

HAWAII STATE HEALTH PLANNING AND DEVELOPMENT AGENCY 1177 Alakea Street, Suite 402 • Honolulu, HI 96813 • Phone: (808) 587-0788 • <u>www.shpda.org</u> Honolulu Subarea Health Planning Council

Meeting Minutes

January 11, 2024 | 12:00 Noon Hawaii Time Virtually via Zoom and Physical Meeting Location at The Keoni Ana Building, 1177 Alakea Street, Suite 402

MEMBERS: Tori Abe Carapelho, Katherine Finn Davis, Colette Kon, Hilary Okumura, Charlene Takeno

MEMBERS ABSENT: Trisha Kajimura, Wesley Sumida

GUESTS:

SHPDA: John Lewin, Wendy Nihoa

ATTENDANCE RECORD OF APPOINTED MEMBERS

Date	4/13/2023	5/11/2023	6/8/2023	7/13/2023	8/10/2023	9/14/2023	10/12/2023	11/9/2023	12/14/2023	1/11/2024
Tori Abe Carapelho**	Х	0	0	Х	Х	Х	0	0	Х	Х
Katherine Finn Davis*	Х	х	Х	х	Х	0	х	х	х	Х
Trisha Kajimura	/	/	/	/	/	/	х	Х	0	0
Colette Kon	0	х	/	/	/	Х	х	Х	0	Х
Hilary Okumura	Х	х	Х	0	Х	Х	х	Х	0	Х
Wesley Sumida	0	0	0	0	0	Х	0	Х	х	0
Charlene Takeno	Х	Х	Х	Х	0	Х	0	0	х	Х

Legend: X=Present; O=Absent; /=No Meeting, *-Chair, **-Vice Chair

TOPIC	DISCUSSION	ACTION
Call to Order	The meeting was called to order at 12:01 p.m. by K. Finn Davis, Chairperson, presiding.	
Roll Call	Member and Staff introductions.	
Minutes	Motion to accept the minutes from the December 14, 2023, meeting.	
	Vote: Unanimous. Motion carried.	
	Call for public testimony – none.	
Administrator's Report	The Administrator's Report was distributed and reviewed. There were no questions.	
SHPDA Updates	J. Lewin, Administrator, SHPDA reported moving forward with the AHEAD Grant application and the introduction of a few bills at the upcoming Legislative session requesting operational and staffing resources for SHPDA. Plans are underway to create a Governor's Proclamation relating to healthcare and universal access.	
	A brief discussion followed.	
	Call for public testimony – none.	
HONSAC Priorities 2024 and Beyond	Council members C. Takeno, H. Okumura, T. Abe-Carapelho, C. Kon, and K. Finn-Davis presented their lists of issues/challenges. A combined copy of member lists is hereby attached as Attachment A. HONSAC member T. Kajimura and Plan Development Committee Member Jodi Hashimoto also submitted lists, a combined copy of members lists are attached to these minutes as Attachment B. Common themes include disparities in mental health services, healthcare workforce shortages at all levels, access to healthcare, availability of long-term care services and other supportive services for the aging.	
	Presentations were followed by a question-and-answer period.	
Standing Committee	Membership Committee. C. Takeno, Chair requested to defer this report to the next meeting.	
Reports	Statewide Health Coordinating Council (SHCC). H. Okumura, HONSAC Representative, reported no updates at this time.	
	Call for public testimony – none.	

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Annound	cements	W. Nihoa announced the opening day of the 2024 Legislative Session on January 17, 2024. The Universal Access Advisory Council are hosting two educational sessions on the Maryland All-Payer Hospital Reimbursement Model on January 19 th and 22 nd at 12 noon.	
Next Me	eting	February 8, 2024, 12 noon.	
Adjournn	nent	The meeting was adjourned at 12:46 p.m.	

Name/Title: Charlene Takeno

keno

Organization: DOH Child and Adolescent Mental Health Division

Date Completed: 1/9/2024

	ISSUE/CHALLENGE	WHY SHOULD THIS BE CONSIDERED A PRIORITY ISSUE	COMMENTS
	Public and mental health equity especially for the underserved and	In the United States, 22.4 million people identify as Asian	It is also a priority of the Biden Administration to provide health
1	the Asian American/Native	American, Native Hawaiian, or Pacific Islander. Of the Asian	equity for the AANHPI
L	Hawaiian/Pacific Islander (AANHPI)	Americans reporting mental illness, only 25 percent received	communities.
	population	mental health care. There are several barriers to mental health	
		care for this population. Access to mental health services is	
		difficult due to language barriers, and there is stigma within	
		this community about seeking mental health care. Asian	
		Americans are three times less likely to seek mental health	
		care than Caucasian Americans. Compounding these	
		difficulties is the perceived lower need for mental health	
		assistance for Asian Americans, and increased mental health	
		needs following the COVID-19 pandemic, due in part to	
		increased anti-Asian discrimination.	
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- 3) Why Should this be considered a priority issue Column. Include a brief explanation as to why this is an issue for Kupuna. When available, include quantitative data here.
- 4) Comments Column. Include any supporting notes, references, and qualitative data here.
- 5) Take time to review your list.
- 6) Combine any similar issue/challenge when possible.

Priorities Selection Process

Individual Issues/Challenges List

Name/Title:	
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Hilary Okumura

Organization: HONSAC

Date Completed: 1/8/2024

	ISSUE/CHALLENGE	WHY SHOULD THIS BE CONSIDERED A PRIORITY ISSUE	COMMENTS
1	Identify and address workforce shortages in the health care industry with particular emphasis on senior care services	It is known that nationally there is a shortage in the workforce for the health care industry. Due to the staffing shortages, many Health Care entities are relying on agency staffing or travel staffing, which is becoming to be a financial	According House of Representatives Thirty-Second Legislature 2023, H.C.R. NO. 204:
	on senior care services	staffing or travel staffing, which is becoming to be a financial burden. This is contributing to the rising cost of healthcare in Hawaii. According to HAH, 2022 Healthcare workforce Initiative Report, Hawaii has the following open positions: RN – 999 LPN – 211 Which are increase from 2019: RN – 463 LPN - 144	WHEREAS, according to the federal Bureau of Labor Statistics' <i>Employment</i> <i>Projections 2021-2031</i> , the registered nurse workforce is expected to grow from 3,130,600 registered nurses in 2021 to 3,326,000 registered nurses in 2031, which is an increase of 195,400 registered nurses or 6.2 percent; and WHEREAS, the federal Bureau of Labor Statistics also projects the average annual number of openings for registered nurses from 2021 through 2031, after factoring in retirements and workforce exits, to be 203,200 openings per year; and WHEREAS, according to the Hawaii State Center for Nursing, there are 15,072 licensed registered nurses who
			live and practice in the State; and WHEREAS, according to the Healthcare Association of Hawaii's 2022 Healthcare Workforce Initiative Report, there were approximately 1,000 unfilled

			registered nurse positions in the State; and WHEREAS, during and following the emergence of the COVID-19 pandemic, hospitals, nursing facilities, and other health care practices faced nursing shortages, which continue to exist; and WHEREAS, shortages in the local nursing workforce require health care facilities to recruit traveling nurses, which can be costlier than hiring a local workforce; and
2	Need for more services for Mental Health	Mental health has become more and more prominent in Hawaii over the last decade. Many of our kapuna have mental health issues/diagnoses and need professional help. Many kapuna looking for Long Term Care placement have mental health issues that lead to nursing facilities unable to care for them, which in turn leads to the hospitals being stuck with these patients with nowhere to place them.	According to KFF, the independent source for health policy research, polling, and news; in an article about Mental Health in Hawaii:-from February 1 to 13, 2023, 26.5% of adults in Hawaii reported symptoms of anxiety and/or depressive disorder, compared to 32.3% of adults in the U.Sthe percent of need for mental health professionals met in Hawaii is 14.1%, compared to the national percent of need met (27.7%).https://www.kff.org/statedata/mental- health-and-substance-use-state-fact- sheets/hawaii/

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Priorities Selection Process

Name/Title: To	ori Carapelho, Vice President	Organization: Team Vision Marketing Date Completed: 1,	/7/2024
	ISSUE/CHALLENGE	WHY SHOULD THIS BE CONSIDERED A PRIORITY ISSUE	COMMENTS
1	ACCESS TO HEALTHCARE	 Shortages of healthcare professionals, including physicians and nurses, impact the ability to provide timely and adequate healthcare services. This scarcity contributes to a strain on healthcare resources, limiting the capacity to meet the growing and aging population's healthcare needs. 	Addressing workforce shortages is a root problem, but until that can be resolved alternatives need to be considered to accommodate the growing population.
		Long wait times and healthcare services are driven by workforce shortages and infrastructure strain, resulting in delayed diagnosis and treatment heightening the potential for complications, emphasizing the urgent need for interventions. Investing in expanding the healthcare infrastructure to reduce wait times and utilize technology and process improvements will enhance overall efficiency.	Look at optimizing patient flow to eliminate bottlenecks and maximize efficiency. Preventative programs can allow for routine checks/monitoring to prevent crises from happening that clog the system.
		It's crucial to recognize that access challenges disproportionately affect vulnerable populations, intensifying health disparities across socioeconomic groups. Gaps in telehealth accessibility limit the reach and effectiveness of virtual care options such as broader accessibility and barriers such as technological literacy. Additionally, financial barriers create a significant health	Reduce barriers for vulnerable populations that might prevent them from seeking help due to the difficulty in acquiring insurance, utilizing technology, etc.
		divide, preventing individuals with limited resources from accessing essential healthcare. This disparity may lead to potential long-term health issues, emphasizing the need	

Priorities Selection Process

		for comprehensive financial assistance programs and collaborative efforts to ensure healthcare equity for all.	
2	AGING POPULATION	The growing aging population demands accessible and affordable long-term care options.	
Z		Healthy Aging: Many seniors aren't equipped with enough knowledge to anticipate health changes and navigate the intricate healthcare system effectively. Senior health navigation and preparedness programs are needed to better support the aging population.	Seniors just don't know where to begin!
		Many seniors face mental health challenges, including loneliness and depression, which often go unnoticed due to social isolation leading to adverse health outcomes. And limited mobility hinders seniors from accessing healthcare services, expanded transportation services or home care alternatives will help to ensure they can easily reach medical appointments and resources.	Because they don't know what to do or how to navigate the system, many times they withdraw which only becomes a downward spiral
		Healthcare System: More streamlined communication is also needed to create a seamless continuum of care, particularly bridging the communication gap between long-term care, home care, and the broader healthcare system. As seniors age, the demand for additional resources intensifies, emphasizing the need for a cohesive approach that ensures these essential components work together harmoniously, facilitating a comprehensive and supportive healthcare experience.	The healthcare system is so fragmented that it makes it difficult for <u>anyone</u> (especially seniors) to navigate.
		Technology:	

		In the rapidly evolving world, seniors often face exclusion due to their lack of familiarity with technology. Literacy programs become essential to empower seniors with the necessary skills, enabling them to enhance communication, access healthcare information, and foster overall connectivity in the digital age. Caregiver Support: Caregivers may lack the necessary training and support to provide optimal care for seniors. Caregiver training programs, respite care services, and support networks can help to empower and assist those caring for the aging population which can result in the prevention of elder abuse. As the aging population grows, addressing these healthcare priorities is essential for the well-being of seniors. By focusing on long-term care accessibility, mental health challenges, mobility barriers, healthcare system integration, technological literacy and caregiver support we can build a supportive environment to ensure seniors can age with dignity, receive optimal care, and contribute positively to community well-being.	Seniors get left behind these days because of their lack of technological understanding. Not just with telehealth visits, but something so simple as booking an appointment or uploading necessary docs needed for a medical record. As seniors age, nobody is preparing their caregivers for the new reality they are about to face. Caregiver burnout is a prevalent problem and if not addressed can have a direct impact on quality of life (caregivers, seniors, and those around them)
3	HEARING LOSS	Hearing loss, a silent and frequently overlooked health challenge, affects a staggering 48 million Americans, with an increasing number of new cases, especially among the aging population.	Hearing loss is an unaddressed public health concern having detrimental effects on community health and well-being.
		This pervasive issue spans all age groups, yet the average delay of seven years in seeking help perpetuates a cycle of silent suffering.	Hearing loss impacts individuals across all age groups, predominately the aging

Hindered by social stigmas and a lack of understanding, individuals face profound consequences across various dimensions of life, impacting physical health, emotional well-being, social connections, and economic welfare.population which is growing exponentially
In Hawaii, where cultural nuances, a significant aging population, and dominant military presence contribute to unique healthcare challenges, the prevalence of hearing loss is projected to be even higher than the national average, underscoring the pressing need for targeted interventions and support.
The consequences of untreated hearing loss extend beyond the individual, causing social isolation, depression, and mental health struggles that reverberate through families and communities. This silent ailment is intricately linked to dementia, leading to a diminished quality of life.
Despite its far-reaching impact, hearing loss remains a low-priority public health concern, marked by the absence of comprehensive support systems, inclusive awareness strategies, and the lack of routine hearing screenings. Recognizing hearing health as an important health concern with routine screenings and other preventative measures can reduce
Addressing hearing loss is not only crucial for individual well-being but also has broader implications on societal health. By recognizing the unique challenges in Hawaii, we can elevate hearing loss as a public health priority, fostering a community that thrives with dignity, connection and hope.

Priorities Selection Process

HOMELESSNESS	Hawaii has the highest per capita homeless rate in the US, with 44.9 out of every 10,000 residents experiencing homelessness, doubling the national average. This issue is particularly acute among individuals over the age of 60, where 1 in 5 faces homelessness.	Homelessness is a root problem that strains the current healthcare system
	Homelessness strains available healthcare resources, impacting facilities, personnel, and preventative care initiatives.	
	Homelessness exacerbates health issues, leading to increased emergency room visits, mental health challenges, and the spread of communicable diseases. Homelessness creates a cycle of health deterioration hindering individuals from accessing timely and consistent healthcare, resulting in worsened conditions.	Increased emergency room visits, mental health challenges and the spread of communicable diseases.
	Current initiatives focus on providing basic healthcare services to the homeless population, but adequacy falls short due to the complex and interconnected challenges.	
	Addressing homelessness is not only a humanitarian concern, but also crucial for public health. By focusing on healthcare initiatives tailored to the unique challenges faced by the homeless population, we can break the cycle of health deterioration, reduce the strain on emergency services, and contribute to broader community well- being.	By addressing homelessness, the residual effects on the healthcare system can be significantly mitigated
	HOMELESSNESS	 with 44.9 out of every 10,000 residents experiencing homelessness, doubling the national average. This issue is particularly acute among individuals over the age of 60, where 1 in 5 faces homelessness. Homelessness strains available healthcare resources, impacting facilities, personnel, and preventative care initiatives. Homelessness exacerbates health issues, leading to increased emergency room visits, mental health challenges, and the spread of communicable diseases. Homelessness creates a cycle of health deterioration hindering individuals from accessing timely and consistent healthcare, resulting in worsened conditions. Current initiatives focus on providing basic healthcare services to the homeless population, but adequacy falls short due to the complex and interconnected challenges. Addressing homelessness is not only a humanitarian concern, but also crucial for public health. By focusing on healthcare initiatives tailored to the unique challenges faced by the homeless population, we can break the cycle of health deterioration, reduce the strain on emergency services, and contribute to broader community well-

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	ISSUE/CHALLENGE	WHY SHOULD THIS BE CONSIDERED A PRIORITY ISSUE	COMMENTS
	Healthcare workforce	A healthcare workforce shortage affects	AHEC Physician Workforce Report 2023
	shortage at all levels such as	everyone from birth to death, as we are all	https://www.ahec.hawaii.edu/workforce-page/
1	physicians, advanced	healthcare consumers at some point in our	
±	practice nurses, registered	lives. An individual's lack of access to	2022 Healthcare Workforce Initiative Report, Healthcar
	nurses, nurse aides,	healthcare negatively impacts society's	Association of Hawaii @ https://www.hah.org/reports-and-
	community health workers,	overall health and ability to function at the	data*
	etc.	highest level. For example, women	
		without prenatal care have higher rates of	Hawaii State Center for Nursing
		complications; children cannot pay attention in school with a toothache, etc.	https://www.hawaiicenterfornursing.org/supply/
	Lack of mental healthcare	Creates significant barriers to accessing	https://www.kff.org/statedata/mental-health-and-substance-use
	access	mental health treatment. These barriers	state-fact-sheets/hawaii/
2		can contribute to higher rates of work	
Z		absences, substance use, overdoses,	https://minorityhealth.hhs.gov/mental-and-behavioral-health-
		homelessness, and suicide. The problem is	native-hawaiianspacific-islanders
		widespread; in Feb 2023, 26.5% of Hawaii	
		adults reported symptoms of anxiety and	
		or depressive disorder. Access is	
		particularly an issue in the Native	
	Healthcare is problem-	Hawaiian/Pacific Islander population. The American healthcare system is	https://www.ajpmfocus.org/article/S2773-0654(23)00104-9/fullt
	focused, not prevention-	backward. Rather than paying cents to	
_	focused	prevent common healthcare issues (dental	https://www.cnn.com/2023/01/31/health/us-health-care-spendi
3		caries, obesity, heart disease, stroke, Type	global-perspective/index.html
-		Il diabetes, cancer, etc.), we wait for	
		chronic illness to set in and pay millions	https://www.commonwealthfund.org/publications/issue-
		trying to solve the issue. Health promotion	briefs/2023/jan/us-health-care-global-perspective-2022
		and disease prevention must start early.	, .,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,

Priorities Selection Process

Individual Issues/Challenges List

	Nurse well-being is at the	More than half of nurses in the US report	https://www.mckinsey.com/industries/healthcare/our-
	lowest point in modern	symptoms of burnout. This can lead to	insights/understanding-and-prioritizing-nurses-mental-health-and-
	history	increased turnover or leaving the	well-being
4		profession entirely, patient safety issues,	
		and poor clinical outcomes. This is not an	https://aacnjournals.org/ajcconline/article/31/1/4/31651/Improving-
		individual problem but also lies with the	Nurse-Well-being-The-Need-Is-Urgent-and
		healthcare organizations to engage in	
		support for nurses. "A hospital with no	https://nam.edu/initiatives/clinician-resilience-and-well-being/
		nurses cannot save your life."	
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Priorities Selection Process

Name/Title:	Colette Kon Organization	: Veterans Affairs Date Completed: 1/8/2024	
	ISSUE/CHALLENGE	WHY SHOULD THIS BE CONSIDERED A PRIORITY ISSUE	COMMENTS
1	Increase the availability of long- term care services and other supportive services.	Hawaii local population aging, families have limited resources for understanding the process for long-term care planning. Patients, families and friends are overburdened with managing care and cost for aging family member. Understanding of their Medicare/Medicaid benefits, POST and Advance Directives may be beneficial.	Increase education to community. Resources: Healthcare Association of Hawaii, Community Needs Assessment @ NEW - 2021 CHNA Final.docx (squarespace.co Healthcare Facilities Inspection Reports @ https://health.hawaii.gov/ohca/inspection- repo
2	Click or tap here to enter text. Nutritional Health Knowledge	Education and marketing strategies to promote Healthy Lifestyles with focus on nutrition and exercise.	Promotional of Healthy Lifestyle (Nutrition and Exercise) will have long term benefits for an individual and reduce health care costs. Data shows large percentage of population lack physical activity. Resources: Hawaii Health Matters @ https://www.hawaiihealthmatters.org/ * PAN Plan 2023 initiative, road map

			Hawaii Data and Resources (2010-2023) @ https://www.countyhealthrankings.org/explore- health-rankings/hawaii/data-and-resources *
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Name/Title: Trisha Kajimura/VP Strategy and External Affairs Organization: PACT Date Completed: 1/8/2024

	ISSUE/CHALLENGE	WHY SHOULD THIS BE CONSIDERED A PRIORITY ISSUE	COMMENTS
1	Access to mental health services for all conditions, ages and income levels, keiki to kupuna, including psychological and psychiatric treatment.	Untreated and unmanaged mental health conditions, including addiction, are at the root of our most complex and costly social problems. Mental health is health and access to services is known to be poor. Psychologists and psychiatrists have long waiting lists and individuals with MedQuest have very little access to treatment. Inpatient treatment is almost impossible to qualify for and our state hospital only takes forensic cases.	Click or tap here to enter text.
2	Health care and supportive housing for individuals experiencing houselessness.	Click or tap here to enter text.	Click or tap here to enter text.
3	Accessible and affordable home- based services for elderly and/or disabled individuals so that they can age in place safely.	Click or tap here to enter text.	Click or tap here to enter text.
4	Medical workforce development and retention.	Click or tap here to enter text.	Click or tap here to enter text.

Availability of community gardens for food production. 5	Click or tap here to enter text.	Click or tap here to enter text.

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State Health Planning and Development Agency Priorities Selection Process

Name/Title:	Jodi Hashimoto/Partner	Organization:	SH Consulting LLC	Date Completed: 1/8/2024
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	ISSUE/CHALLENGE	WHY SHOULD THIS BE CONSIDERED A PRIORITY ISSUE	COMMENTS
1	Healthcare workforce shortage	Impacts ability to provide healthcare services. Impact to kupuna is the reduced availability of skilled nursing beds and delays in home health services being provided due to staffing shortages. Also impacts availability of hospital inpatient beds when unable to place in a skilled nursing bed.	Skilled nursing facilities have closed units due to staffing shortages. Home health agencies have longer wait times to initiate HH services due to staffing shortages. 2022 HAH Healthcare Workforce Initiative Report (https://www.hah.org/healthcare- workforce-initiative-and-reports) identified over 3,800 open positionsover 40% are entry level positions such as Certified Nurse Aides/Nurse Aides, and Personal Care Assistants. Other professions with high levels of openings include LPNs, RNs, social workers.
2	Housing shortage, includes the lack of housing and the lack of affordable housing	Housing stability has an important upstream impact on mental and physical health. For kupuna, lack of affordable housing impacts ability for seniors to age in place. Also impacts the ability to retain residents and recruit for the healthcare workforce.	Studies show a correlation of housing conditions with asthma, diabetes, high blood pressure and stroke, heart disease, and anxiety and depression. This is borne out by data for Hawaii showing the disproportionate prevalence of these conditions among low- income households. Refer to 2021 Community Health Needs Assessment (https://www.hah.org/chna)
	Access to mental and behavioral health services	Shortage of MH/BH professionals has resulted in lengthy delays for patients needing access to these services. Limited	In Hawaii, over 10% of adults lived with a mental health illness (2018, substance abuse has increased,

Priorities Selection Process

Individual Issues/Challenges List

3		psychiatric capacity in hospitals and emergency rooms impacts ability to treat patients. Impacts kupuna who suffer from depression due to loneliness, isolation, and limited social interaction.	suicide rates have increased, and reporting of domestic violence and sexual abuse have increased. There is great concern about the long-term MH/BH impacts of the pandemic. Refer to 2021 Community Health Needs Assessment (https://www.hah.org/chna)
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