

You are invited to be a part of Hawai'i's suicide prevention and awareness efforts!



safeTALK : *Tell, Ask, Listen and KeepSafe*

This three-hour workshop will prepare you to recognize and support a person with thoughts of suicide. You will become a “safeTALK-trained suicide alert helper,” which will allow you to move beyond the common tendency to dismiss or avoid suicide. This training will provide instruction in how to properly connect a person with thoughts of suicide to first aid and intervention caregivers.

PRE-REGISTRATION IS REQUIRED FOR ALL TRAININGS (see reverse for link).

MAUI:

Monday, May 27th at University of Hawai'i Maui College
(310 West Ka'ahumanu Avenue, Kahului, Hawai'i, 96732)
1:00pm – 4:30pm (registration from 1:00-1:30pm)

KAUA'I:

Monday, June 9th at the Queen Lili'uokalani Children's Center – Kaua'i Unit
(4530 Kali Road, Lihu'e, Hawai'i, 96766)
8:00am – 12:00pm (registration from 8:00-8:30am)

HAWAI'I ISLAND:

Friday, May 30th at West Hawai'i Community Health Center
(75-5751 Kuakini Highway, Suite 203, Kailua-Kona, Hawai'i, 96740)
12:00pm – 4:00pm (registration from 12:00-12:30pm)

O'AHU:

Thursday, May 29th at Moanalua Plaza
(4827 Bougainville Drive, Honolulu, Hawai'i, 96818)
2:30pm – 6:00pm (registration from 2:30-3:00pm)

ASIST : *Applied Suicide Intervention Skills Training*

This two-day workshop will equip participants to respond knowledgeably and competently to persons at risk of suicide. Participants learn and practice skills in identifying and responding to people at immediate risk of suicide. Just as “CPR” skills make physical first aid possible, training in suicide intervention develops the skills used in suicide first aid. This is a highly interactive workshop that will give you the training that you need in order to be a care-giving resource within your community.

MAUI:

Monday, June 2nd **AND** Tuesday, June 3rd
at J. Walter Cameron Center (95 Mahalani Street, Wailuku, Hawai‘i, 96793)
7:30am – 4:30pm on **BOTH DAYS**

KAUA‘I:

Thursday, May 22nd **AND** Friday, May 23rd
at Queen Lili‘uokalani Children’s Center (4530 Kali Road, Līhu‘e, Hawai‘i 96766)
7:30am – 4:00pm on **BOTH DAYS**

Interested in attending a training?

Online registration is available at:

<http://www.eventbrite.com/o/departments-of-health-5839594007?s=21202351>

(Just look for your island and the training that you are interested in attending!)

**Online registration is necessary to attend a training session.
Your reservation will be confirmed via email.**

Please note that those who have experienced a recent loss to suicide may find attending suicide prevention trainings very difficult and are cautioned against participating.

For survivor resources, feel free to contact us.

**Any questions can be directed towards:
sptrainings@dop.hawaii.edu**

A special thanks to the Hawai‘i State Department of Health
for their sponsorship of these trainings!

