



Hawaii's Neurotrauma Program
TRAUMATIC BRAIN & SPINAL CORD INJURIES & STROKE

Strategic Plan

Fiscal Years (FY) 2025-2030

Goal 1

In coordination with community partners, expand educational opportunities to the public sector on all neurotrauma injuries to increase awareness on the effects of neurotrauma and how to respond to an injury.

OBJECTIVES:

- Provide survivors and caregivers with awareness of how a neurotrauma injury can affect a person's life immediately following an injury and throughout their lifetime. **Include information on accessing neurotrauma injury support groups.**
- Educate the public on **neurotrauma injury prevention** as well as the signs, symptoms and what to do when recognizing a TBI, SCI or Stroke.
- **Collaborate with Hawaii's Department of Education to create and distribute a curriculum for elementary students and teachers on choices and behavior patterns that have historically contributed to neurotrauma injuries.**
- Coordinate public education efforts to maximize the impact and ensure efforts are not being duplicated.

Suggestion(s) to update GOAL 1.

- Promote support groups in person and electronically
- Add prevention
- Start education at elementary grades on choices that contribute to neurotrauma injuries (drugs, diet, etc.)

Goal 2

In coordination with community partners, connect providers to educational opportunities to increase awareness of neurotrauma and improve service delivery and outcomes for the survivors they serve.

OBJECTIVES:

- Provide social workers and medical providers with insight on survivors' experiences and methods for effective communication to improve collaboration between patient and provider.
- Work with administration and staff involved with educating youth to establish and implement a Return-to-Learn protocol for students exhibiting signs of a TBI, including the identification of TBI signs and symptoms and how to discuss with parents.

Suggestion(s) to update GOAL 2.

- Extend outreach to care homes so staff is getting updated information on how to care for people.
- Increase involvement and exposure on the neighbor islands

Goal 3

Expand survivors', family members', and caregivers' connections to available resources in Hawaii.

OBJECTIVES:

- Work with hospital staff and interested stakeholders to develop and implement an effective way to share information and resources with survivors to increase access to services and supports
- Provide guidance for members of the neurotrauma community to gather in a safe space to share thoughts, ideas and resources on a regular basis.

Suggestion(s) to update GOAL 3.

- Before a patient leaves a facility to go home, caregivers need to have more information on how to properly care for their loved one. Training needs to be more hands on with the caregiver demonstrating proper application of knowledge and technique in food preparation, medication distribution, lifts, transfers, etc.
- Sponsor memberships for fitness facilities when survivor has neurotrauma diagnosis and therapy prescription from their primary doctor
- Increase neighbor island access to services
- Need some type of assistance for people who need help understanding information being relayed by their medical professionals' (diagnosis, instructions, observations during an appointment) (Peer mentoring group with Robin B. prior)
- Increase training to prepare survivors and caregivers to have a better understanding of dr. appts
- Increase training for medical staff to provide patients with a better understanding of their appts

Goal 4

Use data to identify the needs and service gaps for survivors of neurotrauma and family members/caregivers.

OBJECTIVES:

- Develop and implement a plan for obtaining generalizable data.
- Develop and implement a plan to analyze data and identify service gaps to direct program activities.

Suggestion(s) to update.

- One of the obstacles was the ask for lots of information. How to make people more comfortable. Is there a way to get the necessary information other than a long survey? Educational support group or meeting? When in hospice, they have a care conference instead of a survey.
- Know your target audience
- Create a brochure explaining the neurotrauma registry and pass it out at community events so people can access the survey at their own convenience.

Any other comments on GOAL 4.

- Many survivors don't want to talk about the past
- Questionnaires are too personal