Office of Health Care Assurance

State Licensing Section

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION

| Facility's Name: R & A Care Home | CHAPTER 100.1 |
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| Address: 123 Uakanikoo Placa, Wahiawa, Hawaii 96786 | Inspection Date: March 28, 2025 Annual |
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THIS PAGE MUST BE SUBMITTED WITH YOUR PLAN OF CORRECTION. IF IT IS NOT, YOUR PLAN OF CORRECTION WILL BE RETURNED TO YOU, UNREVIEWED.

YOUR PLAN OF CORRECTION MUST BE SUBMITTED WITHIN TEN (10) WORKING DAYS PER HAR 11-100.1-3(e)(2). IF IT IS NOT RECEIVED WITHIN TEN (10) WORKING DAYS, YOUR STATEMENT OF DEFICIENCIES WILL BE POSTED ONLINE, WITHOUT YOUR RESPONSE.

FAILURE TO CORRECT CITED DEFICIENCIES AS PER THE PLAN OF CORRECTION COULD RESULT IN REFUSAL TO RENEW YOUR LICENSE PER HAR 11-100.1-3(e)(3).

| RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
|---|---|--------------------|
| §11-100.1-9 Personnel, staffing and family requirements. (b) All individuals who either reside or provide care or services to residents in the Type I ARCH shall have documented evidence of an initial and annual tuberculosis clearance. FINDINGS Household member (HHM) #1 and HHM #2 - No documentation of current tuberculosis (TB) clearance. Submit a copy with your plan of correction (POC). | PART 1 DID YOU CORRECT THE DEFICIENCY? USE THIS SPACE TO TELL US HOW YOU CORRECTED THE DEFICIENCY The TB results for HHM #1 & HHM #2 were located on the day of the inspection and placed in the master binder; they are available for review along with the rest of my household members' clearances. | 3/28/25 |
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| | RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| | §11-100.1-9 Personnel, staffing and family requirements. | PART 2 | 3/28/25 |
| | (b) All individuals who either reside or provide care or services to residents in the Type I ARCH shall have documented evidence of an initial and annual tuberculosis clearance. FINDINGS Household member (HHM) #1 and HHM #2 – No documentation of current tuberculosis (TB) clearance. | USE THIS SPACE TO EXPLAIN YOUR FUTURE PLAN: WHAT WILL YOU DO TO ENSURE THAT IT DOESN'T HAPPEN AGAIN? To prevent this deficiency from happening in the future, I have updated my checklist to include a reminder to maintain current TB clearances for all | |
| | | household members. I will refer to this checklist during my monthly binder checks. | |
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| | RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| 3 | RULES (CRITERIA) §11-100.1-13 Nutrition. (b) Menus shall be written at least one week in advance, revised periodically, dated, and followed. If cycle menus are used, there shall be a minimum of four weekly menus. FINDINGS Planned menus indicate FF milk; however, there is no supply of fortified (FF) milk available to serve the residents. | PART 1 DID YOU CORRECT THE DEFICIENCY? USE THIS SPACE TO TELL US HOW YOU CORRECTED THE DEFICIENCY I purchased a gallon of FF milk on the day of inspection and it is available for the residents to be consumed according to the menu. | 3/28/25 |
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| RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| \$11-100.1-13 Nutrition. (b) Menus shall be written at least one week in advance, revised periodically, dated, and followed. If cycle menus are used, there shall be a minimum of four weekly menus. FINDINGS Planned menus indicate FF milk; however, there is no supply of fortified (FF) milk available to serve the residents. | FUTURE PLAN USE THIS SPACE TO EXPLAIN YOUR FUTURE PLAN: WHAT WILL YOU DO TO ENSURE THAT IT DOESN'T HAPPEN AGAIN? To prevent this deficiency from happening in the future, I have updated my checklist to include a reminder to maintain items needed according to the weekly menu. | 3/28/25 |

| RULES (CRITERIA) | PLAN OF CORRECTION | Completior Date |
|--|---|--------------------|
| \$11-100.1-13 Nutrition. (I) Special diets shall be provided for residents only as ordered by their physician or APRN. Only those Type I ARCHs licensed to provide special diets may admit residents requiring such diets. FINDINGS Resident #2 - Diet order for low fat and low Na is a nonstandard diet and was not clarified with the physician. Submit a copy of the clarified diet order with your POC. | PART 1 DID YOU CORRECT THE DEFICIENCY? USE THIS SPACE TO TELL US HOW YOU CORRECTED THE DEFICIENCY I received a copy of the updated diet for resident #2 from PCP, and it is available for review in the resident's binder. | 4/17/25 |

| RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| \$11-100.1-13 Nutrition. (1) Special diets shall be provided for residents only as ordered by their physician or APRN. Only those Type J ARCHs licensed to provide special diets may admit residents requiring such diets. FINDINGS Resident #2 Diet order for low fat and low Na is a nonstandard diet and was not clarified with the physician. | PART 2 FUTURE PLAN USE THIS SPACE TO EXPLAIN YOUR FUTURE PLAN: WHAT WILL YOU DO TO ENSURE THAT IT DOESN'T HAPPEN AGAIN? To prevent this deficiency from happening in the future, I have updated my admission checklist to include a reminder to obtain current diet orders with specifics for the type of diet prior to admitting a resident. I will refer to this checklist during all future admissions. | 4/17/25 |

| ——¬ | RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| | \$11-100.1-15 Medications. (e) All medications and supplements, such as vitamins, minerals, and formulas, shall be made available as ordered by a physician or APRN. FINDINGS Resident #1 – No physician order to discontinue Mirtazapine order as noted on the April 2024 medication administration record (MAR). Submit a copy with your POC. | PART 1 DID YOU CORRECT THE DEFICIENCY? USE THIS SPACE TO TELL US HOW YOU CORRECTED THE DEFICIENCY I received a copy of the physicians order to discontinue Mirtazapine for resident #1, and it is available for review in the resident's binder. | 4/11/25 |
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| | RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| \boxtimes | §11-100.1-15 Medications. (e) All medications and supplements, such as vitamins, minerals, and formulas, shall be made available as ordered | PART 2 FUTURE PLAN | 4/11/25 |
| | by a physician or APRN. FINDINGS Resident #1 – No physician order to discontinue Mirtazapine order as noted on the April 2024 medication | USE THIS SPACE TO EXPLAIN YOUR FUTURE PLAN: WHAT WILL YOU DO TO ENSURE THAT IT DOESN'T HAPPEN AGAIN? | |
| | administration record (MAR). | To prevent this deficiency from happening in the future, I have updated my checklist to include a reminder to request for the discontinuation order from physician for all discontinued medications. | |
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| RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| §11-100.1-15 Medications. (g) All medication orders shall be reevaluated and signed by the physician or APRN every four months or as ordered by the physician or APRN, not to exceed one year. | PART 1 | |
| FINDINGS Resident #1 - Medication orders were not timely reviewed by the physician every four months. Records show orders were reviewed on 4/17/24 and 11/15/24. | | |
| | Correcting the deficiency after-the-fact is not practical/appropriate. For this deficiency, only a future | |
| | plan is required. | |
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| RULES (CRITERIA) | PLAN OF CORRECTION | Date |
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| \$11-100.1-15 Medications. (g) All medication orders shall be reevaluated and signed by the physician or APRN every four months or as ordered by the physician or APRN, not to exceed one year. FINDINGS Resident #1 – Medication orders were not timely reviewed by the physician every four months. Records show orders were reviewed on 4/17/24 and 11/15/24. | PART 2 FUTURE PLAN USE THIS SPACE TO EXPLAIN YOUR FUTURE PLAN: WHAT WILL YOU DO TO ENSURE THAT IT DOESN'T HAPPEN AGAIN? To prevent this deficiency from happening in the future, I have updated my checklist to include a reminder to have all medications reviewed by the physician every 4 months. | 3/28/25 |

| - T | RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| | §11-100.1-17 Records and reports. (b)(3) During residence, records shall include: | PART 1 | |
| | Progress notes that shall be written on a monthly basis, or more often as appropriate, shall include observations of the resident's response to medication, treatments, diet, care plan, any changes in condition, indications of illness or injury, behavior patterns including the date, time, and any and all action taken. Documentation shall be completed immediately when any incident occurs; | | |
| | FINDINGS Resident #1 - Progress notes did not include response to plan of care and crushed medications. | Correcting the deficiency after-the-fact is not practical/appropriate. For this deficiency, only a future plan is required. | |
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| RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
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| Note: \$11-100.1-17 Records and reports. (b)(3) During residence, records shall include: Progress notes that shall be written on a monthly basis, or more often as appropriate, shall include observations of the resident's response to medication, treatments, diet, care plan, any changes in condition, indications of illness or injury, behavior patterns including the date, time, and any and all action taken. Documentation shall be completed immediately when any incident occurs; FINDINGS Resident #1 - Progress notes did not include response to plan of care and crushed medications. | FUTURE PLAN USE THIS SPACE TO EXPLAIN YOUR FUTURE PLAN: WHAT WILL YOU DO TO ENSURE THAT IT DOESN'T HAPPEN AGAIN? To prevent this deficiency from happening in the future, I have updated my checklist to include a reminder to have observations/responses to new plan of care and medications documented in the progress notes. | 3/28/25 |

| RULES (CRITERIA) | PLAN OF CORRECTION | Completion Date |
|---|---|--------------------|
| \$11-100.1-17 Records and reports. (f)(4) General rules regarding records: All records shall be complete, accurate, current, and readily available for review by the department or responsible placement agency. FINDINGS Resident #2 - Admission assessment or plan of care form dated 11/2/24 was incomplete - vital signs and diet information not provided. Submit a copy with your POC. | PART 1 DID YOU CORRECT THE DEFICIENCY? USE THIS SPACE TO TELL US HOW YOU CORRECTED THE DEFICIENCY The Admission Assessment or Plan of Care Form was completed on the day of inspection by transferring the vital signs from the MAR and the diet order from the physicians orders. | 3/28/25 |

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|--|--|--------------------|
| \$11-100.1-17 Records and reports. (f)(4) General rules regarding records: All records shall be complete, accurate, current, and readily available for review by the department or responsible placement agency. FINDINGS Resident #2 - Admission assessment or plan of care form dated 11/2/24 was incomplete – vital signs and diet information not provided. | PART 2 FUTURE PLAN USE THIS SPACE TO EXPLAIN YOUR FUTURE PLAN: WHAT WILL YOU DO TO ENSURE THAT IT DOESN'T HAPPEN AGAIN? To prevent this deficiency from happening in the future, I have updated my admission checklist to completely fill out Admission Assessment or Plan of Care Form prior to admitting a resident. I will refer to this checklist during all future admissions. | 3/28/25 |

| Licensee's/Administrator's Signature: | Amalia Garcia-Lindenmuth |
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| | Amalia Garcia-Lindenmuth |
| | 04/25/2025 |