

The swelling's not so bad. It's the severe testicular pain...

Mumps means **9 days in isolation**.

No parties. No friends. No classes.

Intense **pain in cheeks and throat**.

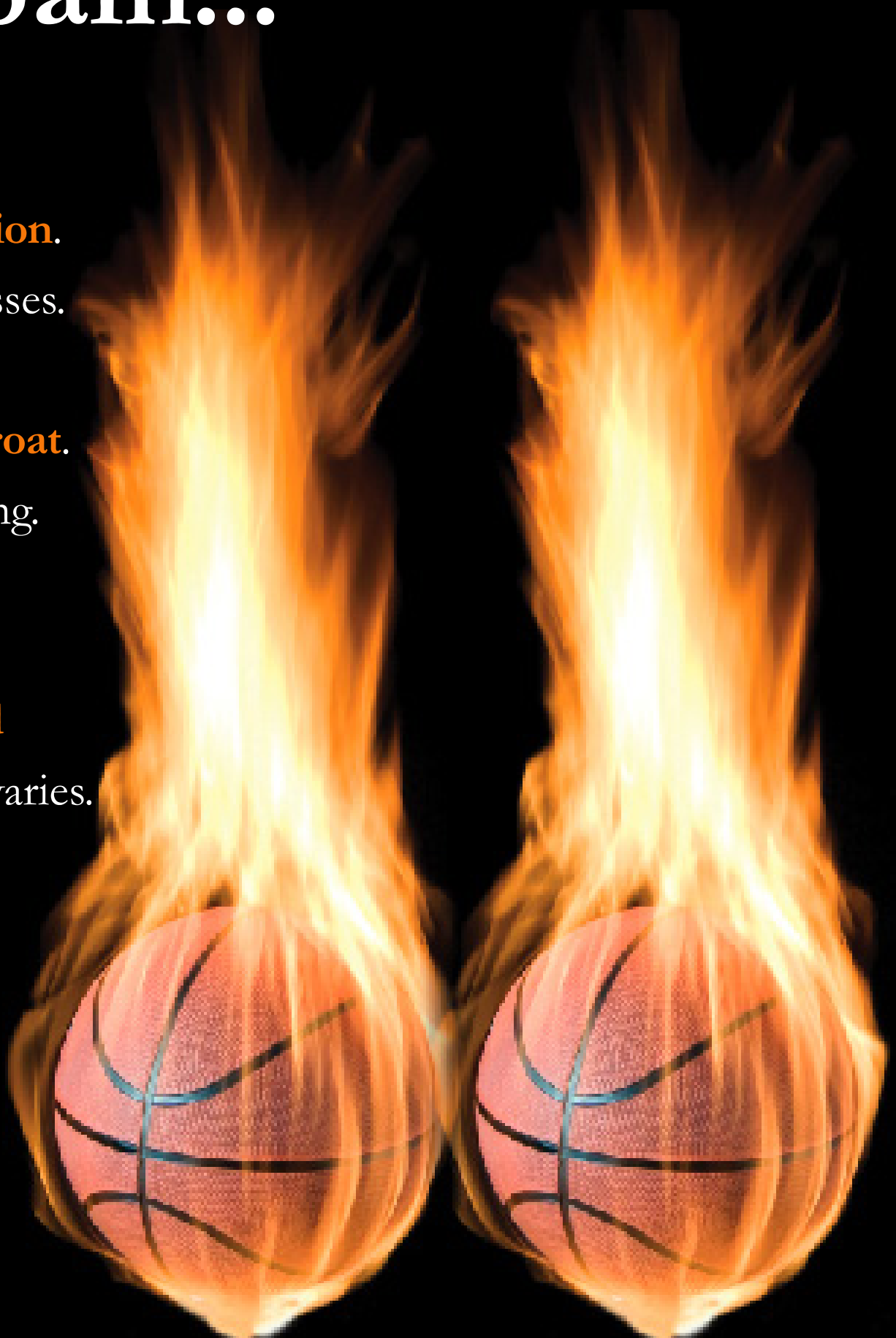
Difficulty chewing or swallowing.

Weakness. Fever.

In some cases, **severe pain and swelling** of the testicles and ovaries.

Mumps can cause sterility, meningitis, and deafness.

The **MMR vaccine** provides the **best protection** against mumps.



www.gov.ns.ca/hpp/mumps

Protect yourself against mumps.

Get **VACCINATED.**



For more information, call 2-1-1
or visit health.hawaii.gov.