



Hawai'i G-ECHO Program



# Gender-Affirming Providers Directory

State of Hawai'i

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January-February 2025

# HAWAI'I GENDER ECHO PROGRAM

The Hawai'i Gender ECHO Program (G-ECHO) was created to expand access to gender-affirming care for keiki in Hawai'i. In collaboration with medical and behavioral health clinicians, providers, members of the community, and The Hawai'i Department of Health, Sexual and Gender Minority Workgroup, we have curated a network of affirming providers and identified referral pathways to make care more accessible. This directory is intended for gender diverse youth and families in Hawai'i. Services included fall into the following categories: behavioral health, community groups, housing, and basic needs, medical, and social services. Community resources are included at the end of the provider list.

\*The Hawai'i G-ECHO Gender-Affirming Providers Directory was created in partnership with Stanford Pediatric and Adolescent Gender Providers and providers in Hawai'i.





## PROVIDERS

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### Affirming Psychiatry

**Location:** O'ahu

**Contact:** Dr. Stevens  
(They/She)

**Phone:** 772-932-9386

**Email:** [admin@affirmingpsychiatry.com](mailto:admin@affirmingpsychiatry.com)

**Age Groups Served:** Youth and adults

**Service Type:** Behavioral health

Affirming Psychiatry provides psychiatric evaluations and medication management to individuals and families from all backgrounds, including people of color, all ethnicities, diverse sexes and genders, any sexual orientation, all family structures, any or no religion or spiritual background, political or systemic marginalization or oppression, any age or stage of life, neurodiversity, and diverse physical abilities.

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### Care Pathway Center, Kaiser Permanente

**Location:** O'ahu

**Contact:** N/A

**Phone:** 808-432-5886

**Email:** N/A, website: [carepathwaycenter.org](http://carepathwaycenter.org)

**Age Groups Served:** Youth and adults

**Service Type:** Medical

Care Pathway Center is a welcoming space for both LGBTQ and non-LGBTQ members, providing high-quality specialized care delivery in three distinct areas: HIV medical management, HIV prevention (PrEP and PEP), and gender-affirming care for transgender and gender diverse individuals.

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### Chrysalis Counseling and Consulting

**Location:** Hawai'i  
Island

**Contact:** Laura Acevedo, LMHC  
(She/Her)

**Phone:** 808-443-4169

**Email:** [laurawarmheart@yahoo.com](mailto:laurawarmheart@yahoo.com)

**Age Groups Served:** 12+

**Service Type:** Behavioral health

Gender-affirming psychotherapy, identity development and transition guidance for youth ages 12 and up, young adults, and adults, provided by a transsexual mental health counselor.



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## Common Chord Psychology Services

**Location:** Kaua'i

**Contact:** Laura Anderson, PsyD  
(She/Her)

**Phone:** 701-203-1217

**Email:** Contact@drlauraanderson.com

**Age Groups Served:** Youth and adults

**Service Type:** Behavioral health

Dr. Laura Anderson is a licensed child and family psychologist who specializes in supporting gender expansive, non-binary and transgender youth and their families, child development, assessment, adoption-related issues, improving family communication, school-based services, and supporting globally mobile families.

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## Evolve Health

**Location:** O'ahu

**Contact:** Lily Hoang  
(She/It/Xe)

**Phone:** 808-452-1731

**Email:** admin@evolvehealthltd.com

**Age Groups Served:** Youth and adults

**Service Type:** Medical and behavioral health

Evolve Health is an inclusive medical clinic that provides gender affirming and integrative care to the LGBTQ+ community, including hormone therapy, puberty blockers, gender marker support, nutritional counseling, sexual health services, as well as behavioral health and surgical referrals.

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## Hawai'i Island Community Health Center (HICHC) - Behavioral Health

**Location:** Hawai'i Island

**Contact:** Dr. Katherine Knezek May  
(She/Her)

**Phone:** 808-326-5629

**Email:** N/A

**Age Groups Served:** Youth and adults

**Service Type:** Behavioral health

HICHC promotes lifelong health and wellness through quality behavioral health care that is comprehensive, integrated, culturally responsive, and accessible to all.





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**Hawai'i Island Community Health Center (HICHC) -  
Medical**

**Location:** Hawai'i  
Island

**Contact:** Vickie Fachinelli Portes, NP  
(She/Her)

HICHC provides inclusive primary care services to children and adolescents.

**Phone:** 808-333-3600

**Email:** N/A

**Age Groups Served:** 0-18

**Service Type:** Medical

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**Hawai'i Pacific Health Medical Group | Kapi'olani  
Medical Center for Women and Children**

**Location:** O'ahu

**Contact:** N/A

Adolescent Medicine sees patients up to age 25 (with a referral from primary care) with services specific for gender-affirming treatment: menstrual management, puberty blockers, cross hormone treatment, and addressing other challenging issues related to gender identity for pre-teens to young adults.

**Phone:** 808-373-7588

**Email:** N/A, Fax: 808-373-7530

**Age Groups Served:** Up to 25

**Service Type:** Medical

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**Hawai'i Pacific Health Medical Group | Wilcox  
Medical Center**

**Location:** Kaua'i

**Contact:** Erika Noel, MD  
(She/Her)

Hawaii Pacific Health provides pediatric medical services to keiki through young adulthood.

**Phone:** N/A

**Email:** enoel@hawaii.edu

**Age Groups Served:** 0-21

**Service Type:** Medical



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## Hawai'i UTelehealth

**Location:** Statewide  
except urban O'ahu

**Contact:** N/A

HawaiiUTelehealth provides free sessions to Hawai'i residents seeking mental health care from a psychiatrist, therapist, psychologist, and/or counselor.

**Phone:** 808-375-2745

**Email:** Contact through website:  
<https://hawaiiutelehealth.org>

**Age Groups Served:** 12+

**Service Type:** Behavioral health

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## Ho'ohana Counseling LLC

**Location:** Hawai'i  
Island

**Contact:** Brianna Rivera, LMHC  
(She/Her)

Ho'ohana Counseling offers mental health counseling to youth and adults.

**Phone:** N/A

**Email:** [Hooahanacounselingllc@gmail.com](mailto:Hooahanacounselingllc@gmail.com)

**Age Groups Served:** All ages

**Service Type:** Behavioral health

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## I Ola Lāhui

**Location:** O'ahu

**Contact:** Kelsey Fujinaka, PsyD  
(She/Her)

I Ola Lāhui provides culturally-minded behavioral health services for individuals across the lifespan.

**Phone:** 808-525-6255

**Email:** N/A

**Age Groups Served:** All ages

**Service Type:** Behavioral health





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**Jean Adair-Leland, Ph.D.**

**Location:** O'ahu

**Contact:** Jean Adair-Leland, Ph.D.  
(She/Her)

Dr. Jean Adair-Leland provides parent support groups with limited availability for individual psychotherapy/counseling services.

**Phone:** N/A

**Email:** jadairleland@proton.me

**Age Groups Served:** 13+

**Service Type:** Behavioral health

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**Kaiser Permanente - Maui**

**Location:** Maui

**Contact:** Summer Solt, LCSW  
(She/Her)

Kaiser Permanente – Maui provides gender-affirming behavioral health services.

**Phone:** 808-280-3887

**Email:** N/A

**Age Groups Served:** All ages

**Service Type:** Behavioral health

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**Kapolei Community Development Corporation**

**Location:** O'ahu

**Contact:** Chantal Keliioomalu, MSW, LSW  
(She/Her)

Kapolei Community Development Corporation offers community support services to all ages.

**Phone:** 808-358-4215

**Email:** executivedirector@kapoleiheritage.org

**Age Groups Served:** 0-99

**Service Type:** Community groups



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## Kauai Integrative Therapies

**Location:** Kaua'i

**Contact:** Judith White, PhD  
(She/Her)

Kauai Integrative Therapies provide behavioral health services to children and adults.

**Phone:** 808-346-5859

**Email:** N/A

**Age Groups Served:** 4-80

**Service Type:** Behavioral health

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## Klein Natural Health and Wellness Center

**Location:** Hawai'i Island

**Contact:** Megan Leucht  
(She/Her)

Klein Natural Health and Wellness Center provides gender-affirming, safe and inclusive integrative care, including naturopathic medicine, neurology, family medicine, chiropractic care, massage therapy, acupuncture and herbal medicine.

**Phone:** 808-959-4588

**Email:** info@KleinNatural.com

**Age Groups Served:** Youth and adults

**Service Type:** Medical

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## Ko'olauloa Health Center

**Location:** O'ahu

**Contact:** Gabrielle Klein  
(She/They)

Following evidenced based guidelines, Dr. Danielle Lum (she/her) provides gender-affirming care for keiki of all ages, helping families with gender-expansive youth with social transition as well as medical transition.

**Phone:** 808-293-9231

**Email:** carecoordination@koolauloachc.org

**Age Groups Served:** Youth

**Service Type:** Medical





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## Kumukahi Health + Wellness

**Location:** Hawai'i Island

**Contact:** N/A

**Phone:** Hilo Office (808) 982-8800 | Kona Office (808) 331-8177

**Email:** info@kumukahihealth.org

**Age Groups Served:** 14+

**Service Type:** Medical and social services

Kumukahi Health + Wellness provides free HIV, Hep C, STI testing & treatment (all 3 previously listed at 14+), gender-affirming care, HIV care, syringe exchange, case management, food pantry, housing services, and health insurance navigation and enrollment assistance (for 18+).

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## LGBTQ+ Center, University of Hawai'i at Mānoa

**Location:** O'ahu

**Contact:** Camaron Miyamoto (Director) (He/Him)

**Phone:** 808-856-9250

**Email:** lgbtq@hawaii.edu

**Age Groups Served:** College students

**Service Type:** Community groups for University students

The LGBTQ+ Center is a campus resource on gender and sexuality, offering individualized support and resources, educational events, trainings, student drop-in groups and programs for student development and success.

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## Lyle Herman, Psy.D.

**Location:** O'ahu

**Contact:** Lyle Herman, Psy.D. (He/Him)

**Phone:** 808-545-4585

**Email:** drlyleherman@gmail.com

**Age Groups Served:** 12+

**Service Type:** Behavioral health

Dr. Lyle Herman provides individual and family therapy for individuals (ages 12 up) and families.



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**Mālama I Ke Ola, The Community Clinic of Maui - Behavioral Health**

**Location:** Maui

**Contact:** Joanne Sato  
(She/Her)

**Phone:** 808-872-4068

**Email:** N/A

**Age Groups Served:** All ages

**Service Type:** Behavioral health

Mālama I Ke Ola provides behavioral health services related to all aspects of caring for gender-diverse keiki.

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**Mālama I Ke Ola, The Community Clinic of Maui - Medical**

**Location:** Maui

**Contact:** Transcend Maui, Dr. Casandra Simonson and Dr. Gerald Montano  
(She/Her and He/Him)

**Phone:** 808-872-4087, ask for Harriet  
(He/Him)

**Email:** N/A

**Age Groups Served:** Youth and adults

**Service Type:** Medical

Mālama I Ke Ola aims to provide a safe and gender-affirming space where our patients can receive care in an integrated manner including hormone therapy, gender marker support, full primary health/dental care, STI testing/PrEP, and surgical referrals.

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**Manakai O Mālama**

**Location:** O'ahu and telehealth statewide

**Contact:** Dr. Jeanette Qablawi  
(She/Her)

**Phone:** 808-535-5556

**Email:** qablawi@manakaiomalama.com

**Age Groups Served:** 13+

**Service Type:** Medical and behavioral health

Manakai o Mālama is an integrative medical clinic that offers gender affirming primary care provided by Dr. Jeanette Qablawi (she/her), alongside gender-affirming care patient navigator, Cameron (they/them), who works together with patients to create an individualized care plan to ensure each patient receive the best quality care throughout all aspects of their healthcare and transition.





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**PFLAG O'ahu**

**Location:** O'ahu

**Contact:** Camaron Miyamoto and Ryna Yamada  
(He/Him and She/Her)

Supportive meetings, advocacy, and networking for parents, families and friends of LGBTQ+ children, teens, and adults

**Phone:** N/A

**Email:** oahupflag@gmail.com

**Age Groups Served:** All ages (children must be accompanied by an adult)

**Service Type:** Community groups

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**Queen's University Medical Group QHCC - Hawaii Kai**

**Location:** O'ahu

**Contact:** Matthew Mitschele, M.D.  
(He/Him)

Queen's - Hawai'i Kai provides gender-affirming care and referrals to appropriate services.

**Phone:** 808-691-8200

**Email:** N/A

**Age Groups Served:** 8+

**Service Type:** Medical

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**RYSE (Residential Youth Services & Empowerment)**

**Location:** O'ahu

**Contact:** N/A

The mission of Residential Youth Services & Empowerment (RYSE) is to work in a continuum of support to empower Hawai'i street youth to move beyond homeless.

**Phone:** 808-498-5180

**Email:** info@rysehawaii.org

**Age Groups Served:** 14-24

**Service Type:** Housing and basic needs



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### Spill The Tea Café

**Location:** O'ahu

**Contact:** Kiki Lúgaro (Office Manager)  
(She/Her)

**Phone:** 808-797-4970

**Email:** Spilltheteacafehi@gmail.com

**Age Groups Served:** Youth (11-17)

**Service Type:** Behavioral health and community groups

Spill The Tea Café is an inclusive mental health clinic focused on adolescents with a range of services available including individual and group therapy, mentorship, care coordination, and psychoeducation, to address their specific needs and preferences.

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### Waianae Coast Comprehensive Health Center - Behavioral Health

**Location:** O'ahu

**Contact:** Anita  
(She/Her)

**Phone:** 808-697-3469

**Email:** N/A

**Age Groups Served:** Youth and adults

**Service Type:** Behavioral health

WCCHC provides a safe space for adolescents of all gender and sexualities to obtain inclusive mental health support including counseling, education, referral, testing, diagnosis, and treatment.

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### Waianae Coast Comprehensive Health Center - Medical

**Location:** O'ahu

**Contact:** Shanda Brack, APRN  
(She/Her)

**Phone:** 808-697-3850

**Email:** N/A

**Age Groups Served:** Youth and adults

**Service Type:** Medical

WCCHC provides gender-affirming primary care to gender expansive youth and adults, puberty blockers and/or affirming hormones as well as any relevant referrals and/or medical services.





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## Waikiki Health

**Location:** O'ahu

**Contact:** N/A

Waikiki Health provides primary care, behavioral health, dental, and social services to LGBTQ+ keiki and adults.

**Phone:** 808-922-4787

**Email:** [information@waikikihealth.org](mailto:information@waikikihealth.org)

**Age Groups Served:** Youth and adults

**Service Type:** Medical, behavioral health, and social services

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## Xplor Counseling

**Location:** O'ahu

**Contact:** Tiara Liquido, PsyD  
(She/Her)

Xplor Counseling provides affirming psychotherapy tailored to support gender-diverse keiki and adults in navigating their unique gender identities, challenges, and personal growth.

**Phone:** 808-400-9149

**Email:** [tliquido@xplorcounseling.com](mailto:tliquido@xplorcounseling.com)

**Age Groups Served:** any age for gender diverse keiki

**Service Type:** Behavioral health

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## YWCA of Kaua'i

**Location:** Kaua'i

**Contact:** Matthew Houck  
(He/Him)

YWCA of Kaua'i provides the following services: proud sponsor and host of the annual Kaua'i Pride Parade and Festival, who provides annual scholarships for Kaua'i residents; a teen LGBTQ+ support group; training for providers to better serve LGBTQ+ populations; support for GSA (LGBTQ+) clubs in schools.

**Phone:** 808-245-5959 ext. 256

**Email:** [matthew@ywcakauai.org](mailto:matthew@ywcakauai.org)

**Age Groups Served:** Youth and adults

**Service Type:** Community groups



## COMMUNITY RESOURCES

*(not direct care for keiki)*

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### Child and Adolescent Mental Health Division (CAMHD), Safe Spaces Committee

**Location:** Statewide

**Contact:** Robin Lee  
(She/Her)

**Phone:** 808-733-9333

**Email:** Robin.lee@doh.hawaii.gov

**Age Groups Served:** Youth and adults

**Service Type:** Community resource

The CAMHD Safe Spaces Committee improves mental health services for LGBTQIA+ youth in Hawai'i by conducting trainings, engaging in advocacy efforts, creating affirming policies, and promoting best practices.

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### Hawai'i Department of Health Sexual and Gender Minority Workgroup

**Location:** Online

**Contact:** Thaddeus Pham  
(He/Him)

**Phone:** 808-733-9298

**Email:** Thaddeus.pham@doh.hawaii.gov

**Age Groups Served:** All ages

**Service Type:** Community resource

Hawai'i Department of Health Sexual and Gender Minority Workgroup has created the Sexual and Gender Minority (SGM) Resource Hub, containing local and national sexual and gender minority resources suggested by community members.

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### Hawai'i Health & Harm Reduction Center

**Location:** O'ahu

**Contact:** The Kua'ana Project

**Phone:** 808-521-2437

**Email:** kuaana@hhrc.org

**Age Groups Served:** Adults

**Service Type:** Community resource

The Kua'ana Project is a program through Hawai'i Health & Harm Reduction Center providing support services to Hawai'i's transgender community.





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**imi**

**Location:** Online

**Contact:** N/A

**Phone:** Text the word "imi" to 70764

**Email:** hello@imi.guide

**Age Groups Served:** Designed for ages 13-19

**Service Type:** Community resource

Designed with and for LGBTQ+ teens, with an intentional focus on BIPOC (Black, Indigenous, and People of Color), transgender, non-binary, and gender nonconforming youth, imi (pronounced eye-me) helps LGBTQ+ youth explore and affirm their identity and learn practical approaches to cope with stress that are helpful, relevant, inclusive and joyful.

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**Papa Ola Lōkahi**

**Location:** O'ahu

**Contact:** Ikaika Regidor  
(‘oia/They/He)

**Phone:** 808-597-6550 (email preferred)

**Email:** iregidor@papaolalokahi.org

**Age Groups Served:** Adults

**Service Type:** Community resource

Papa Ola Lōkahi is the Native Hawaiian Health Board, charged with the kuleana of strengthening the health and wellness of Native Hawaiians and their ‘ohana, including our māhū/LGBTQ community, which is done by educational resources, data collection, and training.

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**Q Chat Space**

**Location:** Online

**Contact:** N/A

**Phone:** 954-765-6024

**Email:** N/A, website: qchatspace.org

**Age Groups Served:** 13-19

**Service Type:** Community resource

Q Chat Space provides live, chat-based discussion groups for LGBTQ+ and questioning teens ages 13 to 19. It is not a forum, and there is no video or audio. Everyone is chatting during the same pre-scheduled time. Our chats are facilitated by experienced staff and volunteers from youth programs at LGBTQ+ centers across the United States.

