# Appendix A: County Health Rankings and Roadmaps Framework

## 2013 Measures, Data Sources, and Years of Data

<table>
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<tr>
<th>Measure</th>
<th>Data Source</th>
<th>Years of Data</th>
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<td><strong>Health Outcomes</strong></td>
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<tr>
<td>Mortality</td>
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<tr>
<td>Morbidity</td>
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<td>Poor or fair health</td>
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<td>Physical health days</td>
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<td>Poor physical health days</td>
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<td>Low birthweight</td>
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<td><strong>Health Factors</strong></td>
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<td>Tobacco Use</td>
<td>Behavioral Risk Factor Surveillance System</td>
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<td>Diet and Exercise</td>
<td>National Center for Chronic Disease Prevention and Health Promotion</td>
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<td>Sexual Activity</td>
<td>National Center for Hepatitis, HIV, STD and TB Prevention</td>
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<td>Teen birth rate</td>
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<td>Education</td>
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<td>High school graduation</td>
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<td>Some college</td>
<td>American Community Survey</td>
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<td>Unemployment</td>
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<td>Income</td>
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<td>Family and Social Support</td>
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<td>Inadequate social support</td>
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<td>Children in single-parent households</td>
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<td><strong>Community Safety</strong></td>
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<td>Violent crime rate</td>
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<td>Environmental Quality</td>
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<td>Daily particulate matter days</td>
<td>Safe Drinking Water Information System</td>
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<td>Built Environment</td>
<td>Censsus County Business Patterns</td>
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<td>Access to recreational facilities</td>
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<td>Limited access to healthy foods</td>
<td>USDA Environmental Food Atlas</td>
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<tr>
<td>Fast food restaurants</td>
<td>Censsus County Business Patterns</td>
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1. Not available for AK and HI.

*County Health Rankings & Roadmaps* is a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute.
### Community Groups Identified:

<table>
<thead>
<tr>
<th>Order Listed</th>
<th>Group</th>
<th>Date</th>
<th># of participants</th>
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<tr>
<td>1</td>
<td>Older adults</td>
<td>February 28, 2013</td>
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<td>2</td>
<td>Paanau Village</td>
<td>March 6, 2013</td>
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<td>3</td>
<td>Filipino Community Council</td>
<td>March 30, 2013</td>
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<td>4</td>
<td>Kauai Developmental Disabilities Council</td>
<td>April 2, 2013</td>
<td>15</td>
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<tr>
<td>5</td>
<td>Marshallese population – women’s group</td>
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<tr>
<td>6</td>
<td>Friendship House</td>
<td>April 5, 2013</td>
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<tr>
<td>7</td>
<td>Native Hawaiian population – Queen Lili‘uokalani Children’s Center/Ho‘ola Lahui Hawaii</td>
<td>April 9, 2013</td>
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<td>8</td>
<td>Native Hawaiian population – Queen Lili‘uokalani Children’s Center/Ho‘ola Lahui Hawaii</td>
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<tr>
<td>9</td>
<td>Marshallese population – men’s group</td>
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<td>10</td>
<td>Hanamaulu Community Association</td>
<td>April 18, 2013</td>
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<td>11</td>
<td>Lihue – public (3 breakout groups)</td>
<td>April 22, 2013</td>
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<td>12</td>
<td>Kapaa – public (2 breakout groups)</td>
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<td>13</td>
<td>Youth – 2 breakout groups</td>
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<td>14</td>
<td>Kauai Economic Opportunity, Inc./homeless population</td>
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<tr>
<td>15</td>
<td>Business community</td>
<td>May 1, 2013</td>
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</table>
TALK STORY GROUP – Older Adults

WHAT DOES GOOD HEALTH MEAN TO YOU?

- Nutrition – good food.
- Everything – environment, all what we do, work, nutrition, affordability factor (may not have insurance upon retirement and until Medicare eligibility age, or try to get Med-Quest or pay out-of-pocket; ability to pay for medication).
- Maintain good health – eat healthy, exercise. Change of lifestyle after a major medical emergency. Emphasis on fitness and health; is not emphasized enough between ages of young adult to elder. Having a major health event (heart, cancer) makes you prioritize health.
- Young adults not faced with a lot of medical concerns and health issues.
- Some young adults do not have insurance or know their benefits from health insurance. They don’t check it out ahead of time or take the time to find out.
- When you are going to retire then you take the time to find out what you are going to need.
- Not aware what is available until you go to try it; ex: went to first exercise class to be with (participant’s) mother at the senior center and discovered benefit of it. Not communicated enough to public.
- Exercise enhances mental, physical, spiritual, and social well-being.
- End result is when people become physically and mentally healthy, it increases participation of community.
- Other comments: Communication – Need to know what is in your health plan and what is available and be aware of anything concerning your health.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

- Health promotion groups (ie. Ho’ola Lahui Hawaii) provide information and opportunities for fitness.
  - Ho’ola used to have the Great Weigh Out program where groups of people would challenge each other; they would provide classes on nutrition.
- Community does not know what is going on at the neighborhood centers -- how to share information with community.
- At the senior centers, they learn how to do home gardening and then seniors share their crops with each other.
- Congregate lunches at senior centers.
- Seniors eat smaller portions; when they purchase a lot they bring and share with others. It is the local culture.
- Culture of sharing, need to go back to the old days, taking care of each other. Need to educate people about this and how people would exchange or share items with each other; losing this culture.
- Holy Cross Church has a health ministry called Fitness for Christ where they bring in speakers to learn about health issues. They also have exercise classes; free to community.
- Community gardens – some church members share their land with other members to use as a garden.
- Need more communication of all community activities. Community does not know what is going on at the neighborhood centers - how to share information with community, like a central clearinghouse?? There seems to be a lot of good, free activities that community does not know about. How do we share this information?
WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

- Know what is out there/resources.
- Neighborhood center bulletin boards are inside but when it’s closed no one can get that information, it should be outside of the centers with a list of activities.
- Information should be available where people go.
- Financial – need monies to set up communication and support programs. Federal dollars could be cut and it could have the trickle down effect to the people who provide services and communicate with others. Linkages to programs may be affected.
- Lots of people are technologically challenged in accessing information from the web, etc. Newspapers are not enough.
- Seniors do not have access to the internet at the neighborhood centers, which are not set-up for wi-fi so even those with computers cannot access the internet when they are at the centers.
- Holy Cross Church has internet access therefore people can use it to access You Tube and other programs.
- Need to know where to go to find information on activities.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUI?

- Need baseline information:
  - How many people are exercising (baseline) and try to increase participation
  - What are the age groups of people who exercise
  - Kinds of activities should be appropriate for all ages and levels
- Make environments around activities pleasant to look at (have flowers, landscape); makes you feel good as you walk or participate in activity (places to rest, nice ambiance, walking maze (Koloa has one), meditation areas.
- Nana’s House serves the homeless population; have safe transitional place for homeless to stay in for 2-3 months to regain strength post-delivery (for newborns and post hospitalization).
- Drugs/alcohol-related rehab program for post incarceration and safe housing. Concern expressed that sometimes you want to empower people but the individual may be stuck in an unhealthy environment and not able to help themselves. Elderly feel bad and want to help, but they know they cannot take them home.
- Koloa Union Church thought of allowing some homeless to park their car in the parking lot and have the use of the bathroom facilities (but they must leave by 7 a.m.); neighbors did not want this. Loss of sense of community.
- Have a place where all needs are met: bathroom facility, shelter, community support. Homeless/addicts must take ownership and community should have a sense of stewardship.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

- More elder care facilities and services.
- Do we currently have adequate/affordable housing to accommodate seniors?
- More affordable senior housing and retirement communities.
- No homeless.
- Affordable housing for everyone.
- 0% drug problems; need more rehab programs as a step toward 0%.
- Every 4 year old should have a preschool experience.
- Pollution free environment; GMO – stuff put into air and food; repercussions will impact generations.
- Reasonable, cost effective methods toward environmental issues (contain pollution); i.e, cost to do these methods increase and come back to community.
• Increase community confidence toward Kauai’s health care facilities and providers. People seek health care by going to Oahu vs. seeking health care on Kauai.
• Local health care facilities should strive for most competent health care providers.
• Have various specialty health care providers on Kauai; there is a cost to get them to Kauai, cannot pay them enough. Can promote the other benefits of coming to Kauai (ie. the beauty of the island).

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUAI?
• More transitional housing for homeless in other communities (Westside people don’t want to live in Lihue) - #1 7 votes (tied)
• Better communication – #1 7 votes (tied)
  o Need a clearinghouse or resource directory geared for all – where health-related activities are located, cost; senior centers have a weekly calendar in the newspaper, there should be a calendar that everyone can access.
  o Have an organized resource directory that is user friendly.
• More youth activities and facilities (ie. skateboard park) - #3 4 votes
  o Centralized youth activities/facilities (east, west, central) to bring youth together, provides better control, programming, promotion, accessibility; have it near bus routes.
• Affordable medical coverage. 2 votes
• Increased safety and sense of security. 1 vote
  o More police, fire, EMS.
• Free bus services for youth.
• More education to tourists/visitors to prevent drowning.
  o On airplane before arrival, have signs on beaches of how many people have drowned; tourists don’t think clearly.
• Accessibility to health facilities.
  o Transportation options beside paratransit. Concern expressed that what if you get sick and need to get to doctor right away? You have to be registered for paratransit.
  o Hours of services, availability.
• More affordable senior housing/community housing.
TALK STORY GROUP – Paanau Village, Phase II

WHAT DOES GOOD HEALTH MEAN TO YOU?
• Getting a physical examination
• Exercise daily; there is a great path nearby
• Keep heart healthy
• Elderly taking walks and having quiet time, helps to have better sleep
• Freedom and motivation
  o freedom to get up and feel no pain, freedom from viruses, no constipation and diarrhea
  o motivation to get out to do things, life your life, having the energy to do things
• Have appreciation for what we have, with appreciation we have joy
• Fresh fruits and vegetables
• Have someone in charge to coordinate activities and get people to participate.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
• Exercise and maintain strength, healthy eating
• EBT (electronic benefit transfer – public assistance) and WIC – Women, Infant, Children
• Bus service
• Fresh air!
• Jogging paths and bike lanes
• Weekly Farmer’s Markets
• Agencies and individuals who provide support, such as Hospice, Mental Health
• Places like Paanau which are clean and safe and gives people a chance to have housing.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
• Old age
• Not having a group exercise program (for older adults).
• Culture of smoking, ie. when pregnant, with children pretending to smoke.
• Abusive behavior at playgrounds.
• People settling problems with physical violence.
• Lack of paternity; nuclear family breakdown.
• People not being kind to each other.
• Addictions – drug, alcohol, cola, junk foods.
• Treatment of food should bring out the flavor, done with love and has to be nutritious.
• Trickle effect of sick children - parents sending sick child to school and making others sick; lack of child care affects employment, or workers are sick and going to work. Example cited: workers being sick in restaurants and serving others.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUAI?
• Helping each other.
• Learning other skills.
• Safety, happiness, clean living, make it a beautiful place and healthier Kauai.
• Electric cars; quiet traffic; no carbon monoxide, have clean air.
• More facilities to accommodate aging – care facilities that is affordable.
• More solar energy.
• If 10% of everyone’s wealth was spent fiscally then it would solve socio-economic issues.
WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

- Make friends, family, and neighbors be kind to one another.
- Self-sufficient gym to power own energy, ie. get energy from bicycling.
- Make more difficult to smoke.
- Be rid of invasive species in the mountain.
- Continue to make Kauai a healthy place and keep it clean.
- Get the sand back at Kekaha Beach.
- Get rid of meth use.
- More community gardens, control chicken population.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUI?

- Make friends, have dancing, group activities, bingo night, hula. – 2 votes #1
- Stricter control of smoking zones and also harsh penalties for pushers. – 2 votes #1
- Better transportation to doctor’s appointments, hard to catch the bus in Koloa. – 2 votes #1
- Fix bottleneck traffic in Kapaa. – 1 vote
- Clean water. – 1 vote
- Affordable organic food. – 1 vote
- Better food labeling.
- Affordable care home facilities. – 1 vote
- Have better hospital facilities, so that less people are medevaced. – 1 vote
- Important to promote safe sex, but not mentally or socially healthy to promote safe sex through media and educational system. – 1 vote

Note: 1 person left early and did not vote.
TALK STORY GROUP – Kauai Filipino Community Council

WHAT DOES GOOD HEALTH MEAN TO YOU?
• Less visits to the doctor; following the doctor’s advice. If no or less visits to the doctor, there is no income to the doctor and savings to self and the insurance companies.
• Peace of mind; when you are healthy there is no worry or stress.
• There are requirements to be healthy, like exercise, nutrition, being ahead of the curve.
• Mentally balanced, physically fit and socially active, and being able to give back to the community.
• Do daily chores without feeling pain.
• Enjoy things that you like doing, like playing cards, swimming, going to the beach.
• Having good genes.
• Doing annual check-up and hearing from the doctor that everything is okay, from pap test, bloodwork, etc.
• More productive to self, family, and community.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
• Pacific Health having monthly walks and discussions after the walks with doctors.
• Home grown vegetables and fruits.
• Good weather.
• Physical fitness classes.
• Line dancing, Zumba.
• Senior center programs.
• Wilcox Memorial Hospital is a very good hospital.
• Good education.
• Kauai Community College’s Wellness Center that provides TB testing, pap tests, etc.
• Kupuna who show good example, ie. cooking home meals.
• Health ministry through various churches.
• Good community resources and organizations.
• Various funding from government.
• Health Resource Person is invited to the classroom to give health information to students.
• Ho‘ola Lahui Hawai‘i’s program and classes.
• HMSA’s free wellness program.
• Local politicians looking out for people.
• Good housing and environment.
• Simple rural living, compared to city life.
• Filipino doctors who speak Filipino is comforting.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
• There is an abundance of food, thus the challenge is eating in moderation.
• Lack of education.
• Burden to go to the doctor – older adults need encouragement from younger people to see the doctor. Also, older adults take pride in not seeing the doctor.
• It takes discipline and motivation to diet and exercise.
• Environmental (or social), like smoking, drinking, drug addiction.
• Inadequate income.
• Non or limited medical coverage.
Lack of health awareness.
Cultural – some don’t believe in seeing the doctor because of cultural background.
Lack of time as an excuse.
Broken families and unhealthy family relationships.
Negative attitudes to eating right and seeing the doctor, towards health.
Apathy – some people don’t care.
Doctors who are not specialized in certain areas; lack of specialists.
Fear of hearing negative things from the doctor.
Being in a rural area – lack facilities.
Fast foods.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUAI?
- Not seeing obese people around the island and seeing happy elderly people.
- Safe and clean environment.
- Living longer.
- Good education and employment.
- Access to good health care.
- Follow Mayor’s Holo Holo 2020, making use of bike path.
- Decrease in underage drinking and marijuana and other drug use.
- Stiffer consequences for promoters of drug use.
- Getting PE back in schools.
- Having children involved in sports and community programs.
- Motivating self to eating right kinds of food.
- Acquire advanced medical equipment for Kauai.
- Less domestic violence and crime.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?
- Less sick people.
- Improved economy because of productivity.
- Longer life span and happier people.
- Less obese people.
- Expand ER and have more choices of doctors due to increased population.
- More medical specialists especially on the Westside.
- Food coming to island – have more back yard gardens; more organic foods; no GMO.
- Less fast foods.
- Kauai Philippine Cultural Center (KPCC) – should have food demonstrations for cooking healthy Filipino foods.
- More Filipino doctors because of increased Filipino population.
- Support for elderly care should continue because of growing elderly population.
- Relief for providers of elder care.
- Awareness of community to living healthy.
- Better services for indigents or those who have inadequate income, homeless, lack of education or medications.
- Drug-free environment especially for minors.
- Make sure that medical insurance coverage is still available, Social Security income is still available, no tax on SS income.
- New, improved Obama Care.
• Program and facilities for younger people to keep them off the streets.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUAʻI?

• More education – 15 votes   #1
• More equipment, technology, and services (ie. expanded ER) for hospitals - 13 votes   #2
• Affordable early childhood education programs and elder care programs. – 11 votes  #3
• More choices of specialized doctors – 8 votes
• Availability and accessibility to quality health care – getting services right away and on island. – 8 votes
• Bike and walk path on the Westside. – 6 votes
• Politicians making contributions and taking on projects, programs, policies, and laws for a healthier Kauai, ie. Mayor’s Holo Holo 2020. – 4 votes
• Encourage more garden projects in the community and encourage eating more fruits and vegetables. – 3 votes
• More parks ad better sports facilities and equipment. – 3 votes
• Have a one stop center for youth and their families to call to get information and direction on whom to call for questions on issues such as drug problems, depression, and suicide. – 1 vote
• Choices of healthier food at parties. – 1 vote
• For self-care, more workshops and programs to teach people how to live healthy, ie. cooking, reading labels, exercise, like Better Choices, Better Health.
• For school children and young adults, workshops on eating healthy, drug and alcohol prevention.
• Implementing and encouraging the value of education, starting from elementary schools.
• Continue/maintain funding for education.
• Safe and clean environment.
TALK STORY GROUP – Kauai Developmental Disabilities Council

WHAT DOES GOOD HEALTH MEAN TO YOU?
• Eating vegetables, fruits, drinking lots of water, eating grains.
• Exercise
• Bowling
• Good mental health
• Overall well-being, including spiritual well-being.
• Getting out, staying active, exercise, eating right food and drinking lots of water.
• Swimming
• Good family relationships
• Good dental health
• Having right medical resources and not having to go off island.
• Visiting the doctor; asking questions, making sure everything is alright with you.
• Good physical check-up and examination, make sure everything is okay with your health.
• Socialize and get involved with community.
• Doing activities, sports, and community events.
• Continual education of individuals regarding specific health needs.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
• Farmers’ Markets
• How we have expanded health care to other parts of the island, ie. Ho’ola Lahui Hawaii, Easter Seals.
• Access to the outside where you can be with your animals.
• Our good weather.
• Financial support for government for those who are in need.
• Improved transportation to doctors, shopping, socialization.
• Lots of exercise programs and classes.
• Accessibility to park, pools.
• Increased number of volunteers who help those with disabilities, ie. KORE, with the elderly.
• We can choose own doctors and dentists and covered by medical insurance.
• More access to special services and choices with OT (occupational therapy), PT (physical therapy).
• Knowledge from kupuna to give us information.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
• Lack of specialized doctors, ie. neurologist, pulmonologist, pediatric neurologist.
• School systems need RNs and LPNs in the schools.
• Lack of dental care for those on Medicaid; Ho’ola has months’ long waitlist. Have services be done locally and same options as others (for those on Medicaid, etc.)
• Planning and budgeting for an aging population and persons with developmental disabilities.
  o Per the CDC, 1 in 50 children (6-17 yrs.) have autism.
• There is a gap with adult mental health services for children aging out of the DOE system.
• Young adults with disabilities who need day care services.
• Limited resources to serve in specialized services for children with autism.
• Heated pool for physical therapy.
• Air conditioning for people who have difficulty breathing.
• Limited accessibility for safe walking on the Westside, areas in Lihue with no sidewalks.
• Lack of police to make sure children wear helmets when biking to school; also for motorcyclists.
• Facilities for young children who need a variety of special services, such as nursing, speech, OT, PT, vision therapy.
• Access to preschool - there is a gap for children who don’t qualify for services and parents who can’t pay for services.
• Facility and programs for youth to hang out that is inexpensive or free.
• Lack of jobs available for those graduating and especially students with disabilities.
• To have a certified kitchen to help people with disabilities to learn to cook so they may cook for others.
• No substance abuse facility on island.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUAII?
• When all challenges are taken care of.
• More facilities for elderly, such as day care, long term care, care homes to keep up with population growth; affordable facilities.
• More substance abuse facilities and programs.
• Better mental health facilities for children and adults.
• More income to families – subsidies, food stamps and other help.
• All residents have equal access to services and programs on island.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?
• Stable
• Have better jobs in community with better pay.
• Decrease in crime, bullying.
• More employers have persons with disabilities with same benefits, full-time.
• A union for home health care workers, ie. there are no health care benefits for those with limited hours (under 20 hrs. per week).
• Everyone has medical insurance that is affordable.
• Increase in personal allowance for residents in care homes.
• For those working, no money should be given to the courts (for those who currently have court supervision).
• Educate children to eat healthy foods.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUAII?
• Everyone has quality affordable health care. – 7 votes #1
• Good dental care for everyone. – 7 votes #1
• Have specialized care on island, such as adult mental health and substance abuse facilities. – 6 votes #2
• Affordable homes on Kauai, rates to be reasonable. – 4 votes
• Group of people with disabilities who would give back to community, start a business, and say mahalo. (micro enterprise) - 3 votes
• Dentists who accept Medicaid. – 2 votes
• Dental clinics who offer reduced rates. – 2
• More health professionals who stay on Kauai. – 2 votes
• More youth facilities. – 2 votes
• Housing for homeless. – 2 votes
• Expansion of Kauai Community College (KCC) in the medical field and agriculture. – 1 vote
• KCC having sports teams and league; involve all community colleges. – 1 vote
TALK STORY GROUP – Marshallese population - Women’s group

WHAT DOES GOOD HEALTH MEAN TO YOU?
- Live longer
- Healthy living
- Being happy
- Healthy foods
- Energetic
- Clean environment.
- Being active.
- Being able to provide for your family.
- Good role model to others.
- Be more active.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
- (Having) lots of fruits and vegetables.
- Zumba classes
- Walking
- Farmer’s Market
- YWCA (pool)
- Gym
- Don’t miss appointments with your doctor.
- Fresh water
- (Being) single and does not need a partner.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
- Asthma and difficulty breathing.
- Not enough sidewalks to go walking.
- Vog
- Working and not having enough time.
- Needing a translator.
- Stress and depression
- Procrastination
- Communication with doctor.
- Bad habits (drinking soda, not eating right, smoking).
- Staying out late drinking, partying.
- No motivation to go exercise.
- Having more than one partner and spreading the disease.
- Gaining weight.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUAI?
- Parents having control of what their children eat.
- Peaceful
- Keeping the beauty of the Garden Island.
- Everyone should be treated equally.
- Family oriented.
• Not being spoken down to.
• Being respectful.

**WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?**
• No more homeless.
• No druggies or drug use.
• No family abuse.
• More job opportunities.
• More community activities for youth.
• More hospitals.
• More enforcement of curfews by police.
• Improvement of traffic.
• Better medical insurance.
• Bigger shopping malls and more stores.

**WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA’I?**
• Social worker to work with the Marshallese population and County. 11 votes #1
• No racism, people being treated with respect. – 9 votes #2
• More job opportunities. – 6 votes #3
• Stricter drug enforcement especially in housing. – 4 votes
• Translator/interpreter to give information on what’s going on in Kauai. – 4 votes
• More low income housing. – 2 votes
• Equal opportunities for the disabled. – 2 votes
• Bigger bus shelters. – 1 vote
• A place for children to go to after school.
• Transportation for persons with disabilities.
• Bigger buses.
• Transportation to get to Dr. appointments.
• More crosswalks.
• More residential trash bins.
• Cleaner public restrooms in County Parks.
• Safer path to walk to school and within your community.
TALK STORY GROUP – FRIENDSHIP HOUSE

WHAT DOES GOOD HEALTH MEAN TO YOU?
- Exercise
- Better healthier life for everybody.
- Watch diet, eat healthy.
- Eating right kinds of food.
- Having Medicaid and Medicare.
- Good hygiene.
- Taking medication.
- Being physically well to do, taking care of self, being physically sound.
- Having enough sleep.
- Cut down or quit smoking.
- Taking care of physical needs, having right diet.
- Being careful in everything you do, know your limits, especially on sidewalks and streets.
- Back to basics – ie. taking showers everyday.
- Riding bike.
- Being energetic.
- Walking
- Being physically, mentally, spiritually healthy.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
- Being more health conscious, be more serious about health.
- Help others recover from their poor health.
- Bike path.
- Being up-to-date on health needs, seeing doctor.
- Ocean, beaches, going swimming, snorkeling.
- Hiking in hills.
- Breathing fresh air every morning.
- Joining gyms.
- Bus
- Zumba

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
- Public bathrooms are dirty.
- Homeless living in tents in the bushes at WalMart are multiplying.
- Drug and alcohol abuse.
- Sexually transmitted disease.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUA‘I?
- Everybody doing their part, doing one thing at a time.
- Know how to cook good foods.
- Eat good, healthy meals.
- Keeping community clean – beaches, parks, bathrooms, roadway.
- No littering.
- Having good roads, fixing potholes.
• Having an education.
• Going to school.
• Keep your family intact.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?
• Everybody happy 😊😊😊
• Keep everybody on same page; if having difficulty communicating, everyone comes together.
• Reading good books, paperback, and newspaper (for education).
• Keep environment clean.
• Know how to spend your money, ie. financial management.
• Keep Friendship House staff in good health, mental and physical.
• Not have people end up in mental health hospital.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUAI?
• Everybody getting along, this world would be fantastic. – 6 votes #1
• Staying on path to recovery with drugs and health. Keep diet, take medication, stay focused. See the doctor and follow doctor’s orders. – 6 votes #1
• More lifeguard at the beaches. – 2 votes #2
• More personal free time. – 2 votes #2
• More jobs for people with disabilities. – 2 votes #2
• More places to exercise, ie. to walk, jog, swim. – 2 votes #2
• Less crime, less drugs, need more police and firemen. – 2 votes #2
• Practice good hygiene – keeping clean, keep teeth healthy. – 2 votes #2
• Everybody helping each other. – 1 vote
• Not being so hard on yourself (be good to yourself). – 1 vote
• More housing for homeless. – 1 vote
TALK STORY GROUP – Native Hawaiian population – Lihue group

WHAT DOES GOOD HEALTH MEAN TO YOU?
• Live longer to be able to take care of grandchildren.
• Get out of bed and take care of home and family; go to work.
• Be active and productive, unencumbered by physical maladies or psychological, emotional problems.
• Balance – mentally, physically, emotionally, spiritually.
• Able to enjoy retirement, be productive.
• Able to manage and/or decrease chronic illness.
• Be aware and educated about taking care of self and health.
• Be aware of programs that can help you be healthy.
• Good health starts with you, then family, then community.
• Healthy environments (GMO/pollution/water quality, etc.).
• Children need to understand about good health and healthy lifestyle through education, modeling.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
• Union gave information (to its members) about wellness and how the Union can help them.
• Bike path.
• Focus on walkable community.
• Planning Department is working on climate change, adaptation and environmental issues, sustainability, and keeping ocean resources protected.
• Most families have medical insurance or can access medical insurance.
• Good strengths in culture (Hawaiian) – strong pride, knowledge, family values, connections with families.
• Hawaiian Immersion program teaching good values (family, land, old ways).
• Sports activities for youth, ie. Pop Warner, baseball, etc.
• Farmers Markets
• Support groups in community that help strengthen families.
• More awareness and acceptance in medical community regarding traditional strategies.
• Availability of psychological services to children and families.
• Tropic Care
• Public Health Nursing
• Collaboration of resources on a small island like Kauai.
• Increased awareness of traditional practices (La’au).
• Churches are very involved.
• Willingness to have focus groups to talk about health issues.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
• Not enough time/so much to do.
• Trying to lose weight.
• Medical cost – family has to decide whether to drop medical insurance in order to pay for other things.
• Food, gas, utility costs.
• Junk food is cheap and fast.
• Stress from trying to make ends meet and how it affects your health.
• Access to doctors; doctors not staying on island for a long time.
• Access to dentists and having to send children to Oahu for dental services.
• Grandparents raising grandchildren – need support.
• Not having enough caregivers for childcare and eldercare and the cost to pay for services.
• Limited access to mental health services - need to qualify and meet criteria, bad experiences with provider, transportation to get to services, lack of knowledge of available services.
• People fall through the cracks (for mental health/spiritual services); examples: veterans, people not seeking the service, not enough people trained (culturally/professionally) to provide services.
• After doing preventive screening, got a large bill. No one explained process, insurance coverage, what’s covered and not covered so does not want to use insurance. Providers need to explain options.
• Doctors don’t explain (about options or conditions) and don’t spend time with patients.
• Is it business practice that doctors have to see a certain number of people in a day?
• Industrialize agriculture – too much unhealthy foods, (junk foods, supersize).
• Education about community agricultural products and projects.
• How media portrays body image (ie. using skinny models).

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUA'I?
• Availability of good, healthy, inexpensive foods.
• Lo‘i (taro patch) in every community that can supply that community.
• Practitioner to ho’oponopono (community resolution) and lomilomi (massage) in every community.
• Healthy water to drink and swim in.
• Healthy lands (free of pesticide/clean soil).
• Safe places for kids, like teen centers; they need to get off computers and play.
• High school curriculum for positive life skills.
• Healthy active elderly – start developing programs for kupuna and latch key children.
• Programs for kupuna/kids/families which are community driven, family exercise programs, include activities for entire family.
• Have businesses do more wellness programs, to include mental health programs.
• Every child/person has medical and dental insurance.
• Accessibility to mental health services for adults and children when they are needed; not having to wait for services.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?
• Life simpler – one clearinghouse/resource to help link you to resources and services; help you navigate and explain.
• Families able to live on (income from) one job (rather than having to work multiple jobs).
• Having a balance between tourism and locals – (focus on) lifestyles, values (family, relationships).
• Finding better ways to use cars and gasoline.
• Be sustainable (foods, resources).
• More efficient government services – consolidate to avoid duplication.
• Affordable housing, utilities.
• Stronger family units who maintain healthy lifestyles and be a model to other families.
• Need more care centers for kupuna.
• A building to house Hawaiian agencies/programs.
• Taking care of the aina (land) and distribute with balance for community needs – opening up the land to others (not large acreage to one person).
• Changes to policy and education to promote global health (environment, community, family).
• State needs to be more involved and proactive on conservation and more proactive with managing programs (i.e. - aqua culture).

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA’I?
• Accessibility or having community centers for services and programs that are culturally appropriate (example: Waianae Comprehensive Health Center). – 7 votes #1
• Changes to policy and education to promote global health (e.g. environment, community, families). – 6 votes #2
• Accessible health care services that will ensure families to have healthier lifestyles, from keiki to kupuna. – 3 votes #3
• Affordability to make a living, pay bills, exercise, time with family. – 2 votes
• Educating keiki on family values, land, life skills, healthier foods. – 2 votes
• Being good stewards of resources and being accountable. – 1 vote
• Teaching children to be thrifty and not wasteful.
• More time for families to get together (to go camping, fishing) so they are not stressed out!
KAUAI’S COMMUNITY HEALTH NEEDS ASSESSMENT
Appendix B: Primary Data from Kauai’s Focus Groups

TALK STORY GROUP – Native Hawaiian population – Westside group

WHAT DOES GOOD HEALTH MEAN TO YOU?

• Eat more fruit, vegetables, exercise and treat all with respect.
• Understanding and being educated about good health.
• Being physically, mentally and spiritually healthy is the essence of good quality of life.
• Ola kino- healthy body.
• Mentally healthy.
• Able to engage in activities that are valuable to self.
• Having good balance with work, family and personal interest.
• Taking care of self before taking care of others.
• “Take care of the land, the land will take care of you.”
• Having healthy ohana together; not perfect but love each other – Ho’oponopono.
• Having God first, prayer at start of day for family and world, including for our president.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

• Community health center in Waimea.
• Youth sports program.
• Farmers’ Market
• Nana’s House – community based program in Waimea serving Kalaheo to Kekaha. Resources available, important to know what’s available.
• Community garden project in Kekaha; educate self-sufficiency, there were workshops to learn how to eat what you grow.
• Community Exercise programs.
• Senior Programs – exercise and nutrition classes, free lunch provided.
• Keiki Programs like Tutu & Me, Headstart through Child & Family Service.
• Free Clinic – ie. Tropic care.
• Land, ocean, climate that come from Ke AKua (God).
• All schools that implement curriculum on healthy nutrition, ie. snack, lunch, school gardens. Garden at Kekaha school – brought home radish, Maui Onions.
• Ability to get fresh food from ocean and mountains.
• Salvation Army serves lunches.
• Alu Like
• Queen Lili‘uokalani Children’s Center
• Paratransit bus service to get to medical facilities to get services.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

• No walking paths on the Westside.
• No safe area for people to walk and bike.
• Financial challenges - eating healthy can be expensive.
• Medical system is targeted to those who can access services.
• Need more education on becoming healthy and how to begin.
• To be able to change with the mind set.
• Electronics toys for children/youth - children don’t go out to play, losing social skills, they are not being active and healthy. Need to go back to aina.
• People getting caught up with technology.
• Sitting down at the table together.
• Taro is expensive; ie. to follow Dr. Shintani’s diet.
• Losing sight of ‘Family first’; over scheduling activities.
• Prioritizing time for family and everything; life changing events.
• Don’t know when to ask for help, especially for mental health. Fear of medical profession, reservations of not being able to adequately express needs or know where to go for help, language barrier.
• No native speakers at community health center, used to have a Hawaiian-speaking physician. Need doctors who can speak the language, persons who are aware of Hawaiian medicine (la‘au lapa‘au), massages.
• Concerns of water contamination.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUA‘I?

• Mindset to change.
• Self discipline.
• Implement Dr. Shintani’s diet; do away with fast food.
• To see mauka lands used for farming, come down to makai for fishing (being self sufficient). Having workshops to learn from kupuna (when to fish, when to plant, using Hawaiian calendar)
• More knowledge on using pesticides.
• Eating healthier, less reliance on fad diets.
• Target Native Hawaiians to have a single access to navigate through medical system and (health) needs; also, children (and families) being able to access.
• Having a healthy community from newborns to kupuna, and having support for families to get to programs.
• Having preventive programs - exercise, health, eating habits.
• Federal government to check soil and waters due to concerns of number of cancer cases.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• To be alive!
• Healthier Native Hawaiian population; indicator: longer life span.
• Cleaner environment.
• Every home with a garden, being self reliant and self sufficient.
• Increase family activities; being family oriented, less technology and ability to balance.
• Preserve recreational and cultural space.
• Less asthma cases on island; i.e Headstart program currently has high rate of asthma cases.
• More youth programs to address alcohol and drug use.
• Streamlined access to health care system, especially for Native Hawaiians and lower socio-economic population.
WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA'I?

• Having Native Hawaiian speaking, culturally knowledgeable health care professionals, including doctors, nurses. Target our Hawaiian Immersion schools (to nurture interest from a young age). – 9 votes #1

• Medical coverage for alternative healing. - 8 votes #2

• Youth education that is culturally appropriate, being hands on. Involve kupuna and other resources. – 7 votes #3

• Support access for Native Hawaiians regarding health care and education. – 5 votes

• More expanded family centers- “one stop shop “with resources. - 5 votes

• Clean, safe, healthy environment. – 2 votes

• Safe place or shelter for emergencies, ie. tsunami, hurricane; look at utilizing (existing) bunkers in Mana, Waimea Valley and Hanapepe. – 2 votes

• Talk story groups to meet regularly.

• Everyone has a home with a garden; no homeless.

• To have children who are healthy, joyful and confident that they can accomplish anything. Have a mentorship program.
TALK STORY GROUP – Marshallese population - Men’s group

WHAT DOES GOOD HEALTH MEAN TO YOU?
• Being mentally, physically, spiritually, emotionally healthy.
• Being productive.
• Outgoing
• Being polite.
• Strong
• Being active and able to do things.
• Being cooperative.
• Fellowship!
• Sharing everything, ie. food.
• Caring for others and self.
• Being in control.
• Having self determination, having a goal and going for it.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
• Healthy foods.
• Schools
• Work, jobs.
• Leaders like Naomi and Toni. 😊
• Sports
• Mayor taking part exercising with the people.
• Police and fire fighters going into schools with their equipment; sharing what they do.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
• Work, work, work, worry about bills.
• Not enough sleep.
• Cost of living.
• Environment, ie. drug use (people stealing from others and using the money to buy drugs).
• Economy is expensive.
• Lack of education.
• Language barriers.
• Laziness.
• Prejudice towards Marshallese.
• People not listening to radio, reading the paper, do not know what’s going on.
• Not knowing what’s in the food, ie. gmo.
• Attitude about eating habits.
• Hard to exercise, traffic along the road.
• Bus stops are far.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUI?
• Heaven
• Eating healthy.
• Working together.
• Fellowship and being together.
• More exercise.
• Community partnership.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?
• Good environment.
• Good leaders in government.
• Good schools.
• More jobs.
• Build more hospitals.
• More mental health and elderly health care programs.
• More expertise in health care, teachers, pastors, fishermen (to be able to provide food).
• Have better equipment to provide care here on Kauai rather than flying to Oahu.
• More child care programs, like Headstart, so there are no waitlists.
• Safety, more police officers.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA?I?
• Community partnerships. – 10 votes  #1
• Having translators when getting services to explain the application process or testing, ie. at the Motor Vehicle division for driver’s license, having it interpreted (forms and written materials), and having resources through videos. – 8 votes  #2
• Better education – more qualified teachers, good school environment, more college courses on Kauai, having translators in schools for all ethnic groups. – 7 votes  #3
• More jobs, less unemployment. – 6 votes
• Better cost of living. – 1 vote
• Homeless shelters because of increasing numbers of homeless. – 1 vote
• More affordable child care programs.
TALK STORY GROUP – Hanamaulu Community Association

WHAT DOES GOOD HEALTH MEAN TO YOU?

• Functioning well in the community in all ways - mentally, emotionally, spiritually.
• Being active in the community.
• Means to be healthy.
• Wealthy and wise.
• Be fruitful, creative, service to the community, leadership.
• Make a difference in the community.
• Health is wealth – being healthy is your asset.
• Eating healthy, daily exercise.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

• Bike path.
• Best park – Peter Rayno Park; fully irrigated, lights, all done by volunteers.
• Having schools in the community.
• All sports.
• Good medical facilities and professionals.
• Good organizations for children, adults, and kupuna.
• Churches with good participating members.
• Stores

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

• Hanamaulu beach park is occupied by homeless, concern about safety of the water.
• Families can’t afford to buy healthier foods and get medical care.
• Unsafe neighborhood.
• People not getting early detection; cancer cases, need better cancer treatment.
• Seniors are isolated and living alone or families are involved in other things or working.
• Traffic in Hanamaulu.
• Drug problems.
• Not having enough exercise programs for older people, youth, all ages.
• Cost of living is high; people working more than one job, not enough time to exercise and relax.
• Bird problems at Peter Rayno Sr. Park, which can lead to health problems.
• Neglected dogs that are barking.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUA’I?

• Good living environment.
• Community center in Hanamaulu; every community should have a community center (ie. gym, other facilities, swimming pool).
• Everyone grows their own food (self-sustaining).
• Good paying jobs for future generations.
• People having more pride in community and feeling of belonging, people getting to know neighbors.
• No more homeless and drugs.
• Go back to the earth, best producer.
• That Government can do something about the challenges.
• Community gardens.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• Bring back scouting and other youth programs; work with families, families need to be involved.
• Train young adults to be trained leaders in the community.
• Drug-free, alcohol-free, and basically healthy.
• Have good jobs with the help of the government; minimize gang-related activities.
• Bring back family time; parents discipline children better, so that they are better in school and more respectful to teachers.
• More stores so that there is competition and keep prices low.
• Plan for beautifying Kauai, especially the highways; starts from the neighborhood.
• Safer scenic lookout so visitors and residents can enjoy the scenery (without getting hurt; having enough space on the side of the roads, highways to stop.)
• End homelessness.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA'I?

• Violent-free, safe communities with neighborhood watch programs, especially where tourists visit. Have police patrol and be more visible to prevent thieves from breaking into cars and homes in the community. Recruit community volunteers to help with neighborhood watch. – 9 votes #1
• Taking ownership of community and island and be respectful. – 5 votes #2
• Have a law for cleaner communities and neighborhoods. – 3 votes #3
• Community center to establish a sense of place. – 3 votes #3
• Cooperation amongst County, State, Federal and other agencies to provide healthier communities. – 3 votes #3
• Sports complex - free admission. – 3 votes #3
• Freedom of choice; everyone is responsible. – 2 votes
• Have government help families by creating more jobs and having more money. – 1 vote
WHAT DOES GOOD HEALTH MEAN TO YOU?

- Being able to do what I want to do to function - work, play, etc.
- Creating a world with more birthdays!
- Physical, mental, body & mind wellness; function physically, cognitively (mentally), happy with self, spiritual (well-being).
- Eating healthy, having physical activities.
- Being able to do what you want without worrying about health.
- Balanced quality of life.
- Access to affordable health and prevention services.
- Access to affordable healthy foods.
- Access to safe areas for physical activities.
- First, we all need to share idea of water and what water does; 2nd most important thing is salt.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

- Walk path, parks, hiking, beaches.
- Schools grounds well maintained and can be used off hours.
- Exercise classes.
- Farmer’s Markets.
- Weather.
- Willingness – people are willing to work on what needs to be solved.
- A lot of events – health, sports.
- Eating more fruits and vegetables and good climate to grow them.
- Neighborhood centers – well utilized.
- Dog park.
- Community health centers who help people without insurance.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

- Personal finance, making it affordable (food, health, to make good quality of life).
- Work on spiritual side for harmony.
- Time to exercise, do check-ups/screenings, cooking healthy foods.
- Motivation missing on a population scale; walk the talk - we don’t always do it, need to get over obstacles.
- Old habits and old ideas are so ingrained.
- Education – misunderstanding of health.
- Resources – ie. lack of obesity clinic on island.
- Family/work schedule conflicting with sports, children’s events.
- Be able to have a balanced life (exercise, rest).
- Making exercise a part of your daily life.
• Language barriers, cultural barriers.
• Health literacy – not understanding about health. Ex.: Need to explain what it means to eat healthy.
• Bad fast food is cheap and accessible.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUA?I?

• More home and community gardens.
• Fitness course at parks but designed for ADA accessibility, centralized in each district (North, South, East, West).
• Exercise classes all over the island and at the parks.
• Implementing above ideas in elementary, middle and high schools.
• Improving public health benchmarks, ie. chronic disease measures, immunizations.
• Implement gardening at schools, teaching basics of gardening.
• Having prevention services, education & services, i.e. smoking cessation.
• School health – teaching kids health education, ex. importance of hydration.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• Reduce healthcare costs by way of prevention and education.
• All health agencies will be closed because everyone will be well.
• Keep up with medical technology and medical advancement; have state of the art technology.
• More people living longer because they are taking steps to be healthy.
• More people will be walking, jogging in morning, evening.
• Lifeguards at every beach.
• Islandwide higher quality of life by people taking care of themselves.
• Complete streets – community connected, with gardens, exercise areas, sidewalks, bike lanes.
• We need more/accessible mental health services and referrals, not just PCP’s giving anti-depressants. We need to have a real pain management program/advisor, not KMC’s "pain med" contract, which essentially provides a lethal supplier of narcotics without objective evaluation and treatment.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA?I?

• Implement health literacy in schools (including nutrition, exercise, hydration, school lunch, mental, spiritual). – 5 votes #1
• Accessibility and affordability of health care (food, physical activity, medical services). – 4 votes #2
• Infrastructure – complete streets, fitness course/classes, continuation of path, bike lanes, community gardens. – 4 votes #2
• Open air fitness facilities – fitness course, ADA accessible, restrooms at fitness facilities. – 2 votes
• Access to care – everyone has a doctor and has finances to cover, with a thriving hospital, unduplicated services. – 1 vote
• Clean air (tobacco-free and smoke-free public areas).
• Noise control.
• Public safety (security of home and neighborhood, eliminate drug activity that drives crime).
TALK STORY GROUP – Lihue Group #2

WHAT DOES GOOD HEALTH MEAN TO YOU?
• Balance of physical, mental, emotional, social well-being.
• More sidewalks, bike paths (bike rather than walk to work).
• Sharing of information.
• More physical health programs that are: accessible (close to where we live, convenient times), affordable, enjoyable, informational (the why behind activity).
• Access to good info, support to make good decisions (ex. family, community); ability to act on decisions (ex. smaller paratransit vans), need for escort.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
• Multi-generational households - older wisdom and deference; caregivers for kids, younger: computer skills, energy, inspirational, elder feels needed, caregivers for elders.
• Great weather (south shore) for outdoor activities.
• Good community- safety in knowing each other and helping one another.
• Great leadership that have great vision for health projects, passion, willingness to work hard.
• Home gardens; gardeners share info.
• Farmer’s markets everyday.
• Grass-fed beef, good marketing.
• Restaurants sell local products.
• Growing interest in growing own food.
• KCC- education and resources, Saturday market.
• Family nights: talk story, Hawaiian culture, prep for community events, movies, kids to adults, BBQ, talent shows, art night.
• Faith-based groups - youth, Bible-study.
• Challenge groups.
• KUGA – Kauai Underground Artists.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
• No enforcement of no-smoking law.
• Lack of infrastructure to walk or bike safely.
• Security issues, ex. on bikepath, vulnerable groups.
• Lack of posted rules on bike path or need to enforce bike path rules.
• Hospital stays too short, good but too brief info about condition.
• More expensive; bankruptcy due to medical bills.
• Poverty causing multiple health problems.
• Affordability of healthy food, treatment, exercise (gym membership).

WHAT ARE YOUR VISION(S), IDEAS, OR IMAGE OF A HEALTHY KAUA’I?
• More health fairs, education about healthy diet and lifestyle.
• Health more socially acceptable.
• Areas for elderly to sit in stores, banks (anywhere we need to wait).
• Less vehicle traffic.
• Less traffic signals.
• More/smaller paratransit for elderly.
• Government buy back beachfront, better beach access.
• Bike lanes on roads.
• Bike/walking paths throughout the island.
• More time to relax, enjoy Kauai.
• Active community, day and night.
• More color- trees, flowers on roadways.
• Get artists and gardeners active in the community.
• Help for homeless, people congregating in places like bike path.
• No empty storefronts, businesses flourishing.
• Cleanup Coco Palms, old police station, refurbish eyesores.
• Beautiful and clean restrooms and showers at public facilities.
• More drug/alcohol-free environments and activities for kids.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?
• More walking and biking instead of cars.
• Beaches and bathrooms pristine all the time (good maintenance).
• Greater acceptance of fruits and vegetables in plate lunches.
• Enforcement and intervention of psychological abuse.
• Cleaning up of community by citizens feeling ownership.
• Reduction of ER visits.
• Healthier people, well-controlled chronic diseases.
• More psychiatrists.
• More integrative/complementary/holistic health care; kupuna willing to share, being more receptive to (aforementioned) health care.
• Respecting each other.
• Cell phone etiquette.
• Less expensive poi and fish.
• More recipe sharing.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUAI?
• Healthy fast food. – 4 votes #1
• Leadership training- positive attitude, motivational. – 3 votes #2
• Pristine bathrooms and showers at parks. – 3 votes #2
• More sidewalks, bike paths. – 2 votes
• Smaller paratransit vans. – 2 votes
• Mom and Pop stores vs. big box stores. – 2 votes
• More roundabouts. – 1 vote
• Systems to maintain the vision in perpetuity. – 1 vote
• More lighted walkways.
• More covered rest stops, trees, along bike paths.
• Teaching more stewardship.
TALK STORY GROUP – Lihue Group #3

WHAT DOES GOOD HEALTH MEAN TO YOU?

- Free from disease or injury.
- Access to services, health care for all.
- Able to take care of yourself and being able to do what you need to do to be healthy and happy.
- Being positive in mind, body, and community.
- Being able to function at the highest level by age or ability.
- Focus more on prevention, fixing the problem.
- If there is a dangerous cliff, do you put a fence at the top or an ambulance at the bottom?

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

- Excellent physicians, RNs, facilities, and people.
- Good collaboration between providers; linking providers.
- A good percentage of people who are able to think outside of the box, not just traditional medicine but also modern medicine, to help people empower themselves.
- We have potential power to good health.
- There are good clearinghouses, in this small island; there are approachable people in position to help, we can bend the rules.
- We are flexible and sustainable.
- Our climate is very positive, the beauty of the island provides us the opportunity to: do things outdoors, grow our foods.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

- Diet, eating right.
- Substance abuse, addiction.
- Lack of physical activity.
- Poor family dynamics.
- Too much reliance on government aid (state and federal assistance).
- Lack of education (planned parenthood), sexually transmitted disease, unintended pregnancy.
- Challenging to get into the schools to discuss issues, ie. abstinence, sexual relations, sexually transmitted diseases, birth control.
- Safe walking areas.
- Smoking.
- Childhood, population obesity.
- Peer pressure, bullying.
- Air quality (pesticide use), GMOs.
- Water quality (Atrizene, cancerous chemicals).
- Obesity (childhood/adult).
- Cost of healthier foods.
WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUA'I?

- Universal preschool.
- Being respectful of your surroundings so that you are only improving it, not hurting it. Appreciating music, hula.
- Artist can capture the beauty of our island, ie. photos, dance, music.
- More locally grown food.
- Access to more organic foods, less expensive food. Not GMO.
- A higher percentage of vaccinated kids; HEP B (mandated), HEP A, measles, mumps, rubella.
- Higher access to public transportation, more and better bike racks.
- Having a better transition process and support to home health care for families who bring their loved ones back from rehab.
- Better mental health services; Friendship House does a good job.
- Less disparity between Native Hawaiians in affordable housing, health care.
- More home gardens, school gardens (edible).
- Having schools be able to eat the foods that are grown in the schools.
- Allow schools to buy locally grown food, change state procurement code.
- Families having good support for premature babies once at home.
- Greater access for people of all fitness levels, ie. activities on beaches for persons with disabilities.
- Access for all, biking path, promote it.
- Better access to activities every day for people who have disabilities; not just once a year. Bike path, better promoting.
- Having more grants related to health.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

- Baby boomers will need senior independent, affordable housing.
- Ideally, less than 20% obesity and less than 10% diabetes.
- High percentage of locally grown food, accessible, cost effective.
- Less invasive plants.
- Less than 2% of people who smoke cigarettes.
- Legalized marijuana.
- More money spent on preventive care, and less money spent on sick care.
- Prescription drug use evaluated on a monthly basis.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA'I?

- Accessibility to health services and social outlet services. – 3 votes #1
- Workplace wellness programs. – 3 votes #1
- Safety on road for bikes, walking and homes, people not being stressed and worried about where they live, being injured when riding and walking on the side walk. – 2 votes #2
- More native shade trees. – 2 votes #2
- A sense of belonging to community, people accepting each other’s culture, races, and other people’s differences. 1 vote
- A permanent farmer’s market. – 1 vote
- Respect for the aina.
- Fitness complex on the west side.
TALK STORY GROUP – Kapaa Group #1

WHAT DOES GOOD HEALTH MEAN TO YOU?

• Holistic: mind, body, spirit.
• Fitness through physical activity.
• Every person has every opportunity to be the best person possible.
• To be empowered to manage your own health.
• Having innovated architecture in the community, ie. sidewalks, one way streets, family friendly activities.
• Opportunity to help people promote their own health.
• Being involved in different activities based on what you are interested in, within your community that makes you feel safe and happy.
• How interrelated we are, all choices have consequences, (affects our) quality of life.
• Having a good sense of community.
• Having a good self identity.
• Healthy, local food that is well prepared and savored (take the time to enjoy it).
• Distribute healthy food to the whole community (access).
• Healthy families.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

• Programs and people who care and want to get involved and make a difference.
• Small community that can bond together because you know people around you.
• We have the opportunity for public/private partnerships to work well together, public gets behind the policies and initiatives of government.
• Bike path.
• Community events such as Kapaa art night, promotes getting together.
• Wilcox Saturday sessions - “Meet the Doc”.
• Commend Wilcox Memorial Hospital and Dept. of Health for reaching out into the community and engaging the community.
• Families coming together, whether it be work family, school family, community family.
• The scale of our community is small, people still feel that we can make an impact and affect things because we do not have a large community.
• Health individually.
• Health as a community.
• Beaches and trails, man made paths.
• Local farmers and farmer’s markets.
• Family cohesiveness.
• Cultural values don’t place emphasis on material goods.
• Physical attributes - air quality, accessibility to the ocean.
• Good programs like Get Fit Kauai and its different task forces, Planning Dept. and Complete Streets policy, which makes exercise a part of our life.
• Bev Brody, Get Fit Kauai going into the schools.
• Wilcox Memorial Hospital is doing a good job.
• Empty buildings are opportunities for places which could serve drive-through healthy food options.
• Kauai is able to attract people who have bring with them talent, skills, knowledge, education; great resource to our community.
• Desirable environment for retirement.
• We have the ability to train people at the community college to help gear up the industry and employment, transition to beyond tourism and agriculture industries.
• Health care is a strength as it is, modern and traditional medicine woven together.
• When you live on Kauai for a long time, you can adapt to a slower pace of life and can develop patience.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

• Access to care is very limited, elderly people have to go to so many different places to get their health needs done (ie. Social security, Medicaid).
  o Have one building to access all services.
  o Train people to become computer literate/technology sound.
  o Retaining doctor/primary care physicians and specialist.
• Trying to get health system to work together, we need patient-centered care (focus is the patient).
• People are not always aware of the resources that are available.
• People are dependent on cars and trucks, people/services are so spread out.
• Access to healthy, good foods - linkages to get healthy foods are slow, how to keep linkages moving in right direction.
• It’s a challenge for school systems and people to buy local food.
• Quality education.
• Affordable housing.
• Jobs that can sustain people economically to afford to live on Kauai.
• Disproportionate amount of drug and alcohol abuse on island.
• Misinformation about things, ex. Biotech, hurts employment, distracts people from making informed decision, people are believing things that are not true.
• Lack of information and knowledge on new technological things; ie. vaccines and getting accurate healthcare information. online banking.
• Trying to inform and educate people on activities on the island.
• More outreach programs for immigrant population - what are we doing?
• Priorities of our decision makers, ex. Department of Education and how they decide what’s to be taught in schools.
• It is very hard for people to trust health care system.
• Eldercare; older population will increase.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUAI?

• Fewer people in cars, less traffic.
• Health is wealth.
• Reach everyone that we can.
• Everyone has an education.
• Everyone has good, solid information on health care, ie. vaccinations.
• One way streets in neighborhoods and historic towns.
• Golf carts with solar power charges, loaner bikes and bike parking lots at bus stops; tourists can just pick up bikes and ride around.
• Women and young girls being encouraged and empowered to seek higher education.
• Every person has every opportunity to be the best person possible.
• Strong communities with a link to the history of their community.
• People are physically active, can afford to eat healthy meals, and able to take care of each other.
• Pedestrian friendly streets and bike friendly roads and pathways.
• Integrated health care system from first breath to last breath.
• Having available resources.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• We are not only the healthiest state, but the healthiest county in the state.
• We make substantial progress towards any of our visions (see visions on previous question).
• Good health becomes a higher priority in our culture.
• In all aspects trying to move towards prevention, instead of treatment.
• Have a happier and healthier community, look at Bhutan and their national benchmarks.
• Tennis courts at Kapaa parks resurfaced.
• Our local parks and facilities are inviting, safe, and have shade structures or trees.
• Thriving retirement communities, spread out with the infrastructure to support them.
• Wider bike lanes, with dots and stripes to help keep bikers safe.
• Having accessible and affordable health and dental care.
• Having our youth be excited to be in leadership roles and not think that it is weird or nerdy.
• Involve elderly as a resource in our community as our population increases.
• Healthier work places.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUI?

• Integrated health care system from first breath to last breath. – 7 votes #1
• Education and access to health care. – 7 votes #1
• Well qualified, staffed community recreation centers, upgrading those facilities, better equipment with sand volleyball courts, tumble mats. – 6 votes #2
• Ability of residents and visitors to be less reliant on cars and trucks to get around the island. – 5 votes
• Every member of the community feels valued and a part of the community. – 4 votes
• Consumer education and consumer empowerment. – 3 votes
• Political structure/government that will listen to the concerns that are discussed by the community (from the meeting). – 2 votes
• People in the community highly value their health and act on the value. – 1 vote
• Plant more trees. – 1 vote
• Having an ordinance addressing noise/barking dogs.
• Control of landfill, not putting it by the beach.
• Better beach clean up programs.
• Better recycling programs.
• Having the youth more involved in structured activities.
WHAT DOES GOOD HEALTH MEAN TO YOU?

- Wellness, ability to stay alive and enjoy family and friends.
- Overall health – physical, mental, support health of people around you.
- Comfort.
- Continue walking, prolong life and life, and live fully with as FEW medications as possible.
- Access to good health – facilities, doctors, things that keep you healthy (walk path).
- Peace, wellness in mind, body and spirit.
- Safety – safe communities.
- To be functionally fit, independent from physical crutches, ie drugs, reliance on another human being, physical and mental.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

- Kauai Athletic Club – great facilities, people trained are helpful
- Ho’ola Lahui – big support for elders (ie. Zumba).
- Three good acute care hospitals and great doctors, nurses, and care teams.
- Bike path.
- Community centers – programs, access to swimming pools.
- Beaches, hiking trails, support of family and community, Kokee.
- Sports for kids and adults, seniors.
- This community, outreach to give opinions.
- Access to outdoors and healthy activities. Willingness and support to provide more.
- Neighborhood centers that hold programs, ex. EnhanceFitness. Mayoral and government support and funding for healthy activities.
- Volunteer spirit.
- Farmer’s Market.
- Food banks – nutrition.
- Climate.
- YMCA/YWCA.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

- Misconceptions of what good health is.
- High cost of healthy food.
- Lack of good dermatologist (skin cancer doctor).
- Transportation access to activities and functions; need for support (to hold their hand).
- Funding for program (current/future); what values do we put on the program?
- Time – families working multiple jobs, no time to engage with family and kids.
- Cost of health insurance.
- Too much spending on sickness, not enough spending on prevention.
• Unhealthy farming practices (GMO), pesticides.
• Education that causes attitude change, early education on making good choices for kids and adults.
• Obesity/chronic illness – need healthy eating habits and programs for people in this group.
• Substance abuse – tobacco, medications.
• Not enough sidewalks to ride/walk safely in neighborhoods.
• Need more parks and better care for families to go.
• No facility for long term care, ventilator patients.
• Noise problems interrupting sleep, ie. chickens, dogs.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAULAI?

• People prioritize health for prevention, put prevention first: 😊 – everybody.
• Turn Coco Palms into a park/cultural center, get rid of blight.
• Expansion of the bike path in both directions; large shoulders to make access easier to commute; bike lane both sides of the road.
• More public transportation, viable bus line.
• Air fare lowered for interisland travel (for kamaaina); cost to see doctor on Oahu, kids to activities.
• Better planning on highway construction – alternate highway out of flood zone, routes out of Hanalei, Kapaa; resorts in specific areas only; education about tsunami zones.
• Safe ways to get down to the bike path from the neighborhood.
• People having better connection to land/aina. Be responsible to the land (malama) that contributes to health.
• Bikers and pedestrians need education, ie. which side to bike or walk.
• Electrical lines underground!!!
• When working, “tearing up” roads for any reason, it will be planned, consulted in all areas (for sidewalks, underground utilities).
• Yearly published guide on line to community activities, services.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• Healthy, well, not sick, surviving.
• Better way to utilize and share resources, ie. fruit trees, food.
• More parks and recreation services available to all kids; low cost, transportation, close to home.
• Affordable housing – seniors and first-time buyers; multi-generational.
• More contribution to infrastructure, housing by large developers.
• Better paying jobs for local people, not recruiting off island, using resources we have, better sustainability.
• More sustainable farming, more healthful eating; cooking classes for kids and families.
• Better mental health services.
• Over 27% over 65 years old – proactive education about health (activities, mammograms, health line).
• Reduction in obesity.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAULAI?
• Sustainable farming – eat locally (meat, fruit, vegetables). Affordable, encourage farming, school gardens for cafeterias, community certified kitchen run by County (food hub). Sustainable island; not relying on outside sources; energy. - 13 votes #1
• Funding for more youth activities and families. – 5 votes #2
• Better public transportation – more frequent buses for everyone (visitors, kids, adults), shelters. – 5 votes #2
• Community Hotline; non partisan, trained volunteers. Anything related to health and wellness, ie sunburn, is avocado good for you, etc. – 4 votes
• More activities for teens and young adults; vocational schools, ie farming, construction, mechanics, cosmetology. Kauai Community College – more options outside college prep. – 3 votes
• Noise ordinance (need to control roosters). – 1 vote
• Civilization and nature in harmony. – 1 vote
• County planning process – stick to the plan and consider all areas, ie. when working on roads for any reason, consult on sidewalks, underground utilities, etc. – 1 vote
TALK STORY GROUP – Youth Group #1

WHAT DOES GOOD HEALTH MEAN TO YOU?

• Healthy activities and food.
• Being active, not staying at home playing video games.
• Going to the park and playing with friends.
• Playing sports.
• Eating healthy.
• Exercising and putting the right things in your body.
• Doing things that you enjoy and make you happy.
• Making right choices for what you do for yourself, between what you eat and what you do.
• Know what’s good for your body and take care of it.
• Caring for your body and your life.
• Keeping busy and doing activities.
• Maintaining a sound physical, mental, and spiritual well being.
• Being able to balance.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

• Walk to school days, "Walking School Bus".
• Zumba at neighborhood centers through Ho’ola, at schools.
• Volleyball, soccer, etc. clubs.
• Bike path.
• Beaches and pools.
• Relay for Life.
• Overall beauty of the island, inspiration to do outdoor things.
• Sports outside of school for all people to join in.
• Plants and trees.
• Everything natural about the island (beaches, hiking, paths, etc.).
• Running and biking.
• Sports and marathons.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

• Video games that make you want to stay inside.
• Keeping good health (maintenance).
• Watching t.v., influenced by ads – Oreos, Doritos, etc.
• Bullying.
• Traffic and pollution.
• Weather, staying in when it’s not good.
• New technology distracts you from going outside and doing other activities.
• Non-healthy choices for school lunch.
• Cutbacks from jobs, more work – costs (to buy things), time, doesn’t get people outdoors.
• Fast food places.
• Kapaa pool closing because of renovation needs, it is falling apart, not too many community pools and centers for people to do things.
• Negative peer pressure.
• People being busy.
• Price of healthy food – expensive, people can’t afford it.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUA’I?

• Using resources offered, ie. Zumba, bike/walk path, etc.
• Health being a priority to the community.
• More healthy places – restaurants serving healthy foods.
• Eating more natural foods instead of fast food.
• Less traffic and eating more organic.
• People taking care of the island, not littering.
• More people biking/walking instead of driving.
• More people with home gardens.
• Less drugs on the island.
• More renewable energy, ie. solar, wind, etc.
• More people going to farmer’s markets.
• More people playing sports and physical activities.
• More cooking home meals rather than eating out.
• More spending time with family outside of their houses.
• Schools going on hiking/beach excursions.
• More positive influence on being healthier, no bullying.
• No bullying – fear of going out, prevent (people) from doing activities.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• People having more home gardens.
• More places to exercise.
• More bike paths and places for people to go outside of their homes.
• Extended roads and malls for more people.
• Cleaner beaches.
• More people taking care of the island, using the bike parths.
• More people getting out and doing physical activities, sports.
• More people happy, healthy, and outside.
• More health clubs that people can join for free.
• Less technology (so that people spend less time on their phones, games, etc.)
• More people being confident with themselves to do more things.
• Safer places for outdoor activities – ex. While jogging, pass by people loitering; using bike path without drug addicts hanging out.
• More medical resources.
• More priority in schools for health – healthy school lunches, teachers encouraging healthy eating habits.
• Cleaning air quality instead of pollution.
• Spend money on building better facilities for physical activities, ie. gyms.
• Healthy snacks at schools.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA'I?

• Safety when you’re trying to be active outdoors; stricter enforcement of loitering, animal control (feral cats). – 11 votes #1
• Enforcing healthy habits at school – healthier options, school lunches offering salads, fruits, vegetables, healthy snacks. – 7 votes #2
• Communication, advertising about events. – 4 votes #3
• Healthy food at lower cost. – 4 votes #3
• Self-esteem workshops (teens, young adults). – 4 votes #3
• Organic food grown here, so don’t have to get from off island. – 3 votes
• More choices for physical activities. – 1 vote
• More community pools, gyms, places for people to exercise. – 1 vote
• Physical activity to help students “wake up” when school starts, ie. brain “warm-ups”. – 1 vote
• Fields and parks to play more sports, ie. soccer.
• More clean community gardens for everyone to participate.
• More “walk to school” days, more marathons, more field trips as a school, ie. walk on bike path, hiking.
• People getting together to clean up the island.
WHAT DOES GOOD HEALTH MEAN TO YOU?
• Person doesn’t have any physical major or minor injuries, is doing perfect in the mental (health) department, owns a house and can support themselves and their family.
• Maintain a healthy diet and exercises regularly.
• Adequate amount of rest and eating nutritious foods.
• Not sick all the time and you eat right.
• Maintain a healthy weight.
• No interference with external or internal healthy body, ex. drugs or substances that could interfere with the body.
• Someone doesn’t have to struggle to get their needs.
• Being happy with yourself.
• When someone is involved with physical activity.
• Being active and having a strong immune system.
• Being smart with diet and exercise.
• Mentally healthy.
• Someone doesn’t have to choose between two important things they need, ex. (having surgery or paying bills).

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?
• There are lots of alternatives to exercise, ie. Cross Fit, Zumba, community sports.
• Different types of healthy foods, like non GMO, no artificial flavors and colorings.
• Mayor-a-thon.
• Elementary healthy snacks for the students once a week, not high school.
• Extracurricular activities such as summer fun, soccer.
• People who donate their time for these activities.
• Farmer’s markets.
• Lots of trees and fresh air.
• Bike path to get exercise.
• Running on the beach, going surfing.
• Live close to certain places, like the beach and mall, opportunity to be less dependent on cars, how buses are dominant than taking cars.
• Community services that are executed in the school.
• Churches have scouts to help keep active.
• School advisory activities like obstacle courses (at Kapaa Middle School); field day at Kapaa Middle to raise money for Cancer Society.
• At school (Kapaa Middle School), tried offering healthy fruits and snacks in the morning.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?
• Economy and jobs, surgeries cost money.
• Living in Lihue close to fast food restaurants, ie. McDonald’s, Pizza Hut; it’s cheap and convenient.
• Sports and where you live (north shore) - can’t go to after school activities esp. if you cannot drive.
• Lots of advertisement for unhealthy food.
• School lunches aren’t healthy.
• Not everyone can play sports because they don’t have the grades.
• Easier to not do anything due to lack of motivation, cost of activity, lack of variety.
• Honolulu has more activities like the water park.
• Sidewalks not safe, people don’t allow you to cross in the cross walks, and “poop” all over the place.
• Because school lunch is bad, don’t have time to eat before sports practice, so they eat fast food.
• Social media being critical of appearance, it affects your self esteem, especially for teenagers.
• Traffic jams, unclean beaches, and drowning, more pollution in air, ie. lots of exhaust.
• More electronics coming out, ie. new Iphone and Facebook, people more on their phone than being aware of outside.
• Racism at school, discrimination, you are judged on their looks, ex. haole, medical conditions.

WHAT ARE YOUR VISION(S), IDEAS, OR IMAGE OF A HEALTHY KAUA’I?
• Beach clean ups.
• More home/local gardens.
• More extracurricular activities.
• More affordable work out plans.
• Community activities for all ages that are free.
• More flexibility with payments for activities.
• Island more green, don’t want it to turn into Oahu, prevent deforestation.
• Safer and cleaner sidewalk areas.
• More people on the bike path.
• No construction by beach that harms beach and reef.
• Beach access open to public, ex. Altons (southside).
• Want people to be informed about nature and protecting environment.
• Smarter tourists - read signs, be aware of environment, need to ask.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?
• Economic utopia, want to fix problems because we have the solutions, ex. bullying.
• Better school lunches.
• Less diabetes, child obesity and abuse.
• More people that care.
• More locally owned businesses and products.
• More people active, outside sports.
• Less financial problems - lower prices on food, shelter, lifestyle, properties.
• More affordable health foods.
• Smarter kids, ex. kids inhaling candies – Twix, Smarties; when you inhale it can clog your lungs.
• Stronger education system.
• More economically aware tourists.
• More stores in the mall.
• Have jam room more often at Kukui Grove, ie. Kanikapila Ka Kou open to youth at Marriott.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUA’I?
• Less underage drinking and drunk drivers. – 9 votes #1
• Cheaper activities. – 5 votes #2
• Economic and physical natural activities cause healthier lifestyles, depend on the water we drink, the food we eat, to the environment we live in. – 5 votes #2
• More free workout places for people who can’t afford it. – 5 votes  #2
• Better school lunches, better school lunches would make a better school. – 5 votes  #2
• Better law enforcement. – 2 votes
• More activities for family. – 2 votes
• Less people using drugs. – 1 vote
• More people having gardens, Farmer’s market is the best. – 1 vote
• Friendlier people.
• More community activities to participate in.
TALK STORY GROUP – Kauai Economic Opportunity, Inc./homeless population

WHAT DOES GOOD HEALTH MEAN TO YOU?

- Top priority to being happy is to be healthy.
- Starts with focus on children eating healthy and parents follow suit; ex. Child participated in walking school bus.
- Exercising.
- Not being sick.
- Good hygiene.
- Exercise and following doctor’s suggestions.
- Try to live with less stress in our lives.
- Do things outdoors with the children and less electronics.
- Do something that’s relaxing for you. During whale season look at whales, when it’s clear at night, look at stars.
- Being happy.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

- Lots of outdoors activities, ie. Farmer’s markets, going to the beach.
- Not drinking alcohol.
- Surfing.
- Medicine/good hospital.
- Activities like summer fun, being able to be with other children.
- Free flu shots.
- Zumba.
- Having your own garden, where you can plant your own vegetables and fruits.
- Relay for Life.
- Free activities for children; teaches good characteristics and discipline, and (provides) physical activities.
- State health care system and other organizations like KEO, Ho’ola Lahui, and Alu Like.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

- High cost of living.
- State/County parks need cleaner facilities; no soap, toilet paper, paper towels, etc.
- Families not having time and it takes money to do activities, ie. bus fare, gas money.
- Junk food.
- How do we help the homeless who cannot get services because they are denied or do not qualify for services?
- Decisions you make determine your health.
- Family history of poor health.
- Keeping up with sanitation/clean environment.
• Affordable housing.
• Affordable health insurance: Quest.
• Need more preventive dental care.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUAI?

• Having businesses help with (providing) free activities for children.
• Reduced cost of living.
• Cleaner oceans and beaches.
• More affordable medical and dental insurance.
• Raise limits for Quest.
• Affordable housing/utilities – a person shouldn’t have to work 2 or 3 jobs to pay the rent.
• Free exercise facilities/equipment at parks for adults and children to use.
• Stop knocking down all the trees to build more buildings.
• No drugs.
• Less traffic, less cars, less pollution.
• More community activities at no cost.
• Keeping crime rate down.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• Better instead of worse as far as pollution and taking care of the aina (land).
• Public services need to stop looking at a person who needs services, as a piece of paper; need to look at the person and the family, rather than just a piece of paper.
• No one being homeless.
• Better services to help everyone move forward – everyone work together to help each other move forward.
• Slow down technology to, ex. phones, computers, cars, high tech.
• Spend more time outdoors.
• Show respect to each other.
• Keep Kauai, Kauai.
• Have a place for the homeless to work and take care of it to help build self esteem.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUAI?

• Reduce the cost of living. 8 votes #1
• Better public services. – 8 votes #1
• Affordable health, dental, optical (vision) insurance. 7 votes #2
• No homelessness. – 4 votes
• Education for children and adults. Adults want to further their education to better themselves; they should be able to have the financial support and the opportunity to do that. – 3 votes
• Education and training programs for employment and to better your life in general. – 2 votes
• Happiness. 1 vote
• Keeping track of over development; no pollution, keeping beaches clean. – 1 vote
• Create better paying jobs that don’t require a college degree.
• Better public transportation schedule – 7 days a week; run buses every half hour, less wait time on the weekends.
• Education on home ownership, financial management, getting a loan.
• Practice and learn to use less electricity and water – conserve energy; ie. turn off hose and lights when not in use, water plants in the evening.
• Recycle more.
• Get rid of junk cars.
TALK STORY GROUP – Business community

WHAT DOES GOOD HEALTH MEAN TO YOU?

• Feeling safe and being free from injury and disease.
• Pertains to your body, mind, spirit - relating to your social and physical environment.
• Not merely absence of disease, but also includes physical, structural, chemical, mental and social aspects.
• Having adequate care for the mind, body and spirit.
• Being in shape; being physically able to participate in a wide variety of activities and having healthy habits.
• Feeling of well being.
• Wellness vs. avoidance of disease; focusing on the full spectrum of wellness.

WHAT STRENGTHS OR GOOD THINGS DO WE HAVE IN OUR COMMUNITY THAT CAN IMPROVE HEALTH?

• Physical environment that allows people to be active throughout the year, ie. jogging everyday, not worrying about weather, being able to hike, swim, participate in sports.
• Groups concerned about making people healthy.
• Sincerity among health care practitioners, closeness of community.
• Abundance of resources in health care.
• Sense of community – ie. senior centers, 40 yrs of Hawaii’s pre paid health care act.
• For the size of the island, having 3 acute care hospitals on Kauai.
• Openness to full range of medical care and practices, complementary/alternative medicine.

WHAT ARE SOME OF THE CHALLENGES TO HAVING GOOD HEALTH?

• Lack of sidewalks and infrastructure that supports walking and biking.
• Families too busy working, neglect personal wellness (life styles); economic issues: work, able to do activities, education.
• Fee for service not sustainable, does not prevent disease.
• Preventative chronic disease - heart disease, cancer, etc.; 80% avoidable.
• What we eat - packaged food designed to be “addictive”, foods are not labeled to inform people.
• Lack of alternative healthcare/providers; unable to get 2nd opinion without leaving the island.
• Doctors and nurses don’t have enough time to listen and get involved with the patient; too few doctors and nurses.
• Patients need to be better educated, need to explain what good health is.
• Lack of good death experience; we have Hospice, but there is a need for a seamless experience between hospice and the medical community.
• Money is more important than the patient.
• Large population not educated, misinformed, not seeking medical attention. Obstacle to medical health providers and public health providers; gets in the way of good health.
• Shortage of doctors.
• Growing older population.
• Consumer is separated from having to pay for services; it’s a personal responsibility.
• Reliance of meat, high calorie foods, unhealthy foods.
• Lack of mental health services and programs.

WHAT ARE YOUR VISIONS, IDEAS, OR IMAGE OF A HEALTHY KAUAʻI?

• 30% weigh less than we do now collectively.
• Integrated medical care from 1st breath to the last breath. Addresses prevention, treatment, services to support mind, body, and spirit.
• Blue Zone: opportunity to join and address systemic changes; ex. menu changes in restaurants, more available walking/bike paths.
• Creating good health, preventing illness and treating illness.
• Well educated public makes good choices – avoiding tobacco and drugs, get physically active. Consistent public health programs/services, reinforcing dieting, avoiding tobacco/drugs and engaging in physical activity.
• High risk products clearly labeled, ie. potato chips, oreos, etc (packaged foods)
• Less fast food.
• Informed decisions always evidence free will.
• Near death patients have good palliative care either at home or in-patient facilities
• Narrowing gap between rich and poor, reduced health care costs.
• Mentally/spiritually/socially healthy population where mental health is not neglected.
• All types of families (ie. with two parents, single parents, extended) are strong and resilient, and move forward to teach younger generations.
• Expanded consumption on healthy, locally grown fruits, vegetables, and proteins.
• Decrease instances of substance abuse.
• More resources on prevention.

WHAT WOULD YOU LIKE THE HEALTH OF OUR COMMUNITY TO LOOK LIKE IN 10 YEARS?

• More thoughtful, affordable senior housing. Allow for expansion, senior specific, multi-generational.
• Have more dialog and exploration on transitioning to end of life: joyously, healthy, and less burden on children. Kauai can be a good model for senior living.
• Mark decline in chronic disease; less stress, increase in productivity and happiness 😊.
• Accomplish our vision for a healthy Kauai!
• Built environment supports health - sidewalks, bike paths, etc.
• Cleaner community; less pollution.

WHAT IS IMPORTANT TO HAVE IN OUR COMMUNITY TO HELP YOU ENJOY A HEALTHIER KAUAʻI?

• Improvement in built environment and infrastructure: Sidewalks, bike paths. – 3 votes #1
• Integrated medical care from birth to death: prevention, treatment, addressing mind, body, spirit. – 3 votes #1
• Public health programs/services encouraging good diet, avoiding tobacco/drugs, engaging in physical activity. Well educated consumers on health issues. – 2 votes #2
• High risk food products (packaged foods) “clearly labeled”. – 2 votes #2
• Better access to mental health treatment, integrated mental health care. – 2 votes #2
• More supply of LOCALLY produced fruits, vegetables, and protein. – 1 vote
• More prominent recognition of “Children of Kauai” study; prioritize health and prevention. – 1 vote
• Health justice – everybody has access, equality. – 1 vote
• Health and prevention is priority in decision making.
• Worksite support for health/wellness: education sessions, subsidies, exercise classes on-site with employees teaching.
APPENDIX C
Assets Mapping: Kauai Island

On Improving Community Health

A Working Document
Prepared in Collaboration by the:
Kauai District Health Office, Hawaii Department of Health;
State Health Planning and Development Agency; and Kauai County Subarea Health Planning Council

DRAFT May 21, 2013
Health is a precious resource that we must intentionally cultivate. The Kauai Subarea Health Planning Council is sincere about effecting better health for future generations. This assets map is one of the first steps in a rather ambitious project to do just that.

We acknowledge the vision of our local leaders and cooperation across the spectrum of state, county and private entities. We appreciate the professionalism and hard work of the State Health Planning and Development Agency.

Sincerely, Charlotte Carvalho Chair, Kauai County Subarea Health Planning Council

Community resource mapping is used to identify available services and resources.

The wealth of Kauai resources can be found within this listing. Users, whether those seeking services or those planning ways to enhance the already vibrant communities will find this publication helpful.

The effort that the Kauai County Subarea Health Planning Council took to assemble this resource is yet another example of Kauai’s community co-operation.

“Let us develop the resources of our land, call forth its powers, build up its institutions, promote all its great interests, and see whether we also, in our day and generation, may not perform something worthy to be remembered.”

--W. Somerset Maugham

Sincerely, Romala S. Radcliffe, Administrator, State Health Planning and Development Agency

Aloha Kakou:
In our effort to inventory community needs on Kauai, we have not to the best of my knowledge, had a consolidated, comprehensive and current Assets Map of this kind. Like much of this effort the information are current as of today, but, will evolve with additions and subtractions over time.

All of us on Kauai are truly indebted to the Kauai County Subarea Health Planning Council members for personally and unselfishly engaging in this effort and collectively producing such a pristine product. We are also truly indebted to the State Health Planning and Development Agency and their leadership for having coordinated this effort and organized and assembled this document.

Again, on behalf of the Kauai population, Mahalo Nui Loa.

Sincerely, Dileep G. Bal, M.D., District Health Officer, Kauai District Health Office, Hawaii Department of Health
Kauai County Subarea Health Planning Council (KCSAC)

Charlotte Carvalho, Chair
Betty Moore, Vice Chair
Brian Carter
Kathy Clark
Missy Keyes-Saiki
DeAnna Starinieri

The KCSAC acknowledges the insights, information, and photos shared by the Kauai District Health Office (Dr. Dileep G. Bal, John Hunt, Tommy Noyes, and Toni Torres); the Kauai County Agency on Elderly Affairs (Kealoha Takahashi, Lito Asuncion, and Charlyn Nakamine); Naomi Sugihara; the Na lei Wili Area Health Education Center (Fran Becker); and the Kauai Planning and Action Alliance (Diane Zachary) in the development of this Assets Map. Special thanks to Brian Carter for dedicating time to take and make available photos for the Assets Map.
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“See first that the design is wise and just. That ascertained – pursue it resolutely.
--William Shakespeare
“Fact of Life – the trouble with doing something right the first time is that nobody appreciates how difficult it was!”
PREVENTIVE CARE

Hawaii Department of Health
Kauai District Health Office

Kauai District Health Office (KDHO) serves the community in the areas of emergency preparedness, family health services, public health nursing, services for the developmentally disabled, environmental health services which includes vector control, clean air, clean water, and sanitation programs, vital statistics (births, marriages, deaths), public health laboratory, epidemiology, and other health services.

KDHO in collaboration with the Pentagon’s Innovative Readiness Training Program offered Tropic Care 2012 to residents, offering free medical care to over 8,000 residents, who benefited from over 12,000 procedures including dental care, optometry, family care, nutrition counseling and medical services training.

10 essential public health services:
- Monitor health status to identify community health problems
- Diagnose and investigate problems and hazards in the community
- Inform, educate, and empower people about health issues
- Mobilize community partnerships to identify and solve health problems
- Develop policies and plans that support individual and community health efforts
- Enforce laws and regulations that protect health and ensure safety
- Link people to needed personal health services and assure provision of health care when otherwise unavailable
- Assure a competent public health and personal health care workforce
- Evaluate effectiveness, accessibility, and quality of personal and population-based health services
- Research for new insights and innovative solutions to health problems
KDHO partners with organizations and communities to improve health through policy, systems and environmental changes based on socio-ecological models and works closely with four task forces:
- Built environment (Complete Streets policy)
- Schools and childcare facilities (Safe Routes to School)
- Worksites
- Nutrition and food systems (Farm to Preschool Project; Kauai Grown program).
KDHO also partners in a very active and productive tobacco control program.
Communities Putting Prevention to Work Project (CPPW): A CDC funded local effort targeting Kauai and Maui

- Passed a County-wide Complete Streets Resolution.
- Broke through “silos” to open channels of communication between various State and County agencies that facilitated the preparation of ordinances expected to embed in the Complete Streets concepts in the County Code.
- Completed training 25 (over twice the projected number) League of American Bicyclists certified bicycle safety instructors, exceeded the target number (200) of elementary school age children taught safe bicycling techniques, and taught Bicycling Traffic Skills 101 to over 50 adults.
- Increased access to healthy foods by initiating Electronic Benefit Transfer (EBT) card use for fresh produce purchases at four Kauai farmers markets.
- Established a healthy options menu at the Kauai Community College.
- Initiated Safe Routes to Schools programs at three of the island’s public schools, with the participation of additional public schools expected.
- Established three new community gardens.
- Completed the visioning documents for multi-use path systems on the island’s North Shore and West Side.
### PRIMARY CARE

**Physician Offices**

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<tr>
<th>Family Medicine</th>
<th>General Practice</th>
<th>Internal Medicine</th>
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<tbody>
<tr>
<td>Ayabe, Sharon S., M.D.</td>
<td>Goodale, Richard, M.D.</td>
<td>Bickerton, Robert E., M.D.</td>
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<td>Dupree, Anthony, M.D.</td>
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<td>Braun, Michael S., M.D.</td>
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<td>Esaki, Paul T., M.D.</td>
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<td>Capelli, Thomas G., II, D.O.</td>
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<td>Haack, Dennis J., M.D.</td>
<td><strong>Ho<code>ola Lahui Hawai</code>i</strong></td>
<td>Duvauchelle, Douglas A., M.D.</td>
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<td>Krebs, Clara T., M.D.</td>
<td>Chong-Hanssen, Damien, M.D.</td>
<td>Flora, Constanst J., M.D.</td>
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<td>Lanson, Edward S., M.D.</td>
<td>Torres, Mariano, M.D.</td>
<td>Jenkins, C. Mitchell, M.D.</td>
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<td>Lewan, Richard, M.D.</td>
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<td>Martinez, Raymond J., D.O.</td>
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<td>Kheng, Liliane L., M.D.</td>
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<td>Menezes, Melinda J., M.D.</td>
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<td>Laird, Jason M., M.D.</td>
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<td>Murray, Joseph M., M.D.</td>
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<td>O’Neill, Michael J., M.D.</td>
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<td>Netzer, Roger C., M.D.</td>
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<td>Ogilvie, Patrick D., M.D.</td>
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<td>Paul, Linda, M.D.</td>
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<td>Penner, Steven J., M.D.</td>
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<td>Pixler, Mary G., M.D.</td>
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<td>Rogoff, Steven, M.D.</td>
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<td>Splittstoesser, Lisa S., M.D.</td>
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<td>Scheppers, Dennis R., M.D.</td>
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<td>Sciaroni, Daniel M., D.O.</td>
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<td>Williamson, Thomas B., M.D.</td>
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<td>Yee, Eric K., M.D.</td>
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<td>Zimmerman, David, M.D.</td>
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Community Health Centers

Kauai Community Health Center
Ho`ola Lahui Hawai`i
(A federally funded Native Hawaiian Health Care System and a Federally Qualified Health Center [FQHC])

Promotes health and wellness through innovative and culturally appropriate services for Native Hawaiians, their families and others in need.

Provides services in primary health care, dental care, behavioral health counseling, substance abuse counseling, health promotion, health education, chronic disease management, nutritional counseling, fitness classes, outreach services, pharmacy services and case management services.
Clincs

Hale Le`a Family Medicine/ Kilauea Clinic, Kauai Community Health Alliance

Ho`ola Lahui of Hawai`i Kauai Community Health Center
  • Kapaa
  • Waimea

Kauai Medical Clinic
  • Eleele
  • Lihue
  • Kapaa
  • Koloa
  • Kukui Grove

Kuhio Medical Center, Lihue

Veterans Administration Primary Care Clinic, Lihue

West Kauai Clinics
  • Kalaheo
  • Kapaa
  • Port Allen
  • Waimea

Natural Health and Pain Relief Clinic, Lihue

North Shore Medical Center

Liberty Dialysis
KAUAI’S COMMUNITY HEALTH NEEDS ASSESSMENT

APPENDIX C: Kauai’s Assets and Resources

- Kauai
- West Kauai

**Dentists**

<table>
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<th>Name</th>
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<tr>
<td>Allen, Terry, DDS</td>
<td>Kauai Dental Group</td>
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<tr>
<td>Apalla, Antonlin, Jr., DMD</td>
<td>Kanna, Stanwood, DDS</td>
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<td>Bailey, Michael, DMD</td>
<td>Long, Robert, DDS</td>
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<td>Baird, Mark, DDS</td>
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<td>Black, John, DDS</td>
<td>Murphy, Shawn, DDS</td>
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<td>Bundschuch, Lauren, DDS</td>
<td>Omoto, Leslie, DDS</td>
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<td>Carreno, Ileana, DDS</td>
<td>Quade, Ronald, DDS</td>
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<td>Chuah, Ivan, DDS</td>
<td>Rebmann, Coy, DDS</td>
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<td>Emerald Isle Oral Facial Surgery</td>
<td>Russell, David, DMD</td>
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<td>Genuth, Morley, DDS</td>
<td>Satta, Masahiro, DDS</td>
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<td>Haruki, Craig, DDS</td>
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<td>Hawaii Family Dental Centers</td>
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<td>Uehara, Keith, DDS</td>
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<td>Ing, Alan, DDS</td>
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<td>Ishida, Clyde, DMD</td>
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Non Physician Providers

Physician Assistants

PA-C, Orthopedics, Kauai Medical Clinic - Lihue
PA-C, Urgent Care, Kauai Medical Clinic - Lihue
PA-C, Family/General Practice, North Shore Medical Center - Kilauea
PA-C, Family Medicine, Kauai Medical Clinic – Lihue, Koloa, Eleele, Kapaa
PA-C, Primary Care, Hale Lea Clinic - Kilauea
PA-C

Nurse Practitioners

FNP, Primary Care, Hale Lea Clinic - Kilauea
FNP, Women’s Health and Family Practice, Aloha Medical Center - Lihue
NP, Family/General Practice, Ho`ola Lahui Hawaii - Waimea
NP, Family Medicine, Kauai Medical Clinic - Lihue
NP, Gerontology, Kauai Medical Clinic – Lihue and Omao
NP, Oncology, Kauai Medical Clinic - Lihue
NP, Orthopedics, Kauai Medical Clinic - Lihue
NP, Women’s Health, Kauai Medical Clinic - Lihue
NP, Women’s Health, West Kauai Clinics – Port Allen

Certified Nurse Anesthetists

CRNA, Anesthesia, Kauai Veterans Memorial Hospital - Waimea
ACUTE AND SUBACUTE CARE

Kauai Veterans Memorial Hospital
Medical/surgical, critical care, obstetric

Samuel Mahelona Memorial Hospital
Medical/surgical, psychiatric, critical care

Wilcox Memorial Hospital
Medical/surgical, critical care, obstetric
Specialty Care

Castillo, Phil O., M.D.  Anesthesiology
Chen, Howard, M.D.  Anesthesiology
Clark, Michael M.D.  Anesthesiology
DeMello, Eliot, M.D.  Anesthesiology
Johnston, Michael D., M.D.  Anesthesiology
Kubota, Elaine Y., M.D.  Anesthesiology
Millard, R. Joseph, M.D.  Anesthesiology
Oelke, Robert E., M.D.  Anesthesiology
Plumer, Michael H., M.D.  Anesthesiology
Sanchez, Thomas C., M.D.  Anesthesiology
Funai, John T., M.D.  Cardiology
Sable, David L., M.D.  Cardiology
So, Andrew U., D.O.  Cardiology
Potter, Thomas S., M.D.  Dermatology
Culliney, John J., M.D.  Diagnostic Radiology
Johnson, Allen C., M.D.  Diagnostic Radiology
Mackiernan, Mary, M.D.  Diagnostic Radiology
May, Michael L., M.D.  Diagnostic Radiology
McGee, James, M.D.  Diagnostic Radiology
Burrus, Joseph W., Jr. M.D.  Emergency Medicine
Conrad, Robert J., M.D.  Emergency Medicine
DeMello, Eliot, M.D.  Emergency Medicine
Dilley, Betty, D.O.  Emergency Medicine
Downs, William M., M.D.  Emergency Medicine
Elliott, Christopher D., M.D.  Emergency Medicine
Fukino, Wayne, M.D.  Emergency Medicine
Gregorius, David, M.D.  Emergency Medicine
Hemingway, Thomas J., M.D.  Emergency Medicine
Ngiam, Ryan, M.D.  Emergency Medicine
Parker, Travis H., M.D.  Emergency Medicine
Prentice, Owen N., M.D.  Emergency Medicine
Scamahorn, James O., M.D.  Emergency Medicine
Schumacher, Erik J., D.O.  Emergency Medicine
Tamanaha, Reid H., M.D.  Emergency Medicine
Morris, Elliot M., M.D.  Gastroenterology
Murray, Scot A., M.D.  Gastroenterology
Randolph, Michelle, M.D.  Gastroenterology
Biuk-Agnai, Elisabeth N., M.D.  General Surgery
Dauway-Williams, Emilia, M.D.  General Surgery
Jordan, Christopher A., M.D.  General Surgery
Lutkevich, Connie, M.D.  General Surgery
Miyashiro, Linda A., M.D.  General Surgery
Rodriguez, Amy T., M.D.  General Surgery
Zelada, Juliette M., M.D.  Hematology/Oncology
Leckova, Katarina, M.D.  Infectious Disease
Yoon, James, D.O.  Medical Oncology
Denny, Aileen E., M.D.  Neurology
Desai, Niraj S., M.D.  Obstetrics & Gynecology
Rao, Surendra D., M.D.  Obstetrics & Gynecology
Chatkupt, Surachat, M.D.  Obstetrics & Gynecology
Chelius, Graham T., M.D.  Obstetrics & Gynecology
Fujiyoshi, Carol A., M.D.  Obstetrics & Gynecology
Littler, Susan J., M.D.  Obstetrics & Gynecology
Mathis, Robert T., M.D.  Obstetrics & Gynecology
McDonald, David R., M.D.  Obstetrics & Gynecology
Wichert, John, M.D.  Obstetrics & Gynecology
Hutson, Amy M., M.D.  Emergency Medicine  Choy, Galen, M.D.  Oncology
Lee, Evan W., Jr., D.O.  Emergency Medicine  Liu, Randal, M.D.  Oncology
Leonard, Nicholas M., M.D.  Emergency Medicine
Magelssen, Mark D., M.D.  Emergency Medicine

Crane, Timothy B., M.D.  Ophthalmology  Goldberg, Harold L., M.D.  Psychiatry
Lee, Timothy L., M.D.  Ophthalmology  Kumar, Krishoia, M.D.  Psychiatry
Quarton, Gardner C., Jr., M.D.  Ophthalmology  McKenna, Gerald J., M.D.  Psychiatry
Shein, Jean, M.D.  Ophthalmology  Nakamura, John, M.D.  Psychiatry
Sherrr, Larry K., M.D.  Ophthalmology  Sampson, J.B. Michael, M.D.  Psychiatry
Russell, David H., D.M.D.  Oral & Maxillofacial Surgery  Jackson, Tad, M.D.  Pulmonary Disease
Chen, Sam, M.D.  Orthopedic Surgery  Aboyoussef, Mohamed, M.D.  Rheumatology
Goding, Richard B., M.D.  Orthopedic Surgery  Bodenstab, William E., M.D.  Urology
Johnson, Derek S., D.O.  Orthopedic Surgery  Raithaus, Lawrence R., M.D.  Urology
Murphy, Jay M., M.D.  Orthopedic Surgery  Collins, Bridget, M.D.  Hospitalist
Pohlman, Floyd H., M.D.  Orthopedic Surgery  Corliss, Amy, M.D.  Hospitalist
Rovinsky, David, M.D.  Orthopedic Surgery  Douban, Summer, M.D.  Hospitalist
Murphy, Jay M., M.D.  Otolaryngology  Fornari, Luke, M.D.  Hospitalist
Netzer, Harold R., M.D.  Otolaryngology  Garner, Matthew, M.D.  Hospitalist
Shek, Yo Ho, M.D.  Pathology  Lewan, Richard, M.D.  Hospitalist
Carolan, Terence J., M.D.  Pediatrics  Noyes, Diane, M.D.  Hospitalist
Carreau, Brigitte A., M.D.  Pediatrics  Rosenthal, Jonathan, M.D.  Hospitalist
Evslin, Lee A., M.D.  Pediatrics  Slagle, Steven, M.D.  Hospitalist
Knox, Jami, M.D.  Pediatrics  Spieler, James, M.D.  Hospitalist
Lam, Jesse T., M.D.  Pediatrics  Terdik, Katalin, D.O.  Hospitalist
Lam, Sarah K., M.D.  Pediatrics  Culliney, John J. M.D.  Radiology
Nelson, Carla, M.D.  Pediatrics  Johnson, Allen C., M.D. FRCP  Radiology
Raelson, James, M.D.  Pediatrics  Mackiernan, Mary, M.D.  Radiology
Riola, Bernard, M.D.  Pediatrics  May, Michael L., M.D.  Radiology
Ross, Paul D., M.D.  Pediatrics
Sang, New, M.D.  Pediatrics
Weiner, Linda J., M.D.  Pediatrics
Wotring, Robert D., II, M.D.  Pediatrics
Young, Geri Q., M.D.  Pediatrics
Yu, Carl, M.D.  
Hopkins, Heather A., M.D.  
Mirzai, Todd H.M., M.D.  
Phan, Bao L., M.D.  
Chihara, Tyler A., DPM

Pediatrics  
Physical Medicine & Rehab  
Plastic Surgery  
Plastic Surgery  
Podiatry

Emergency Medical Services
American Medical Response
(911 emergency services 24 hr/day x 7 days/week)
Hawaii Life Flight (Air Ambulance)

ANCILLARY SERVICES

Pharmacies

- Foodland Pharmacy Kapaa
- Foodland Pharmacy Princeville
- Hoʻola Lahui
- Kapaa Pharmacy
- Kilauea Pharmacy
- Koloa Pharmacy
- Lifeway Pharmacy Koloa
- Lifeway Pharmacy Lihue
- Lifeway Waimea
- Lihue Pharmacy
- Lihue Professional Pharmacy
- Longs Pharmacy Eleele
- Longs Kapaa
Longs Lihue
Menhune Pharmacy, Waimea
Northshore Pharmacy
Papalina Pharmacy
Safeway Pharmacy, Kapaa
Southshore Pharmacy, Koloa
Walmart Pharmacy
Westside Pharmacy
Diagnostic

Kauai Veterans Memorial Hospital
Wilcox Memorial Hospital

X-ray units

Kauai Medical Clinic
Kauai Veterans Memorial Hospital
Samuel Mahelona Memorial Hospital
Wilcox Memorial Hospital

Labs

Clinical Laboratories
Diagnostic Laboratory Services, Inc.
Kauai Dental Laboratory
Richard’s Denture Lab

Audiology

Ching, Shannon
Leach, Gregory
Pacific Hearing Care
MENTAL HEALTH

Providers
Alu Like Kauai Island Center Employment & Training Program
Alzheimer’s Association Kauai Chapter
Bayada, Inc.
Child & Family Service Head Start Kauai
Department of Health, Adult Mental Health Division
Department of Health, Children and Adolescent Mental Health Division
Department of Health, Kauai Family Guidance
Department of Health, Mokihana Project
Department of Health, Kauai Community Mental Health Center
Department of Health, Kauai Family Guidance Center
Department of Health, Public Health Nursing, Kauai
Department of Health, WIC Services Branch
Department of Human Services, Adult & Community Care Services
Department of Human Services, Human Services Division Child Welfare Services Section Kauai
Department of Veterans Affairs, Vet Center Kauai/VA Primary Care Center
Hale Ola Windward Abuse Shelter
Hale Omao Home Health Service
Hale ‘Opio Kauai’s Family Friends, Therapeutic Aide Program
Hawaii Center for Independent Living Kauai
Kauai County Agency on Elderly Affairs
Kauai Rural Health Association
Samuel Mahelona Memorial Hospital, Adult Acute Behavioral Health
Narcotics Anonymous, Kauai
Office of Hawaiian Affairs Kauai
Mental Health Kokua
St. Francis Home Care Services Kauai
YWCA of Kauai Family Violence Shelter
Psychologist
Adams, Jennifer, PhD
Gamby, Tanya, PhD
Correale, Angela, PsyD
Bailey, Fahy PhD
Gerard, Dianne, PhD
Hall, James and Susan, PhD
Hill, Mary Ann, PhD
Horne, Robert, A. PhD
Manka, Carolynne, Dr
Marsh, Carol, PhD
McGivern, Patrick, F. PhD
Pacific Clinic

Psychotherapists
BodyMind & Breath Center
Stevens, Jennifer, MA, MFT
McGregor, Dianne, LCSW
Pacific Center for Awareness & Bodywork

Counselors - Marriage
Boyd Carylee Tolly
Briones, Maria, Ph.D.
Horne, Robert, A. Ph.D.
Koloa Church
Levy, Joan, SMW, LCSW
Marsh, Carol, Ph.D.
Martha, Jay, Msw, LCSW
McGivern, Patrick, F. Ph.D.
Pillar of Truth

Counselors – Human Relations
Keiki Ohana Therapeutic Family & Individual Services
Tyler, Jeff, QCSW

Social Work
Brittain, Matthew
Eager, Beverly
Foley, Michael
Granda, Henry
Levy, Joan
Queen Liliuokalani Center
Salmers, Sandra
Stoll, Karin
Taniguchi, Lisa
Winnes, John
Wisiorowski, Stacey
### REHABILITATIVE SERVICES

#### Skilled Nursing Facilities
- Garden Isle Healthcare
- Hale Kupuna Heritage Home
- Kauai Care Center
- Kauai Veterans Memorial Hospital
- Samuel Mahelona Memorial Hospital

#### Physical Therapy
- Action Physical Therapy
- Aloha Sports Medicine & Physical Therapy of Kauai
- Cottrell’s Sports Physical Therapy
- Deborah Burnham
- Garden Island Physical Therapy
- Hanalei Center
- Island Sports Chiropractic LLC
- Kauai Hand Therapy LLC
- Kauai Veterans Memorial Hospital
- Mahelona Medical Center
- Hawaii Sports & Balance Center
- Northshore Physical Therapy
- Ohana Sports Medicine
- Physical Medicine & Rehabilitation
- Rider Physical Therapy & Sports Clinic

#### Occupational Therapy
- Kauai Hand Therapy LLC
- Mahelona Medical Center
- West Kauai Medical Center

#### Home Health Agencies
- Bayada Home Health Care (formerly Nursefinders)
- Mastercare Inc.
- Paradise Workforce, LLC
- St Francis Home Care Service, Kauai
- Stay at Home Health Care Services (under Ohana Pacific Management Co.)
CONTINUING CARE

**Nursing Homes**
- Garden Isle Healthcare
- Hale Kupuna Heritage Home
- Kauai Care Center
- Kauai Veterans Memorial Hospital
- Samuel Mahelona Memorial Hospital

**Residential Care**

**Adult Foster Homes**

**Adult Residential Care Homes (ARCH) and Expanded ARCH**
- Contact the Hawaii Department of Health for the list of ARCHs.

**Residential Alternative Community Care Program (RACCP)**
- For placement, contact case management agencies: Case Management Professionals, Inc. (Waipahu) or All Island Case Management Corp. (Honolulu)
Home and Community Based Care Services

Kauai Day Health Center (under Ohana Pacific Management Co.)
Dept. of Veterans Affairs
Dept. of Veterans Affairs Vet Center
County of Kauai Agency on Elderly Affairs
American Cancer Society – Kauai Field Office
Arthritis Foundation
Kauai Athletic Club
YMCA

See Social Services – Seniors for list of access, in-home, supportive services, legal, and caregiver support services

END-OF-LIFE CARE

Kauai Hospice
COMPLEMENTARY AND ALTERNATIVE MEDICINE

**Chiropractors**
- Oda, Aaries
- Blair, Richard
- Bowen, Sally
- Princeville Chiropractic
- Davis, Frank J.
- Koloa Chiropractic Clinic
- De Deo, Edward
- Dillberg Integrated Healthcare
- Felcher, Gerald J.
- Hanalei Chiropractic Clinic
- Jackson, Lisa
- Westside Chiropractic
- Kauai Chiropractic & Wellness Center
- Liddell, Charlotte B.
- Network Wellness Center
- O’Brien, Brian M.
- Ogawa Chiropractic
- Pavao, Kaipo
- Kalaeo Chiropractic
- Princeville Chiropractic
- Smith Chiropractic
- Swiryn, Bob

**Massage Therapists**
- A Better Island Massage
- Alexander Day Spa & Salon
- Devaki’s Massage
- Dolphin Touch Wellness Center Spa & Gift Shop
- Dunas, Virginia
- Essential Massage
- Hanalei Bay Massage
- Hanalei Massage Clinic
- Kapaa Massage Center
- Kauai Massage
- Kauai Medical Clinic
- Laynon, Norma
- Mana Massage
- Michael’s Massage
- Ola Massage
- Princeville Massage by Morgan
- Sweet Lomi Massage
- Teves, Jessica
- Touch Kauai
- Waipouli Massage

**Healing Touch**
- Savitri Kumaran
Naturopathic Physicians

Brennan, Carrie
Natural Health Clinic
Kauai Naturopathic Medicine & Acupuncture Clinic

Hawaiian Practitioners

Chun, Sean - Cultural Resource & Community Advancement Coordinator
Ono, Mark
Cardejon, Gwen
Doronio, Reuben
Kahalekai, Kauilani
Takahashi, Thomas Hoohie “Uncle Tom”
Niau, Lanakila
Panui, Opulani
Ohana, Locey
Saiki, Ginger

Qigong

Harmless One
Kahuna Valley

Acupuncture

Castillo, Romy
Dubey, Steven
Skabo, Anne

Certified Nurse Midwives (3)
INSURERS

Aloha Care
HMSA
Medicare
Medicaid
VA
HMAA
Kaiser
TriCare
UHA
United Health Care
“Government is a contrivance of human wisdom to provide for human wants. Men have a right that these wants should be provided for, [including] the want of a sufficient restraint upon their passions.”

--Edmund Burke
<table>
<thead>
<tr>
<th><strong>Government</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CONGRESS</strong></td>
</tr>
<tr>
<td>Patient Protection and Affordable Care Act</td>
</tr>
<tr>
<td>(Obamacare)</td>
</tr>
<tr>
<td>Access to affordable healthcare for everyone and improve quality and efficiency of healthcare; and promote population health.</td>
</tr>
<tr>
<td><strong>FEDERAL</strong></td>
</tr>
<tr>
<td>Kauai Community Based Outpatient Clinic</td>
</tr>
<tr>
<td>(VA Pacific Islands Health Care System)</td>
</tr>
<tr>
<td>Primary health care to eligible veterans using available resources. Primary health care means non-emergent care for veterans with stable chronic health problems or minor acute illnesses.</td>
</tr>
<tr>
<td>Social Security Administration</td>
</tr>
<tr>
<td>Social Security services.</td>
</tr>
<tr>
<td>Dept. of Veterans Affairs</td>
</tr>
<tr>
<td>Nonemergent Counseling, Disability Services, Health Screening, Mental Health, Social Services, Veterans Services.</td>
</tr>
<tr>
<td>Dept. of Veterans Affairs Vet Center</td>
</tr>
<tr>
<td>Alcohol/Drug Abuse Counseling, Crisis Intervention, Disability Services, Mental Health services including Post Traumatic Stress Disorder, Family Counseling, Sexual Trauma.</td>
</tr>
</tbody>
</table>
STATE LEGISLATURE

Senate
House


STATE GOVERNMENT

Governor’s Office

A New Day in Hawaii.

Hawaii Department of Health

Protects and improves the health and environment for all people in Hawaii. Provides 10 essential public health services. KDHO serves the community in the areas of emergency preparedness, family health services, public health nursing, services for the developmentally disabled, environmental health services, vital statistics, and other health services. Partners with organizations and communities to improve health through systems and environmental changes based on socio-ecological models and works closely with four task forces: built environment, schools and childcare facilities, worksites, and nutrition and food systems.

-Tropic Care 2012
-Communities Putting Prevention to Work
<table>
<thead>
<tr>
<th>Hawaii Department of Commerce and Consumer Affairs</th>
<th>Insurance regulation, Professional licensing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hawaii Department of Human Services</td>
<td>Provides timely, efficient and effective programs, services and benefits, for the purpose of achieving the outcome of empowering those who are the most vulnerable in our State to expand their capacity for self-sufficiency, self-determination, independence, healthy choices, quality of life and personal dignity. - Vocational rehab and services for the blind, - Social services, - Benefits, employment support services, - MedQuest - Hawaii Housing.</td>
</tr>
<tr>
<td>Hawaii Department of Labor and Industrial Relations</td>
<td>Ensures and increases the economic security, wellbeing and productivity of Hawaii’s workers.</td>
</tr>
</tbody>
</table>
Hawaii Department of Transportation

Planning for Air, Land, and Water Transportation.
Hawaii Department of Education

Elementary schools:
Eleele
Hanalei
Kalaheo
Kapaa
King Kaumualii
Kekaha
Kilauea
Koloa
Niihau High and Elementary
Wilcox

Middle schools:
Kapaa
Chiefess Kamakahele
Waimea Canyon

High schools:
Kapaa
Kauai
Waimea

Charter schools:
Kanuikapono PCS
Kawaikini NCPCS
Ke Kula Niihau Kekaha PCS
Kula Aupuni Niihau A Kahelelani Aloha

A+…After School Care
Community school for adult

“Be what you are and say what you feel, because those who mind don’t matter and those who matter don’t mind.” – Dr. Theodore Seuss Seisel (Dr. Seuss)
Libraries:
Hanapepe
Kapaa
Koloa
Lihue
Princeville
Waimea

“The more that you read, the more things you will know. The more that you learn, the more places you’ll go.”
--Dr. Seuss
COUNTY COUNCIL

Jay Furfaro, Council Chair
Nadine K. Nakamura, Council Vice Chair
Tim Bynum, Councilmember
Gary L. Hooser, Councilmember
Ross Kagawa, Councilmember
Mel Rapozo, Councilmember
JoAnn A. Yukimura, Councilmember

Complete Streets policy
COUNTY

**Mayor’s Office**

**Holo Holo 2020** (Vision for Kauai)

Ke Ala Hele Makalae “The Path that Goes by the Coast”

Leads the state in built environment and physical activity initiatives

**Mayor-A-Thon**

**Life’s Choices Kaua‘i**: Offers effective substance abuse prevention strategies, education, and programs that are school and community based.

**Mission**: 
- Prevent drug and alcohol abuse and addiction on Kauai.
- Support the enforcement of Kauai, state and federal laws dealing with drug and alcohol abuse.
- Provide drug and alcohol treatment resources for those in need.
- Help rehabilitated residents rejoin the Kauai community as successful citizens.

**ADA/EEOC Coordinator**: Insures that all individuals shall be afforded equal access to all County employment, programs, services and
Agency on Elderly Affairs

Plans, supports, and advocates for programs to promote the well-being of Kauai’s older adults and to address and respond to the priority needs of all seniors.

Develops comprehensive system of services for older adults and caregivers including health and wellness programs EnhanceFitness program, Better Choices Better Health and Diabetes Self-Management programs for those with chronic health conditions.

Civil Defense

Conducts planning, preparing, and coordinating Civil Defense operations.

Fire

Protects life, preserves property and enhances environment of the County from all hazards.

Responds to all calls for services (fire protection/suppression, rescue, hazmat and EMS. Eight fire stations:

- Hanalei
- Kauaike
- Kapaa
- Lihue
- Hanapepe
- Kalaheo
- Koloa
- Waimea

Programs: Ocean safety; Jr. Lifeguard Program; Keiki Junior Lifeguard Program; and Jet Ski Training.
Lifeguard towers:
Kee Beach
Haena Beach Park
Hanalei Bay
Hanalei Bay (Hanalei Pavilion)
(Anahola Beach Park)
(Lyndgate Beach Park)
(Poipu Beach Park)
(Salt Pond Beach Park)
(Kekaha Beach)

Housing Agency
Administers federal housing programs funded by U.S. DHUD, fair housing policy;
Housing and Community Development Division develops affordable housing,
administers the Community Development Block Grant Program, the Home Investment Partnership Program, the Residential Rehabilitation and Home-Buyer Loan Programs, and other Federal, State, and County housing programs; and
Administers the Section 8 Housing Choice Voucher Program, Family Self Sufficiency Program, and Section 8 Homeownership Program.
Department of Liquor Control

Provides the administrative services for the Liquor Control Commission. It investigates all applications for liquor licenses and provides the Commission data so it can properly execute its duties. The department has police powers to enforce the liquor laws. It inspects all liquor licensed premises to insure compliance with the liquor laws and the Commission’s rules and regulations. It investigates all alleged violations and complaints and reports all violations to the Commission.

Office of Economic Development

Works in partnership with the community to create economic opportunities towards the development of a healthy, stable, and balanced economy for the residents of the County of Kauai. Kauai Economic Development Plan. Programs:

- Brownfields Assessment;
- The Kauai Made Program;
- Agriculture;
- Energy;
- Kauai Film;
- Sustainable Tourism;
- and Workforce Investment Act.

Office of Prosecuting Attorney

Promotes the fair, impartial and expeditious pursuit of justice in every case, to ensure safer
It is our mission to temper justice with compassion, and to do our work in an open, transparent, and accountable way.

Parks and Recreation

Provides quality programs that offer educational and recreational opportunities for all communities on the island of Kauai. Manages Ke Ala Hele Makalae coastal path system. Programs include: Adopt A Park Program; Neighborhood Centers (Hanapepe, Kalaheo, Kapaa, Kekaha, Kilauea, Koloa, Lihue, Waimea); Swimming Pools (Waimea, Kapaa); Senior programs, Summer Enrollment program; Baseball programs, Divisions I and II (boys league, girls league); and 67 parks:
Hanalei District

Haena Park (5.50 acres) Beach Park
Pavilion, Comfort Stations, Picnic &
Camping, Lifeguarded Beach

Hanalei Black Pot (2.47 acres) Beach Park,
Comfort Station, Picnic & Camping

Hanalei Pavilion (1.34 acres) Beach Park,
Picnic Pavilion, Comfort Station, Lifeguarded
Beach

Waioli Beach Park (6.41 acres) Beach Park,
Comfort Station, Picnic

Kawaihau District

Waioli Town Park (5.50 acres) Neighborhood
Park, Soccer Field, Playground Equipment,
Lighted Basketball Court

Anini Beach Park (12.53 acres) Beach Park,
Picnic & Camping, Comfort Station, Pavilions, Boat Ramp

*Kilauea Park* (4.93 acres) Neighborhood Park, Playground Equipment, Lighted Softball Field, Comfort Station

*Kilauea Dispensary Park* (.25 acres) Neighborhood Park, no facilities

*Anahola Beach Park* (1.54 acres) Beach Park, Picnic & Camping, Comfort Station


*Anahola Hawaiian Homes Park* (4.95 acres) Neighborhood Park, Clubhouse, Little League Field, Basketball Court, Playground Equipment, Restrooms

*Kapaa Beach Park* (17.54 acres) Beach Park, Pavilions, Picnic

*Kealia Beach Park* (66 acres) Beach Park, Lifeguarded Beach, Portable toilets only

*Kapaa New Park* (18.08 acres) District Park, Little League Field, Baseball Field, Football Field, Lighted Softball Field and Tennis Courts, Lighted Roller Hockey Rink, Basketball Court, Comfort Stations

*Kapaa Town Park* (2.78 acres) Beach Park, Soccer Field, Comfort Station, Pavilions

*Kapahi Park* (4.00 acres) Neighborhood Park.
Playground Equipment, Little League Field and Soccer Field, Comfort Station

_Gore Park_ (.73 acres) Neighborhood Park, Passive Beautification Park

_Horner Park_ (18 acres) Neighborhood Park, Passive Beautification Park

_Waipouli Park_ (2.93 acres) Beach Park, Picnic Tables

_Wailua Houselots Park_ (10.05 acres) Neighborhood Park, Little League and Softball fields, Basketball Court, Pavilion, Playground Equipment, Lighted Tennis Court, Comfort Station
Wailua Homesteads Park (16.63 acres)
Neighborhood Park, Little League and Softball Fields, Basketball Court, Soccer Field, Pavilion, Playground Equipment, Lighted Tennis Court, Comfort Station

Wailua Riverview Park (86 acres)
Neighborhood Park, No facilities

Lydgate Park (57.85 acres) Regional Park, Comfort Stations, Picnic Shelters, Pavilions, Kamalani Playground, Ocean Pools, All Terrain Wheel Chair, Lifeguardsed Beach, Bike path (Ke Ala Hele Makalae [Phase I]), Camping Grounds
Lihue District

**Hanamaulu Beach Park** (6.45 acres) Beach Park, Pavilions, Comfort Stations, Picnic and Camping, Playground Equipment

**Peter Rayno Park** (3.59 acres) Neighborhood Park, Lighted Softball Field, Basketball Court, Comfort Station, Playground Equipment

**Wiliko Park** (2.28 acres) Neighborhood Park. Playground Equipment, Basketball Court

**Laukona Park** (2.59 acres) Neighborhood Park, Playground Equipment, Basketball Court

**Isenberg Park** (9.16 acres) Neighborhood Park, Lighted Softball Field, Comfort Station, Practice Football Field, Playground Equipment

**Lihue County Park** (3.28 acres) Neighborhood Park, Little League and Pony Fields, Soccer Field, Comfort Station

**Kalena Park** (1.33 acres) Neighborhood Park, Basketball Court, Playground Equipment, Comfort Station

**Nawiliwili Park** (6.27 acres) Beach Park, Comfort Station, Playground, Volleyball, Picnic-Comfort Station, Picnic
<table>
<thead>
<tr>
<th>Park Name</th>
<th>Size (acres)</th>
<th>Features</th>
</tr>
</thead>
<tbody>
<tr>
<td>Niumalu Park</td>
<td>3.41</td>
<td>Beach Park, Picnic, Boat Ramp, Pavilion/Restrooms, Playground Equipment</td>
</tr>
<tr>
<td>Pua Loke Park</td>
<td>.63</td>
<td>Neighborhood Park, Playground Equipment, Basketball Court</td>
</tr>
<tr>
<td>Puhi Park</td>
<td>3.40</td>
<td>Neighborhood Park, Playground Equipment</td>
</tr>
<tr>
<td>Puhi Subdivision Park</td>
<td>4.37</td>
<td>Neighborhood Park Playground Equipment, Tennis Court, Little League Softball Field, Comfort Station, Pavilion Tennis Courts</td>
</tr>
<tr>
<td>Ulu Ko Park</td>
<td>4.00</td>
<td>Neighborhood Park Playground Equipment</td>
</tr>
<tr>
<td>Hokulei Subdivision Park</td>
<td>2.00</td>
<td>Neighborhood Park Playground Equipment, Concrete Walkway</td>
</tr>
<tr>
<td>Molokoa Park</td>
<td>4.00</td>
<td>Neighborhood Park, No Facilities</td>
</tr>
<tr>
<td>Middle School Park</td>
<td>5</td>
<td>Not Developed</td>
</tr>
<tr>
<td>Vidinha Stadium</td>
<td>34</td>
<td>Stadium/District, Athletic Complex, Baseball Field, Lighted Football Field, Track, 10 Acre Parcel Adjacent to Vidinha Stadium Converted to Soccer Fields, Restrooms</td>
</tr>
</tbody>
</table>

*If you obey all the rules, you miss all the fun.*

--Katharine Hepburn
Koloa-Kalaheo District

**Koloa Park** (11.28 acres) District Park, Pavilion, Comfort Stations, Little League and Baseball Fields, Lighted Softball Field, Tennis Court and Basketball Court, Playground Equipment

**Kukuiula Harbor Park** (.93 acres) Beach Park, Pavilion, Comfort Station, Boat Ramp

**Spouting Horn Park** (4.44 acres) Passive Park, Vendor Booths, Comfort Station

**Poipu Beach Park** (5.44 acres) Beach Park, Pavilions, Comfort Stations, Picnic, All Terrain Wheel Chair, Lifeguarded Beach

**Waikomo Park** (3.74 acres) Neighborhood Park, Soccer Field, Comfort Station

**Weliweli Park** (9.00 acres) Neighborhood Park, Basketball Court, Open Field, Comfort Station

**Waha Park** (2.00 acres) Neighborhood Park, Paved Parking Lot, Soccer Field, No Facilities
“Kauai named most romantic island in U.S. Readers of Travel + Leisure magazine have named Kauai the most romantic island in the United States.”

**Kalaeo Little League** (1.38 acres) Neighborhood Park, Practice Little League Field, Comfort Station, Park Used by Kalaeo School

**Omao Park** (2.00 acres) Neighborhood Park, Playground Equipment

**Kalawai Park** (21.04 acres) District Park, Comfort Stations, Little League and Baseball Fields, Basketball Court, Lighted Softball Field and Tennis Court, Playground Equipment, Foodbooth, Pavilion

**Eleele Nani Park** (7.5 acres) Neighborhood Park, Playground Equipment

**Eleele Park** (2.86 acres) Neighborhood Park, Multi-purpose Softball and Little League Field, Comfort Station, Pavilion, Basketball Court
Waimea District

**Hanapepe Stadium** (14.68 acres)
Stadium/District Park, Comfort Stations, Baseball and Little League Fields, Lighted Football field and Tennis Courts, Practice Football Field

**Hanapepe Town Park** (1.07 acres)
Neighborhood Park, Playground Equipment, Basketball Court, Comfort Station

**Hanapepe Heights Park** (.91 acres)
Neighborhood Park, Playground Equipment, Basketball Court, Comfort Station

**Hanapepe Cliffside Park** (1.75 acres)
Neighborhood Park, Playground Equipment, Fencing, Landscaping
Salt Pond Park (5.90 acres) Beach Park, Pavilions, Comfort Stations, Picnic, Camping, Lifeguarded Beach
Hanapepe Pavilion (.81 acres) Beach Park, Pavilion, Comfort Station
Kaumakani Park (3.45 acres) Neighborhood Park, Multi-purpose Softball and Little League Field, Basketball Court, Pavilion, Comfort Station
Lucy Wright Park (4.48 acres) Beach Park, Picnic, Camping, Pavilion, Comfort Station
Smokey Valley Park (.48 acres) Neighborhood Park, Basketball Court, Clubhouse, Restrooms
Hofgaard Park (.30 acres) Neighborhood Park, Passive Beautification Park
Waimea Neighborhood Park (1.86 acres) Neighborhood Park, Playground Equipment, Comfort Station
Waimea Athletic Field (11.73 acres) District Park, Playground Equipment, Little League and Baseball Fields, Pavilion, Food booth, Lighted Softball Field and Basketball Court, Comfort Stations
Kekaha Faye Park (8.51 acres) District Park, Lighted Tennis Court and Softball Field, Baseball Field, Practice Football Field, Comfort Station, Track, Lighted Basketball Court, Playground Equipment

Kekaha Beach Park (9.70 acres) Beach Park, Pavilions, Comfort Station, Picnic, Lifeguarded Beach

Kekaha Gardens Park (4.00 Acres) Neighborhood Park Pavilion

(County of Kauai Department of Parks and Recreation, Park Facilities)
Vision for Kauai 2020:

“We envision that in 2020 Kauai will be . . .

a “garden island” of unsurpassed natural beauty;
a rural environment of towns separated by broad open spaces;
a vital modern society formed by the people and traditions of many cultures;
an island of distinctly individual towns and communities, each with its own unique history and character;
a community which values its historic places and where people practice and draw strength from ancient languages and cultural traditions;
a rural place whose population size and economy have been shaped to sustain Kauai’s natural beauty, rural environment and lifestyle;
a community which cares for its land and waters, leading the way with best management practices in the development of roads and other public facilities and in its land development and environmental regulations;
an agricultural center, producing a wide range of crops, food, and forest products for local consumption and export;
a resort destination where visitors are welcomed, supported with adequate facilities, and provided with a variety of cultural and recreational opportunities;
a resort destination whose government and industry leaders respect the island’s residents and their need to have a community life where visitors are not always present and who find effective ways to protect residents’ customary use of special places for religious and cultural observances, fishing, gathering, hunting and recreation; and
an island whose government supports the labor force and small business owners, firmly holding to essential policies and regulations while eliminating unnecessary red tape”.

(The Kauai General Plan)
**Police**

Provides police services:
- Hanalei Police Station
- Kapaa Substation
- Lihue Police Station
- Waimea Substation
- Koloa Substation

and Investigative Services. Programs include Citizen Police Academy and Kauai Policy Activities League.

**Public Works**

Planning, design, construction of county owned facilities – 4 sanitary sewage facilities (Wailua, Lihue, Eleele, Waimea), landfill (Kekaha), and four refuse stations (Princeville, Kapaa, Lihue, Hanapepe).

**Transportation**

The Kauai Bus operates public (fixed route) bus services and Paratransit (door to door) bus service from Hanalei to Kekaha daily.
Water

Provide safe, affordable, sufficient drinking water through wise management of our resources.
Kauai Community College

Is an accredited 2-year public community college. Academic program includes:
- Business Education
- Health Services (RN, Practical Nurse, Nurse Aide, Medical Assisting, Medical Office Receptionist, Massage Therapy, ARCH Operator)
- Liberal Arts program (Associate of Arts degree)
- Public Service (Certificate of Competence; Certificate of Achievement; Associate of Science)
- Science and Mathematics (Certificate program in Plant Bioscience Technology)
- Trade Technology (Auto Body Repair & Painting Automotive Technology; Carpentry Technology; Cisco Certified Networking Associate (CCNA) Program; Electronical Installation and Maintenance Technology; Electronics Technology; Facilities Engineering Technology; DMA: Digital Film; and DMA: Digital Graphic Design).
- Community Gardens Project (sponsored by the Food and Agriculture Career Pathways Program at KCC).

University of Hawaii – Hilo, School of Pharmacy

Community pharmacist internship. Pharm to Pharm Program.

University of Hawaii, John A Burns School of Medicine

Medical School admissions from Kauai.

University of Hawaii, School of Nursing

Nurse Practitioner internship.
Keiki to Career Inventory of Services for Children, Youth and Families

This *Keiki to Career Inventory* is provided courtesy of the Kauai Planning and Action Alliance (KPAA). KPAA is working together with 25 groups to carry out the mission: *unite the community in nurturing and developing Kauai’s young people from keiki to career so they are ready to learn and ready for life.*

**Support Services**

- Aloha Peace Project – Character Ed Program
  - Social/ Emotional Development
- ALU LIKE – Kulia Like Department – Financial Literacy
  - Life Skills
- ALU LIKE – Hoomaneo Oiwi – Employment & Training Program
  - Job Training
- Baby Hui Org
  - Parenting Education and Support
- Child & Family Services – Enhanced Healthy Start & Healthy Start
  - Family Support & Perinatal Services
- Friends of the Children’s Justice Center of Kauai
  - Child Abuse and Neglect Intervention

*An old Japanese saying: “Kodomo no tami ni” – For the sake of the children.*
<table>
<thead>
<tr>
<th>Child &amp; Family Services – Family Strengthening Services</th>
<th>Child Protection</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child &amp; Family Services – Hale Ho`omalu</td>
<td>Parenting Classes</td>
</tr>
<tr>
<td>Child &amp; Family Services – Independent Living Skills Program</td>
<td>Life Skills</td>
</tr>
<tr>
<td>Child &amp; Family Services – Nana’s House</td>
<td>Family Support</td>
</tr>
<tr>
<td>Child &amp; Family Services – Positive Youth Development Program</td>
<td>Youth Development</td>
</tr>
<tr>
<td>Department of Education – Loving Solutions</td>
<td>Parenting Services</td>
</tr>
<tr>
<td>Department of Education – Parent Community Networking Center</td>
<td>Parenting Services</td>
</tr>
<tr>
<td>Department of Education – Parent Project</td>
<td>Parenting Services</td>
</tr>
<tr>
<td>Department of Education – Teen Moms</td>
<td>Parenting Services</td>
</tr>
<tr>
<td>Department of Education &amp; Department of Health – Kauai Mokihana Program</td>
<td>Mental Health (Elementary to H.S.)</td>
</tr>
<tr>
<td>Department of Health, Family Health Services Division – Maternal and Child Health</td>
<td>Health Care</td>
</tr>
<tr>
<td>Department of Health, Family Health Services Division – Women, Infants and Children</td>
<td>Health Care &amp; Prenatal Services</td>
</tr>
</tbody>
</table>
Department of Health, Family Health Services Division – Children with Special Health Needs  Health Care

Department of Health & Easter Seals – Kauai Early Intervention Program  Special Needs Infant & Toddlers

Department of Health – Kauai Family Guidance Center  Mental Health

Department of Health – Developmental Disabilities Council  Health Intervention

Department of Health – Developmental Disabilities Program  Health Care/Case Management

Department of Health – Public Health Nursing  Health Care

Department of Health – STD/AIDS Screening & Treatment Program  Health Intervention

Department of Human Services – Child Care Connection Hawaii  Child Care Subsidies

Department of Human Services – Child Protective Services  Child Protection

Department of Human Services – Foster Grandparent Program  Child Well-being

East Kauai Drug Prevention Education – Fatheread/Motheread; Story Exploring  Parenting Services

Let parents bequeath to their children not riches, but the spirit of reverence.  - Plato
| Good Beginnings Alliance – Family-Child Advocacy | Family-Child Advocacy |
| Goodwill Industries – First to Work | Job Training |
| Hale `Opio - First Jobs Academy | Prevention |
| Hale `Opio - Kauai Chapter of the Hawaii Foster Youth Coalition | Prevention |
| Hale `Opio - Kauai Teen Court | Prevention |
| Hale `Opio - Ke Kahua O Ka Malamalama | Prevention |
| Hale `Opio – Making Proud Choices | Prevention |
| Hale `Opio - Positive Action School Connections Program | Prevention |
| Hale `Opio – Street Smart | Prevention |
| Hale `Opio - Teen Dating Violence Prevention | Prevention |
| Hale Kipa Kauai – Hawaii Advocate Program | Intervention |
| Hawaii Center for Independent Living – Kauai – Resources for Individuals of All Ages with Disabilities | Special Needs |
| Hawaii Community Assets – Kahua Wai Wai Youth Financial Literacy Curriculum | Life Skills |
| Hawaii Department of Labor - WorkWise | Job Readiness & Training |
Hawaii Families as Allies – Hawaii’s Youth Helping Youth Program  
Parenting Services

Hawaii Planned Parenthood – Pregnancy Test, Birth Control, STI  
Health, Intervention

Healing Horses – Equine Facilitated Psychotherapy Riding Sessions  
Mental Health

Hiilei Prenatal Services – Home Birthing & Prenatal Services  
Prenatal

Hina Mauka – Teen C.A.R.E. Program  
Substance Abuse Treatment Programs

Ho`ola Lahui Hawai`i – Low Cost Clinic  
Health

Kamehameha School - Hi`ilani Program  
Family-Child Interaction Learning

Kauai Community Children's Council – Children’s Mental Health Matters  
Parenting Services

Kauai Community College – Wellness Center  
Health

Kauai H.S. – Newcomer Bridge Program  
Intervention

Kauai H.S. – Summer Bridge Program  
Intervention

Kauai Team Challenge, Inc. – Kauai Team Challenge  
Youth Development

Kaulele Education Services – Tutoring Services  
Tutoring
<table>
<thead>
<tr>
<th>Name</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kumon Math and Reading Center – Academic Tutoring Program</td>
<td>Tutoring</td>
</tr>
<tr>
<td>Kupu AE</td>
<td>Youth Development</td>
</tr>
<tr>
<td>Leadership Kauai – Pi’ina Hoku Youth Leadership Training, Adult Leadership Training</td>
<td>Leadership</td>
</tr>
<tr>
<td>Malama Pono Health Services – Condom Sense</td>
<td>Health Intervention</td>
</tr>
<tr>
<td>Na Pua No`eau – Kauai – Enrichment Activities</td>
<td>Enrichment</td>
</tr>
<tr>
<td>NOAA-HI Islands Humpback Whale Sanctuary – Science of the Beach</td>
<td>Curriculum Enrichment</td>
</tr>
<tr>
<td>Parenting Central Kauai – Motheread/Fatherread; Guiding Good Choices; Loving Solutions; Parent Project</td>
<td>Parent Education</td>
</tr>
<tr>
<td>Parenting from the Heart – Sacred Birthing</td>
<td>Prenatal</td>
</tr>
<tr>
<td>PATCH – Child Care Resources and Referral</td>
<td>Child Care support</td>
</tr>
<tr>
<td>PATCH – Babysitting Classes</td>
<td>Child Care support</td>
</tr>
<tr>
<td>Paxen Group - Hawaii About Face</td>
<td>Job Training</td>
</tr>
<tr>
<td>Queen Liliuokalani Children's Center</td>
<td>Parenting Services, Life Skills</td>
</tr>
<tr>
<td>Workforce Investment Board</td>
<td>Job Training</td>
</tr>
</tbody>
</table>
Out of School Time (OST) Activities, Sports and Recreation Programs

- YWCA – Girlz Zone, Girlz Unplugged; Girlz Tech; Girl Dayz Intervention
- YWCA – School Presentations on Good Touch, Bad Touch Child Protection

4-H Clubs and School Gardens Program Farm to Preschool Volunteer Program

- A+ King Kaumualii Afterschool Programs
- A+ Wilcox Afterschool programs Summer Enrichment Programs

- Aikido Clubs Beginning, Intermediate thru Advanced Classes

- All Saints Episcopal Church Afterschool Dance Classes, Gymnastics, & Dodgeball

- AYSO Region 940 Youth Soccer Organization
<table>
<thead>
<tr>
<th>Organization</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>AYSO Region 941</td>
<td>Youth Soccer Organization</td>
</tr>
<tr>
<td>Bandwagon Studios</td>
<td>Bandwagon Camp</td>
</tr>
<tr>
<td>Big Brothers, Big Sisters</td>
<td>Community &amp; School-based mentoring</td>
</tr>
<tr>
<td>Boy Scouts of America, Aloha Council</td>
<td>Boy Scout Camp</td>
</tr>
<tr>
<td>Boys and Girls Club of Hawaii</td>
<td>Year-round, after-school and intersession</td>
</tr>
<tr>
<td>Child &amp; Family Service</td>
<td>Nana's House, Waimea</td>
</tr>
<tr>
<td>Children of the Land</td>
<td>Summer Camp June 4-July 15</td>
</tr>
<tr>
<td>Circles of Light</td>
<td>Creative programs</td>
</tr>
<tr>
<td>Coast Guard Auxiliary</td>
<td>Ocean Safety Guidelines for Children; Boating Safety and Seamanship</td>
</tr>
<tr>
<td>Girl Scouts</td>
<td>Daisies, Brownies, Junior, Senior, Ambassador</td>
</tr>
<tr>
<td>Organization/Program</td>
<td>Description</td>
</tr>
<tr>
<td>------------------------------------------------------------------------------------</td>
<td>--------------------------------------------------</td>
</tr>
<tr>
<td>Hale Halawai 'Ohana Hanalei</td>
<td>Summer Enrichment Program</td>
</tr>
<tr>
<td>Hawaii Leadership Academy - Winner's Camp</td>
<td>Winner's Camp</td>
</tr>
<tr>
<td>Hawaii Public Library-Kapaa</td>
<td>Summer reading program</td>
</tr>
<tr>
<td>Hawaii Public Library-Lihue</td>
<td>Summer reading program</td>
</tr>
<tr>
<td>Hawaii Public Library-Princeville</td>
<td>Ka Hola Kamalei - Young Childrens Reading Hour</td>
</tr>
<tr>
<td>Hawaii Children's Theatre</td>
<td>Hawaii Children's Theatre Summer Stars Program</td>
</tr>
<tr>
<td>Island School</td>
<td>Kauaibots (team includes all four Kauai high schools)</td>
</tr>
<tr>
<td>Kamehameha Schools</td>
<td>Summer Programs, Explorations and Computer Camps</td>
</tr>
<tr>
<td>Organization</td>
<td>Description</td>
</tr>
<tr>
<td>--------------------------------------------------</td>
<td>-----------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Kauai Academy of Creative Arts Summer Program</td>
<td>4-week Summer program offers morning &amp; afternoon sessions</td>
</tr>
<tr>
<td>Kauai Community College</td>
<td>Kids College</td>
</tr>
<tr>
<td>Kauai County Parks and Recreation</td>
<td>Junior Leader Program</td>
</tr>
<tr>
<td>Kauai County Parks and Recreation</td>
<td>Summer Enrichment Program</td>
</tr>
<tr>
<td>Kauai County Parks and Recreation</td>
<td>Summer Golf Classes</td>
</tr>
<tr>
<td>Kauai County Parks and Recreation</td>
<td>Summer Swim Classes</td>
</tr>
<tr>
<td>Kauai Economic Opportunity (KEO)</td>
<td>Summer Program, After school Program for middle school students</td>
</tr>
<tr>
<td>Kauai Empowered Youth</td>
<td>Summer Camp</td>
</tr>
<tr>
<td>Kauai Gymnastics Academy</td>
<td>Gymnastics &amp; Dance Summer Classes &amp; Camps</td>
</tr>
<tr>
<td>Kauai Keiki and High School Rodeo Association</td>
<td>Affiliated with Hawaii Rodeo Association</td>
</tr>
<tr>
<td>Organization</td>
<td>Programs/Activities</td>
</tr>
<tr>
<td>--------------------------------------------------</td>
<td>----------------------------------------------------------</td>
</tr>
<tr>
<td>Kauai Humane Society</td>
<td>Critter Camps (4 specialties): Veterinary Science - Creative Writing - Animals &amp; Art - Pet Play Performance Camp</td>
</tr>
<tr>
<td>Kauai Humane Society</td>
<td>Veterinary Science Camps</td>
</tr>
<tr>
<td>Kauai Junior Lifeguards-Ocean Safety Bureau</td>
<td>Junior Lifeguard Program</td>
</tr>
<tr>
<td>Kauai Police Dept-KCC</td>
<td>Police Explorer Program</td>
</tr>
<tr>
<td>K-PAL (Kauai Police Activities League)</td>
<td>Boxing; Wrestling; Flag Football; Jiu-Jitsu; Hip-Hop Dance</td>
</tr>
<tr>
<td>Kauai Sea Grant Program</td>
<td>TSI - Teaching Science as Inquiry</td>
</tr>
<tr>
<td>Kauai Swim Aquatics</td>
<td>Competitive swim team; Masters Program also offered.</td>
</tr>
<tr>
<td>Kauai Technical Institute - Martial Arts Academy</td>
<td>Jiu-Jitsu Self Defense</td>
</tr>
<tr>
<td>National Tropical Botanical Garden</td>
<td>Internship Program-Kokua Aina</td>
</tr>
<tr>
<td>Organization</td>
<td>Description</td>
</tr>
<tr>
<td>--------------------------------------</td>
<td>------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Nawiliwili Yacht Club</td>
<td>National amateur sailing safe boating, afterschool program, maritime education &amp; exploration</td>
</tr>
<tr>
<td>Pop Warner Football &amp; Cheerleading (KPWLF)</td>
<td>Football &amp; cheerleading league</td>
</tr>
<tr>
<td>Pop Warner Football &amp; Cheerleading - Lihue</td>
<td>Football &amp; cheerleading league</td>
</tr>
<tr>
<td>Pop Warner Football &amp; Cheerleading - Kapaa</td>
<td>Football &amp; cheerleading league</td>
</tr>
<tr>
<td>Pop Warner Football &amp; Cheerleading - Koloa</td>
<td>Football &amp; cheerleading league</td>
</tr>
<tr>
<td>Pop Warner Football &amp; Cheerleading - Hanapepe</td>
<td>Football &amp; cheerleading league</td>
</tr>
<tr>
<td>Pop Warner Football &amp; Cheerleading - Kekaha</td>
<td>Football &amp; cheerleading league</td>
</tr>
<tr>
<td>Rotary Clubs - Leadership Hawaii</td>
<td>Youth Leadership Camps</td>
</tr>
<tr>
<td>Save Our Seas</td>
<td>Science &amp; Environmental Program</td>
</tr>
<tr>
<td>Sea Scouts</td>
<td>Seamanship Programs Character Development</td>
</tr>
<tr>
<td><strong>Storybook Theatre</strong></td>
<td>Enrichment Saturdays, Media Studio Internship Program</td>
</tr>
<tr>
<td>--------------------------------</td>
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</tr>
<tr>
<td><strong>Surfrider Foundation</strong></td>
<td>Senior Projects, Science Fair, Marine Options Program</td>
</tr>
<tr>
<td><strong>Volleyball Clubs</strong></td>
<td>Girls: Seven to 17 years</td>
</tr>
<tr>
<td><strong>YMCA</strong></td>
<td>Swim Programs: The Y Aquatics &amp; Swim Kauai Aquatics</td>
</tr>
</tbody>
</table>

**Preschools and Play Groups**
By investing in our children, we are investing in our future as well as theirs. A school readiness program is the best possible start you can have in life. (Governor Abercrombie, 2013).

Ae Kamalii
All Saints Preschool Kauai
Aloha School Early Learning Center, Inc.
Child and Family Service – Head Start Elele
Child and Family Service – Head Start Ekahi - Hale Malie
Child and Family Service – Head Start Elua – Hale Malie
Child and Family Service – Head Start – Kapaa
Child and Family Service – Head Start – Kekaha
Child and Family Service – Head Start – Kilauea Pre Plus
Child and Family Service – Koa Keiki Head Start – Lihue Pre School and Day Care Center
Child and Family Service – Head Start – Koloa
Children’s Garden
Family Child Interaction Learning
<table>
<thead>
<tr>
<th>Department of Education</th>
<th>Preschool &amp; Intervention Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Island School Na Pua Keiki</td>
<td>Preschool</td>
</tr>
<tr>
<td>Kalaheo Missionary</td>
<td></td>
</tr>
<tr>
<td>Kamehameha Preschool - Anahola</td>
<td>Preschool, day care</td>
</tr>
<tr>
<td>Kamehameha Preschool - Kamakani</td>
<td>Preschool</td>
</tr>
<tr>
<td>Lihue Hongwanji Preschool</td>
<td></td>
</tr>
<tr>
<td>Na Kama Pono (Kauai Community College ECDC &quot;Lab&quot; School)</td>
<td></td>
</tr>
<tr>
<td>KEO-Kalaheo</td>
<td></td>
</tr>
<tr>
<td>KEO-Lihue</td>
<td></td>
</tr>
<tr>
<td>K.I.D.S. Pre-school/ Association for Early Childhood Education</td>
<td>Parenting</td>
</tr>
<tr>
<td>K.I.D.S. School</td>
<td>Preschool</td>
</tr>
<tr>
<td>Menehune School Day Care Center</td>
<td></td>
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<tr>
<td>Natural Bridges</td>
<td></td>
</tr>
<tr>
<td>Ohana Mamma's</td>
<td>Family Child Interaction Learning</td>
</tr>
<tr>
<td>Partners in Development Foundation</td>
<td>Family Child Interaction Learning</td>
</tr>
<tr>
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</tr>
<tr>
<td>PMRF</td>
<td>Preschool</td>
</tr>
<tr>
<td>Punana Leo O Kauai</td>
<td>Preschool</td>
</tr>
<tr>
<td>St. Catherine School</td>
<td>K – 12th Grade</td>
</tr>
<tr>
<td>St. Theresa School</td>
<td>K – 8th Grade</td>
</tr>
<tr>
<td>Tutu and Me</td>
<td>Family Child Interaction Learning</td>
</tr>
</tbody>
</table>

### Home Schools, Charter Schools, Private Schools

<table>
<thead>
<tr>
<th>Christian Homeschoolers of Kauai</th>
<th>K - 12th Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hawaii Technology Academy</td>
<td>K - 12th Grade, closed during summer</td>
</tr>
<tr>
<td>Island School</td>
<td>K - 12th Grade</td>
</tr>
<tr>
<td>Kahili Adventist School</td>
<td></td>
</tr>
<tr>
<td>Kanuikapono Learning Center</td>
<td>K - 8th Grade, Anahola</td>
</tr>
<tr>
<td>Kauai Christian Academy</td>
<td>Pre-K - 12th Grade</td>
</tr>
<tr>
<td>Kawaikini New Century Public Charter School</td>
<td>K - 12th Grade; next to KCC</td>
</tr>
<tr>
<td>KEA Homeschools</td>
<td>K - 12th Grade</td>
</tr>
<tr>
<td>Ke Kula Ni’ihau o Kekaha Learning Center</td>
<td>K - 12th Grade</td>
</tr>
<tr>
<td>Kula Aupuni Ni’ihau A Kahelelani Aloha Public Charter School</td>
<td>K - 12th Grade, Kekaha</td>
</tr>
<tr>
<td>Olelo Christian Academy</td>
<td>K - 12th Grade, Lihue</td>
</tr>
<tr>
<td>St. Catherine School</td>
<td>Preschool to 8th Grade, Kapaa</td>
</tr>
<tr>
<td>St. Theresa School</td>
<td>Pre-K to 8th Grade, Kekaha</td>
</tr>
</tbody>
</table>
### Coalitions

<table>
<thead>
<tr>
<th>Coalition</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hui Kilo Pohaku</td>
<td>Early childhood education directors and professionals seeking to educate and collaborate with community; formed in 2011.</td>
</tr>
<tr>
<td>Hawaii Association for the Education of Young Children (HAEYC)</td>
<td>Promote, support &amp; expand quality &amp; professionalism in early childhood programs &amp; services for Hawai‘i’s children (ages 0-8) and their families.</td>
</tr>
<tr>
<td>Kauai Community Alliance</td>
<td>Addressing homeless issues.</td>
</tr>
</tbody>
</table>
Access Services
Mayor’s Advisory Committee for Equal Access
Alu Like, Inc.
Kauai Island Center
County of Kauai Agency on Elderly Affairs
County of Kauai Office of Prosecuting Attorney,
   Victim Witness Program
Department of Budget and Finance
Office of the Public Defender
Department of Health, Community Service for the
   Developmentally Disabled Branch
Kauai Developmental Disabilities Committee

Department of Human Services, Social Services Division
   Adult & Community Care Services Branch
Department of Human Services, Social Services Division
   Child Welfare Services Section, CWS Intake
   Assessment
Kauai Economic Opportunity
Legal Aid Society of Hawaii

“I choose not to place ‘DIS’, in my ability.”
-- Robert M. Hensel
Hawaii Centers for Independent Living (HCIL)  Disability Association

Aloha VRI  Deaf Services
Department of Education, Kauai Community School for Adults
Easter Seals Hawaii, Kauai Early Intervention Program
Hawaii Centers for Independent Living (HCIL) - Kauai
Lihue United Church
Sorenson Communications

Alu Like, Inc. Kauai  Employment
Department of Human Services
Department of Education and
Department of Human Services
Vocational Rehabilitation and Services for the Blind Division
Work Readiness Skills Program
Department of Labor and Industrial Relations, WIA Youth Services
Department of Labor and Industrial Relations, Workforce Development Division, Kauai Branch
Kauai Economic Opportunity, Inc.
American Cancer Society
Gammie Home Care
Home Infusion Associates, Ltd.

Department of Health  Financial
Children with Special Health Needs Branch
Department of Human Services, Benefit, Employment & Support Services Division
Department of Human Services, Med-Quest Division, Kauai Section
Kauai Economic Opportunity
Malama Pono
Kauai AIDS Project
Partnership for Prescription Assistance (PPA)

Department of Education, Office of Curriculum, Instruction and Student Support, Community Schools for Adults
University of Hawaii, Community College System, Kauai Community College

County of Kauai, County Housing Agency-Section 8
Hawaii Center for Independent Living (HCIL) – Kauai
Hawaii Public Housing Authority
Kauai County Housing Agency
Kauai Economic Opportunity, Inc.
Malama Pono-Kauai AIDS Project
Steadfast Housing Development Corporation

ACCESS – Kauai/Care Hawaii Crisis Service
Suicide Prevention and Intervention
Department of Health, Adult Mental Health Division, Kauai Community Mental Health Center
Department of Health, Child and Adolescent Mental Health Division, Kauai Family Guidance Center
Friendship House
Malama Pono
Kauai AIDS Project
Mental Health Kokua Kauai Office
Samuel Mahelona Memorial Hospital
Steadfast Housing Development Corporation

County of Kauai
Mayor’s Office
Esprit de Corps Riding Academy
Hawaii Center for Independent Living (HCIL) – Kauai
Kauai Ocean Recreation Experience (KORE)
Ocean Quest Watersports
Polynesian Adventure Tours

Department of Health, Community Services for the Developmentally Disabled Branch
Residential Services
Easter Seals Hawaii
Kauai Economic Opportunity
Malama Pono
Kauai AIDS Project

Aloha Council for the Blind
Support
Alzheimer’s Association
Kauai Office
American Cancer Society

Lihue Library
Technology

Akita Enterprises, Ltd.
Transportation
County of Kauai, Department of Finance, Driver Licensing Section
County of Kauai, Transportation Agency
Department of Health, Children with Special Health Needs Program
Hawaii Center for Independent Living (HCIL) – Kauai
Hawaii Mobility

Polynesian Adventure Tours, Inc.
SpeediShuttle
Wheelers Van Rentals of Hawaii LLC
Wheelchair Getaways-Kauai
### Na Kupuna (Seniors)

<table>
<thead>
<tr>
<th>Access Services</th>
<th>Information and Referral</th>
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<tr>
<td>County Agency on Elderly Affairs</td>
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<tr>
<td>AARP</td>
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<tr>
<td>Alu Like, Inc.</td>
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<tr>
<td>Alzheimer’s Association – Kauai</td>
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<tr>
<td>American Cancer Society</td>
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<tr>
<td>Bayada Home Health Care</td>
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<tr>
<td>Catholic Charities</td>
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<tr>
<td>Child &amp; Family Service</td>
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<tr>
<td>Dept. of Human Services – Adult &amp; Community Care Services</td>
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<tr>
<td>Hawaii Center for Independent Living – Kauai</td>
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<tr>
<td>Ho’ola Lahui Hawaii</td>
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<tr>
<td>Kauai Economic Opportunity, Inc. – Persons-In-Need</td>
<td></td>
</tr>
<tr>
<td>Kauai Hospice</td>
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<tr>
<td>Nana’s House</td>
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</tr>
<tr>
<td>North Shore Caregivers Support Group</td>
<td></td>
</tr>
<tr>
<td>The Salvation Army – Lihue</td>
<td></td>
</tr>
</tbody>
</table>

As we look to the future, we must never forget where we came from, and to whom we owe our gratitude. Those that came before us, sacrificed to help build our state, and create the foundation upon which we stand today. To those that have long contributed to our society, we owe much, and we should not ignore their needs.  
(Governor Neil Abercrombie, 2013)
County Agency on Elderly Affairs
American Cancer Society
Dept. of Human Services – Adult & Community Care Services
Dept. of Veterans Affairs – Vet Center
Hawaii Center for Independent Living – Kauai
Kauai Economic Opportunity, Inc.
Kauai Food Bank, Inc.

Kauai Agency on Elderly Affairs’ Information and Referral unit providing outreach service at Kekaha Neighborhood Center.
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<thead>
<tr>
<th>Service Provider</th>
<th>Services</th>
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<tbody>
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<td>Case Management</td>
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<tr>
<td>Dept. of Health – Developmental Disabilities Service</td>
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</tr>
<tr>
<td>Dept. of Human Services – Adult &amp; Community Care Services</td>
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<tr>
<td>Dept. of Health – Community Services for the Developmentally Disabled</td>
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<tr>
<td>Dept. of Health – Adult Mental Health Division</td>
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<tr>
<td>Dept. of Veterans Affairs – Vet Center</td>
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<tr>
<td>Kauai Hospice</td>
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<tr>
<td>County Transportation Agency</td>
<td>Kupuna Care Transportation</td>
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<td>County Transportation Agency</td>
<td>Transportation – Public</td>
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<tr>
<td>Workforce Development Division/Workwise Kauai</td>
<td>Transportation – Bus Pass Assistance</td>
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### In-Home

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<tr>
<td>MasterCare Inc.</td>
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<td>Kauai Economic Opportunity, Inc. – Persons-In-Need</td>
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<tr>
<td>County Agency on Elderly Affairs</td>
<td>Friendly Visiting</td>
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<tr>
<td>American Cancer Society</td>
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<tr>
<td>Bayada Home Health Care</td>
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<td>Child &amp; Family Service</td>
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<tr>
<td>Church of the Pacific, United Church of Christ</td>
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<tr>
<td>Bayada Home Health Care</td>
<td>Homemaker</td>
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<td>Bayada Home Health Care</td>
<td>Personal Care</td>
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<td>Kauai Economic Opportunity, Inc. – Persons-In-Need</td>
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<tr>
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<tr>
<td>County Agency on Elderly Affairs</td>
<td>Senior Companion Program</td>
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<td>County Agency on Elderly Affairs</td>
<td>Telephone Reassurance</td>
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<tr>
<td>Bayada Home Health Care</td>
<td>Other-Nursing</td>
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</table>
**Supportive Services**

Ohana Pacific Management dba Kauai Adult Day Health Center  
Kauai Economic Opportunity, Inc. – Persons-In-Need

Alzheimer’s Association – Kauai  
Church of the Pacific, United Church of Christ  
Dept. of Health – Adult Mental Health Division  
Dept. of Human Services – Adult & Community Care Services  
Dept. of Veterans Affairs  
Hawaii Center for Independent Living – Kauai  
Kauai Hospice  
North Shore Caregivers Support Group  
The Salvation Army – Lihue  
AARP  
Alzheimer’s Association – Kauai  
Child & Family Service  
Dept. of Health – Adult Mental Health Division  
Hawaii Center for Independent Living – Kauai  
Kauai Community School for Adults  
Kauai Food Bank, Inc.  
Nana’s House  
North Shore Caregivers Support Group

AARP  
Alzheimer’s Association – Kauai  
Child & Family Service  
Dept. of Health – Adult Mental Health Division  
Hawaii Center for Independent Living – Kauai  
Kauai Community School for Adults

Adult Day Care  
Counseling  
Education and Training
Kauai Food Bank, Inc.  
Nana’s House  
North Shore Caregivers Support Group

Dept. of Human Services – Adult & Community Care Services  
Elder Abuse and Neglect

Dept. of Health – Adult Mental Health Division  
Friendship House  
Workforce Development Division/Workwise Kauai  
Employment Assistance

Bayada Home Health Care  
Escort

Bayada Home Health Care  
Physical Exercise/Fitness

County Agency on Elderly Affairs  
Alu Like, Inc.  
Alzheimer’s Association – Kauai  
American Cancer Society  
Dept. of Health – Adult Mental Health Division  
Kauai County Parks and Recreation Department  
North Shore Caregivers Support Group  
Health Education/Promotion

Bayada Home Health Care  
Ho‘ola Lahui Hawaii  
Health Screening

Kauai County Housing Agency  
American Cancer Society  
Catholic Charities  
Dept. of Health – Adult Mental Health Division  
Hawaii Center for Independent Living – Kauai  
Housing Assistance

Kauai Economic Opportunity, Inc – Persons-In-Need
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<th>Organization/Service</th>
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<td>Home Delivered Meals</td>
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<td>Kauai Economic Opportunity, Inc. The Salvation Army – Lihue</td>
<td>Meals - Congregate</td>
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<td>Kauai Economic Opportunity, Inc. Department of Veterans Affairs</td>
<td>Nutrition Counseling</td>
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<td>Ho<code>ola Lahui Hawai</code>i</td>
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<td>Kauai Food Bank, Inc.</td>
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<td>Kauai County Parks and Recreation Department</td>
<td>Multi-Purpose Senior Center</td>
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<tr>
<td>AARP</td>
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<td>American Cancer Society</td>
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<td>Dept. of Veterans Affairs</td>
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<td>Hawaii Center for Independent Living – Kauai</td>
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</table>
Kauai Community School for Adults
Kauai County Parks and Recreation Department
Ho’ola Lahui Hawai`i
North Shore Caregivers Support Group

Alu Like, Inc.
Kauai County Parks and Recreation Department
Kauai Community School for Adults
The Salvation Army – Lihue

Retired and Senior Volunteer Program
AARP
American Cancer Society
American Red Cross
Church of the Pacific, United Church of Christ
Dept. of Human Services – Foster Grandparent Program
Friends of Kamalani and Lydgate Park
Judiciary/Family Court
Kauai Economic Opportunity, Inc.
Kauai Medical Reserve Corps
Nana’s House
Samuel Mahelona Memorial Hospital
The Salvation Army – Lihue

Kauai Economic Opportunity, Inc. – Persons in Need
County Driver Licensing Division
Kauai Hospice
Child and Family Service

Recreation/Leisure
Volunteer Opportunities
Assistive Devices
Disability Communication
Access Board
Hospice Services
Kinship Care
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<td>Hale Kupuna Senior Apartments</td>
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<td>Lihue Theater Senior Apartments</td>
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<td>Legal Aid Society of Hawaii</td>
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<td>Seniors’ Law Program</td>
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<td>Child &amp; Family Service</td>
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<td>Judiciary/Family Court</td>
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### Caregiver Support Services

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<td>Kauai Counseling and EAP Services, LLP</td>
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<td>Nana’s House</td>
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<td>North Shore Caregivers Support Group</td>
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<td>Seniors’ Law Program</td>
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<td>Ohana Pacific Management dba Kauai Adult Day Health Center</td>
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<td>North Shore Caregivers Support Group</td>
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<td>Hawaii Center for Independent Living – Kauai</td>
<td>Ho’ola Lahui Hawai`i</td>
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<td>Senior’s Law Program</td>
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<td>Dept. of Human Services – Adult &amp; Community Care</td>
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<td>Education and Material</td>
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<td>Dept. of Human Services – Adult &amp; Community Care</td>
<td>Assistance</td>
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<td>Services</td>
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<td>Nana’s House</td>
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<tr>
<td>Kauai Community School for Adults</td>
<td>Education</td>
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<td>Church of the Pacific, United Church of Christ</td>
<td>Food Assistance</td>
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<td>Senior Law Program</td>
<td>(Guardianship)</td>
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<td>Gammie Home Care, Inc.</td>
<td>Home Medical Equipment</td>
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<td>Ho<code>ola Lahui Hawai</code>i</td>
<td>Behavioral Health Services</td>
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<td>Bayada Home Health Care</td>
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**Services for Grandparent Raising Grandchildren 18 and Younger**

- Child & Family Service
- Queen Liliʻuokalani Children’s Center
- Seniors’ Law Program
- Nana’s House

- Child & Family Services
- Queen Liliʻuokalani Children’s Center

- Child & Family Service
- Bayada Home Health Care
- Dept. of Health – Community Services for the Developmentally Disabled
- Queen Liliʻuokalani Children’s Center

- Bayada Home Health Care
- Child & Family Service
- Queen Liliʻuokalani Children’s Center
- Seniors’ Law Program
- Workforce Development Division/Workwise Kauai

- Bayada Home Health Care

- Kauai Community School of Adults

- Nana’s House

- Church of the Pacific, United Church of Christ

- Legal Aid Society of Hawaii

- Counseling

- Support Groups

- Respite Care

- Information Services

- Access Assistance

- Education

- Enrichment

- Food Assistance

- Legal Assistance
Seniors’ Law Program

Queen Lili`uokalani Children’s Center

Limited Financial Assistance

Department of Human Services – Adult & Community Care Services

Other Referral Assistance

Caregiver Support for Families of In-Hospital Patients

Garden Isle Healthcare

Other Inpatient Nursing and Therapy
Food

Kauai Independent Food Bank, Inc.
Hawaii Food Bank

Salvation Army – Hanapepe Corps
Salvation Army – Lihue Corps
Kauai Economic Opportunity, Inc.
Eleele Baptist Church
Organization of Kalalau Karetners
Calvary Chapel Kauai/U-Turn for Christ
Hui O Na Makuahine Ho`okahi O Kauai
Puuwai Canoe Club
West Kauai United Methodist Church
Kauai Christian Fellowship
St. Raphael’s Church
Hale Ho`omalu (Kapaa)
Kauai Christian Fellowship (Koloa)

Emergency Food
**Central:**
- Aloha Church
- Kauai Economic Opportunity, Inc.
- King’s Chapel
- Koloa Union Church
- Lihue Court Town Homes
- Salvation Army
- St. Michael’s All Angels Church

**North:**
- Church of the Pacific

**East:**
- Hale Ho`omalu
- Kapaa Missionary Church
- Kapaa Seventh Day Adventist

**West:**
- Salvation Army
- Kalaheo Missionary Church
- Kauai Bible Church
- Nana’s House
- Waimea United Church of Christ
- Westside Christian Center
- Eleele Baptist Church

Kilauea Neighborhood Center
Lihue Neighborhood Center
Koloa Neighborhood Center
Kaumakani Neighborhood Center
Waimea Neighborhood Center
Kekaha Neighborhood Center
Kauai Economic Opportunity, Inc.
Alu Like Inc. (Waimea Plantation Cottage and Anahola Club House)

**Food Pantries**

**Congregate**
Department of Human Services – Benefit/Empl/Supp
Department of Human Services – Benefit/Empl/Supp
Child and Family Service Community Centers

Public Assistance
### Housing and Shelter

<table>
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<tr>
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<tr>
<td>Kauai Habitat for Humanity</td>
<td>Build/repair houses</td>
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<tr>
<td>Kauai Economic Opportunity, Inc.</td>
<td>Homeless shelter, transitional and emergency housing</td>
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<tr>
<td>Catholic Charities</td>
<td>Assistance Program</td>
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<tr>
<td>Housing and Community Development corporation of Hawaii</td>
<td>Public Housing</td>
</tr>
<tr>
<td>Hawaii Center for Independent Living</td>
<td>Independent Living</td>
</tr>
<tr>
<td>County of Kauai Housing Agency</td>
<td>Rental assistance and home ownership program</td>
</tr>
<tr>
<td>Hawaii Public Housing Authority</td>
<td>Low and moderate income rental housing</td>
</tr>
<tr>
<td>Women in Need</td>
<td>Supportive and educational services</td>
</tr>
<tr>
<td>Steadfast Housing</td>
<td>Housing and employment</td>
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<tr>
<td>Hale `Opio Kauai, Inc</td>
<td>Serves 0–21 years old</td>
</tr>
<tr>
<td>YWCA Kauai Family Violence Shelter</td>
<td>Emergency shelter</td>
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Community

Business
- Kapaa Business Association
- Kauai Chamber of Commerce
- Kauai Health and Wellness Association
- Kauai North Shore Business Council (KNSBC)
- Kauai Visitors Bureau
- Lihue Business Association
- Poipu Beach Resort Association (PBRA)
- We the People Kauai
- West Kauai Business & Professional Association

Charitable
- Hawaii Community Foundation
- Kamehameha Schools, Kauai Regional Resource Center
- Kauai United Way
**Churches**

- All Saints Episcopal Church, Kapaa
- Aloha Church-Assembly of God, Lihue
- Amazing Grace Church
- Anahola Baptist Church
- Apostolic Faith Church, The
- Bahai Faith
- Breath of Life Christian Ministries
- Calvary Chapel Kauai
- Calvary Chapel North Shore
- Calvary Chapel South Shore
- Central Kauai Christian Church, Lihue
- Christ Memorial Episcopal Church
- Christian Science Society
- Church of Christ
- Church of God-Maranatha Fellowship
- Church of Jesus Christ of Latter Day Saints
- Hanalei Branch Chapel
- Kalaheo Ward Chapel
- Kapaa Ward I Chapel
- Kapaa Ward II Chapel
- Kekaha Ward Chapel
- Lihue Ward Chapel
- Church of the Nazarene, Hanapepe
- Church of the Pacific-A United Church of Christ at Princeville
- Episcopcal Church on West Kauai
- Garden Island Missionary Baptist Church
God Can Christian Center, Kapaa
Hanapepe Hawaiian Congregational Church
Hanapepe United Church of Christ
Holy Cross Church
Immaculate Conception Church
Island Worship Center, Anahola
Jehovah’s Witness Kapaa Hawaii Anahola Congregation
Jehovah’s Witness Kilauea Congregation
Jesus Saves Mission
Kalaheo Missionary Church
Koloa Missionary Church
Kapaa Assembly of God Church
Kapaa Baptist Temple, Lihue
Kapaa First Hawaiian Church
Kapaa Missionary Church
Kapaa Seventh-day Adventist Church
Lawai Valley Seventh-Day Adventist Church
Kapaa United Church of Christ
Kauai Bible Church
Kauai Reformation Church
Kauai Christian Fellowship, Poipu
Ke Akua Mana Church
King’s Chapel Eleele
King’s Chapel Lihue
Koloa Church
Koloa Huiia Protestant Church
Koloa Union Church
Lighthouse Christian
Lihue Baptist Church
Lihue Christian Church
Lihue First Church
Lihue Hongwanji Mission
Lihue Lutheran Church
Lihue Missionary Church
Lihue United Church
New Hope Christian Fellowship Kauai
New Hope Kilauea Church
New Hope Lihue
Ohana Christian Fellowship
Resurrection and Life Ministries Kauai
Sacred Hearts Church at Eleele
St. Catherine Church, Kapaa
St. Michael & All Angels Episcopal Church
St. Raphael’s Church
St. Theresa’s Parish
St. Sylvester, Kilauea
St. William, Hanalei
Salvation Army
Seicho No Ie Kauai
Southshore Baptist Mission
Tensho Kotai Jingu Kyo
Toho No Hikari
Waimea Baptist Church
Waimea United Church of Christ
Waoli Huiia Church
West Kauai United Methodist Church
Westside Christian Center

**Civic and Community Service**

East Kauai Lions Club
Kapaa Lions Club
Koloa Lions Club
North Shore Lions Club
West Kauai Lions Club
Kiwanis Club of Kauai
Koloa Lions Club
Leadership Kauai
Rotary Clubs of Kauai
Wailua-Kapaa Neighborhood Association (W-KNA)
Zonta Club of Hanalei

**Communication**

Kauai Community Radio – KKCR (Kekahu Foundation)
Hawaii Media
KFMN FM 97 Radio
KONG FM 93.5
KUAI AM 720
Pacific Wireless Communications LLC
Verizon Wireless
AT&T Wireless
Hawaiian Telcom
Cultural Organizations

Preserving our cultural heritage …
appreciating our ancestors’ cultural practices …
sharing our customs and practices …
appreciating our diversity.

Child of the Land (Na Keiki O Ka Aina)
E Ola Mau Na Leo O Kekaha (Forever-Live on the Voices of Kekaha)
Friends of the Festival of Lights
Garden Island Arts Council
Hawaii Ocean Film Festival
Historic Waimea Theater & Cultural Arts Center
Kapaia Foundation
Kauai Academy of Creative Arts
Kauai Community Radio - KKCR
Kauai Music Festival
Kauai UnderGround Artists aka KUGA
Live Music Kauai
Malama Kauai
Pualani Foundation
Storybook Theatre of Hawaii
Women in Theatre
Kauai Music Festival

Filipino Associations

Kauai Filipino Chamber of Commerce
Kauai United Filipino Community Council
Filipino Club, Kauai Community College
Filipino Club, Waimea High School
Visayan Women’s Club
Hawaiian Associations

Hula Halau

Kauai's Assets and Resources

Hawaiian Club, Kauai Community College
Hawaiian Club, Kapaa High School
Hawaiian Club, Waimea High School
Hookipa Network of Hawaiian CBO's on Kauai
Ka‘Imi Na‘auao o Hawai‘i Nei
Kauai Heritage Center of Hawaiian Culture and the Arts

Halau Hula O Leilani
Halau Mohala O Ka Pua Hau Hele
Kahiko Ha Lapa I Hula Alapai
Na Hui O Kamakaokalani
Haawi Hemolele O Keakawaiola
Halau Hula O Nani
Halau Ka Waikahe Lani Malie
Halau Hula Na Lei Kupua O Kauai
Halau Hula O Kauiokmakakeahiopuna and Halau Hula
Makanahaile O Kapiioho
Halau Ka Lei Mokihana O Leinaala
Halau Kaulupuaonalani
Halau Palaihiwa O Kaipuwai
Healani’s Hula Halau
Na Hula O Kaohikukapulani
Ohana O Hanalei
International Association

Japanese Associations

Bon Dances

International Students Club, Kauai Community College

Japanese Club, Kauai High School
Japanese Club, Kapaa High School
Japanese Club, Kauai Community College
Japanese Club, Waimea High School
Kauai Japanese Cultural Society
Lihue Kendo Club
Rotary Club – High School Exchange Program

Kapaa Jodo Mission
West Kauai Soto Zenshiji Temple
Koloa Jodo Mission
Lihue Hongwanji Mission
Waimea Shingon Mission
West Kauai Hanapepe Hongwanji
KVMH Auxiliary – West Kauai Medical Center
SMMH Auxiliary – Samuel Mahelona Memorial Hospital
Waimea Hongwanji
Kapaa Hongwanji
Waimea Higashi Hongwanji
Spanish Associations

Spanish Club, Kapaa High School
Spanish Club, Waimea High School
Environment

Apollo Kauai
Garden Island Resource Conservation and Development, Inc.
Hanalei Watershed Hui
Hawaiian Islands Land Trust – Kauai Office
Hawaiian Monk Seal Conservation Hui
Kauai Outdoor Circle
Kauai Path
Kauai Westside Watershed Council
Kilauea Point Natural History Association
Kokee Resource Conservation Program (KRCP)
Malama Kauai
Malama Mahaulepu
Na Pali Coast Ohana (NPCO)
Regenerations International Botanical Garden (RIBG)
Restore Kauai
Save Our Seas (SOS)
Sierra Club Kauai Group of the Hawaii Chapter
Zero Waste Kauai
Neighborhood

Community Gardens Project
Friends of Kamalani and Lydgate Park
Garden Island Resource Conservation and Development, Inc.
Get Fit Kauai; Nutrition and Physical Activity Coalition for the County of Kauai
Hale Halawai Ohana O Hanalei
Hanamaulu Neighborhood Association
Kauai Farmers Coop
Kekaha Community Garden
Sustainable Food Solutions, Kauai (SFSK)
Other Communities

American Cancer Society – Kauai Field Office
American Red Cross
Arthritis Foundation
Civilian Emergency Response Team
Hawaii SEED
Kauai Farmers Coop
Kauai Humane Society
Kauai Medical Reserve Corps
Kauai Planning & Action Alliance (KPAA)
National Tropical Botanical Garden
Recreation

Hanalei Canoe Club
Kauai Athletic Club
Kauai Bodyboarding Association
Kauai Ocean Recreation
Kauai Sailing Association
Kawaihini Canoe Club
Kilohana Canoe Club
Nawiliwili Yacht Club
Philippine Islands Hawaii Islands Cycling Club
Puuwai Outrigger Canoe Club
“… you are not obligated to complete the work, but, neither are you free to abandon it.”

The Talmud
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