ATTENTION

If you are:
• 60 years and older
• Have a serious health condition, such as heart disease, lung disease, diabetes, kidney disease or compromised immune system

Please take precaution:

Secure 30-days extra of prescription medication
Avoid crowds
Avoid nonessential travel
Stay home as much as possible

If you care for someone at higher risk:

Secure extra medication and medical supplies
Purchase nonperishable foods to minimize trips to the store
Monitor food intake and incontinence

Loved one in long-term care?
✓ Understand facility’s outbreak protocol.
Call facility ahead of visits for updates and advice.
Avoid visiting to the extent possible. Limit time and keep 6+ ft distance.

Contact your doctor if:
Cough
Fever
Shortness of Breath

As a statewide ‘ohana, we have a responsibility to protect those most vulnerable to COVID-19.

HawaiiCOVID19.com
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