

3.1. Number and Percent Overweight (including Obese)¹ By County, Gender, Age, and Ethnicity - Adult Population^{2,3} of Hawai`i, Hawai`i Health Survey (HHS) 2010, DOH-OHSM

Demographic Characteristic	City & County of Honolulu		Hawai`i		Kaua`i		Maui		Total ⁴	
	N	% Overweight/Obese	N	% Overweight/Obese	N	% Overweight/Obese	N	% Overweight/Obese	N	% Overweight/Obese
Gender										
Male	202,622	59.9	47,920	65.3	17,443	64.0	42,169	67.1	310,154	61.8
Female	167,851	46.7	36,694	57.5	11,023	48.6	24,382	47.1	239,950	48.2
Age										
18-24 Years	28,624	34.7	7,065	36.2	*	*	6,506	45.6	44,987	36.5
25-34 Years	68,580	53.5	14,887	64.2	5,735	71.2	8,686	55.2	97,888	55.9
35-44 Years	71,346	63.2	16,003	78.3	5,602	67.3	15,574	62.1	108,525	65.1
45-54 Years	72,720	55.1	16,690	71.3	4,803	61.8	12,964	64.7	107,177	58.5
55-64 Years	67,506	61.1	16,843	69.1	4,497	47.1	12,437	57.6	101,283	61.0
65-74 Years	41,335	63.4	8,834	62.1	3,014	62.3	6,714	61.9	59,897	63.0
75+ Years	20,362	30.9	4,291	35.6	2,023	44.5	3,669	51.9	30,345	33.9
Ethnicity/Race										
Caucasian	62,072	51.3	24,402	57.1	7,759	53.4	19,140	52.8	113,373	52.9
Hawaiian	90,050	71.2	30,702	71.9	7,574	76.2	21,223	73.6	149,549	71.9
Filipino	49,745	43.3	11,665	71.8	8,327	62.3	6,836	35.8	76,573	46.8
Japanese	99,843	50.8	8,583	45.7	2,833	36.5	11,153	63.8	122,412	50.9
Other	68,764	49.6	9,262	55.5	1,974	45.6	8,199	63.1	88,199	51.0
Insurance										
Insured	344,547	53.4	74,375	60.9	26,103	56.7	59,469	58.8	504,494	55.2
Uninsured	13,565	54.5	7,589	62.5	1,371	50.8	3,321	41.3	25,846	54.1
Unknown	*	*	*	*	*	*	*	*	19,763	54.0
Poverty⁵										
<63%	23,474	39.1	12,480	63.9	1,811	50.4	6,619	47.6	44,384	45.7
63-100%	28,447	73.6	10,201	74.2	4,964	70.1	4,937	64.3	48,549	72.3
101-133%	17,659	58.3	9,869	68.0	*	*	3,477	43.5	32,003	57.4
134-185%	34,256	47.8	11,565	66.3	3,317	52.0	8,965	65.3	58,103	53.2
186-200%	*	*	2,756	64.3	437	22.4	*	*	16,466	61.6
201-300%	70,245	58.9	15,259	61.1	6,760	66.1	12,578	53.3	104,842	58.9
>300%	185,313	51.4	22,483	52.7	10,178	57.2	27,782	63.1	245,756	52.8
Poverty Second Grouping⁵										
<100% Poor	50,520	53.0	22,036	70.0	6,715	64.4	11,280	55.0	90,551	57.4
100-199% Near Poor	64,396	52.7	24,835	65.3	4,813	41.9	14,912	56.3	108,956	55.0
200-399%, Not Poor	116,255	53.6	26,713	61.2	10,545	64.4	21,391	58.5	174,904	55.8
≥400% Not Poor	139,303	53.0	11,029	46.1	6,393	54.9	18,969	61.1	175,694	53.3
Total Overweight & Obese	370,473	53.1	84,613	61.7	28,466	57.0	66,550	58.1	550,102	55.1

¹ Overweight (BMI 25-29.9) Obese (BMI 30 and above) by Clinical Guidelines, NIH 1998

² Respondent only, aged 18 years and older

³ Sample numbers provisionally weighted and adjusted for total adult population of Hawai`i (total numbers are adjusted as households without telephones, Ni`ihau, group quarters, and homeless are not represented, see HHS Procedure Manual 2010)

⁴ Row and/or column totals may not sum to totals listed due to rounding

⁵ Percent Poverty determined by 2009 total household income and 2010 Health and Human Services Poverty Guidelines

* Number of cases in sample denominator (<50) too small for reliability and not presented

Sample size 3,101 overweight and obese adults out of 5,987 respondents

Figure 3.1. Percent Overweight or Obese for the State Adult Population of Hawai'i and By County, Hawai'i Health Survey 2010, DOH-OHSM

