



✓ Fact or Fiction ✕

What Do You Know
About Schizophrenia?

Schizophrenia is surrounded by
myths, but how much of what you've
heard is fact or fiction?

Swipe to find out!



sponsored
by:



**Child & Adolescent
Mental Health Division**



Fact or Fiction?

**Psychosis is a
sign of weakness
or flaw.**

Swipe to reveal answer






Fiction

~~Psychosis is a sign of weakness or flaw.~~

Psychosis is not a sign of weakness. It can happen to anyone, due to a combination of stress, trauma, and/or other factors.

Reaching out for help is a sign of strength; with support, many people recover and thrive.





Fact or Fiction?

**Medication is the
only treatment
for psychosis.**

Swipe to reveal answer






Fiction

~~Medication is the only treatment for psychosis.~~

While medication can be helpful,
comprehensive care involving therapy,
peer support, education, and
employment support is also
essential for long-term recovery.





Fact or Fiction?

**There are
successful ways
to treat
schizophrenia**

Swipe to reveal answer






Fact

There are
successful ways
to treat
schizophrenia

Schizophrenia can be successfully managed with treatments like medication, therapy, and support programs. With the right care, many people live healthy, fulfilling lives.





This is Schizophrenia. And There is Hope.

Learn more at:
health.hawaii.gov/ontrack

sponsored
by:



**Child & Adolescent
Mental Health Division**