



DEPARTMENT OF HEALTH

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HAWAII DEPARTMENT OF HEALTH UPDATE ON MUMPS: ELEVEN (11) MORE CASES CONFIRMED

HONOLULU – The Hawaii State Department of Health (DOH) has confirmed eleven (11) new cases of residents with the mumps, raising the total number of statewide cases this year to 154. Seven (7) of the new cases of individuals are adults. Ten (10) of the cases are from Oahu and one is from Kauai.

None of the individuals required hospitalization and all are recovering. More cases are expected in the coming weeks as mumps is a highly-contagious disease.

To help prevent the spread of mumps, ensure that your family is fully vaccinated with the MMR vaccine. All adults born in or after 1957, without evidence of immunity to mumps and who cannot verify previous MMR vaccination, should receive one MMR dose. Individuals with only one documented MMR dose are strongly encouraged to consider receiving a second vaccine dose at a minimum of four weeks after the first dose. Although it is not ideal, receiving extra doses of the vaccine poses no medical problem.

All children should receive two doses of the MMR vaccine. The first dose is given at age 12–15 months and the second dose routinely at 4–6 years of age. However, because of the continued circulation of mumps in Hawaii, children between 1–4 years of age should receive their second dose now (a minimum of also four weeks after the first dose).

Patients suspected or diagnosed with mumps should remain at home to avoid spreading the disease to others. According to Hawaii State Law, a person with mumps may not attend school, work or travel for nine (9) days after the onset of *parotitis* (swelling of the salivary glands).

Mumps is spread easily through coughing, sneezing and touching objects or surfaces with unwashed hands. Symptoms include fever, headache, swollen glands in front of the ears or jaw, tiredness and muscle aches.

To locate a vaccinating pharmacy nearest you, visit <http://health.hawaii.gov/docd/vaccinesimmunizations/vaccine-locators/> or call the Aloha United Way information and referral line at 2-1-1.

More information about mumps and the ongoing investigation can be found on the DOH website at <http://health.hawaii.gov/docd/department-of-health-investigating-mumps-cases/>.

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