

Hawaii 2013 Annual Report

Saving Lives with Answers...

Why is the Hawaii Poison Center important?

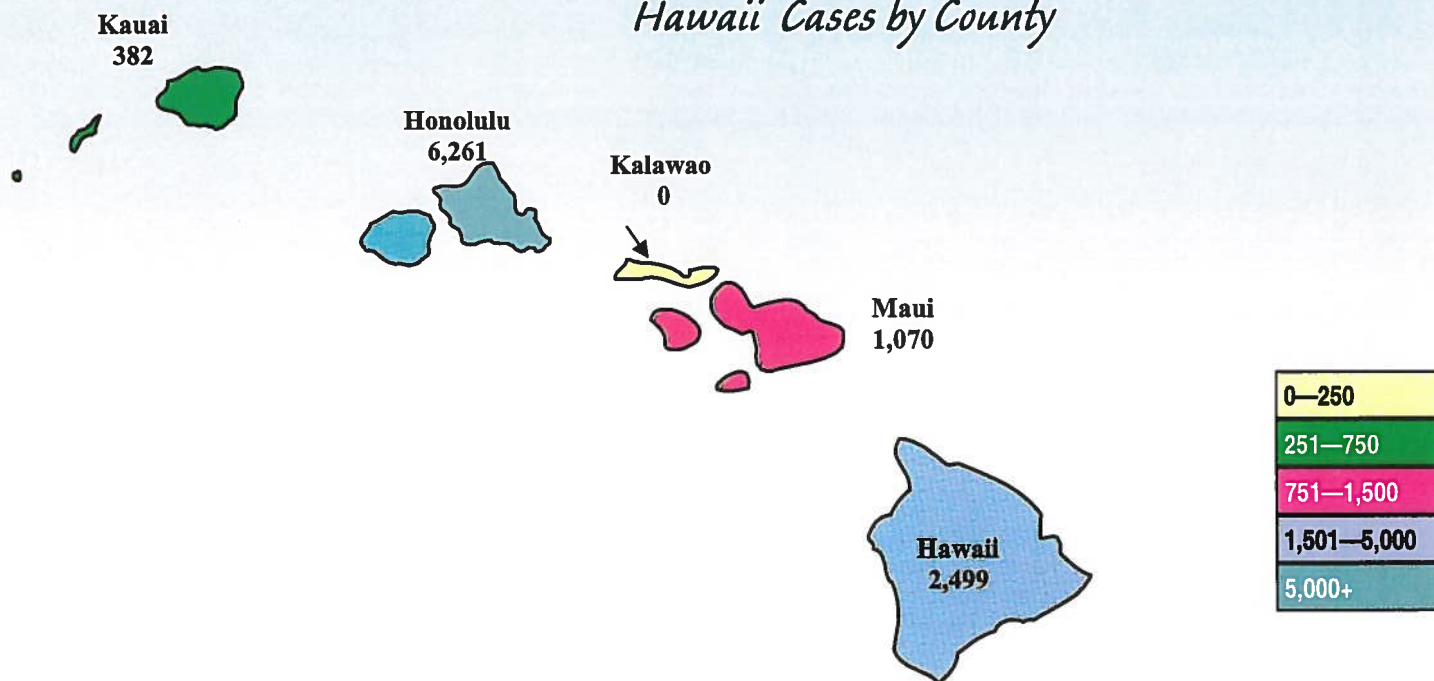
An estimated **\$ 2.8 million** in healthcare costs were saved in Hawaii by utilizing the Hawaii Poison Center to treat poisoning cases at the site of exposure rather than in an emergency department or doctor's office.

- Poisoning is the second leading cause of unintentional death due to injury in the United States.
- For every dollar spent on poison center services, **\$13.39** is saved in medical expenses.
- The Hawaii Poison Center's staff provides emergency poison treatment information that may prevent an unnecessary hospital visit.

2013 Facts...

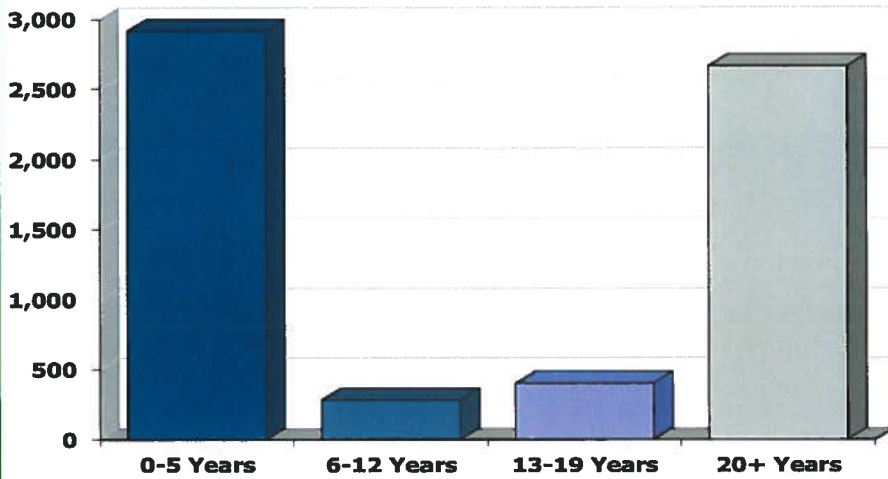
- The Hawaii Poison Center managed **10,421** cases through its 24-hour hotline.
- **46%** of exposed cases involved children under age 5.
- **65%** of poison exposure calls that came from the public were treated on site where the poisoning occurred saving the time and costs of an emergency department visit.
- **35%** of exposures were referred into a doctor or other healthcare facility for treatment.

Hawaii Cases by County



Summary of Results—Hawaii 2013

Exposure Cases by Age Group



0-5 Years		All Age Groups	
Less than 1 year	434	0-5 years	2,916
1 year old	1,047	6-12 years	283
2 years old	743	13-19 years	403
3 years old	366	20+ years	2,666
4 years old	187	Unknown, Child	23
5 years old	137	Unknown Age/Other	113
Unknown, 0-5 years	2		
0-5 Years Total Cases	2,916	Total Cases	6,404

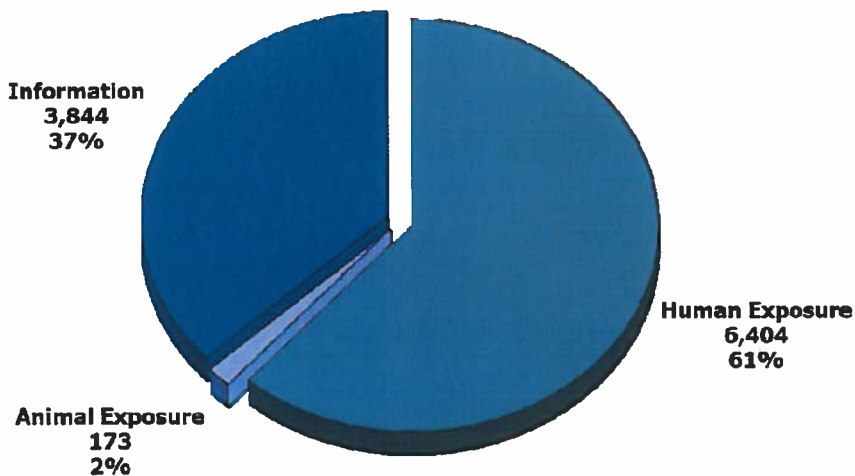
Top Ten Most Common Poison Categories for Human Exposures

1. Analgesics	1000
2. Cosmetics/Personal Care Prod.	458
3. Sedatives/Hypnotics	391
4. Household Cleaning Substances	376
5. Foreign Bodies, Toys	341
6. Cardiovascular Drugs	313
7. Pesticides	262
8. Antihistamines	253
9. Topical preparations	227
10. Alcohols	221

Top Ten Most Common Poison Categories for Children 0-5 Years

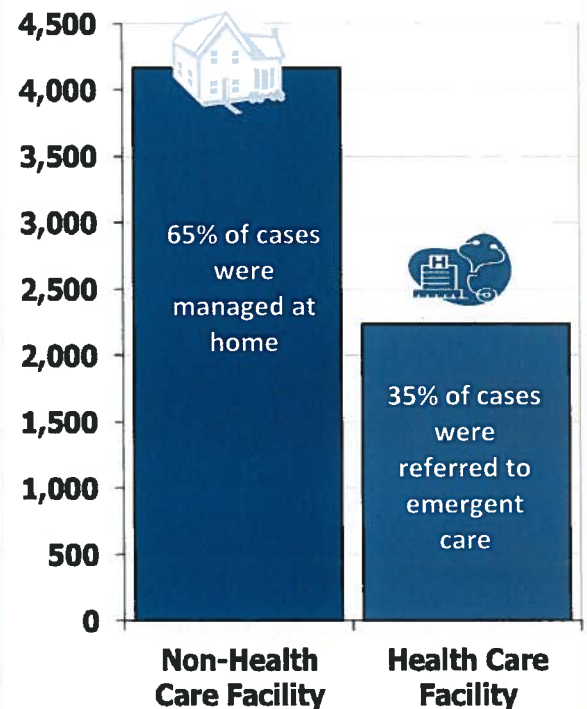
1. Cosmetics/Personal Care Prod.	356
2. Analgesics	291
3. Foreign Bodies (Toys, Misc.)	263
4. Household Cleaning Substances	183
5. Topical Preparations	157
6. Pesticides	139
7. Antihistamines	95
8. Vitamins	90
9. Hormones and hormone antagonists	89
10. Cardiovascular Drugs	88

Cases by Type—Hawaii 2013 10,421 Cases Managed by RMPDC Professionals



**Drug ID IVR included

Case Management Site for 6,404 Human Exposures



Spring Cleaning –Start with your Medicine Cabinet



Most household medicine cabinets contain expired and partially used medications, which pose a poison risk. The curiosity of children five and younger can lead them to take medicine that looks like candy. Teens looking to abuse drugs can find prescription pain pills, sedatives and cough and cold preparations at home. Last year, Rocky Mountain Poison Center (RMPC) received almost 200,000 calls about people of all ages with exposures or questions on poisoning. While many of these calls are about children less than age 5, an equal number are exposures or questions in adults.

You can prevent poisonings in your loved ones by cleaning out your medicine cabinet and practicing the following:

- ✓ Prevent poison injuries with proper storage, supervision and awareness.
- ✓ Keep all medicine locked up out of site of young children.
- ✓ Return medicine to safe storage (child-resistant caps are not child-proof).
- ✓ A tackle box with a lock can be used for medicine storage.
- ✓ Be sure to take the entire course of medications as prescribed.
- ✓ If your doctor tells you to stop the drug before the end of the treatment period, be certain to discard the remaining medicine.
- ✓ Dispose of your old medicines by mixing them with an undesirable substance such as used cat litter or coffee grounds prior to disposing of them in the trash.
- ✓ Carbon Monoxide (CO) is a leading cause of death and illness.
- ✓ CO is odorless and colorless and can only be detected by a CO detector.
- ✓ You can minimize CO poisoning by installing CO detectors and properly maintaining all fuel burning appliances in your home.
- ✓ Your call is always free and confidential.
- ✓ You can learn more about the above poisons; go to www.rmpdc.org. Click on Poison Prevention Tips to download information. Share with family, friends and community.
- ✓ You can get guides, magnets or stickers; call 1-800-222-1222.

Call 1-800-222-1222 anytime and speak to the poison experts at Rocky Mountain Poison Center for Poison Help or answers.