

SGM TRAINING DIRECTORY

State of Hawai'i



Aloha Kākou

Welcome to the first edition of the Hawai'i Sexual and Gender Minority (SGM) Training Directory! This is a directory of trainings that, through a variety of lenses, aims to help providers give identity-affirming services to sexual and gender minority individuals. These trainings are typically free and often offer continuing education credits for their target audience.

Providers report struggling to find trainings that pertain to the SGM community. Compassion, empathy, and commitment to equitable care are invaluable, but in order to be leveraged effectively they must be paired with education.

“Through national and local data, we understand that culturally appropriate care is essential for sustainable, meaningful, and positive health outcomes,” Thaddeus Pham (he/him), HDOH Co-Chair of the SGM Workgroup.

The Training Directory pairs with the SGM Services Directory and a live Training and Events Calendar. You can think of the Service Directory as a phone book of SGM-affirming people and organizations who want to make their businesses safe spaces for individuals of all sexual and gender identities. This Training Directory provides resources for people and organizations to learn new skills and to hone existing skills for SGM-affirmative care. Both Directories are posted for the community on the SGM Resource Hub.

The [Training and Events Calendar](#) can be found on the Hawai'i Department of Health SGM Resource Hub. It is a compilation of live trainings, as well as community events. The [SGM Resource Hub](#) is the first DOH website dedicated to resources for SGM (also known as lesbian, gay, bisexual, transgender, queer, and other, or LGBTQ+) people in Hawai'i, as well as their loved ones and allies. The site was developed by the HDOH SGM Workgroup, a multi-sector collaboration of various state agencies and community stakeholders, in partnership with the HDOH Harm Reduction Services Branch.

Thoughts, comments, questions, or feedback? Email Itai Bradshaw-Lang at SGM.Services.Directory@gmail.com. They would also love to hear from anyone who has suggestions of trainings that should be included in this directory.

For more information on the HDOH SGM Workgroup, email Co-Chair Thaddeus Pham at Thaddeus.Pham@doh.hawaii.gov.

Mālama Pono

LOCAL RESOURCES

HAWAII HEALTH & HARM REDUCTION CENTER (HHRC)

The HHRC Training Institute aims to deliver quality, culturally-informed courses that enhance your professional development. Our trainings are open to individuals of all educational, professional, and personal backgrounds who seek to build their capacity in the areas of social work, public health, and social justice. Many of our courses are approved for continuing education units (CEUs) for Certified Substance Abuse Counselors through the Hawai'i State Department of Health Alcohol and Drug Abuse Division, as well as for social workers through the National Association of Social Workers Hawai'i Chapter.

Please see our website for a list of trainings offered and to sign up for our Training Institute mailing list.

<https://www.hhrc.org/traininginstitute>

The Lavender Clinic

The Lavender Clinic offers training in Gender Diversity and Gender Diverse Healthcare to various health-related professionals and any other organization through an interactive live lecture-based format.

Our goal is to help increase awareness, education, and more inclusive resources for gender expansive communities to create a safer and healthier

community for all of us. If you are interested in having the Lavender Clinic provide training, please email our clinical director at reenerumler@lavenderclinicahawaii.com, or call (808) 744-3453

<https://lavendercenterandclinic.org/>

LIVE TRAININGS

CalLEN-LORDE COMMUNITY HEALTH EDUCATION

Callen-Lorde provides trainings for non-profit organizations, hospitals, schools, health centers, and more. Our trainings are designed to share best practices and promote cultural competency.

All of our trainings are now taking place via Zoom.

If you are interested in scheduling a training for your organization, please contact our Community Health Education Coordinator by emailing trainings@callen-lorde.org or calling (212) 271-7185.

<https://callen-lorde.org/education-and-training/>

NATIONAL LGBTQIA+ HEALTH EDUCATION CENTER

We provide educational programs, resources, and consultation to health care organizations with the goal of optimizing quality, cost effective

health care for lesbian, gay, bisexual, transgender, queer, intersex, asexual, and all sexual and gender minority (LGBTQIA+) people.

Ready to transform your practice? Get in touch with us and let's find out how we can work together to help bring expertise in LGBTQIA+-affirming care to your organization or event.

<https://www.lgbtqihealtheducation.org/#connect>

Spark*ED, Ignite Excellence in Sex Education

We are an online resource providing virtual instructor-led professional development training for educators and youth serving professionals. Trainings are built on a racial equity and social justice framework and focus on the information, skills and theory required to deliver impactful and inclusive sex education. We offer virtual instructor-led trainings and self-paced eLearning courses.

LGBTQ+ Affirming and Inclusive Facilitation

This introductory, virtual instructor-led course focuses training professionals to enhance your skills to create safe and affirming environments for school-aged LGBTQ+ young people. The training focuses on LGBTQ+ about LGBTQ+ language and vocabulary, differentiating between and creating inclusive and affirming learning environments, applying the theory of intersectionality to lift up all identities, and applying models to respond to micro-aggressions.

<https://sparked.net/courses/>

WEB ON DEMAND

CARDEA SERVICES

Clinically Competent and Culturally Proficient Care for Transgender and Gender Nonconforming Patients

Part 1: This course gives people who work in health care settings tools that will allow them to better understand their patients' needs so they can provide culturally proficient care to transgender and gender nonconforming patients.

https://cardea.matrixlms.com/visitor_catalog_class/show/192246

Part 2: Take this course to learn how to provide culturally proficient, evidence-based care to transgender and gender nonconforming people. Topics include preventive care, health education and health promotion, reproductive health services and medical management of gender transition.

https://cardea.matrixlms.com/visitor_catalog_class/show/217849

Combination Prevention – Working with Clients to Stop HIV Transmission

Take this course and learn about the new HIV prevention options and how to work with clients to help them create a combination prevention plan.

https://cardea.matrixlms.com/visitor_catalog_class/show/214901

Gender Diversity 101: Meeting Clients Where They are to Prevent HIV

Learn about the diversity in gender and sexuality and how you can help

people whose gender does not conform to common expectations.

https://cardea.matrixlms.com/visitor_catalog_class/show/188854

PrEP Counseling for Transgender and Gender Non-Binary (TGNB) Clients

Learn the basics of PrEP, barriers to care for TGNB clients, and ways to provide PrEP counseling and care in a gender affirming manner to those clients.

https://cardea.matrixlms.com/visitor_catalog_class/show/187304

CENTER FOR DISEASE CONTROL (CDC)

PrEParing: PrEP for Providers and Patients

This Johns Hopkins University course PrEPares you with essential information, concepts and practical advice regarding PrEP from leaders in the field.

<https://tceols.cdc.gov/Course/Detail2/7502>

Sexual History Taking in The Clinical Engagement with Men Who Have Sex with Men (MSM) of Color

Sexual history taking is particularly important for MSM of color in order to link them to services, like PrEP and behavioral health, that will support their remaining HIV-negative, and to strengthen the relationship between clients and healthcare providers.

<https://tceols.cdc.gov/Course/Detail2/6703>

The Urgency to Advance Trauma-Informed Approaches in Services for Men Who Have Sex with Men (MSM) of Color

This web-based training is designed to increase knowledge and change competency of clinical and nonclinical practices and strategies in using trauma-informed approaches in services.

<https://tceols.cdc.gov/Course/Detail2/6787>

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Access our extensive library of webinars, publications, and more, and earn CME credit on eligible materials.

<https://www.lgbtqihealtheducation.org/#learn>

NATIONAL CHILD TRAUMATIC STRESS NETWORK

Transforming Trauma in LGBTQ Youth

This series offers concrete strategies and recommendations for providers working with LGBTQ youth who have experienced trauma, including how to increase access to services, create a

safe environment for care, and work with families and schools.

<https://learn.nctsn.org/course/index.php?categoryid=40>

STANFORD MEDICINE

Teaching LGBTQ+ Health

This curriculum is designed for faculty members and health professions educators at Stanford Medicine and beyond. The course goals are to improve your knowledge, teaching skills, and attitudes pertaining to the provision of health care to LGBTQ+ patients.

<https://mededucation.stanford.edu/courses/teaching-lgbtq-health/>

THE CHILDREN'S HOSPITAL OF PHILADELPHIA

K-12 Grade School Support

As the Education Coordinator, Samantha King works alongside school districts to help support students transition and create gender inclusive environments. During this talk, Samantha will cover best practices for supporting for transgender students, educational challenges for LGBTQ students, and the framework for creating gender inclusive school environments.

<https://www.youtube.com/watch?ap=desktop&v=qixPWRr8dME>

TGNC Medical & Psychiatry Support

This webinar is hosted by Adolescent Specialty Care Provider, Dr. Zachary McClain, and Adolescent Psychiatrist,

Dr. Anderson Stills. During this 60-minute webinar, Drs. McClain and Stills will discuss guidelines for medical transition and psychiatry support.

<https://www.youtube.com/watch?ap=desktop&v=AW4Vm06WYfI>

TGNC Sexual Health and Education

Sexuality is often a component that is missed when working with TGNC clients. Providers might make assumptions about their client's sexuality or feel ill-equipped to navigate questions and support regarding sexual health. In this webinar, sexuality educator and consultant, Erica Smith will review common misconceptions on sexuality topics for TGNC clients and how providers can create open and supportive spaces for TGNC clients to express and discuss their sexual health.

<https://www.youtube.com/watch?ap=desktop&v=hzASSm2OER4>

UNIVERSITY OF CALIFORNIA, LOS ANGELES (UCLA)

YP+10: Update on the Yogyakarta Principles

The Yogyakarta Principles are a universal guide to human rights related to sexual orientation, gender identity, gender expression and sex characteristics which applies to all United Nations member states. The original Yogyakarta Principles were drafted by human rights experts in 2006 in Yogyakarta, Indonesia, in response to documented human rights abuses against LGBT people worldwide.

Part 1:

<https://williamsinstitute.law.ucla.edu/events/yp10-update-webinar/>

Part 2:

<https://williamsinstitute.law.ucla.edu/events/yp10-update-on-the-yogyakarta-principles-2/>

Gun Violence Against LGBT People

In April 2019, the Williams Institute released a report examining gun violence against LGBT people, including suicides, homicides, and other forms of gun violence. This webinar discussed the findings of the report, the potential implications of this research for policies and interventions to reduce gun violence among LGBT people, and the specific needs for future research and data.

<https://williamsinstitute.law.ucla.edu/events/gun-violence-against-lgbt-people/>

UCSF PREVENTION SCIENCE DEPARTMENT OF MEDICINE

Trans 101: Transgender People in Everyday Work and Life

Seven interactive, multi-media modules covering core concepts related to transgender people and communities.

<https://prevention.ucsf.edu/transhealth/education/trans101>

Acknowledging Gender and Sex: Supporting Health Care Providers in Serving Transgender Patients and Clients

The goal of this course is to help health care providers improve the overall health and well-being of

transgender people, such as by being able to collect the two-step gender and sex differentiation questions, using appropriate language and explain to all patients why they are being asked separate questions about their gender and sex.

<https://prevention.ucsf.edu/transhealth/education/acknowledging-gender-sex>

National Transgender HIV Testing Day (NTHTD): April 18

In the United States, it is estimated that around 1.4 million adults identify as transgender. Transgender women are at high risk of having HIV and of contracting HIV. Transgender women of color, especially black/African American and Hispanic/Latina women, experience disproportionately high rates of HIV. There is a gap in research on HIV and transgender men; few studies have gathered HIV prevalence data for this population.

<https://prevention.ucsf.edu/transhealth/education/nthtd>

WAKE FOREST SCHOOL OF MEDICINE

Klinefelter Syndrome in Adults

This course is intended to help healthcare providers with identifying, characterizing and managing Klinefelter Syndrome in adults, which is an underdiagnosed condition with serious consequences. It will educate physicians on X&Y variations so that patients with XYY, Trisomy X, XXYY

and others have more doctors who understand their medical needs.

<https://northwestahec.wakehealth.edu/courses-and-events/64625/klinefelter-syndrome-in-adults>

CENTER OF EXCELLENCE ON RACIAL AND ETHNIC MINORITY YOUNG MEN WHO HAVE SEX WITH MEN AND OTHER LGBT POPULATIONS (YMSM+LGBT)

The CoE hosts 19 webinars relevant to providers working with LGBT clients. Examples include "Not Because Our Bodies Are Different: A Look at the Causes of LGBT Health Disparities" and "The Same, Only Scarier: Cancer Care and the LGBT Communities"

<http://www.ymsmlgbt.org/webinars/>

PODCAST

CLEARLY CLINICAL

Lifting LGBTQIA Voices of Color: Racism Among Gender & Sexual Minorities

A panel discussion about the intersection between racial and gender/sexual discrimination and the real-world impact of multiple minority identities.

<https://courses.clearlyclinical.com/courses/free-ceu-racism-lgbtq>

Providing Inclusive, Respectful Care to Your Gender Questioning, Transgender, & Nonbinary Clients

Helpful ways to support and best serve trans and nonbinary clients. From the use of gender-neutral language to office signage, this course is a great primer.

<https://courses.clearlyclinical.com/courses/free-ceu-transgender-nonbinary-clients>

RADIO

CHANNEL Q

Channel Q is an LGBT lifestyle talk and top 40 radio network that airs on Radio.com and radio stations throughout the United States.

Channel Q's programming schedule consists of LGBT-centered talk shows, along with Dance/Top 40 music afternoons, late nights, and weekends.

<https://www.radio.com/wearechannelq>