## Hearing can change over time

## For more information call

## CAN YOUR BABY HEAR?

Your baby should have a hearing test if any of the following apply to him/her:

- You or another caregiver has concerns
- Infection before/at birth (Example: toxoplasmosis, cytomegalovirus, german measles)
- Infection after birth (Example: meningitis)
- · Low birth weight
- · Jaundice requiring blood transfusion
- Birth defect of the head or neck (Example: cleft palate)
- Some disorders that affect the baby's nervous system
- Head injury
- Medicine that can damage the ear (Example: gentamicin)
- Prolonged neonatal intensive care unit (NICU) stay
- Family history of childhood hearing loss

If you have any concerns or questions regarding your child's hearing, please discuss it with your child's doctor.

Newborn Hearing Screening Program (NHSP) 808-733-9052

The Early Intervention information and referral line
Oahu
594-0066

(Voice & TTY)

or

Neighbor Islands call toll-free: 1-800-235-5477

(Voice & TTY)



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Write or call the Hawaii State Department of Health,
1250 Punchbowl Street, Room 216, Honolulu, Hawaii 96813
or at (808)586-4122 within 180 days. Or write or call the Affirmative Action Office at P.O. Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4614 (voice/TRS) or 586-4648 (TDD) within 180 days of a problem.

This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H61MC0003820, for \$235,000. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government. Rev. 1/20 (Language: English)



# A HEARING TEST CAN BE DONE AT ANY AGE

NEWBORN HEARING SCREENING PROGRAM

Genomics Section
Children with Special Health Needs Branch
Hawaii State Department of Health

## Language & Speech Checklist

At these ages, your child should:

#### Birth to 3 months

- □ Startle to loud sounds (about 6 feet away)
- □ Make pleasure sounds
- □ Feel comforted by familiar voices

#### 3 to 6 months

- □ Show interest in sounds
- □ Make several sounds (ooh, ba-ba, ma-ma)
- □ Respond to his/her name with a smile

#### 6 to 9 months

- □ Listen to music or singing
- $\hfill\Box$  Imitate speech and non speech
- □ Understand "no" and "bye-bye"

#### 9 to 12 months

- □ Turn head to locate sound
- □ Produce these sounds in babbling: b,m,p,d,t,n,g,k,w,f,v,th,s,z,l
- □ Say "mama" or "dada" with meaning

#### 12 to 18 months

- □ Point to body parts, people, and toys
- □ Use jargon (sounds like sentences, but few understandable words)
- □ Understand 50-75 words

#### 18 to 24 months

- □ Understand about 300 words
- □ Use about 50 recognizable words
- □ Follow simple commands

#### 24 to 36 months

- □ Learn new words everyday
- □ Make about half of speech sounds correctly
- □ Ask questions and answer "Why?" and "What?" questions



The critical time for learning speech and language is the <u>first 3 years of life</u>.

Babies need good hearing to learn language during this time.



#### **Activities for Parents**

**Talk to your baby from birth**. Talk about what you are doing and what he/she is doing. Speak in short simple sentences at a regular volume. Don't "baby-talk".

**Read to your child** using bright colorful picture books. Involve your child in reading the story.

Sing to your child.

*Imitate your child's sounds*. Children love hearing you repeat after them. Focus on vowel sounds while using one or two words at a time.

Make speaking and listening fun!
Play with your child. Use "peek-a-boo",
"pattycake" and fingerplays.

**Follow what interests your child**. Talk about what your child is looking at and doing. Let your child lead during play time.

**Limit background noise** when you talk to your child. Turn off noisy appliances, turn down the volume of radio or TV.

**Praise your child's communication attempts!** Applaud when your child listens and responds to sound.