

Prevent Heart Disease by joining the Hawai'i **WISEWOMAN** Program

FREE heart health program available for women age 40-64* enrolled in the Hawai'i Breast and Cervical Cancer Control Program



Services Include:

- Heart Health Assessments
- Social Needs Assessments
- Risk Reduction Counseling
- Healthy Behavior Support Services
- Referrals to community-based resources, including food assistance, mental health, unemployment, transportation, housing, and more.

**For more information,
call (808) 692-7486**



***WOMEN AGE 35-39 CAN RECEIVE SERVICES IF THEY ARE HIGH RISK FOR BREAST CANCER.**