

DON'T LET MUMPS **SPOIL YOUR FUN**





MMR VACCINATION IS THE BEST PROTECTION AGAINST MUMPS!

KEEP FROM SPREADING MUMPS



Don't share drinks or eating utensils



and sneezes



Cover your coughs Stay home when you are sick



Wash your hands often with soap and water



Clean and disinfect surfaces

SIGNS AND SYMPTOMS OF MUMPS



Mumps is best known for the puffy cheeks and swollen jaw that it causes.



THERE IS NO TREATMENT FOR MUMPS



If you have symptoms, stay home and away from others and contact:





U.S. Department of Health and Human Services Centers for Disease **Control and Prevention**