

Name of School: Happy Aloha Preschool

Program: GCC

Age Group: 3-5 year old

Type of Menu: Breakfast

Date: 1/1/23

**WEEK 1**

<ul style="list-style-type: none"><li>• Plain Cheerios (1/2 cup)</li><li>• Raisins (1/4 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Plain Yogurt (1/2 cup)</li><li>• Papaya (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Oatmeal (1/4 cup)</li><li>• Dried Cranberries (1/4 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Cinnamon toast (1/2 slice) with Peanut butter (1 tbsp)</li><li>• Canned pineapple, drained (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Plain Yogurt (1/2 cup)</li><li>• Berry Granola (1/8 cup)</li><li>• 100% Orange juice (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>
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**WEEK 2**

<ul style="list-style-type: none"><li>• Plain Yogurt (1/2 cup)</li><li>• Mandarin Oranges (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Bagel (1/2) with cream cheese</li><li>• Melon Salad (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Pancake 3"-5" round</li><li>• Mixed Fruit Cup (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• French Toast (1 slice) with syrup</li><li>• Grapes; half cut (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• English Muffin (1/2)</li><li>• Sliced Cheese (1 oz)</li><li>• Canned Peaches; drained (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>
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**WEEK 3**

<ul style="list-style-type: none"><li>• 4" square Waffle</li><li>• Sliced Strawberries (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Plain Yogurt (1/2 cup)</li><li>• Berry Granola (1/8 cup)</li><li>• 100% Orange juice (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Banana muffin (1/2)</li><li>• Unsweetened applesauce (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Trail Mix<ul style="list-style-type: none"><li>• Blend of Plain Cheerios &amp; Berry Berry Kix (3/4 cup)</li><li>• Dried Fruit (1/4 cup)</li></ul></li><li>• 1% milk (3/4 cup)</li></ul>	<ul style="list-style-type: none"><li>• Breakfast Wrap<ul style="list-style-type: none"><li>• 1/2 of 7"-8" tortilla</li><li>• Eggs; scrambled (1/2, large)</li></ul></li><li>• Grapes; half cut (1/2 cup)</li><li>• 1% milk (3/4 cup)</li></ul>
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Please provide a **brand name list** for each food item reflected on the menu, which you can include on a separate list. For more information, visit: <https://www.fns.usda.gov/cacfp/meals-and-snacks>, scroll down to the Meal Pattern Tables, click on "Breakfast".