

# Pwurala Wasa oh Roson en Madamadau: Peneu pid Peneinei oh Keiki Kan



## PWEHN SEWESE TOHN MAUI ME KISINIEI EN NANSAPW KAHREHDA APWAHL KAN

Kempa en Hawai'i State Department of Health Child and Adolescent Mental Health division padahkih me pahpa nohno SOHTE WAHLA neirail seri ni sahpw me ohlahki kisiniei en nansahpw.

- 1** Lipwen kisiniei en nansapw iangahki kihd oh pehs kak kahrehda soumwahu en seri me kin soumwahuda.
- 2** Pahpa nohno me pwarala imrwail nan wasahn kisiniei ah sohte wahla neirail keiki kak kilang ohla oh medemedewe oh sohte pwunodiki en neirail seri arail soumwahu de apwahl en madamadau.
- 3** Ni arail pwarala wasao ni kehehpw, pahpa nohno kan kak kilang dahme wiawi oh wehwehki ia mwomwen arail pahn padahkihong neirail keiki dahme wiawi ni arail pein kilang ohla.

### Ia Mwomwen Koasoaiheng Seri Mwurin Ohla en Nansahpw

- Padahkiongirail me sohte mie mehn keper ansou wet
- Tehk mwahu me re wehwehki re kak koasoaihenguik ma re nsensuwed
- Karongeirail, mweidang arail peki rehmv kalelepak kan pid dahme re pwunodiki, oh sapeng kalelepak ko ni mwowen mwahu ni arail sounpar oh madamadau
- Kaselehda me ke pil ahniki pehm kan oh padahkiongirail me pehm kan mwahu oh mwahl, ah dehr mweidang pehm kan en kahrehda peii de wiewia kamasapwehk kan.



### Pepehm Mwahl Mwurin Ohlahn Nansahpw

Pahpa nohno kak kilang soang en pepehm kan nan neirail seri iangahki:

- Wekid en arail men meir de mwenge
- Wiewia tohrohr
- Masak oh pwunod
- Kampilein en medek en paliwar
  - Moange medek, kapehde medek, oh medek en uduk de paliwar)
- Rommwidi de sohlahr mwahu wia soang en wiewia kan re mwahuki ni mahso
- Isingen



Soang en pepehm pwukat kin tikitikila mwurin ansou kohkohla, ahpw ke kak sewese nomw seri ma ke wehweki ah pepehm kan.

### Ia Mwomwen Sewese Seri Mwahula Mwurin Ohlahn Nansahpw

- Kawehwe me mehkoaros mwahu oh me sohte mie mehn keper kan
  - Pwoaleirail
  - Koasoaihengirail oh sapengirail ni mwomwe mwahu pid arail sounpar
- Mwasahn uwen media me re kilang
  - Mih rehmail ni arail kilang media oh sapeng arail kalelepak kan duwen dahme re kilang.
- Wiahda koasoandi en ehu ehu rahn



### Ia Wasa en Ale Sawas le

- Koasoaiheng en nomw seri ah tohnwini men.
- Kilang iren online pwukat:
  - <https://www.helpyourkeiki.com/>
  - <https://hicares.hawaii.gov/>
- Tuhwong sounsawas en wiewia: Lāhainā Comprehensive Health Center 'Ākoakoa Place (just below Lāhainā Civic Center) Rtingida rahn 7 nan ehuehu wihk 9:00 AM-4:00 PM 808-495-5113

KE SOHTE MIH NI

Eshla laud ni [health.hawaii.gov/mauiwildfires](https://health.hawaii.gov/mauiwildfires)

**MENLAU IDAWEHN KAWeid EN TOHN WEHI KAN KOAROS.**

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Wiahda Septembe 22, 2023  
Pohnpeian

Re-Entry Visits & Mental Health: Families & Keiki - 9-22-23

