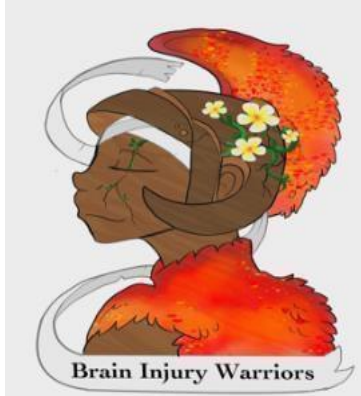


Brain Injury Association Of Hawaii

Jun 2024 Vol 5



Brain Injury Association of Hawaii (BIHi)
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808-633-8144 via voicemail
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All is Well in June

In May 2024, following several years of advocating for the special plate, Governor Josh Green signed the Duke Kahanamoku license plate bill. Duke Kahanamoku is Hawaii's first great waterman and Olympic champion. Duke Paoa Kahinu Mokee Hulikohola Kahanamoku (August 1890-January 1968) is considered the "Father of Modern Surfing." The funds from purchasing the water safety plates will be used to provide drowning prevention and water safety programs for those of us in Hawaii. Brain injuries can be caused by drowning and near drowning and can lead to severe neurological damage. The Hawaii "Organization License Plate Program" assists qualified nonprofit organizations to raise funds for community public health programs. Details regarding the purchase of the license plate will be made available later this year.

Great news regarding neighbor island support groups -- Kauai will be reestablishing its support group meetings with details to be made available later this month. The Kauai support group, like many others, was disrupted during the COVID pandemic. In May, the Kona Support Group celebrated 30 years of monthly meetings. It is the longest running support group in the State offering education and support for traumatic brain injury survivors and their families. Karen Klemme who continues to host the meetings is to be congratulated for this landmark feat.

Thank you and be well,

Billie "BJ" Wade

Duke's License Plate is Now Law



This license plate will raise funds to provide grants for local drowning prevention and water safety programs. Drowning is the number one cause of death for Hawaii keiki, and Hawaii ranks second in the nation for rate of drowning among residents. With Hawaii's renowned waterman culture, every keiki should learn swimming and water safety, and every resident should have the opportunity to learn to safely enjoy the ocean.



Valerie Hoke and Karen Klemme

founded the Kona Brain Injury Support Group in 1994 and were honored at the Kona Brain Injury Support Group "30 year" celebration



The Kona Support Group meets the second Wednesday of each month The virtual location is at: www.zoom.com. Meeting ID 808 274 6477.

The in-person meeting location is Anderson Wealth Planning, 75- 1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

For additional information: Contact Karen Klemme at kklemme@hawaii.rr.com

Facebook: <https://www.facebook.com/groups/2671644676391469>

Brain Injury Oahu Support Group (BIOGS) Emphasizing Fine Motor Skills

Allana Coffee, Ph.D. brought various flower petals for lei-making to the May BIOGS meeting. Lei making is a fine motor skill. Cognitive exercises such as knitting, playing cards, puzzles and (in Hawaii) stringing a lei are beneficial for TBI survivors.



I SEE YOU ~ I HEAR YOU PROGRAM

THE HONOLULU PSYCHOLOGY COLLECTIVE CONTINUES TO OFFER TALK STORY SESSIONS FOR BRAIN INJURY SUPPORT GROUP MEMBERS. THE SESSIONS ARE OFFERED AT NO COST TO MEMBERS

The Honolulu Psychology Collective is a private group therapy practice founded by Brain Injury Association of Hawaii Board member Allana Coffee, Ph.D. and her husband Jerry Coffee, LCSW. Both Allana and Jerry have been in practice for a total of 40 years. They have combined their experience, knowledge and love of the community to establish and support the Honolulu Psychology Collective (HPC).

HPC is comprised of clinical psychologists, clinical social workers and licensed marriage and family counselors who have a high level of experience, knowledge and compassion.

Honolulu Psychology Collective offers evidence based therapy with warmth and care.



Allana Coffee, Ph.D. and Jerry Coffee, LCSW
HPC Founders

Brain Injury Awareness includes recognizing the need to address the mental health of brain injury survivors, their family and caretakers

If you are a member of the Brain Injury Association of Hawaii and a brain injury survivor or a family member or caretaker of a survivor -- go to

<https://honolulupsychologycollective.com/inquiry-form>

insert BIOSG or BIHi (in the insurance box) someone will contact you

Brain Injury Support Group Meetings

Listing Provided by the June 2024 Neurotrauma Newsletter
Violet E Horvath, Ph.D., Director of Pacific Disabilities Center
John A. Burns School of Medicine - University of Hawaii at Manoa
For More Information visit <https://pdc.jabsom.hawaii.edu/>

Support group title: Aloha Independent Living Hawaii Big Island Mixed Group Support Group

Format: In-person at various locations on Hawaii island

Dates: Third Thursday of every month

Time: 10:00 am – 12:00 pm HST

Location: Varies

Additional information: Comprised of adults with various disabilities, the group meets for fellowship and peer support. For more information, please contact Karin Riedel at 808-333-2408.

Support group title: Aloha Independent Living Hawaii Kauai Laulima Peer Support Group

Format: In-person on Kauai

Dates: Last Thursday of the month HST

Additional information: For times, location, and other information, contact Holly Pickens-Torres at 808-652-6092.

Support group title: Aloha Independent Living Hawaii Molokai Keiki Support Group

Format: In-person on Molokai

Dates: Every third Wednesday of the month

Time: 2:00 pm – 3:00 pm HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Youth Support Group

Format: In-person on Molokai

Dates: Every fourth Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Contact Luana Angliam at 808-866-3792.

Support group title: Aloha Independent Living Hawaii Molokai Non-Ambulatory Support Group

Format: In-person on Molokai

Dates: Every second Friday of the month

Time: 10:30 am – 11:30 am HST

Location: Home Pumehana, Conference Room #1

Additional information: Consumers have the opportunity to voice their opinions regarding issues they are facing within their community and how they will move forward to take action as a group. For more information, please contact Luana Angliam at 808-866-3792.

Support group title: Brain Injury Oahu Support Group (BIOSG)

Format: In-person on Oahu

Dates: Monthly on Saturdays. Remaining dates for 2024 are: June 29, July 27, August 31, September 28, October 26, November 30, December 28

Times: 10:00 am – 12:00 noon HST

Location: Catholic Charities Clarence TC Ching Campus, 1822 Keeaumoku Street, Meeting Room 3, Honolulu, HI but sometimes in other locations; check in advance

Additional information: Call or text BJ Wade at 808-221-8330.

Facebook: <https://www.facebook.com/BrainInjuryAssociationOfHawaii/>

Email: braininjuryofhawaii@gmail.com

Support group title: Concussion Legacy Foundation (CLF) Zoom Support Groups

Format: Virtual

Dates:

- Post-Concussion Patients: 1st Tuesday of the month
- Post-Concussion Caregivers: 2nd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Caregivers – 3rd Tuesday of the month
- Suspected Chronic Traumatic Encephalopathy (CTE) Patients – 4th Tuesday of the month
- Concussed Moms – 1st Thursday of the month
- CLF Canada Patient Groups – Weekly Monday, Wednesday, Thursday, Friday (international attendees welcome)

Times: Provided when you register

Additional information: Registration is required. Visit <https://concussionfoundation.org/peer-support> for more information and to register. 1-on-1 Peer Support is also available, and they are looking for Peer Support Volunteers. There are Facebook Resources Groups. Information on these can be found at the link above (scroll down to view the information).

Support group title: Creative Arts Program

Format: In-person on Oahu

Cost: \$15 per session

Days: Available Tuesdays and Thursdays

Time: 12:30 pm – 3:30 pm

Location: REHAB Hospital of the Pacific, 226 North Kuakini Street, Honolulu, HI 96817

Additional information: For current and former REHAB inpatients and outpatients. Registration is required. Contact Melissa Mullen, Patient Experiences Manager, by email at art@rehabhospital.org or by phone at 808-566-3741

Website: <https://www.rehabhospital.org/programs/creative-arts-program>

Support group title: C.A.N. (Crush Ableism Now) Lunch Club

Format: In-person on Oahu

Dates: TBA

Times: TBA

Location: University of Hawaii at Manoa campus

Additional information: Monthly social lunch meeting for the disabled, chronically ill and neurodivergent University of Hawaii community, and anyone who wants to learn more about disability solidarity. Bring your own lunch. Light pupus provided. Contact Dr. Daniela Bond-Smith at db48@hawaii.edu or call 808-203-7191.

Optional registration: <https://go.hawaii.edu/gYk>

Support group title: Hui Malama Po’o Support Group

Format: In-person in Honolulu, HI

Dates: Third Saturday of each month

Times: 1:00 pm – 3:00 pm HST

Location: REHAB Hospital of the Pacific, 226 N. Kuakini Street, Honolulu, HI 96817, Wo 4

Additional information: The Hui Malama Po’o support group objectives are to use crafting as cognitive therapy, provide support to people with brain and other neurotrauma injuries, educate others about neurotrauma through community outreach, give back to the community through Hui activities and events, and offer its products to sustain the group by collecting enough funds to purchase materials for crafting activities. For more information, contact Val Yamada at 808-385-5462.

Support group title: Kona Brain Injury Support Group

Format: Hybrid – In-person in Kona, HI, and online via Zoom

Dates: Second Wednesday of each month

Time: Varies to accommodate speakers or for other reasons, so always check the start time

To join the meeting online: Go to Zoom at www.zoom.com. In the upper right-hand corner, click “Join Meeting” and enter Meeting ID 808 274 6477. You will be placed in the virtual waiting room and the host will let you into the meeting.

To join the meeting in person: The meeting location is Anderson Wealth Planning, 75-1000 Henry Street, Suite 200. (In the same building as Planet Fitness.)

Additional information: Contact Karen Klemme at kklemme@hawaii.rr.com

Facebook: <https://www.facebook.com/groups/2671644676391469>

Support group title: Think Big! Support Group

Format: In-person on Kauai

Additional information: Details regarding support group to be made available later this month.