

Gender-Affirming Providers Directory

State of Hawai'i

November-December 2024

HAWAI'I GENDER ECHO PROGRAM

The Hawai'i Gender ECHO Program (G-ECHO) was created to expand access to gender-affirming care for keiki in Hawai'i. In collaboration with medical and behavioral health clinicians, providers, members of the community, and The Hawai'i Department of Health, Sexual and Gender Minority Workgroup, we have curated a network of affirming providers and identified referral pathways to make care more accessible. This directory is intended for gender diverse youth and families in Hawai'i. Services included fall into the following categories: behavioral health, community groups, housing, and basic needs, medical, and social services. Community resources are included at the end of the provider list.

^{*}The Hawai'i G-ECHO Gender-Affirming Providers Directory was created in partnership with Stanford Pediatric and Adolescent Gender Providers and providers in Hawai'i.



PROVIDERS

Affirming Psychiatry

Contact: Dr. Stevens

(They/She)

Phone: 772-932-9386

Email: admin@affirmingpsychiatry.com

Age Groups Served: Youth and adults

Service Type: Behavioral health

Location: O'ahu

Affirming Psychiatry provides psychiatric evaluations and medication management to individuals and families from all backgrounds, including people of color, all ethnicities, diverse sexes and genders, any sexual orientation, all family structures, any or no religion or spiritual background, political or systemic marginalization or oppression, any age or stage of life, neurodiversity, and diverse physical abilities.

Care Pathway Center, Kaiser Permanente

Contact: N/A

Phone: 808-432-5886

Email: N/A, website: carepathwaycenter.org

Age Groups Served: Youth and adults

Service Type: Medical

Care Pathway Center is a welcoming space for both LGBTQ and non-LGBTQ members, providing high-quality specialized care delivery in in three distinct areas: HIV medical management, HIV prevention (PrEP and PEP), and gender-affirming care for transgender and

gender diverse individuals.

Chrysalis Counseling and Consulting

Contact: Laura Acevedo, LMHC

(She/Her)

Phone: 808-443-4169

Email: laurawarmheart@yahoo.com

Age Groups Served: 12+

Service Type: Behavioral health

Location: Hawai'i

Location: O'ahu

Island

Gender-affirming psychotherapy, identity development and transition guidance for youth ages 12 and up, young adults, and adults, provided by a transsexual

mental health counselor.



Common Chord Psychology Services

Contact: Laura Anderson, PsyD

(She/Her)

Phone: 701-203-1217

Email: Contact@drlauraanderson.com

Age Groups Served: Youth and adults

Service Type: Behavioral health

Dr. Laura Anderson is a licensed child and family psychologist who specializes in supporting gender expansive, non-binary and transgender youth and their families, child development, assessment, adoption-related issues, improving family communication, school-based services, and supporting globally

Location: Kaua'i

mobile families.

Hawai'i Island Community Health Center (HICHC) - Location: Hawai'i Behavioral Health

Contact: Dr. Katherine Knezek May

(She/Her)

Phone: 808-326-5629

Email: N/A

Age Groups Served: Youth and adults

Service Type: Behavioral health

HICHC promotes lifelong health and wellness through quality behavioral health care that is comprehensive, integrated, culturally responsive, and accessible to all.

Hawai'i Island Community Health Center (HICHC) - Location: Hawai'i

Medical

Contact: Vickie Fachinelli Portes, NP

(She/Her)

Phone: 808-333-3600

Email: N/A

Age Groups Served: 0-18

Service Type: Medical

HICHC provides inclusive primary care services

to children and adolescents.



Hawai'i Pacific Health Medical Group | Kapi'olani Medical Center for Women and Children

Contact: N/A

Phone: 808-373-7588

Email: N/A, Fax: 808-373-7530 **Age Groups Served:** Up to 25

Service Type: Medical

Adolescent Medicine sees patients up to age 25 (with a referral from primary care) with services specific for gender-affirming treatment: menstrual management, puberty blockers, cross hormone treatment, and addressing other challenging issues related to gender identity for pre-teens to young adults.

Hawai'i UTelehealth

Contact: N/A

Phone: 808-375-2745

Email: Contact through website: https://hawaiiutelehealth.org

Age Groups Served: 12+

Service Type: Behavioral health

Location: Statewide except urban O'ahu

Location: O'ahu

HawaiiUTelehealth provides free sessions to Hawai'i residents seeking mental health care from a psychiatrist, therapist, psychologist, and/or counselor.

Jean Adair-Leland, Ph.D.

Contact: Jean Adair-Leland, Ph.D.

(She/Her)

Phone: N/A

Email: jadairleland@proton.me

Age Groups Served: 13+

Service Type: Behavioral health

Location: O'ahu

Dr. Jean Adair-Leland provides parent support groups with limited availability for individual psychotherapy/counseling services.



Kaiser Permanente - Maui

Contact: Summer Solt, LCSW

(She/Her)

Phone: 808-280-3887

Email: N/A

Age Groups Served: All ages

Service Type: Behavioral health

Location: Maui

Kaiser Permanente – Maui provides genderaffirming behavioral health services.

Klein Natural Health and Wellness Center

Contact: Megan Leucht

(She/Her)

Phone: 808-959-4588

Email: info@KleinNatural.com

Age Groups Served: Youth and adults

Service Type: Medical

Island

Location: Hawai'i

Klein Natural Health and Wellness Center provides gender-affirming, safe and inclusive integrative care, including naturopathic medicine, neurology, family medicine, chiropractic care, massage therapy, acupuncture and herbal medicine.

Ko'olauloa Health Center

Contact: Gabrielle Klein

(She/They)

Phone: 808-293-9231

Email: carecoordination@koolauloachc.org

Age Groups Served: Youth

Service Type: Medical

Location: Oʻahu

Following evidenced based guidelines, Dr. Danielle Lum (she/her) provides genderaffirming care for keiki of all ages, helping families with gender-expansive youth with social transition as well as medical transition.



Kumukahi Health + Wellness

Contact: N/A

Phone: Hilo Office (808) 982-8800 | Kona

Office (808) 331-8177

Email: info@kumukahihealth.org

Age Groups Served: 14+

Service Type: Medical and social services

Location: Hawai'i

Kumukahi Health + Wellness provides free HIV, Hep C, STI testing & treatment (all 3 previously listed at 14+), gender-affirming care, HIV care, syringe exchange, case management, food pantry, housing services, and health insurance navigation and enrollment assistance (for 18+).

LGBTQ+ Center, University of Hawai'i at Mānoa Location: O'ahu

Contact: Camaron Miyamoto (Director)

(He/Him)

Phone: 808-856-9250

Email: lgbtq@hawaii.edu

Age Groups Served: College students

Service Type: Community groups for

University students

The LGBTQ+ Center is a campus resource on gender and sexuality, offering individualized support and resources, educational events, trainings, student drop-in groups and programs for student development and

success.

Lyle Herman, Psy.D.

Contact: Lyle Herman, Psy.D.

(He/Him)

Phone: 808-545-4585

Email: drlyleherman@gmail.com

Age Groups Served: 12+

Service Type: Behavioral health

Location: O'ahu

Dr. Lyle Herman provides individual and family therapy for individuals (ages 12 up) and

families.



Mālama I Ke Ola, The Community Clinic of Maui - Location: Maui Behavioral Health

Contact: Joanne Sato

(She/Her)

Phone: 808-872-4068

Email: N/A

Age Groups Served: All ages

Service Type: Behavioral health

Mālama I Ke Ola provides behavioral health services related to all aspects of caring for gender-diverse keiki.

Mālama I Ke Ola, The Community Clinic of Maui - Location: Maui Medical

Contact: Transcend Maui, Dr. Casandra Simonson and Dr. Gerald Montano (She/Her and He/Him)

Phone: 808-872-4087, ask for Harriet

(He/Him)

Email: N/A

Age Groups Served: Youth and adults

Service Type: Medical

Mālama I Ke Ola aims to provide a safe and gender-affirming space where our patients can receive care in an integrated manner including hormone therapy, gender marker support, full primary heath/dental care, STI testing/PrEP, and surgical referrals.

Manakai O Mālama

Contact: Dr. Jeanette Qablawi

(She/Her)

Phone: 808-535-556

Email: qablawi@manakaiomalama.com

Age Groups Served: 13+

Service Type: Medical and behavioral health

Location: O'ahu and telehealth statewide

Manakai o Mālama is an integrative medical clinic that offers gender affirming primary care provided by Dr. Jeanette Qablawi (she/her), alongside gender-affirming care patient navigator, Cameron (they/them), who works together with patients to create an individualized care plan to ensure each patient receive the best quality care throughout all aspects of their healthcare and transition.



Queen's University Medical Group QHCC - Hawaii Location: O'ahu

Contact: Matthew Mitschele, M.D.

(He/Him)

Kai

Phone: 808-691-8200

Email: N/A

Age Groups Served: 8+ Service Type: Medical Queen's - Hawai'i Kai provides genderaffirming care and referrals to appropriate services.

RYSE (Residential Youth Services & Empowerment) Location: O'ahu

Contact: N/A

Phone: 808-498-5180

Email: info@rysehawaii.org

Age Groups Served: 14-24

Service Type: Housing and basic needs

The mission of Residential Youth Services & Empowerment (RYSE) is to work in a continum of support to empower Hawai'i street youth

to move beyond homeless.

Spill The Tea Café

Contact: Kiki Lúgaro (Office Manager)

(She/Her)

Phone: 808-797-4970

Email: Spilltheteacafehi@gmail.com
Age Groups Served: Youth (11-17)
Service Type: Behavioral health and

community groups

Spill The Tea Café is an inclusive mental health clinic focused on adolescents with a range of

services available including individual and group therapy, mentorship, care coordination, and psychoeducation, to address their specific

Location: O'ahu

needs and preferences.



Waianae Coast Comprehensive Health Center - Location: O'ahu Behavioral Health

Contact: Anita (She/Her)

Phone: 808-697-3469

Email: N/A

Age Groups Served: Youth and adults

Service Type: Behavioral health

WCCHC provides a safe space for adolescents of all gender and sexualities to obtain inclusive mental health support including counseling, education, referral, testing, diagnosis, and

treatment.

Waianae Coast Comprehensive Health Center - Location: O'ahu Medical

Contact: Shanda Brack, APRN

(She/Her)

Phone: 808-697-3850

Email: N/A

Age Groups Served: Youth and adults

Service Type: Medical

WCCHC provides gender-affirming primary care to gender expansive youth and adults, puberty blockers and/or affirming hormones as well as any relevant referrals and/or

medical services.

Waikiki Health

Contact: N/A

Phone: 808-922-4787

Email: information@waikikihealth.org **Age Groups Served:** Youth and adults

Service Type: Medical, behavioral health, and

social services

Location: O'ahu

Waikiki Health provides primary care, behavioral health, dental, and social services to LGBTQ+ keiki and adults.



YWCA of Kaua'i

Contact: Matthew Houck

(He/Him)

Phone: 808-245-5959 ext. 256

Email: matthew@ywcakauai.org

Age Groups Served: Youth and adults

Service Type: Community groups

Location: Kauaʻi

Location: Statewide

YWCA of Kaua'i provides the following services: proud sponsor and host of the annual Kaua'i Pride Parade and Festival, who provides annual scholarships for Kaua'i residents; a teen LGBTQ+ support group; training for providers to better serve LGBTQ+ populations; support for GSA (LGBTQ+) clubs

in schools.

COMMUNITY RESOURCES

*not direct care for keiki

Child and Adolescent Mental Health Division (CAMHD), Safe Spaces Committee*

Contact: Robin Lee

(She/Her)

Phone: 808-733-9333

Email: Robin.lee@doh.hawaii.gov

Age Groups Served: Youth and adults
Service Type: Community resource*

The CAMHD Safe Spaces Committee improves mental health services for LGBTQIA+ youth in Hawai'i by conducting trainings, engaging in advocacy efforts, creating affirming policies,

and promoting best practices.

Hawai'i Department of Health Sexual and Gender Location: Online Minority Workgroup*

Contact: Thaddeus Pham

(He/Him)

Phone: 808-733-9298

Email: Thaddeus.pham@doh.hawaii.gov

Age Groups Served: All ages

Service Type: Community resource

Hawai'i Department of Health Sexual and Gender Minority Workgroup has created the Sexual and Gender Minority (SGM) Resource Hub, containing local and national sexual and gender minority resources suggested by

community members.



Hawai'i Health & Harm Reduction Center*

Contact: The Kua'ana Project

Phone: 808-521-2437

Email: kuaana@hhhrc.org

Age Groups Served: Adults

Service Type: Community resource

The Kua'ana Project is a program through Hawai'i Health & Harm Reduction Center providing support services to Hawai'i's

transgender community.

imi*

Contact: N/A

Phone: Text the word "imi" to 70764

Email: hello@imi.guide

Age Groups Served: Designed for ages 13-19

Service Type: Community resource

Location: Online

Location: O'ahu

Designed with and for LGBTQ+ teens, with an intentional focus on BIPOC (Black, Indigenous, and People of Color), transgender, non-binary, and gender nonconforming youth, imi (pronounced eye-me) helps LGBTQ+ youth explore and affirm their identity and learn practical approaches to cope with stress that are helpful, relevant, inclusive and joyful.

Papa Ola Lōkahi*

Contact: Ikaika Regidor

('oia/They/He)

Phone: 808-597-6550 (email preferred)

Email: iregidor@papaolalokahi.org

Age Groups Served: Adults

Service Type: Community resource

Location: O'ahu

Papa Ola Lōkahi is the Native Hawaiian Health Board, charged with the kuleana of strengthening the health and wellness of Native Hawaiians and their 'ohana, including our māhū/LGBTQ community, which is done by educational resources, data collection, and

training.



Q Chat Space*

Contact: N/A

Phone: 954-765-6024

Email: N/A, website: qchatspace.org

Age Groups Served: 13-19

Service Type: Community resource

Location: Online

Q Chat Space provides live, chat-based discussion groups for LGBTQ+ and questioning teens ages 13 to 19. It is not a forum, and there is no video or audio. Everyone is chatting during the same prescheduled time. Our chats are facilitated by experienced staff and volunteers from youth programs at LGBTQ+ centers across the

United States.