SafeTalk & ASIST Trainer HI Regional Sumit 2019

Friday November 22 7:30am-6:30 pm Lili'uokanlani Trust 1300A Halona St. Honolulu, Hawaii See agenda for details.

# **REGISTRATION CONTACT**

Ka`ohu`onapua "Pua" Kaninau-Santos (808)851-7774 Kkaninausantos@onipaa.org





### Summit Agenda based on Conference Topics

<u>730am</u> Check in
<u>800am</u> Protocol, Aloha Welcome Remarks
<u>815am</u> Ice breaker activity
<u>830am</u> Overview of Day (Collaboration/Laulima)
<u>845am</u> Mo`olelo/Aloha – Storytelling (Passion)
<u>900am</u> LW Representative/Update (90 mins.)
<u>1030am</u> HOPE (Support/Kokua)
Breakout 1, 2 (45 mins. each, switch)

- Why we do things the way we do: Transformational learning and the structure of SafeTALK and ASIST.
- Coaching & development sessions: eg. What do YOU want to learn more about as a safeTALK/ASIST trainer?

<u>1115am</u> Switch breakouts

### 1200pm Lunch Break

<u>1230pm</u> Help (Integrity/Ho`opono)

Breakout 1, 2 (45 mins. each, switch)

- Safety and challenge: Two sides of learning.
- Quality Assurance What is a quality trainer? What is a quality workshop?

<u>115pm S</u>witch breakouts

200pm Break

215pm Healing (Growth)

Breakout 1, 2 (45 mins. each, switch)

- Developing trainer competencies: How self-reflection and use of standard procedures enhance trainer effectiveness.
- Resources

300pm Switch Breakouts

Team meeting to flush out agenda topics and timing To include LWLW Rep anywhere in the timeline

<u>345pm</u>Wrap-Up/Self-care Activity (Balance)

415pm Contributing Reflections

<u>430pm – 630pm</u> - Aloha Network & Mahalo Acknowledgements with Sushi & Tempura Refreshment Station

## \*DONATION \$35.00 per person. see registration form for details



# HAWAI'I REGIONAL SUMMIT



## ASIST & safeTALK Trainer Hawai'i Regional Summit

- Ongoing quality program delivery for LivingWork's suite of programs
- Trainer skill development and continuing education
- Local trainer networking and connection
- LW Leadership attend and present exciting updates
- Promote providing a forum for trainer consultation around future projects. 0

Date: Friday, November 22, 2019.

### Times: 8:00am to 6:30pm both days. Doors Open at 730am for check-in.

Location: Lili`uokalani Trust, 1300A Haloha Street, Honolulu.

COST: \$35.00 Make check payable to: Superb Sushi. SUBMIT WITH FORM to Pua Kaninau-Santos, mailing address below. Partnered by Hawai'i Dept. of Health EMS IPCSB, American Foundation for Suicide Prevention Hawai'i Chapter, O'ahu Prevent Suicide Hawai'i Taskforce, and Lili'uokalani Trust. You must pre-register.

Name			_Phone Number	
Trainer Status; Pls check as it applies and add trainer			_ASIST/#	,Interest in Activating
Organization A	Addres			
Position	Ema	il		
<b>Please return registration, on a first come, first serve</b> Pua Kaninau-Santos, 1300A Halona Street, Honolulu, Email: <u>Kkaninausantos@onipaa.org</u> and (808) 851-77 <sup>-</sup> Fax: (808) 841-6449	HI 96817 74	OFFICIAL U Date received _ Check #	1	TSHIRT SIZE (1choice only) MEN or WOMEN (circle one) _S _M _L _XL _2XL 3XL _4XL (check 1 size)

#### Important Workshop Details – Please Read:

- One (1) day summit. Starts at 8:00am and finishes by 6:30pm. DOORS OPEN AT 730AM
- At the summit you will have the opportunity to connect, network and engage with others, as you share your mo`olelo .
- Have a better understand of the core values at the foundation of the work we do
- Opportunity to hear from the LW leadership about program updates, and the kind of support we can expect moving forward with trainings in our communities.
- This summit is for all certified LW trainers (safeTALK, ASIST), and those former trainers who would like to reactivate
- Continental Breakfast, Lunch, and Aloha Pauhana w/Sushi & Tempura Bar Onolicious refreshments (No alcohol event) If at this summit you require specific food, please you are welcome to bring your food.
- Refunds After Nov. 10th, a \$20 processing fee will be charged and withheld from on refunds to be returned.















This workshop is made possible by partnering with the following - Lili'uokalani Trust/Social Service Program, American Foundation for Suicide Prevention Hawai'i Chapter, State of Hawai'i Department of Health EMS & Injury Prevention & Control Section, and the O'ahu Prevent Suicide Hawai'i Taskforce.

# LIVINGWORKS REGISTRATION

Date:

\*Pls ensure to attend the full day.