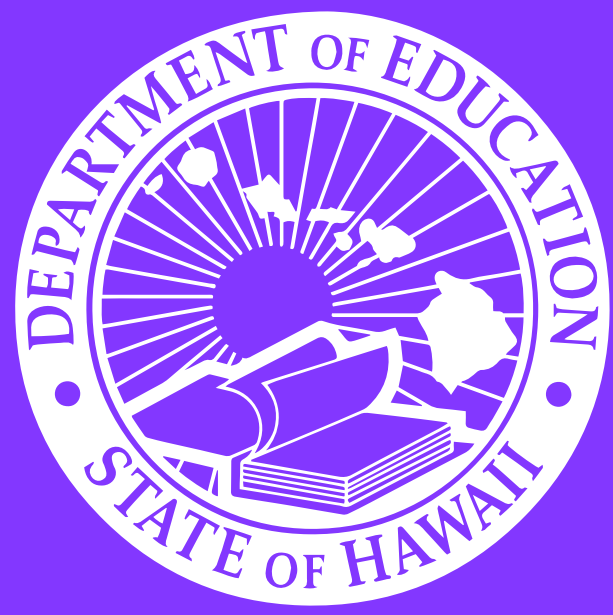




POWERED BY  Hazel Health

Connect your child or teen to virtual mental health support

With Hazel Health, your child can get the mental health support they need, at school or at home, **at no cost to you.**



Virtual sessions with licensed therapists

1. Consent to services

Give permission for your child to see a Hazel therapist by signing up at getstarted.hazel.co/district/hawaiipublicschools

2. Create an account

After you complete the consent form, [create an account](#)

3. If you need help setting up your account or consenting to care, watch this step by step video.

[\[English video\]](#) [\[Spanish video\]](#)

4. Next, schedule your intake appointment right from your parent account. If you need help scheduling your intake online, watch this step by step video.

[\[English video\]](#) [\[Spanish video\]](#)

5. Weekly therapy sessions

Over video, the therapist helps your child cope with what they're feeling

6. Therapy completion

Your child has achieved their therapy goals and is discharged from the therapy program

7. Care coordination

If needed, Hazel helps connect your family with long-term mental health services in your community

During weekly therapy sessions, Hazel Health therapists help students understand and cope with what they're feeling

Anxiety

Depression

Grief/loss

Self-esteem

Change

Bullying

Academic stress

and more

Services are available at school during school hours. and at home Monday to Friday between 7am-7pm local time.



Scan to learn more and sign up at getstarted.hazel.co/district/hawaiipublicschools