

Doareiuk oh ekei aramas sang COVID-19



Iren kawehid ong peneinei me kin kouson pene nan apardmendkan
Iren sawas ni keneinei kat kak soweiuik oh iredihsang uhk soumwahu wet de
irehdi vairus wet en dehr douseli



Omwiomwki ansou koaros sohpw oh pihl de men widen peh me arkohl mih loale.



Kamwakeleda dipwisou koaros oh pohn wasa koaros me aramas kin kalapw doahke oh pil dipwisou koaros me kin wisik long nan ihmwomw.



Doadoahnki men per mas oh ni amw pahn mih limwahn aramas me kumwa kin sohte mihmipene nan ehu ihmw, keiswei sang aramaso nei wen pith 6, de nan wasahn pokon (nan sidohwa, ihmwen sarawi, oh ekei wasa tohrohr me tohn wehi kin pokon ie). Ke pahn kakete alehdi soumwahu en COVID-19 oh sohte lipwe suwed en soumwahuwet pahn sansal rehmw.



Dehr iang pokon nan wasahn keidla nan ehu pere nan ihmw, wasahn lopwolopw, oh wasa me koaros kin doadoahngki de keid loale pwehki eh kin apwalen keisang aramas ni wen piht 6. Koasonehdi ken tuhweng aramas likin ihmw, wasa me engi mwahu oh pahn mengei en ire peseng kowe oh emen ni wen piht 6.



Dehr doahke pwoaren mesemwkan, tumwom, oh owomw. Pehmwkan kakete sairada pohn wasa me mwahs en COVID-19 mih ie.



Ansou me ke kopokop de asi, perehla owomwen oh tumwomwen nan pikosin pehmwen de nan sin angkasi me doaropwe. Kesehla angkasi doaropwe mwurinte omwi doadoahngki oh omwiomw.



Ma ke pehm me ke soumwahu, mihmi nan amw apardmend de wasahn kouson oh mih wasa me ke kelehpwe ie, mendahte ma ke sohte nohn soumwahu laud, lau ke mwahula douluhl. Pekihda emen aramas en wahwei mwenge de mehkot me ke anahne.



Ma ke karakar laud, kopokop, de mwopw, ke anahne tuhweng toahkte, apw eker mahs telepwohn en opis en roson mwahu pwe ken alehdi kaweid mwahu, mwohn amw kohla tuhweng toahkte.

Tetehk mwahu duwen ire kapw kan me pid soumwahu wet:

<https://health.hawaii.gov/coronavirusdisease2019>

POHNPEIAN