Medical Cannabis Education Day

Hawai'i State Department of Health, Office of Medical Cannabis Control & Regulation

Date: December 7, 2024 Time: 10:00 AM - 2:15 PM

Moderators: Linh-Vi Le, PhD and Alexis Muller, MS

Agenda

| Time | Topic | Speaker |
|---------------------|---|-------------------------------|
| 10:00 AM – 10:15 AM | Welcome remarks and housekeeping announcements | |
| 10:15 AM - 10:45 AM | Medical cannabis: History and science | Wendy Gibson, PTA, RN, BSN |
| | Historical uses of medical cannabis and | |
| | introduction to the endocannabinoid system | |
| 10:45 AM - 11:15 AM | Q&A | |
| 11:15 AM – 11:30 AM | Coffee break | |
| 11:30 AM – 12:00 PM | Cannabis medicine from a pharmacist's perspective | Codi Peterson, PharmD, MS |
| | Understanding cannabinoids, terpenes, common medical uses, side effects, and cannabinoid to drug interactions | |
| 12:00 PM – 12:30 PM | Q&A | |
| 12:30 PM – 1:00 PM | Lunch break | |
| 1:00 PM - 1:30 PM | Navigating cannabis choices and safe practices | Clifton Otto, MD |
| | How to read a cannabis label and safe dosage and consumptions methods | |
| 1:30 PM – 2:00 PM | Q&A | |
| 2:00 PM – 2:15 PM | Closing remarks | |

Speakers' Biographies

Wendy Gibson-Viviani, PTA, RN, BSN

Wendy Gibson-Viviani earned her BSN at the University of Hawaii at Manoa's School of Nursing in 2006 and has been an active member of the American Cannabis Nurses Association (ACNA) since 2014. She currently serves as a Co-chair of ACNA's Education Committee and focuses on educating patients and healthcare professionals about medical cannabis and the endocannabinoid system. She has educated nearly 450 healthcare professionals to date. For seven years, she served as the Field Organizer for the non-profit, Drug Policy Forum of Hawaii and Medical Cannabis Coalition of Hawaii, helping to provide medical cannabis patient advocacy and shaping drug laws. She is a contributing author and co-editor of "The Medical Use of Cannabis: A guide to Hawaii's Law for Patients and Medical Professionals". Wendy has served on multiple legislative task forces and working groups, including the Dual Use of Cannabis Task Force in 2022, when she worked with Hawaii's DOH to conduct a rapid survey of medical cannabis patients and certifying providers.

Codi Peterson, PharmD, MS

Dr. Codi Peterson received his Doctor of Pharmacy from Duquesne University, Pittsburg, in 2013 and his Master of Science in Medical Cannabis Science and Therapeutics from the University of Maryland in 2022. He is an inpatient pediatric specialist pharmacist who also serves as the Chief Science Officer and provides scientific advisory for the website *The Cannigma*, which makes fact-based information on medical cannabis digestible and useful for everyone. He is part of the team managing the Pharmacists' Cannabis Coalition of California, which is focused on the education, advocacy, policy, and healthcare delivery of medical cannabis products.

Clifton Otto, MD

Dr. Clifton Otto graduated from New York Medical College in 1999 and is a Cannabinoid Medicine Specialist, certified by the American Academy of Cannabinoid Medicine in 2018. He provides certifications for Hawaii's Medical Cannabis Program and is a medical cannabis patient advocate. In 2014, he served as the physician member on the Hawaii Medical Marijuana Dispensary Task Force which developed recommendations for establishing the regulated statewide dispensary system that we have today.