

Welcome to our Family Support Team Meeting!

What is a Family Support Team (FST) Meeting?

The purpose of an FST Meeting is to provide your family and Primary Service Provider (PSP) an opportunity to discuss your child's progress with the rest of the team. The PSP receives support related to their work with individual families, as well as provides support to other team members based on their experiences and expertise.

You are invited to participate in the portion of the meeting specific for your child. The discussion may be one of the following:

- **Primary Coaching Opportunity (PCO)** – *maximum of 15 minutes*
When a concern or specific question arises, you are invited as a member of the team to receive coaching strategies or feedback from other team members.
- **Quarterly Update (QU)** – *maximum of 10 minutes*
Your child's progress will be discussed quarterly. You are invited as a member of the team to participate in the review of the current plan for supporting your family, status of the plan, and next steps.
- **Primary Service Provider (PSP) Selection** – *maximum of 15 minutes*
After your child is eligible for Early Intervention services, you are invited as a member of the team to participate in the discussion regarding who is recommended as the PSP for your family. The final decision will be made at the Individualized Family Support Plan (IFSP) meeting.

FST Meetings can occur at any time after the MDE



(MDE- Multidisciplinary Evaluation) (FDA- Family Directed Assessment)

What can I expect when participating in an FST Meeting?

You and your family will have an opportunity to ask questions, share your concerns, and receive additional supports. There will be a facilitator and timekeeper for each meeting. The timekeeper reminds participants of the allotted time for a discussion.

Providers that may be at the meeting may include:

- Care Coordinator(s)
- Occupational Therapist
- Special Education Teacher
- Program Manager
- Program Support Staff
- Speech/Language Pathologist
- Physical Therapist
- Teacher
- Behavioral Support Specialist
- General Educator



How can I prepare for participating in an FST Meeting?

Your PSP or CC will check-in with you prior to the meeting to review the process.

You can prepare by writing down:

- questions you want to ask;
- concerns you want to share; and
- information about how you feel your child is doing in his/her development

We look forward to supporting you and your child at the Family Support Team Meeting!