

MAS COVID-19

Karihngihn Kom ac Mwet Sacohk Sum



Orekmakihn sop ac
kof oul poum in sun
20 seconds
(sackuhns 20)



Fin wacngihn mwe
owo po na kom
ahknwacsnwacskye
poum ke sanitizer
(sacnuhtaisuhr)



Ahknwacsnwac
sye fin acn ma
wac kakah fin
pa nuh ke fon,
tablet (tacplet)
kampiutuhr,
sruhnguuhl ma



Lwelah in oasr lusen
fit 6 inmasrlowos
oruh kom tari shaka
na tiac usrusrpo



Kohtwacni kapihn
poum kohfyang
kuh sinac nuh
loac kuh
orekmakihn tissue
(tisu)



Sensenkihn in
tiac kahl
motom



Sensenkihn in tiac
eis mwe mongo
kuh mwe nihm sin
mwet sahyac



Orekmakihn
tissue (tisu) kuh
kapihn poum ke
kom saplakyang
kahl sruhnguuhl ac
kalkal ma uh kuh
in toan puhtin ke
elevator ac lahm
in krohs innek ah



Muhta na
lohm orekma
fin oasr
oreyac



Muhta na lohm
tiac forfor kom
fin puhla muh
kom mas

