You should be immune to:

- **INFLUENZA**
  You need a flu vaccination every year. Unvaccinated healthcare personnel can spread influenza to patients and are a key cause of influenza outbreaks among patients and long-term care residents. You cannot get the flu from the vaccine.

- **HEPATITIS B**
  5%–10% of acute infections lead to chronic infection, and these lead to liver damage (cirrhosis), liver cancer, or death. Hepatitis B vaccine protects nearly all who are in contact with blood, body fluids, or used needles.

- **MEASLES/MUMPS/RUBELLA (MMR)**
  If you are not already immune to MMR, you should be vaccinated. Even mild or undetectable rubella disease can cause fetal anomalies.

- **TETANUS/DIPHTHERIA/PERTUSSIS**
  You need a booster every 10 years. You may need a dose now if you have direct patient contact or are injured.

- **VARICELLA (CHICKENPOX)**
  Varicella can be transmitted in hospitals by patients, staff, and visitors. If you are not already immune, you should be vaccinated.