

# DON'T LET MUMPS **SPOIL YOUR FUN**





## **MMR VACCINATION IS THE BEST PROTECTION AGAINST MUMPS!**

### **KEEP FROM SPREADING MUMPS**



Don't share drinks or eating utensils



and sneezes



Cover your coughs Stay home when you are sick

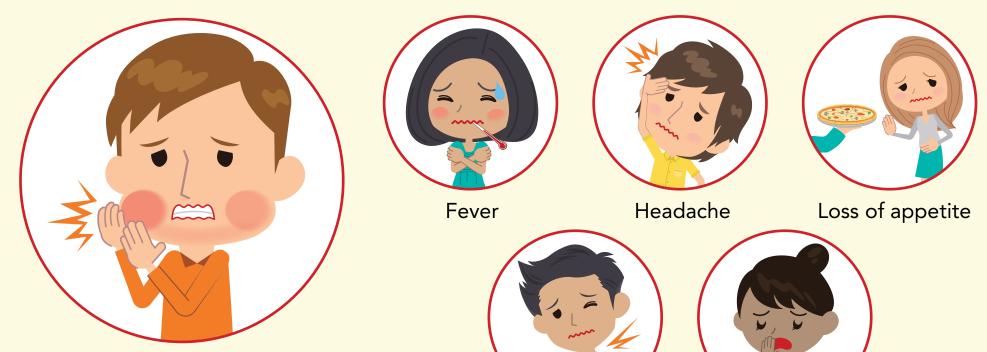


Wash your hands often with soap and water



Clean and disinfect surfaces

#### SIGNS AND SYMPTOMS OF MUMPS



Mumps is best known for the puffy cheeks and swollen jaw that it causes.



#### THERE IS NO TREATMENT FOR MUMPS



If you have symptoms, stay home and away from others and contact:





**U.S. Department of** Health and Human Services Centers for Disease **Control and Prevention**