Wash your hands with soap and water for 20 seconds
Use hand sanitizer when unable to wash
Disinfect high-touch items like phone, tablet, keyboard, doorknobs
Shaka instead of handshake to provide 6-ft social distancing
Cover cough or sneeze with tissue or bent elbow
Avoid touching your face
Avoid sharing food and drink
Use a tissue or elbow to touch doorknobs, handrails, elevator buttons and crosswalk buttons
Telecommute when able
Stay home when feeling sick

COVID-19
Protect Yourself and Your Loved Ones

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