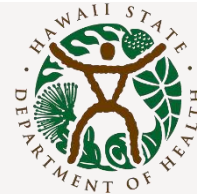


MAS COVID-19



MA YOHK SRIHPAC KOM IN ETUH

Meac akihlenyacn mas COVID-19 uh?



FOLLAH LUHN MAHNO
(TWOKYAK)



KOHFKOHF



MAHL



MAS KWEOK

Mas COVID-19 se inge fahsrelihk fuhkah?



Kohfko hf ac sinac



Tiac sensenkackihn in tiac arulacna fototyng nuh yurin mwet, pa nuhke in puhsral mahno kuh asrukpo



Kahl motom tukun kom kahl ma kuh yen fohkfohklah ke mas se inge

Nga e fuhkah karihngihngyuc ac mwet lasr in community (yen ma mwet uh muhta we) liki mas se inge?

- SHAKA (HANG LOOSE) PWAING MWET UH tuh kom in tiac usrusrpo, asruhac, kuh ngok muhtahlos
- SIKALENI IN NUH OUL NA POUMW ac tukun kom kahlihmihn fin acn in walihl uh
- OUL POUMW KE SOP AC KOF IN AHLUHKWELAH LUSEN SACKUHNS 20 kuh oremakihn hand sanitizer (ono in owo po) ma luhan arkuhl kac ahlukwelah tahfuh (over 60% alcohol)
- NIKMET KAHL MOTOM, yohk na e fin tiacna owolac poum
- AHKFALYE IN EIS FAKFUCK NUHKE MAS FLU

- KOM FIN MAS, MUHTA NA LOHM AH ac nikmet fototyng nuh yurin kuhtwena mwet sahyac
- PAHNGON TAKTUH LOM AN fin oasr akihlenyacn mas se inge yurum ac oasr motkoeyac sum muh sunkom virus (faeruchs) ke mas COVID-19 se inge
- KOSRACLAH INWACLUM AC INFWEM ke tissue (tisru nuhke muhta) kuh poun nuknuk lom an ke pac se kom kohf kuh sinac uh, na kom sislah tisru an nuh in kutkut ah
- SRIHKE NA IN TIAC TOENI YURIN U IN MWET UH yohk na fin matwom yac onngoul yak (60+) kuh kom fin ekihn mwet mas se

FIN OASR MA SAHYAC KOM KE ETUH KE MAS COVID-19

2-1-1

Get Connected. Get Help.™

(KOSRAEAN)

PAHNGON

2-1-1

SUHMUHSMA TEXT 877-275-6569

SRAMSRAM NUH SESR ONLINE www.auw211.org

SUHPWACMA EMAIL

info211@auw.org

HawaiiCOVID19.com

Oreklac sin Health Department luhn Hawaii State
Ikihlyucklac sahflah ke 3/12/2020



KOSRAEN