



Please kōkua!

Be a Good Neighbor

Eight Tips For Medical Marijuana Use in Hawai'i

1 Use with Caution

Until you know how you react to marijuana, use less. Research on adverse risks or reactions may not be readily available for your specific condition. Don't use medical marijuana when nursing or pregnant unless advised to do so by your health care provider.

2 Don't Drive

Although medical marijuana is legal, driving under the influence of marijuana is illegal. You might get arrested or hurt yourself or someone else. So, ask a friend for a ride, call a cab, or take the bus.

3 Be Aware of Addiction

Although marijuana can be used as medicine, marijuana has the potential to be addicting. Be sure to discuss all risks and benefits with the doctor that is treating you.

4 No Public Use

All use of medical marijuana must be on private property. Do not use marijuana in your car while on the road, at work, at school or on school grounds, at the beach, at a park, on hiking trails, on a bus, or in any other public space. It is illegal to use or possess marijuana on any federally owned property such as military installations and national parks.

5 Prevent Accidental Misuse

Marijuana is medicine in Hawaii. Keep your medicine secured and away from children at all times. If someone you know ingests too much marijuana, call the Poison Help line at 1-800-222-1222.

6 Secure Your Plants

If you have a personal grow site, be sure to keep your plants secure, not visible by neighbors, and not accessible by children.

7 Safe Travels

When you leave home, your medical marijuana must be in a sealed container and not visible to the public. Remember, you are not protected when you travel with medical marijuana interisland, between states, or in other countries.

8 Obey All of Hawai'i's No Smoking Laws

Laws that do not allow smoking or vaping in certain areas apply to the use of medical marijuana. Be mindful of others and never use medical marijuana in a manner that may endanger the health or well-being of another. Secondhand smoke is harmful. Never smoke near infants, children, or pregnant women.