JOSH GREEN, M.D. GOVERNOR OF HAWAI'I KE KIA'ĀINA O KA MOKU'ĀINA 'O HAWAI'I



STATE OF HAWAI'I DEPARTMENT OF HEALTH KA 'OIHANA OLAKINO

P. O. BOX 3378 HONOLULU, HI 96801-3378

December 11, 2023

MEDICAL ADVISORY: EVALUATION OF PEOPLE EXPOSED TO TUBERCULOSIS AT AN OAHU PRESCHOOL

- An individual who previously worked at an Oahu preschool has been diagnosed with active TB.
- Exposure assessment has identified 180 persons who may be at risk for TB transmission.
- DOH is working with the preschool to fully identify and evaluate those at risk, but families may choose to be evaluated at your office or practice.
- DOH is available to assist with evaluating a person who may have been exposed to TB.

Dear Healthcare Provider:

The Hawaii State Department of Health (DOH) TB Control Branch has identified an individual with pulmonary tuberculosis (TB) who has potentially exposed persons at a preschool on Oahu. DOH has assessed the risk of TB transmission. We recommend *that those whom DOH has identified* as having a risk of exposure be evaluated and tested for TB.

DOH in partnership with the school administration, will deliver letters to all employees and parents at the affected preschool notifying them whether they or their child were exposed and recommending whether TB screening is needed. Please be aware that persons who were NOT identified as contacts will also receive letters explaining testing is NOT recommended.

Currently, DOH estimates approximately 180 individual contacts will require TB evaluation. For these persons, DOH will begin screening and administering TB tests at the preschool on January 9, 2024. However, families may choose instead to be tested at your office or practice. If you do not feel comfortable performing the TB evaluation for these identified contacts, please encourage them to complete their evaluations during the TB clinic provided by DOH on January 9, 2024. If your patient cannot attend the clinic date, they may be evaluated at the DOH Leeward Public Health Nursing Office TB Clinic on Mondays and Wednesdays. Call 808-675-0073 for more information.

DOH recommends taking the following steps when evaluating a person who has received a letter indicating exposure:

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If NO history of prior positive TB skin test

- Screen for signs and symptoms of active TB disease.¹
- If signs and symptoms are absent, administer a TB skin test.
- Read the TB skin test 48–72 hours later.
- If the TB skin test is positive (≥5 mm induration for persons recently exposed to active TB disease) or if symptoms of TB disease are present, obtain a chest X-ray. Consider treatment of latent TB if active TB not identified.
- Please fax results to DOH TB Control Branch at (808) 832-5846.

If history of prior positive TB skin test

- Screen for signs and symptoms of active TB disease.
- Obtain a chest X-ray.
- Evaluate for treatment of latent TB if active TB is not identified. DOH recommends treatment of latent TB
- Fax results to DOH TB Control Branch at (808) 832-5846.

Interferon gamma release assay (IGRA) blood testing can be performed in lieu of TB skin testing and is the preferred method of initial testing for people who have received BCG vaccination. If IGRA testing is positive, obtain a chest xray and follow guidance similar to a positive TB skin test. See <u>CDC's IGRAs</u> Blood Tests for TB Infection Fact Sheet for more information.

Note that members of the preschool community who were not considered to be in the exposed group may still seek TB testing from you. While a TB skin test is not recommended in this scenario, note that a TB skin test is considered positive at ≥ 10 mm induration for people in Hawaii whose risk assessment is positive and ≥ 15 mm for those whose risk assessment is negative.² See CDC's Tuberculin Skin Testing Fact Sheet for more information.

Thank you for your cooperation in this matter and for partnering with us to ensure a safe and healthy community. If you have any questions or concerns, please contact Dr. Genevieve Ley at the Department of Health TB Control Branch, (808) 832-5535.

Sincerely,

Genevieve Ley, MD Chief, DOH TB Branch Diana Felton, MD

DranaHelfor

Chief, DOH Communicable Disease and Public Health Nursing Division

¹ Hawaii DOH TB Control Program http://health.hawaii.gov/tb/frequently-asked-questions-2/

² Hawaii DOH TB Control Program TB Document G: State of Hawaii TB Risk Assessment for Adults and Children