

# STATE HEALTH PLANNING AND DEVELOPMENT AGENCY

NEIL ABERCROMBIE

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### ADMINISTRATOR'S REPORT November 2013

## Subarea Health Planning Councils (SACs) Activities

#### Kauai

On October 14, 2013, Kauai County Subarea Health Council members heard from Kathy Clark, President and Chief Executive Officer, Wilcox Memorial Hospital and the President of Kauai Medical Clinic, who provided an update on the Kauai community health improvement planning process. Five work groups have been organized and a series of meetings are now being held to support the development of the Kauai Community Health Improvement Plan.

Members also heard from Kealoha Takahashi, Executive on Aging of the Kauai Agency on Elderly Affairs (KAEA), the designated lead County agency that plans, implements, supports and advocates for the well-being of Kauai's older adults. Ms. Takahashi shared information about the various initiatives KAEA is engaged in including: the Care Transition Intervention Model (Coleman Model) to reduce hospital readmission rate; outreach to the uninsured for the Hawaii Health Connector; and the Aging and Disability Resource Center (1-stop shop for access to information and full range of long-term support options).

### Honolulu

Members met on October 3, 2013. Despite lack of guorum, members elected to hear the presentation scheduled for the meeting. Dr. Kore Kai Liow, of Hawaii Pacific Neuroscience, provided an overview of Alzheimer's Disease (AD) which included discussion on why it is important, the science of AD, the benefits and barriers to early detection of AD, and models of AD Care in Hawaii. AD is now considered a public health crisis. An estimated 5.2 million Americans live with AD, it is the 6th leading cause of death of all ages, and 1 in 3 seniors die with some type of dementia. Treating AD is costly as data indicates that Medicare payments are 3 times higher and Medicaid payments are 9 times higher for beneficiaries with AD. AD deaths rose by 66% from 2000 to 2008. He noted that dementia is not part of the normal aging process and not all dementias are AD. Dr. Liow reviewed the warning signs and symptoms for AD, how AD affects the brain, treatments for AD, and criteria and biomarkers for characterizing the disease. He also discussed the benefits and barriers for early detection of AD and the models of AD care in Hawaii.

# West Oahu and Windward Oahu

There was a Joint Meeting of the West Oahu and Windward Oahu Subarea Health Planning Councils on October 9, 2013. Members heard from Barbara Yamashita, Deputy Director of the Hawaii Department of Human Services, who provided a presentation entitled "Violence is a Health Issue – What Role Can Healthcare Play in Preventing Trauma Related Disease?" Ms. Yamashita briefed members on the complexities of intimate partner violence including the willingness of the individual to disclose violence, screening and providing intervention, and having wrap around support services. Ms. Yamashita also spoke of the work of non-profit organizations including the Domestic Violence Action Center, Hawaii State Coalition Against Domestic Violence, Joyful Heart Foundation, and Futures Without Violence program.

### Tri-Isle

Tri-Isle Subarea Health Planning Council members received an orientation on the Certificate of Need Program from State Health Planning and Development Agency's Regulatory Branch Chief, Darryl Shutter on October 11, 2013.

#### Hawaii

Members met on October 1, 2013 and heard from 3 presenters. Rachael Wong, of the Healthcare Association of Hawaii (HAH), was the first presenter. She reviewed the community health needs assessment (CHNA) that is now required for charitable hospitals. The CHNA process included reviewing secondary data, collecting primary data, and synthesizing the data. Findings included: Heart disease and stroke, cancer, diabetes, and asthma was becoming more prevalent in Hawaii County, health risk behaviors was evident across all age, gender, and race/ethnic groups, and cultural and language barriers inhibit effective interventions. Mental health and associated substance abuse was also a concern raised repeatedly through the key informant interviews. The hospitals have selected their priorities and are now in the process of drafting implementation strategies.

Scott Daniels, of the State Office of Primary Care & Rural Health, was the 2nd presenter. He reviewed the CHNA process that was being conducted for geographical areas served by critical access hospitals. The methodology was developed by the National Center for Rural Health Works. The process will take five months. Data assessed include: economic impact of the hospital on community, demographic and economic data, health indicators, and primary data collected from a community survey. Six products are produced for the community and they include: economic impact report, community health status report, community health reference tool, and the CHNA.

Finally, Howard Ainsley, of the Hilo Medical Center, was the 3rd presenter. He discussed the changing health care landscape and how it will affect health care services in the East Hawaii region. The Affordable Care Act (ACA) is making changes to ensure that the delivery of health care is more effective and less costly. While health care expenditures are now almost 17% of the GDP and costs are outpacing revenue, changes will include more financial cuts by the federal sequestration and the ACA, value-based purchasing, pay-for-performance, and increased patient safety regulations. The Hawaii Health Systems Corporation (HHSC) is operating on a financial shortfall. HHSC is plagued by declining reimbursements, labor contracts, aging facilities and increasing infrastructure costs, no resources to invest, and an aging physician workforce. In addition to supporting the state health care transformation efforts, East Hawaii Region efforts to achieve sustainability include: reduce costs, adopt purchasing practices to increase value, minimize unwarranted care variation, standardize practices across clinics and ambulatory sites, improve revenue management and grow market share, pursue risk based reimbursement, and examine other financial modeling efforts.

Members met on October 29, 2013. Despite lack of quorum, members elected to hear the presentation scheduled for the meeting. Elizabeth (Beth) Dykstra gave an overview of the Mayor's mission and vision for a "healthy" Hawaii Island. The Mayor intends to "keep families healthy." His goals are to 1) have the healthiest children in the state, 2) establish a connected health community, 3) have the most affordable and highest quality of health care, and 4) have a sustainable health care system. Actions to support his mission and vision include: improve and increase parks and recreation facilities and services (e.g. Summer Fun), promote fitness and healthy living through Health Fest and sporting events, provide services and support for the vulnerable through agencies such as the Office of Aging, maintain funding levels for the community safety net, and champion charitable giving.

### **Certificate of Need Applications**

#13-08A Islands Hospice Inc.

Addition of Hospice location and establishment of 7 Inpatient Hospice beds at 833 Makalii Street, Kahului, HI. Approved July 29, 2013. Request for reconsideration hearing denied. Appealed to Circuit Court.

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- #13-11 ProHealth Hospice and Home Care
  Establishment of Home Health Agency and Hospice services at
  500 Ala Moana Boulevard, Honolulu, HI. Scheduled for November reviews.
- #13-12A Kokua Ambulance, LLC Establishment of Surface Ambulance Service at 501 Summer Street Unit 6E, Honolulu, HI. Public notice scheduled for November 6, 2013.
- #13-13A Hospice Hawaii, Inc.
  Establishment of Hospice Services at 628 Ilima Avenue
  Lanai City, HI. Approved October 7, 2013. Request for reconsideration received October 9, 2013.
- #13-14A Kahana Kai, LLC dba Aloha Diagnostic Imaging
  Establishment of X-ray Services at 1520 Liliha Street, Suite 200,
  Honolulu, Hl. Incomplete. Waiting for information/revisions from applicant.
- #13-15A Covenant Surgical Partners, Inc.
  Acquisition of Membership Interest in Hawaii Endoscopy Centers, LLC.
  Approved November 1, 2013.