

# *In an Emergency - -*

## ***YOU*** *make the difference . . .*

When precious seconds count, *you* can make a difference by learning how to provide emergency help on the road:

Learn the five elements of bystander care:

❄ *Recognize an emergency;*

❄ *Stop to help;*

❄ *Start the breathing;*

❄ *Stop the bleeding;*

❄ *And don't stall, call 9-1-1 for emergency medical services.*

Your State EMS system encourages *you* to practice injury prevention and learn about bystander care. But especially, don't delay . . .

❄ . . . *in an emergency, Don't Stall, Call 9-1-1* ❄