

What is the crisis situation?

REMEMBER: Take notes of all responses.

HARM TO SELF
OR SUICIDALITY

HARM TO OTHERS
OR HOMICIDALITY

ACTIVE
PSYCHOSIS

SOMETHING
ELSE

On each page, click the TEXT in the boxes.
These will take you to the proceeding prompt(s).

HARM TO SELF OR SUICIDALITY

ASK these 2 questions

Have you wished you were dead or wished you could go to sleep and not wake up?

[record response]

Have you thought about killing yourself?



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HARM TO SELF OR SUICIDALITY

ASK these next 2 questions

Did you think about ways you could kill yourself?

[record response]

Some people think about killing themselves but know they would NEVER do it.
Others think about killing themselves & think they might do something.

Was there a time when you thought about killing yourself and it was something you MIGHT do, even if you weren't completely sure?



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HARM TO SELF OR SUICIDALITY

Did you make a plan for how you would kill yourself (things like when, how, and where) and, even if you weren't completely sure when you made this plan, was it something that you thought you MIGHT do?



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HARM TO SELF OR SUICIDALITY

**You should call HI CARES/988 to initiate CMO.
Please ask the next few questions before calling.**

Did you make a plan for how you would kill yourself (things like when, how, and where) and, even if you weren't completely sure when you made this plan, was it something that you thought you MIGHT do?



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HARM TO SELF OR SUICIDALITY

Have you EVER tried to kill yourself, started to do something to kill yourself, or done anything to get ready to kill yourself?



YES NO

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HARM TO SELF OR SUICIDALITY

**You should call HI CARES/988 to initiate CMO.
Please ask the next question(s) before calling.**

Have you EVER tried to kill yourself, started to do something to kill yourself, or done anything to get ready to kill yourself?



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HARM TO SELF OR SUICIDALITY

Was this within the past three months?



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HARM TO SELF OR SUICIDALITY

**You should call HI CARES/988 to initiate CMO.
Please ask this last question before calling.**

Was this within the past three months?



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CRISIS SUPPORT WARRANTED

Call HI CARES/988 to initiate CMO.

You can call **988** from an 808 number, but if calling from a phone with a different area code, use one of the following options:

O'ahu (808) 832-3100
toll-free (800) 753-6879

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ACCESS OTHER SUPPORTS

Do NOT call HI CARES/988.

1. Create safety plan [resources [here](#)].
2. Initiate Student Support Process.
3. Share CAMHD resources [linked [here](#)].
4. *Insert other steps per school/complex protocol.*

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HARM TO OTHERS OR HOMICIDALITY

ASK these 2 questions

Have you ever *WANTED* to hurt, harm, or kill another person? (for real, not as a joke)

[record response]

Have you *THOUGHT* about killing or seriously hurting anyone?



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HARM TO OTHERS OR HOMICIDALITY

ASK these next 2 questions

Did you think about ways you could hurt or kill someone? [record response]

Some people think about hurting/killing others but know they would NEVER do it.
Others think about this & think they might do something.

Was there a time when you thought about hurting/killing anyone and it was something you MIGHT do, even if you weren't completely sure?



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HARM TO OTHERS OR HOMICIDALITY

Did you make a plan for how you would hurt or kill someone (things like when, how, and where) and, even if you weren't completely sure when you made this plan, was it something that you thought you MIGHT do?



HARM TO OTHERS OR HOMICIDALITY

**You should call HI CARES/988 to initiate CMO.
Please ask the next few questions before calling.**

Did you make a plan for how you would hurt or kill someone (things like when, how, and where) and, even if you weren't completely sure when you made this plan, was it something that you thought you MIGHT do?



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HARM TO OTHERS OR HOMICIDALITY

Have you EVER started to do something to hurt or kill others, or done anything to get ready to seriously hurt or kill someone?



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HARM TO OTHERS OR HOMICIDALITY

**You should call HI CARES/988 to initiate CMO.
Please ask the next question(s) before calling.**

Have you EVER started to do something to hurt or kill others, or done anything to get ready to seriously hurt or kill someone?



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HARM TO OTHERS OR HOMICIDALITY

Was this within the past three months?



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HARM TO OTHERS OR HOMICIDALITY

**You should call HI CARES/988 to initiate CMO.
Please ask this last question before calling.**

Was this within the past three months?



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ACTIVE PSYCHOSIS

Some signs of active psychosis:

- Responding to internal stimuli (e.g., listening to sounds or voices that other people can't hear; talking to selves; responding to voice[s] that others can't hear).
- Negative symptoms (e.g., disordered thinking, social withdrawal)
- Visual hallucinations, though possible with psychosis, are more commonly associated with substance use or trauma.

If one of the following applies, please click these to proceed:

HARM TO SELF
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If youth poses *neither* a risk to self nor others but is actively exhibiting psychotic symptoms, proceed [here](#).

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SOMETHING ELSE

This is likely not a mental health crisis.

DO NOT CALL HI CARES/988.

(mental health crisis = potential harm to self by suicide or other dangerous behaviors; potential harm to others; actively psychotic)

What do I do now?

Several options; use clinical judgement & resources:

- Contact Here to Help Telehealth Powered by Hazel Health.
- Follow school's de-escalation protocols.
- Use de-escalation techniques [resources [here](#)].
- Consult with a supervisor.
- Access your SBBH supports at school.

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