

# Prevent Heart Disease by joining the Hawai'i **WISEWOMAN** Program

**FREE** heart health program available for women age 35-64 enrolled in the Hawai'i **B**reast and **C**ervical **C**ancer **C**ontrol **P**rogram



## **Services Include:**

- Heart Health Assessments
- Social Needs Assessments
- Risk Reduction Counseling
- Healthy Behavior Support Services
- Referrals to community-based resources, including food assistance, mental health, unemployment, transportation, housing, and more.

**For more information,  
call (808) 775-7204**

