



H a w a i ' i G - E C H O P r o g r a m



Gender-Affirming Providers Directory

State of Hawai'i

January-February 2026

HAWAI‘I GENDER ECHO PROGRAM

The Hawai‘i Gender ECHO Program (G-ECHO) was created to expand access to gender-affirming care for keiki in Hawai‘i. In collaboration with medical and behavioral health clinicians, providers, members of the community, and The Hawai‘i Department of Health, Sexual and Gender Minority Workgroup, we have curated a network of affirming providers and identified referral pathways to make care more accessible. This directory is intended for gender diverse youth and families in Hawai‘i. Services included fall into the following categories: behavioral health, community groups, housing, and basic needs, medical, and social services. Community resources are included at the end of the provider list.

*The Hawai‘i G-ECHO Gender-Affirming Providers Directory was created in partnership with Stanford Pediatric and Adolescent Gender Providers and providers in Hawai‘i.

PROVIDERS

Affirming Psychiatry

Contact: Dr. Stevens
(They/She)

Phone: 772-932-9386

Email: admin@affirmingpsychiatry.com

Age Groups Served: Youth and adults

Service Type: Behavioral health

Location: O'ahu

Affirming Psychiatry provides psychiatric evaluations and medication management to individuals and families from all backgrounds, including people of color, all ethnicities, diverse sexes and genders, any sexual orientation, all family structures, any or no religion or spiritual background, political or systemic marginalization or oppression, any age or stage of life, neurodiversity, and diverse physical abilities.

Care Pathway Center, Kaiser Permanente

Contact: N/A

Phone: 808-432-5886

Email: N/A, website: carepathwaycenter.org

Age Groups Served: Youth and adults

Service Type: Medical

Location: O'ahu

Care Pathway Center is a welcoming space for both LGBTQ and non-LGBTQ members, providing high-quality specialized care delivery in three distinct areas: HIV medical management, HIV prevention (PrEP and PEP), and gender-affirming care for transgender and gender diverse individuals.

Chrysalis Counseling and Consulting

Contact: Laura Acevedo, LMHC
(She/Her)

Phone: 808-443-4169

Email: laurawarmheart@yahoo.com

Age Groups Served: 12+

Service Type: Behavioral health

Location: Hawai'i Island

Gender-affirming psychotherapy, identity development and transition guidance for youth ages 12 and up, young adults, and adults, provided by a transsexual mental health counselor.

Common Chord Psychology Services

Contact: Laura Anderson, PsyD
(She/Her)

Phone: 701-203-1217

Email: Contact@drlauraanderson.com

Age Groups Served: Youth and adults

Service Type: Behavioral health

Location: Kaua'i

Dr. Laura Anderson is a licensed child and family psychologist who specializes in supporting gender expansive, non-binary and transgender youth and their families, child development, assessment, adoption-related issues, improving family communication, school-based services, and supporting globally mobile families.

Evolve Health

Contact: Lily Hoang
(She/It/Xe)

Phone: 808-452-1731

Email: admin@evolvehealthltd.com

Age Groups Served: Youth and adults

Service Type: Medical and behavioral health

Location: O'ahu

Evolve Health is an inclusive medical clinic that provides gender affirming and integrative care to the LGBTQ+ community, including hormone therapy, puberty blockers, gender marker support, nutritional counseling, sexual health services, as well as behavioral health and surgical referrals.

Hawai'i Pacific Health Medical Group | Kapi'olani Medical Center for Women and Children

Location: O'ahu

Contact: N/A

Phone: 808-373-7588

Email: N/A, Fax: 808-373-7530

Age Groups Served: Up to 25

Service Type: Medical

Adolescent Medicine sees patients up to age 25 (with a referral from primary care) with services specific for gender-affirming treatment: menstrual management, puberty blockers, cross hormone treatment, and addressing other challenging issues related to gender identity for pre-teens to young adults.

Hawai'i Pacific Health Medical Group | Wilcox Medical Center

Contact: N/A

Phone: 808-245-1561

Email: N/A

Age Groups Served: 0-21

Service Type: Medical

Location: Kaua'i

Hawaii Pacific Health provides pediatric medical services to keiki through young adulthood.

Hawai'i Pacific Health Medical Group | Psychiatry

Location: O'ahu and Kaua'i

Contact: Keiko Chen, MD, MPH
(She/Her)

Phone: 808-983-6100

Email: N/A

Age Groups Served: All ages

Service Type: Behavioral health

Child, adolescent, and adult psychiatry.
Consultation for HPH/HHP providers who care for gender diverse adults and children in O'ahu and Kaua'i.

Hawai'i Permanente Medical Group

Location: Hawai'i Island

Contact: Victoria Fox-Behrle, MD, MPH
(She/Her)

Phone: 833-833-3333

Email: N/A

Age Groups Served: Youth and adults

Service Type: Medical

Hawai'i Permanente Medical Group provides primary and specialty care to keiki and adults who are Kaiser members.

Hawai'i UTelehealth

Contact: N/A

Phone: 808-375-2745

Email: Contact through website:
<https://hawaiiatelehealth.org>

Age Groups Served: 12+

Service Type: Behavioral health

Location: Statewide
except urban O'ahu

Hawai'i UTelehealth provides free sessions to Hawai'i residents seeking mental health care from a psychiatrist, therapist, psychologist, and/or counselor.

Ho'ohana Counseling LLC

Contact: Brianna Rivera, EdD, LMHC
(She/Her)

Phone: 808-640-6252

Email: Hoohanacounselingllc@gmail.com

Age Groups Served: All ages

Service Type: Behavioral health

Location: Hawai'i
Island

Ho'ohana Counseling offers mental health counseling to youth and adults.

I Ola Lāhui

Contact: Kelsey Fujinaka, PsyD (She/Her),
Jolene Young, PsyD (She/Her), Maria Petkus,
PhD (She/Her), & Reid Elderts, PsyD (He/Him)

Phone: 808-525-6255

Email: info@iolalahui.org

Age Groups Served: All ages

Service Type: Behavioral health

Location: O'ahu,
Maui, telehealth
statewide

I Ola Lāhui provides culturally-minded, evidence-based behavioral health services for rural and Native Hawaiian communities across the lifespan.

JEM Counseling, LLC

Contact: Julie Martin, LSW
(She/Her)

Phone: N/A

Email: info@jemcounselingllc.com

Age Groups Served: 14+

Service Type: Behavioral health

Location: O‘ahu

JEM Counseling provides affirming, inclusive care for teens and young adults.

Jean Adair-Leland, Ph.D.

Contact: Jean Adair-Leland, Ph.D.
(She/Her)

Phone: N/A

Email: jadairleland@proton.me

Age Groups Served: 13+

Service Type: Behavioral health

Location: O‘ahu

Dr. Jean Adair-Leland provides parent support groups with limited availability for individual psychotherapy/counseling services.

Kaiser Permanente - Maui

Contact: Summer Solt, LCSW
(She/Her)

Phone: 808-280-3887

Email: N/A

Age Groups Served: All ages

Service Type: Behavioral health

Location: Maui

Kaiser Permanente – Maui provides gender-affirming behavioral health services.

Kapolei Community Development Corporation

Location: O‘ahu

Contact: Chantal Kelihoomalu, MSW, LSW
(She/Her)

Kapolei Community Development Corporation
offers community support services to all ages.

Phone: 808-358-4215

Email: executivedirector@kapoleiheritage.org

Age Groups Served: 0-99

Service Type: Community groups

Kauai Integrative Therapies

Location: Kaua‘i

Contact: Judith White, PsyD
(She/Her)

Kauai Integrative Therapies provides
behavioral health services to children and
adults.

Phone: 808-346-5859

Email: N/A

Age Groups Served: 4-80

Service Type: Behavioral health

Klein Natural Health and Wellness Center

Location: Hawai‘i
Island

Contact: Jordan Chung
(She/Her)

Klein Natural Health and Wellness Center
provides gender-affirming, safe and inclusive
integrative care, including naturopathic
medicine, neurology, family medicine,
chiropractic care, massage therapy,
acupuncture and herbal medicine.

Phone: 808-959-4588

Email: info@KleinNatural.com

Age Groups Served: Youth and adults

Service Type: Medical

Kū Ānuenue

Contact: Jessica Waia'u, ACSC
(She/'O ia)

Phone: 808-769-0001

Email: kuanuenue@gmail.com

Age Groups Served: 0-100

Service Type: Community groups

Location: Hawai'i Island

Kū Ānuenue provides a community of care for māhū and LGBTQIA2s+.

Kumukahi Health + Wellness

Contact: N/A

Phone: Hilo Office (808) 982-8800 | Kona Office (808) 331-8177

Email: info@kumukahihealth.org

Age Groups Served: 14+

Service Type: Medical and social services

Location: Hawai'i Island

Kumukahi Health + Wellness provides free HIV, Hep C, STI testing & treatment (all 3 previously listed at 14+), gender-affirming care, HIV care, syringe exchange, case management, food pantry, housing services, and health insurance navigation and enrollment assistance (for 18+).

LGBTQ+ Center, University of Hawai'i at Mānoa

Location: O'ahu

Contact: Camaron Miyamoto, EdD (Director)
(He/Him)

Phone: 808-856-9250

Email: lgbtq@hawaii.edu

Age Groups Served: College students

Service Type: Community groups for University students

The LGBTQ+ Center is a campus resource on gender and sexuality, offering individualized support and resources, educational events, trainings, student drop-in groups and programs for student development and success.

Lyle Herman, Psy.D.

Contact: Lyle Herman, Psy.D.
(He/Him)

Phone: 808-545-4585

Email: drlyleherman@gmail.com

Age Groups Served: 12+

Service Type: Behavioral health

Location: O'ahu

Dr. Lyle Herman provides individual and family therapy for individuals (ages 12 up) and families.

Mālama I Ke Ola, The Community Clinic of Maui - Behavioral Health

Location: Maui

Contact: Joanne Sato
(She/Her)

Phone: 808-872-4068

Email: N/A

Age Groups Served: All ages

Service Type: Behavioral health

Mālama I Ke Ola provides behavioral health services related to all aspects of caring for gender-diverse keiki.

Mālama I Ke Ola, The Community Clinic of Maui - Medical

Location: Maui

Contact: Transcend Maui, Dr. Casandra Simonson and Dr. Gerald Montano
(She/Her and He/Him)

Phone: 808-872-4087, ask for Harriet
(He/Him)

Email: N/A

Age Groups Served: Youth and adults

Service Type: Medical

Mālama I Ke Ola aims to provide a safe and gender-affirming space where our patients can receive care in an integrated manner including hormone therapy, gender marker support, full primary health/dental care, STI testing/PrEP, and surgical referrals.

Maria Briones, PhD

Contact: Dr. Maria Briones
(She/Her)

Phone: N/A

Email: mariabibiana66@gmail.com

Age Groups Served: 5+

Service Type: Behavioral health

Location: Kaua'i

Dr. Briones provides assessment and psychotherapy services for individuals and families.

PFLAG O'ahu

Contact: Camaron Miyamoto, EdD and Ryna Yamada
(He/Him and She/Her)

Phone: N/A

Email: oahupflag@gmail.com

Age Groups Served: All ages (children must be accompanied by an adult)

Service Type: Community groups

Location: O'ahu

Supportive meetings, advocacy, and networking for parents, families and friends of LGBTQ+ children, teens, and adults

Queen's University Medical Group QHCC - Hawaii

Kai

Contact: Matthew Mitschele, M.D.
(He/Him)

Phone: 808-691-8200

Email: N/A

Age Groups Served: 8+

Service Type: Medical

Location: O'ahu

Queen's - Hawai'i Kai provides gender-affirming care and referrals to appropriate services.

RYSE (Residential Youth Services & Empowerment) **Location:** O‘ahu**Contact:** N/A**Phone:** 808-498-5180**Email:** info@rysehawaii.org**Age Groups Served:** 14-24**Service Type:** Housing and basic needs

The mission of Residential Youth Services & Empowerment (RYSE) is to work in a continuum of support to empower Hawai‘i street youth to move beyond homeless.

Spill The Tea Café**Location:** O‘ahu**Contact:** Kiki Lúgaro (Office Manager)
(She/Her)**Phone:** 808-797-4970**Email:** Spilltheteacafehi@gmail.com**Age Groups Served:** Youth (11-17)**Service Type:** Behavioral health and
community groups

Spill The Tea Café is an inclusive mental health clinic focused on adolescents with a range of services available including individual and group therapy, mentorship, care coordination, and psychoeducation, to address their specific needs and preferences.

Steven Hobaica, PhD**Location:** Statewide**Contact:** Dr. Steven Hobaica
(He/Him)**Phone:** 808-216-3149**Email:** Drhobaica@gmail.com**Age Groups Served:** 13+**Service Type:** Behavioral health

Dr. Hobaica is an openly queer clinical psychologist who provides queer affirming evidence-based therapy to adolescents, adults, individuals, and couples for a variety of mental health conditions (e.g., PTSD, mood and anxiety disorders, substance misuse), with a special focus on identity, culture, relationships, and sexual health.

Tiara Liquido, PsyD

Contact: Tiara Liquido, PsyD
(She/Her)

Phone: 808-400-9149

Email: tliquido@xplorcounseling.com

Age Groups Served: Any age for gender diverse keiki

Service Type: Behavioral health

Location: O‘ahu

Dr. Liquido provides affirming psychotherapy tailored to support gender-diverse keiki and adults in navigating their unique gender identities, challenges, and personal growth.

Waikiki Health

Contact: N/A

Phone: 808-922-4787

Email: information@waikikihealth.org

Age Groups Served: Youth and adults

Service Type: Medical, behavioral health, and social services

Location: O‘ahu

Waikiki Health provides primary care, behavioral health, dental, and social services to LGBTQ+ keiki and adults.

YWCA of Kaua‘i

Contact: Matthew Houck
(He/Him)

Phone: 808-245-5959 ext. 256

Email: matthew@ywcakauai.org

Age Groups Served: Youth and adults

Service Type: Community groups

Location: Kaua‘i

YWCA of Kaua‘i provides the following services: proud sponsor and host of the annual Kaua‘i Pride Parade and Festival, who provides annual scholarships for Kaua‘i residents; training for providers to better serve LGBTQ+ populations; support for GSA (LGBTQ+) clubs in schools.

COMMUNITY RESOURCES

(not direct care for keiki)

Child and Adolescent Mental Health Division (CAMHD), Safe Spaces Committee

Contact: Robin Lee
(She/Her)

Phone: 808-733-9333

Email: Robin.lee@doh.hawaii.gov

Age Groups Served: Youth and adults

Service Type: Community resource

Location: Statewide

The CAMHD Safe Spaces Committee improves mental health services for LGBTQIA+ youth in Hawai'i by conducting trainings, engaging in advocacy efforts, creating affirming policies, and promoting best practices.

Hawai'i Department of Health Sexual and Gender Minority Workgroup

Location: Online

Contact: Thaddeus Pham
(He/Him)

Phone: 808-733-9298

Email: Thaddeus.pham@doh.hawaii.gov

Age Groups Served: All ages

Service Type: Community resource

Hawai'i Department of Health Sexual and Gender Minority Workgroup has created the Sexual and Gender Minority (SGM) Resource Hub, containing local and national sexual and gender minority resources suggested by community members.

Hawai'i Health & Harm Reduction Center

Location: O'ahu

Contact: The Kua'ana Project

Phone: 808-521-2437

Email: kuaana@hhrc.org

Age Groups Served: Adults

Service Type: Community resource

The Kua'ana Project is a program through Hawai'i Health & Harm Reduction Center providing support services to Hawai'i's transgender community.

imi**Contact:** N/A**Phone:** Text the word “imi” to 70764**Email:** hello@imi.guide**Age Groups Served:** Designed for ages 13-19**Service Type:** Community resource**Location:** Online

Designed with and for LGBTQ+ teens, with an intentional focus on BIPOC (Black, Indigenous, and People of Color), transgender, non-binary, and gender nonconforming youth, imi (pronounced eye-me) helps LGBTQ+ youth explore and affirm their identity and learn practical approaches to cope with stress that are helpful, relevant, inclusive and joyful.

Papa Ola Lōkahi**Contact:** Ikaika Regidor
(‘oia/They/He)**Phone:** 808-597-6550 (email preferred)**Email:** iregidor@papaolalokahi.org**Age Groups Served:** Adults**Service Type:** Community resource**Location:** O‘ahu

Papa Ola Lōkahi is the Native Hawaiian Health Board, charged with the kuleana of strengthening the health and wellness of Native Hawaiians and their ‘ohana, including our māhū/LGBTQ community, which is done by educational resources, data collection, and training.

Q Chat Space**Contact:** N/A**Phone:** 954-765-6024**Email:** N/A, website: qchatspace.org**Age Groups Served:** 13-19**Service Type:** Community resource**Location:** Online

Q Chat Space provides live, chat-based discussion groups for LGBTQ+ and questioning teens ages 13 to 19. It is not a forum, and there is no video or audio. Everyone is chatting during the same pre-scheduled time. Our chats are facilitated by experienced staff and volunteers from youth programs at LGBTQ+ centers across the United States.

Thompson School of Social Work and Public Health, University of Hawai‘i at Mānoa

Location: O‘ahu

Contact: Dr. Danielle Phillips
(She/Her)

Phone: N/A

Email: Drphill@hawaii.edu

Age Groups Served: N/A

Service Type: Community resource

Dr. Phillips conducts research on areas specific to youth, focused on mental health and wellbeing.