</p>	

Announcements	W. Nihoa announced the following bills related to SHPDA: <ol style="list-style-type: none"><li>1. SB 2285 – SHPDA Staff and Resources</li><li>2. SB3129/HP2728 (companion) – Hui Ho‘omana Task Force</li><li>3. SB2123 – CON Repeal</li><li>4. HB1963 – CON Expansion of Exempt Services</li><li>5. GM607 – Confirmation of SHPDA Administrator</li></ol>	
Next Meeting	March 14 2024, 12 noon.	
Adjournment	The meeting was adjourned at 12:32 p.m.	

**HONSAC MEMBER PRIORITIES: GROUPINGS**



# Priority BUCKETS





## 1) Workforce Shortage

Address workforce shortages as they continue to put an overwhelming strain on care delivery, impacting timely and quality care for Hawaii's aging population and the wider healthcare system.

- Shortages require healthcare entities to rely on agency staffing/travel staff which becomes a financial burden, in turn leading to the rising cost of healthcare **(Access)**
- Directly impacts kupuna with reduced availability of skilled nursing beds and delayed home health services **(Kupuna)(Access)**
- Affects availability of hospital inpatient beds when patients can't be transferred to nursing facilities **(Access)**
- Affects everyone from birth to death
- Lack of access to healthcare has a direct link to society's overall ability to function at the highest level **(Access)**
- Impacts ability to provide timely and adequate health services **(Access)**
- Strain in healthcare resources, limiting capacity to meet needs of the growing aging population **(Access) (Kupuna)**
- Impacts long wait times and infrastructure strain leading to delayed diagnosis and treatment, heightening the potential for complications **(Access)**
- Lack of affordable housing impacts the ability to retain residents and recruit for the healthcare workforce
- Shortage of MH/BH professionals has resulted in lengthy delays **(Access)**
- More than half of nurses in the US report burnout, leading to increased turnover or leaving the profession entirely **(Access)**
- Affecting patient safety issues and poor clinical outcomes
- Homelessness strains available healthcare resources, impacting facilities, personnel, and preventative care initiatives. **(Access) (Preventative)**
- Medical workforce development and retention



## 2) Mental Health

Elevate mental health support to increase accessibility, reduce stigmas, and ensure comprehensive mental health services for all.

- Has become more and more prominent
- Kupuna seeking LTC placement face a critical challenge as mental health issues prevent access to available beds, putting a strain on much-needed hospital inpatient beds **(Kupuna) (Access)**
- Housing stability has an important upstream impact on mental and physical health **(Preventative)**
- Limited psychiatric capacity in hospitals and emergency rooms impacts the ability to treat patients **(Access)**
- Impacts kupuna who suffer from depression due to loneliness, isolation, and limited social interaction **(Preventative)**
- Barriers in accessing mental health treatment lead to higher rates of work absences, substance use, overdoes, homelessness, and suicide. **(Workforce)**
- 26.5% of Hawaii adults reported symptoms of anxiety and/or depressive disorder **(Preventative)**
- Because hearing loss is overlooked, the impact on mental health, dementia, and other chronic issues are not obvious, but can easily be avoided **(Preventative)**
- Untreated and unmanaged mental health conditions, including addiction, are the root of most complex and costly social problems



## 3) Kupuna/Long Term Care

Support the rapidly growing aging population by addressing health literacy, caregiver training, and the shortage of resources for aging in place.

- Lack of affordable housing impacts the ability for kupuna to age in place.
- Growing aging population demands accessible and affordable long-term care options **(Access)**
- Many seniors aren't equipped with enough knowledge to anticipate health changes and navigate the intricate healthcare system effectively **(Access)**
- Senior health navigation & preparedness programs are needed to better support the aging population **(Preventative)**
- Many seniors face mental health challenges including loneliness and depression, which often go unnoticed due to social isolation leading to adverse health outcomes **(Mental Health)**
- Limited mobility hinders seniors from accessing healthcare services, expanded transportation services or home health alternatives will ensure they can reach appointments and resources **(Preventative)**
- Streamlined communication is needed to create a seamless continuum of care, particularly bridging the gap between LTC, home care, and the broader healthcare system **(Access)**
- As seniors age, the demand for additional resources intensifies, emphasizing the need for a cohesive approach that ensures these essential components work together harmoniously **(Access)**
- Seniors face exclusion due to their lack of familiarity with technology. Literacy programs become essential to empower seniors with the necessary skills, enabling them to enhance communication, access healthcare information, and foster overall connectivity in the digital age. **(Preventative) (Access)**
- Caregivers may lack the necessary training and support to provide optimal care for seniors. Caregiver training programs, respite care, and support networks can help to empower and assist those caring for the aging population which can result in the prevention of elder abuse. **(Preventative) (Access) (Mental Health)**
- Hearing Loss impacts individuals across all age groups, predominantly seniors
- Accessible and affordable home-based services for elderly and/or disabled individuals so they can age in place safely **(Access)**
- Hawaii local population aging, families have limited resources for understanding the process for long-term care planning **(Preventative) (Access)**
- Patients, families, and friends are overburdened with managing care and cost for aging family member
- Understanding the Medicare/Medicaid benefits, POLST and AHCD may be beneficial **(Access)**



## 4) Access

Address barriers that stem from external challenges, ensuring equitable health support that will guarantee everyone can access essential services.

- Access challenges disproportionately affect vulnerable populations intensifying health disparities across socioeconomic groups
- Financial barriers create a significant health divide, preventing individuals with limited resources from accessing essential healthcare
- Disparities can lead to long-term health issues, emphasizing the need for financial assistance programs and collaborative efforts to ensure health equality
- Hearing loss is an unaddressed public health concern that has detrimental effects on the community health and well-being **(Mental Health) (Preventative)**
- Homelessness exacerbates health issues, leading to increased emergency room visits, mental health challenges, and the spread of communicable diseases **(Mental Health)**
- Homelessness creates a cycle of health deterioration hindering individuals from accessing timely and consistent healthcare, resulting in worsened conditions



## 5) Preventative

Initiate proactive measures that will prevent negative impacts across various health categories, bridging gaps in telehealth, combating stigmas, promoting routine screenings, and supporting healthy lifestyles.

- Gaps in telehealth accessibility limit the reach and effectiveness of virtual care options such as broader accessibility and barriers such as technological literacy **(Access) (Kupuna)**
- Hindered by social stigmas and lack of understanding individuals with hearing loss face profound consequences across various dimensions of life, impacting physical health, emotional well-being, social connections, and economic welfare **(Mental Health)**
- Recognizing hearing health as an important health concern with routine screenings and other preventative measures can reduce the burden on mental health services, and improve overall well-being resulting in more efficient and effective healthcare system **(Mental Health)**
- Availability of community gardens for food production
- Education and marketing strategies to promote Healthy Lifestyles with focus on nutrition and exercise