

Facts *about* Ebola

You **CAN'T** get Ebola
through **AIR**



You **CAN'T** get Ebola
through **WATER**



You **CAN'T** get Ebola
through **FOOD**



You can only get Ebola from

-  Touching the blood or body fluids of a person who is sick with or has died from Ebola.
-  Touching contaminated objects, like needles.
-  Touching infected fruit bats or primates (apes and monkeys).



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For more information on Ebola

Visit the Hawai'i Department of Health website:
health.hawaii.gov/docd/ebola

Call the Aloha United Way's
2-1-1 information line.



Clinicians reporting a possible
Ebola case should contact the
Hawai'i Department of Health
Disease Outbreak Control
at 1-808-586-4586.



Aloha!

from the Hawai'i State
Department of Health



As an international destination, we welcome visitors from all over the world.

We want everyone to enjoy a safe and healthy stay in Hawai'i.

Visitors and residents are reminded to practice healthy habits:

- Wash your hands often
- Stay home if you are feeling sick
- Cover your cough
- Avoid touching your eyes, nose or mouth



HEALTH ADVISORY: EBOLA

If you have traveled from West Africa within the past 21 days, please call the Hawai'i Dept. of Health: **(808) 586-4586**



Watch for fever, headaches, and body aches in the next 3 weeks.

3 WEEKS						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

If you get sick, call a doctor.

Tell the doctor where you traveled.



For more information, call:
Hawaii
2-1-1
Get Connected. Get Answers.
Aloha United Way

