



**EQUIP YOURSELF TO EMPOWER
THE NEXT GENERATION**

YOUTH MENTAL HEALTH FIRST AID



2025-2026 TRAINING

This is an evidence-based, 6-hour training offered quarterly that teaches adults how to identify, understand, and respond to signs of mental health and substance use challenges in youth (12-18).



2025

17 July
17 October

2026

15 January
29 April



8:30 AM

-

3:30 PM



**DIAMOND
HEAD ANNEX**
475 22nd Ave.
Honolulu, HI

Register Now

<http://bit.ly/4dXmTi0>



Questions? Email: Christine.Montague-Hicks@k12.hi.us **Phone:** 808-305-9843